

Mental Health & Addictions Council

Meeting Minutes

Tuesday, May 28, 2024

4:30 - 6:30 PM

Zoom Meeting

Members Attending: Teresa M., Cathy H., Pam P., Sara C., Bo B.,

Members Unexcused: Sherry C. Catherine L.

Members Excused: Sheri P.

Staff: Mary Rumbaugh, Maritza Gonzalez

Guests: Dave H., Beto C.

Item	Discussion	Action/Follow up
Call to Order, Establish Quorum (6 members), Approval of Minutes - President	<ul style="list-style-type: none"> ➤ Teresa brought the meeting to order 4:41pm and established a quorum. ➤ Introductions of members and guests. ➤ Review of group norms ➤ Approval of April Minutes Bo 1st Cathy 2nd ➤ Acronym List update- shorter list 	Resend acronym list in Excel form to members. Focus on the short list, make any changes.
How are MHAC initiatives being led with a Prevention Lens? - Teresa and Pam	<p>Excerpt from Mary's presentation:</p> <ul style="list-style-type: none"> A. Universal intervention: Strategies and/or activities that engage the general public or a segment of the entire population to: learn and enhance positive coping methods to help people feel safe and hopeful and improve quality of life, reduce mental health symptoms, and increase awareness of mental health wellness services, and supports. B. Selective intervention: Strategies and/or activities that serve specific sub populations whose risk of a disorder is significantly higher than the average, either imminently or over a lifetime. C. Indicated intervention: Strategies and/or activities that address identified individuals who have minimal but detectable signs or symptom of a disorder or condition. <ul style="list-style-type: none"> ➤ Actions from this group: this council has already sent out a survey to schools asking, "are you aware of resources available around you." ➤ Possibly reaching out to NWFS to find out what prevention services mean to them, what they are doing, what resources are available to them. ➤ Exploring how to recognize students needing help. ➤ Gaining knowledge about the actions taken by other programs. 	<p>The council can send letter to OLCC making the case as to why adding public health member is needed. Pam can send talking points to Mary to draft letter and bring to next meeting.</p> <p>Link to: https://songforcharlie.org</p>

Committee updates - All	<ul style="list-style-type: none"> ➤ <u>Advocacy/Legislative Committee</u> - Farm bill amendment to ban delta-8 THC, passed. ➤ <u>Recruitment update</u>: 4 new applicants. Sheri will work on scheduling interviews. Cathy has volunteered to help with interviewing new candidates. ➤ <u>Nominating Committee</u> - Vote on renewals (Teresa and Pam) Motion to renew Teresa as President of MHAC: Bo 1st, Cathy 2nd Motion to renew Pam: Teresa 1st, Sara 2nd ➤ <u>Suicide Prevention Coalition of Clackamas County Update</u> - Other branches of committees are still looking for people to attend meetings, especially youth. Still needing name for app. Issue is how we get access to youth to run test to find out their opinions. Test run by June, possibly closer to July. ➤ <u>Director Update</u>: Update on Clackamas Center for Treatment and Recovery: Working on a communication plan, launching a task force, Teresa will be representative for Mental Health and Addiction Council. Communication plan is to promote from somebody with lived experience "have we had the recovery center in past, how would that have made a difference for you to not land in jail". Possibly looking for 3-5 volunteers who would be open to being interviewed. Sara and Bo volunteer. Having an appraisal happening, board has directed that this will be property that will be purchased. Notice of funding opportunity for providers to apply possibly in July. ➤ <u>Update on BH Housing Investment</u>: Transcending Hope having an open house on Friday May 31st from 12-2pm. No major updates on the 23-Hour Crisis Stabilization Center: Calling it Stabilization Center for now. Waiting to send out bidding for construction. Will go in front of the board at the end of July. Last legislative session was looking for shovel ready properties and Clackamas County was a recipient. Care Oregon giving money for operating once we are up and going. Trillium is giving us a small portion for capital. 	Maritza will send out Transcending hope flyer.
Round Table	<ul style="list-style-type: none"> • Cathy- N/A • Dave- Just hired 3rd peer support specialist. 4 slots open starting next week • Sara- N/A • Pam- Oregon State Police will test any drug for parents for free. • Bo- September 28th, Walk for Recovery at Pioneer Square. • Teresa- N/A • Beto- What is the connection between us and DHS regarding prevention and restoration. • Mary- N/A 	
Public Comment	N/A	

Recap; Summarize action items; Agenda item suggestion - <i>All</i>	<p style="text-align: center;">The meeting adjourned at 6:21 pm</p> <ul style="list-style-type: none">• Proposed agenda: MHAC Exec met afterwards to design agenda for next meeting	
Next Meeting Date and Location	<p>Tuesday, June 25, 2024, from 4:30-6:30 pm via Virtual and Crisis Walk-In Clinic Please RSVP to Maritza Gonzalez at MGonzalez@clackamas.us.</p>	