

## Clackamas County Directors Meeting

April 11, 2017

CCSS 9:30-11:30am

### Minutes

- Meeting called to order by Stefanie Reid-Danielson.
- No changes to previous meetings minutes.

Brenda Durbin, Kati Tilton and Lois Orner, all with CCSS, spoke about Evidence-Based activities and opportunities. Brenda noted that the federal government put restrictions on activities to be supported with OAA funds a few years ago; we've had State funds on board for the last 2 years. There are efforts underway to bring more ED funds in through partnerships with health providers, as well as grant writing – centers should be prepared with staff and/or volunteers to access training and funds that might be made available. There may be additional EB monies available to be spent by the end of June, so centers are invited to send in additional needs.

Lois Orner is both a master trainer as well as a provider of direct services; she is able to conduct Living Well with Chronic Conditions classes, as well as training of trainers. She offers a Diabetes self-management program as well – cross-training in that area is forthcoming. Lois noted that the county has received a grant for Mental Health First Aid, so those classes are available 3 times a year in the community – Senior Companions have already been trained. The Mental Health training can be broken up into 2.5 or 3 half day sessions, to accommodate space constraints at the centers.

Kathy Wiseman commented that centers don't have volunteers with the capacity to be trained; at least part of EB funds should come to centers for hosting the class, even with county trainers. OAA activities and responsibilities represent some 75% of the total effort of some centers, yet funds cover only 10% of costs - \$ doesn't follow the effort.

One option to recuperate at least some costs for hosting EB classes, is to charge county facilitators rent for use of the building. Centers should send their rental rates to Stefanie.

Kati Tilton is focused on falls prevention, and is currently looking at offering a home-based model (OTAGO?). She is also looking at building capacity to offer more cultural-specific activities and services, in line with the county's current action plan, which calls for increasing the diversity of program participants.

The county is working with the Milwaukie Center on an LGBTQ/AIDS long term survivor workshop. Kati has reached out the Bridging Cultures in Canby for possible collaboration on a future event. It was noted that the County Community Resource Guide is currently available in three languages; a question was asked about whether there is funding available for translation services, but no answer readily available.

Robin Grimm with CCMOW updated the group on MOW activities – 10 year anniversary this year. CCMOW has raised over \$100,000 in the last ten years; over 250 calls were taken in the last year alone. Robin gets frequent calls from people wanting to volunteer, but many now want a quick time-bound task to complete rather than an ongoing commitment – new challenge.

The discussion of volunteers led to the topic of MOW deliveries during bad weather. Many people step up to offer, but they can't be used if they haven't passed the State Required-specific background check. Centers aren't even supposed to use the local Fire Department as they haven't been through our particular systems. Most centers noted that this hasn't been a significant problem – they send out extra meals in advance of bad weather, and/or have vetted volunteers who have been screened.

#### Center Updates:

- Wilsonville – they are working on a department-wide Master Plan for Parks and Recreation. Offering a Ride-wise class, which teaches people how to ride public transit and plan trips.
- Gladstone – discontinuing their newsletter as of June, in favor of inclusion of news with the City's newsletter; their Foundation is purchasing a new van for the Center; the local HS art class is creating a large installation at the Center.
- Canby – Kitchen manager of almost 30 years retires this summer, search ongoing; in the middle of strategic planning process, considering changing or eliminating the medical equipment program.
- Oregon City – They have a new bus; Ride Connection visit went great; they have a new Master Plan, including plans for Willamette Falls; Center has undergone major maintenance but still encountering building problems.
- Molalla – just completing a bathroom remodel; annual appeal has been mailed out; they are waiting for their new RC vehicle.
- Sandy – new director Tanya Richardson in attendance, joined 3 ½ weeks ago; background in Parks and Recreation, will be spending much time on new rec/senior/aquatics center project in coming years.
- Milwaukie – absconded before we got to him.