AGING SERVICES ADVISORY COUNCIL April 17, 2023 Meeting Minutes Meeting held via Zoom 10:00 AM - 12:00 PM

| FACILITATOR Eric Olson | | | | | | | | | |
|----------------------------|----------------|--|--|----------------|--------------|-----|------|---------------------|--|
| NOTE TAKER Amy Kelsey | | | | | | | | | |
| Ρ | P Anne Meader | | Р | Carol Bernhard | | | S | Brenda Durbin | |
| Ρ | | | Ρ | Sonya N | Sonya Norton | | S | Amy Kelsey | |
| Ρ | Jill Frankie | | Α | Marge Lorton | | | V | Kristin Coppola | |
| Ρ | | | Ρ | Dan Hoeschen | | | V | Cari Vandecoevering | |
| Е | Shella Razon- | -Lumetta | Ρ | Laraine Durham | | | V | Shelli Johnson | |
| Ρ | Virginia Seitz | | Ρ | Mira Vowels | | | V | Teena Smith | |
| А | Peter Zambet | ti | | | | | | | |
| | | P-Present | A- | Absent | E-Excused | S-S | taff | V-Visitor | |
| ITEMS / ISSUES | | 5 | DISCUSSION | | | | | FOLLOW-UP | |
| Meeting Called to Order | | Eric Olson cal established. | Eric Olson called the meeting to order at 10:00 AM. Quorum was established. | | | | | | |
| Me | eting Minute | 20, 2023 ASAC | Amended March meeting minutes noting Anne as excused from the March 20, 2023 ASAC meeting were moved to approve by Mira, seconded by Anne and adopted by the Council. | | | | | | |
| Gatekeeper Training | | Center (ADRC) for upcoming S History of the | Shelli Johnson with Clackamas County Aging and Disability Resource Center (ADRC) presented the Gatekeeper Training to ASAC in preparation for upcoming Senior Center site visits. History of the Gatekeeper Program Developed in the late 1970's | | | | | | |

| ITEMS / ISSUES | DISCUSSION | FOLLOW-UP |
|-----------------------|---|-----------|
| | Started in Older Adult Mental Health Response to isolated older adults with little or no support Seen as a way to connect older adults to community resources Gatekeeper is considered a national best practice for identifying isolated, at-risk older adults and connecting them to critical community services. | |
| | What is Asked of Gatekeepers? Gatekeepers are <u>not</u> asked to be counselors or social workers or to change their daily activities. Gatekeepers learn to identify red flags that may indicate someone is ill, in trouble or struggling and refer consumer to a central location for follow up and evaluation. | |
| | Who receives Gatekeeper training? Letter Carriers Meter Readers Police/Fire/Rescue Bank Tellers Senior Center staff and volunteers Mental Health Professionals APD staff | |
| | Red Flags identified during Gatekeeper training Change in normal routine Home in disarray, mail stacking up, yard over grown, neglected pets Personal appearance, strong odors, physical limitations | |

| ITEMS / ISSUES | DISCUSSION | FOLLOW-UP |
|--|---|-------------------------------|
| | Who to call when something seems unusual? Behavioral Health Crisis Line 503-655-8585 Aging and Disability Resource Center 503-650-5622 Clackamas Women's Services Crisis & Support Line 888-654-2288 | |
| O4AD Debrief | Jill shared about the recent O4AD conference at the Salem Convention Center and current topic of interest. SB 99 LGBTQIA2S+ Bill of Rights for Older Adults <u>https://olis.oregonlegislature.gov/liz/2023R1/Measures/Overview/SB99</u> May is Older Americans Month, and the Older Americans Proclamation. Proclamation provided for review; feedback is much appreciated. Next O4AD meeting will be held virtually on July 12, 2023. Brenda Durbin, Director of Clackamas County Social Services Division reminded the Council of best practice during the legislative session, and the importance of being in alignment with county priorities when representing | |
| Professional Boundaries Training | the Clackamas County Aging Services Advisory Council. Cari Vandecoevering with Clackamas County Volunteer Connection presented Professional Boundaries Training in preparation for upcoming Senior Center site visits. | |
| | What are professional boundaries? Professional boundaries are a set of guidelines, expectations and rules which set the ethical and technical standards within a social services environment. | raatad by A. Kalaay 4.17,2022 |

| ITEMS / ISSUES | DISCUSSION | FOLLOW-UP |
|-----------------------|---|-----------|
| | The Oregon Government Ethics Commission Defines volunteers for government entities (such as Clackamas County) as representatives of that government. Thus, volunteers must follow the same rules as employees and elected officials. | |
| | Why are professional boundaries important? | |
| | Protection for you, clients, other Companions, our staff Protect you from taking on more responsibility than you should Protect clients from being taken advantage of Protect Clackamas County from unfair accusations | |
| | Examples of potential boundary issues. | |
| | • A Client -Paying you for gas -Giving you money to buy groceries -Giving you a gift certificate to a business as a thank you -Buying you lunch | |
| | • A Volunteer -Buying a computer, furniture, etc. from a client -Giving a client money if they are having financial problems -Buying a gift for a paid staff | |
| | How things can go wrong? | |
| | A client expects you to provide more than you feel able to provide. | |

| ITEMS / ISSUES | DISCUSSION | FOLLOW-UP |
|----------------------|---|-----------|
| | A family/community member expresses concern that you are taking advantage of a client A client/family member accuses you of "playing favorites" You find yourself accused of something you never intended Be aware of the "appearance of impropriety" When in doubtReach out Staff members you work closely with Use strong communication skills Listen with empathy, respect Share with respect, courage Abide by program guidelines They are there to protect you | |
| Mentorship Update | Mira shared a mentorship update. Mentorship will be an informal meet and greet where new members can meet with other ASAC members to learn more about ASAC and find ways to be involved. Mira answered the question about how long a member must participate in ASAC to provide memtorship to new members, 6 months. | |
| Member Updates | No Member Updates | |
| Public Comment | No Public Comments | |
| Next Meeting | May 15, 2023 10:00AM - 12:00PM Zoom only | |