

What Clackamas County Residents Should Know About Measles



Measles is not just a rash. It can be very dangerous and even deadly.

So far in 2024, we've seen more measles cases in the US than we saw in all of 2023, including cases in Clackamas County.

The best way to protect yourself and your community is to **make sure you and your family are vaccinated against measles.**

What you should know about the measles vaccine:

- The measles vaccine (called the MMR vaccine) has been safely used since the 1970s and is highly effective at making sure you don't get measles at all.
- Children should get two doses of MMR vaccine, starting with the first dose at 12 to 15 months of age, and the second dose at 4 through 6 years of age, but it's never too late to get vaccinated.
- If you have an infant between 6 and 12 months and will be spending time in an area where measles is spreading, talk to your pediatrician about options.
- If someone at your child's school gets measles and your child is not vaccinated, they may be excluded from attending school for 21 days.

Want to get yourself or your child vaccinated for measles? Talk to your primary care provider or call Clackamas County Health Centers at 503-655-8471.



Learn how to protect yourself and your family:
<https://www.clackamas.us/publichealth/measles>

