

SUICIDE PREVENTION

is everybody's business

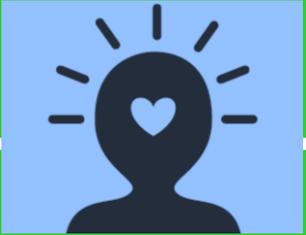


**Launching the Coalition for Suicide Prevention in Clackamas
County**

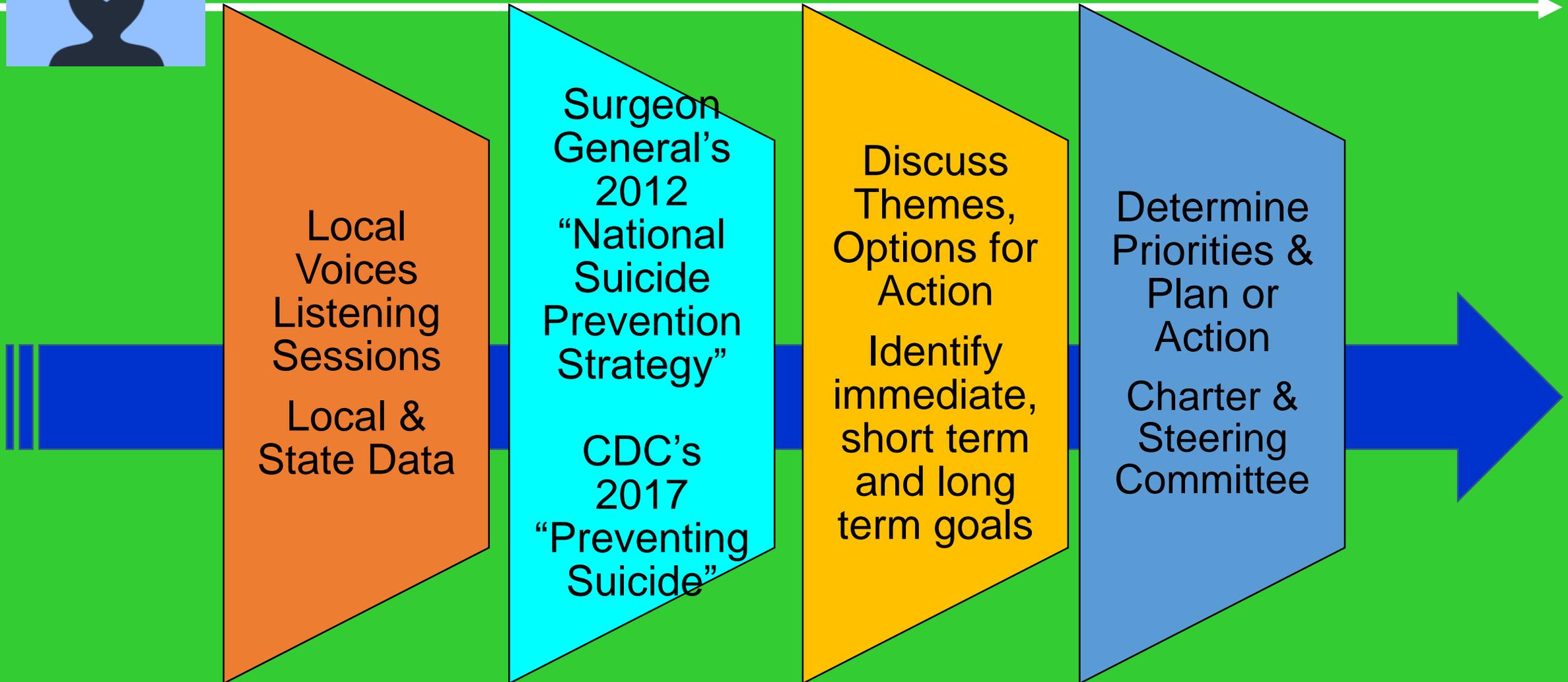
Tuesday October 16, 2018

Oregon City Library

Galli Murray, Janie Marsh & Michael Ralls, Acting Co-Chairs



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Developing An Action Plan and Working Coalition



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Prevention

**Raise Awareness/
Outreach**

**Better understand risk
& resiliency factors**

**Training/
Empowerment**

Marketing/Media

Services System of Care/Postvention

**System of Care –
Strengths & Gaps**

**Community Wide
Response Protocol**

Grief Support

**Community Based
Fatality Review**

Leadership

**Convening &
Networking**

**Voice of Lived
Experience**

Education & Advocacy

Important Investments

← Data, Communications, Pilot Innovations, System Agreements, System Improvements, Integration with Zero Suicide →



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Safety First

We have people on hand to provide support in case anyone experiences being activated or uncomfortable with discussions at tonight's launch.

Nina Danielsen, Lauren Conn & Ally Linfoot



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Meeting Guidelines for the Coalition

(temporary until the Coalition adopts a final version– on the back of the agenda)

1. Show each other respect
2. Start and end on time
3. Listen to others and be open to hearing another person's perspective
4. Share the airtime and self-regulate your participation; please don't interrupt others while they are speaking
5. Please keep to one conversation and avoid sidebar conversations
6. Create a safe environment

7. Communicate about the topic safely

Please **don't share details of a suicide attempt or death, particularly the person's name or family, the location, the method, the contents of a note or other message, or speculation about causes.** These details can activate people who are vulnerable.

Please **don't share personal stories** told in the meeting outside the meeting.

Please use the phrase "**died by suicide**" instead of commit – commit is a word associated with a crime or a sin

Please don't use the terms **successful or unsuccessful when talking about attempts/suicides** – just say attempts or died by suicide – so that we avoid attributing positives or negatives.



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Meeting Guidelines for the Coalition

(temporary until the Coalition adopts a final version)

8. Please place mobile phones on vibrate; avoid using electronic devices; take important calls/emailing/texting outside the room. Thank you for your cooperation.
9. The co-chairs are charged with managing the agenda and the time; the small group facilitators are charged with managing the small group; please cooperate with their requests.
10. Stories of lived experience are welcomed; however, to communicate safely, please avoid sharing details.
11. Please raise hands to contribute in the full group.
12. Give specific examples when possible
13. Speak to interests not positions.
14. Identify next steps that foster commitment to the goals.
15. Resource Table – please share information about other upcoming events, programs, or trainings – because of time limitations we request no verbal announcements; thank you for your cooperation.



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Listening Sessions – Voices of Clackamas County

205 People in 17 Listening Sessions or individual interviews between July 17, 2018 and October 9, 2018

We appreciate their time, perspectives & expertise to shed light on this topic



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Aging & Disability Resource Center
Aging & People with Disabilities - DHS
Aging Services Advisory Council
American Legion
American Medical Response
Arcadia Retirement
Canby Adult Center
Canby Schools
Cascadia Behavioral Health
Children Youth & Families
City Managers
City of Gladstone

Clackamas County Public Health
Community Health Workers
Community Living Above
Court Appointed Special Advocates
Dave Romprey Warm Line
Educators
Elected Officials
Fire Emergency Medical Technicians
Estacada Food Bank
Fire Department
Folk Time
Food Bank Customers



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Funeral Home Directors

Grandparents

High School & Community College

Students

Housing Authority of Clackamas County

Housing Authority Residents

Juvenile Justice Services

Kaiser Permanente

LGBTQQ Youth

Lifeworks NW

Madrona Recovery

Mental Health Association of Oregon

Mental Health Providers

Milwaukie Center

Molalla Adult Community Center

Molalla River Schools

NAMI Clackamas

NARA Northwest

North Clackamas Parks & Recreation

North Clackamas Schools

Northwest Family Services



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Northwest Primary Care

Older Adult Advisory Council

Older Adults

Oregon City Schools

Oregon Department of Human
Services

Oregon Legislative Staff

Oregon Project Independence

OSU Extension

Pacific Medical Group

Parents

Parrott Creek

Peers

People with Lived Experience

Planned Parenthood

Police Departments

Providence Health & Services

School Counselors

Self Sufficiency Program – DHS

Senior Companions



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Suicide Loss Survivors

Support Group Leaders

The Pathfinders Network

Todos Juntos

Veterans and Families Resources Center

Veterans of Foreign Wars

Volunteer

West Linn Wilsonville Schools

Youth ERA

Youth Leadership & Youth Advisory Councils

Youth Villages



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PRELIMINARY THEMES

(22% of session voices as of 10.16.18)

1. Promote/Facilitate

**Connectedness and/or Lack of
Connectedness/ Disrupted
Connection**



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PRELIMINARY THEMES

(22% of session voices as of 10.16.18)

- 2. Access to Services & Supports/
System Barriers/Promote
Service Coordination/
Collaboration/ Addressing
Suicide Risk in Emerging & New
Ways**



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PRELIMINARY THEMES

(22% of session voices as of 10.16.18)

- 3. Decrease/Eliminate
Stigma/Discrimination/Fear**



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PRELIMINARY THEMES

(22% of session voices as of 10.16.18)

4. Promote Education/Training



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SMALL GROUPS

1. Each small group will discuss one theme
2. Choose group you are interested in
3. Ideas – now, from the National Strategy and new
4. Identify “Low Hanging Fruit”

Low Hanging Fruit: a course of action that you believe can be undertaken quickly and easily as part of a wider range of changes or solutions to a problem



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NEXT MEETING

Tuesday, November 13, 2018

4:30 pm to 6:30 pm

Oregon City Library



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RECOGNITION – *Thank you*

- Rich Swift & Mary Rumbaugh, Sponsors
- Galli Murray, Suicide Prevention Coordinator
- Erin Schwartz, Debbie Greene, Maria Magallon, Tiffany Hicks, Carlos Romero, Beth Byrne, Kim Jackson-Whitely, Kevin Shiver, Ally Linfoot, Nina Danielsen, Galli Murray, Kathy Turner, Elise Thompson, Local Voices Listening Session Facilitators, Project Team & Project Management