



# **The Clackamas County Juvenile Department Presents our Community & Volunteer Trainings**

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## **Juvenile Department & Restorative Justice Friday January 25 and Saturday, January 26, 2019**

(This training is a pre-requisite for all other trainings.)

Participants of this 2-day training will explore the philosophical and practical foundations of the Clackamas County Juvenile Dept.

8:30 a.m. to 5 p.m.

## **Purposeful Facilitation of Cognitive Skills Groups Monday February 4, 2019**

This training provides an opportunity for individuals to learn or increase their group facilitator skills through understanding the group performance curve, group dynamics and appropriate interventions to get the most out of the group process.

8:30 a.m. to 5 p.m.

## **Effective Strategies and Interventions for Working with Youth in the Community Thursday, March 7, 2019**

This training is offered to provide information and skill development to program partners, volunteers and interns as well as parents who are interested in learning effective strategies to have positive outcomes when engaging with youth in challenging circumstances. This training includes setting expectations, exploring youth perspectives, working with defiance and engaging in conflict with a strength-based lens.

8:30 a.m. to 5 p.m.

“Plant a thought,  
harvest an act,  
harvest a habit,  
harvest a  
character. Plant a  
character, harvest  
a destiny.”

- *Sacagawea*



See registration form for training address

To register, please fill out the attached registration form.

For questions, contact Lisa Giese at [Lgiese@clackamas.us](mailto:Lgiese@clackamas.us) or 503-655-8342

**To register, complete the following form and send a copy to:**

Clackamas County Juvenile Department

Attn: Lisa Giese

2121 Kaen Road, Oregon City, OR 97045

Email: Lgiese@clackamas.us

Fax: 503-722-6709

Name \_\_\_\_\_  
First Last

Address \_\_\_\_\_  
Street Address City State Zip

Email \_\_\_\_\_ Phone \_\_\_\_\_

**Please mark the trainings you plan on attending:**

Friday January 25 and Saturday, January 26, 2019

☐ **Juvenile Justice and Restorative Justice (2 Days)** (This is a pre-requisite to the other 2 trainings below)

**Above Training to be held at:** Sandy Public Library Community Room  
38980 Proctor Blvd., Sandy OR 97055

**Below Trainings to be held at:** Clackamas County Juvenile Department-Program Building  
2100A Kaen Rd., Oregon City OR 97045

Monday February 4, 2019

☐ **Purposeful Facilitation of Cognitive Skills Groups**

Thursday, March 7, 2019

☐ **Effective Strategies and Interventions for Working with Youth in the Community**

**Snacks, a light breakfast and lunch are provided. You are also welcome to bring your own meals.**

**Background and Interest**

Please give a brief description of your relevant background and why you are interested in participating in this training: \_\_\_\_\_

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## **Training Overviews:**

### **Clackamas County Juvenile Department and Restorative Justice Overview – Two Days**

By the end of the training, participants will have:

- engaged with the structure, policies, and principles of the Oregon Juvenile Justice System as practiced in Clackamas County
- demonstrated different approaches in responding to conflict
- demonstrated an ability to restate and summarize
- translated closed questions to open-ended questions
- differentiated between positions and interests
- practiced engaged listening
- distinguished between assumptions and sensory-observations
- practiced opening a difficult conversation
- reflected on values which define justice for the victim, offender, and community
- differentiated between retributive and restorative frameworks of justice
- applied restorative justice values and principles to specific crime scenarios

### **Effective Strategies and Interventions for Working with Youth in the Community – One Day**

By the end of the training, participants will have:

- reflected on personal strengths, weaknesses, motives, and biases which may help or hinder their ability to effectively work with youth in the community
- determined the process for establishing expectations with youth
- compared punitive and restorative work projects
- understand the potential perceptions youth may have of adult authority
- connected how adults can assist youth in developing protective factors
- listed positive skills and approaches for building rapport and connection with youth
- understand how trauma informed care can be utilized
- practiced effective interventions for challenging situations with youth
- practiced effective strategies for rebuilding connection after conflict has occurred

### **Purposeful Facilitation of Cognitive Skills Groups – One Day**

By the end of the training, participants will have:

- understood what the six Skill Groups provided by CCJD are and how they benefit the participants
- connected the importance of Skill Groups with Restorative Justice
- brainstormed ways to set up the group environment to create a positive experience
- created a community agreement and understood the importance of this group tool
- demonstrated ways to support a new group forming by using experiential activities and ice breakers
- reflected on how to communicate about important issues such as safety and confidentiality
- exposed to the “Group Performance Curve” and Tuckman’s Model
- increased self-awareness of personal communication and listening patterns
- assessed personal goals as a facilitator
- practiced motivational interviewing skills and expanded resources for facilitators to use during groups
- experienced different methods of how to facilitate a group process including ways to take the discussions to a deeper level
- processed options for managing challenging group dynamics such as conflict, resistance, etc.
- debriefed experiences created in this training and practiced different debriefing technique

## ***Trainer Biographies***

**Judy Pearce** is the Skills Group Coordinator and Facilitator for the Clackamas County Juvenile Department. Judy has more than thirty years of experience in restorative group processes, which includes piloting a mentor program for unwed teen moms, facilitating recovery groups, conducting women's prison groups, and facilitating cognitive skills groups for at-risk youth. Judy is currently implementing strength-based curriculum and using positive norming techniques in the groups offered by the Clackamas County Juvenile Department. This includes the facilitation of Anger Replacement Therapy (ART), TruThought, Girls Circle, The Council, Staying Connected with Your Teen, Life Skills, and Empathy. Judy's undergraduate degree is in Business Administration, with a minor in Psychology; she also completed undergraduate studies in secondary education.

**Tanya Kramer** is a Supervisor for the Clackamas Juvenile Department. She has over 20 years of experience working with at-risk youth. Her prior experience includes residential programs, youth wilderness therapy, youth crisis center, a detention facility, within schools, on youth work crews, facilitating skills groups, and working along youth completing community service. She holds a Master Degree in Psychology with an Emphasis in Systems Counseling.

**Jillian Kellington** is the Victim Services Coordinator for the Clackamas County Juvenile Department (CCJD). As the program administrator for the Victim Impact Program, Jillian has provided a valuable victim perspective to the Restorative Justice Training for the past two years. She is a lead facilitator for the Victim-Offender Dialogue Program, and has extensive experience in group facilitation engaging youth, victims, and communities in response to harm caused by juveniles in Clackamas County. Jillian also facilitates an empathy-building skills group with youth offenders, encouraging them to see the ripple effect of their actions and engage in restorative community service projects to promote connection within their communities. Jillian represents CCJD in a statewide victims' rights workgroup, and is a member of the Restorative Justice Coalition of Oregon.

**Julie Bitz** is a Juvenile Counselor 2 as well as the Training Coordinator for the Clackamas County Juvenile Department (CCJD). She has been working within the juvenile justice system for 22 years. Julie has served as a trainer with the Oregon Juvenile Department Director's Association (OJDDA) since 2000 and enjoys training fellow juvenile counselors around the state. Julie also partners with many community partners to provide necessary trainings regarding juvenile justice in Oregon. Julie earned her bachelor's degree from the University of North Dakota with a double major in Criminal Justice and Substance Abuse. Julie has continued her education and knowledge base through National and local trainings over the last 20+ years. Julie is passionate about juvenile justice, partnering with families, working with victims, and incorporating Evidence Based Practices throughout her work.

**Vikki Allen** is the Community Connections Coordinator for Clackamas County Juvenile Department (CCJD). In her current role, Vikki oversees Interns, Volunteers and the Community Connections Program. Vikki has over 25 years working in the social service and behavioral health field. She has worked extensively with families, helping parents navigate systems of care to best serve their youth. She also worked with these same systems to ensure family support. Vikki has facilitated a variety of groups throughout the years including parenting, children's therapy, youth skills, recovery within jails, trauma recovery and family dynamic support groups. She has been a presenter in conferences around the state and is known to be a strong advocate for restorative justice and trauma recovery work. Vikki holds a Master Degree in Social Work with an emphasis in Restorative Justice.