

Resources to help you through COVID-19

These are challenging times. If you need help, call.

211

For food service eligibility please call or text the numbers listed.
Call..... 211 or 1-866-698-6155
Text your zip code to 898211 (TXT211)
Email help@211info.org

General Numbers

Clackamas County Call Center 503-655-8224
Aging & Disability Resource Connection..... 503-650-5622

Assistance with Housing and Rent

Coordinated Housing Access (CHA) 503-655-8575
Clackamas Housing Rights and Resources 503-650-5750

Mental Health Supports

24/7 Crisis and Support Line 503-655-8585
Cascadia Behavioral Health 503-674-7777
Clackamas Safe + Strong (Go Teams) 503-655-8585
Health Centers - Hilltop Behavioral Health Center. 503-655-8401
Lifeworks NW 503-645-9010
MHAEO EVOLVE..... 503-922-2377
Morrison Child and Family Services 503-258-4381
Senior Loneliness Line 503-200-1633
Suicide Prevention Hotline 1-800-273-8255
Western Psychological 503-659-5515
Youth ERA 971-334-9295

Violence and Discrimination

A Safe Place Family Justice Center 503-655-8600
Casa Esperanza 503-974-9882
Clackamas Women's Services 503-654-2288
District Attorney's Victim Assistance 503-655-8616
El Programa Hispano - Proyecto Unica..... 503-232-4448
Oregon Hate and Bias Incident Reporting Line... 1-844-924-2427

Unemployment and Workforce

Employment Department's Claim System..... 1-877-345-3484

Meals and Food Boxes

ADRC Home Food Delivery 503-650-5622
Clackamas Service Center 503-560-6178
Oregon Food Bank Statewide Food Finder..... 503-505-7061

Child and Family Services

Children's Center (Child Abuse Intervention) 503-655-7725
Northwest Family Services..... 503-546-6377
WIC..... 503-655-8476

Substance Use and Recovery Resources

Bridges to Change – Recovery Mentor Support 971-256-4135
Bridges to Change – Treatment Services 503-560-7800
CODA..... 503-654-7444
DePaul Detox and Outpatient..... 503-535-1151
Lifeworks NW 503-645-9010
Mental Health and Addiction Association of Oregon
..... 971-337-6757
Project Hope: Substance Use Peer Support Program
..... 503-314-3309

LGBTQ+

SAGE (adults)..... 1-877-360-LGBT
Trans Lifeline (all ages) 1-877-565-8860
Trevor Project (youth) 866-488-7386

Healthcare & Health Insurance

Clackamas Health Centers 503-655-8471
Locations: Beaver Creek Health Center, Gladstone Health Center, Sunnyside Health Center, Sandy Health Center
Oregon Health Plan..... 1-800-699-9075
Volunteers in Medicine Founders Clinic 503-722-4400

