

Clackamas Parenting Together & Clackamas Early Learning

Community Learning Library

WHAT IS A COMMUNITY LEARNING LIBRARY?

Local partners and providers can now check out evidence based parenting education curricula and other professional development resources through Clackamas County's Early Learning and OPEC Parenting Hubs.

- These rentals are free of charge to the organization.
- Curriculum can be checked out up to 3 weeks prior to the date of the first class and kept for the duration of the program.
- Reservations will be given on a first come first serve basis.
- Monetary fees may be necessary for lost or damaged materials, assessed as needed.

Interested Agencies Please Contact Chelsea Hamilton: CHamilton@clackamas.us | (503)650-5682

Currently the following curricula are available for check out:

Abriendo Puertas (Opening Doors) – Culturally specific program developed for and by Latino parents of children 0-5. 10 weeks. Spanish only, 2 copies of this program in the CPT Library

Active Parenting Now – This video-based program provides parents with the skills they need to meet the challenges of rearing children in today's turbulent society. Designed for parents of children ages 5 to 12. 6 weeks. Spanish and English version of curriculum available through CPT library

Make Parenting A Pleasure (Haga de la Paternidad un Placer) – Group curriculum for highly stressed parents of children from 0 to 8 years old. 10-13 weeks. Spanish and English version available through CPT Library

Make Parenting A Pleasure Second Edition – Group curriculum for highly stressed parents of children from 0 to 8 years old. Updated videos and social emotional curriculum elements. 10-13 weeks. English version available through CPT Library

Parenting Now - derived from Make Parenting A Pleasure and is designed for parenting educators serving the universal population of parents with children ages 0-6. (7 weeks)

Parenting Now: First Three Years – developmentally based curricula that offer in-depth parenting education to the universal population of parents of infants and toddlers. Three programs (infants, ONEs, TWOs – each 10 weeks.) English only.

Nurturing Parenting – *Skills for Families (12 week)* Program for parents of children birth to 11. Lessons can be chosen to meet the needs of the population attending the program.

The Incredible Years –

***The School Age Basic** parenting program strengthens parent-child interactions and attachment, reducing harsh discipline and fostering parents' ability to promote children's social, emotional, and academic development. Best for parents of children 6 to 12 years old.*

The Preschool Basic parenting program strengthens parent-child interactions and attachment, reducing harsh discipline and fostering parents' ability to promote children's social, emotional, and language development. (18 weekly group sessions) Parents of children 3-6.

In the **Parents and Toddlers Basic** Program, parents learn how to help their toddlers feel loved and secure, encourage their toddler's language, social, and emotional development, establish clear and predictable routines and use positive discipline to manage misbehavior. (12 weekly sessions) Parenting of children 1 to 3.

Parenting Wisely – Online parenting program or purchase of group DVD program. Best for parents of children 3 to 11 years old. Specifically designed to address the unique communication and compliance needs of parents of younger children. 7 week DVD program available for rental. English only.

Parenting A Second Time Around – 8 week series designed specifically for parents raising their grandchildren. Topics covered include child development, discipline and guidance, caring for yourself as a caregiver, rebuilding a family, living with teens, legal issues & advocacy. English only.

Strengthening Families Program, Iowa (10-14) – Evidence-based family skills training program for high-risk and general population families. Parents and youth attend weekly skills classes together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth the first hour, followed by a joint family practice session the second hour. 7 week series. English & Spanish available.

Strengthening Families Program, 7-17 – The Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general population families that is recognized both nationally and internationally. Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth the first hour, followed by a joint family practice session the second hour. 11 week series, English only.