

Why Safety?

The purpose of INSIGHT is to EDUCATE and provide youth with skills and knowledge to improve the safety of youth and the community.

What to expect:

Participants will meet in groups of 4 to 6 youth of similar age and developmental level with a facilitator once a week for four weeks. Each group will be 1.5 hours in length and will be held at the Clackamas County Juvenile Department during evening hours.

Developmental Assets Strengthened:

- Positive view of personal future
- Personal Power
- Resistance Skills
- Planning and Decision Making
- Responsibility
- Safety



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Clackamas County Juvenile Department

INSIGHT

THE CHOICE IS
YOURS



Adolescent Fire
Safety Education

INSIGHT, The Choice is Yours: Overview

INSIGHT is an opportunity to create an understanding of the dangers of fire and increase knowledge of fire safety. Youth will have an enhanced understanding of the impact of their actions and increase empathy and self-awareness to promote smart choices with fire. With the use of Restorative Justice Principles, youth address the importance of taking responsibility and being accountable for their choices by writing a letter of responsibility. Youth are able to examine influences and thinking errors involved with their offense and set goals which encourage a path of positive behavior.



Topic Areas:

- Communication
- Anger
- Boredom
- Thinking Errors
- Empathy
- Victim Awareness
- Fire and the Media
- Problem Solving
- Peer Pressure
- Assertiveness

Format:

Week 1:

Group Norms and Fire Basics

- ◆ Fire Tetrahedron
- ◆ Speed of Fire

Week 2:

Fire is Dark: Fire Myths vs Reality

- ◆ Fire is Hot
- ◆ Fire is Smoke and Gases

Week 3:

Fire's Consequences

- ◆ Real life of Your Fire
- ◆ What if?
- ◆ Fire has Consequences
- ◆ Fire Costs Real Money
- ◆ Cost to the Community

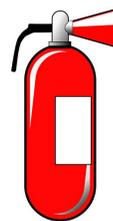
Week 4:

Taking Responsibility

- ◆ Right Choices
- ◆ Moral Reasoning
- ◆ Real and Potential Impact of Choices
- ◆ Letter of Responsibility

Homework Assignment/Close

To reinforce the skills learned in this group, youth will be assigned homework to complete before completing this group.



Risk factors increase the likelihood a youth will participate in risky or illegal behavior while specific protective factors work as a powerful force to overcome these risk factors.

INSIGHT works to address the following risk and protective factors:

⇒ Increases empathy for others.

⇒ Creates an environment where participants have an opportunity to accept responsibility for their behavior.

⇒ Seeks to address harmful fire-setting behavior.