

Clackamas County Suicide Prevention Coalition

Findings and Draft Recommendations
Strategic Planning 2021

October 19, 2021 Suicide Prevention Coalition Meeting

These are the domains – schools, community & healthcare – where we asked for feedback in surveys and interviews in 2020 – at the bottom you can see what kinds of topics were discussed

Schools

Settings

- School-based mental healthcare
- Classroom and after-school programs
- Student groups serving minority/underserved populations

Key Resource Information

- Existing programs, policies, and services
 - Universal, selective, indicated
 - Examples: Student gatekeeper programs, gender-sexuality alliances, student counseling
- Penetration
 - Extent of schools with key programs?
- Gaps in services
 - Are schools serving tribal communities equipped with the same resources?
- Barriers
 - Lack of school-based mental health staff, supportive leaders

Community & Individual

Settings

- Community-based organizations
- Law enforcement and juv. justice
- Family and home
- Faith communities
- Tribal communities
- Veterans' organizations

Key Resource Information

- Existing programs, policies, and services
 - Universal, selective
 - Examples: Community-accessible gatekeeper and postvention programs, communication campaigns, connectedness programs
- Penetration
 - Extent of CBOs offering community trainings?
- Gaps in services
 - Are communication campaigns targeting all high-risk groups?
- Barriers
 - Access to lethal means

Clinical/Healthcare

Settings

- Hospitals/emergency
- In-patient substance treatment
- Primary care providers
- Clinical public health services

Key Resource Information

- Existing programs policies, and services
 - Selective, indicated
 - Examples: Healthcare coordination programs, clinical risk assessments, provider gatekeeper training
- Penetration
 - Extent of community providers trained in suicide risk detection and appropriate referrals?
- Gaps in services
 - Are ED risk screenings in place?
- Barriers
 - Stigma/lack of knowledge among medical providers

COMMUNITY -- Recommended Priority Area Goals for 2022 - 2024

- 1. Suicide prevention training will be provided at no cost to Clackamas County residents, faith based communities, businesses and other local entities.**
- 2. The trainer pool in Clackamas County for suicide prevention programming will represent the cultural and linguistic diversity of the county.**
- 3. Increase awareness on how to access and register for suicide prevention training.**
- 4. Clackamas County residents will regularly receive safe messaging about suicide, wellness, connection and resources.**
- 5. Clackamas County will promote programming and partnerships for historically underserved communities and higher risk populations (e.g. people who are transgender, rural, Latinx, tribal, LGBTQ2SIA+, young adults, people with schizophrenia, people with substance use disorders, people with depression, people who identify as male, etc)**
- 6. Community members with lived experience have a meaningful voice in Clackamas' suicide prevention, including programming decisions, and links to key leaders.**
- 7. Increase Cultural Competence across Activities and Sectors (this could include strategically engaging men, improving outcomes for BIPOC individuals who engage in behavioral health services by increasing culturally responsive healthcare)**
- 8. Increase Meaningful Data Collection to Guide Prevention Efforts.**

SCHOOLS - Recommended Priority Area Goals for 2022 - 2024

- 1. Increase meaningful participation in Adi's Act* from school districts and increase the use of best practices in school districts.**
- 2. Organizations and agencies are equipped to provide trainings that are trauma informed.**

***Adi's Act requires all school districts to have a suicide prevention policy including procedures relating to suicide prevention, intervention, and postvention. It also addresses populations at higher risk for youth suicide, including LGBTQ youth, youth of color, youth with disabilities and foster youth.**

Adi's Act is vital to making sure that all kids, no matter how they identify or who they love, are protected, supported, and see a future for themselves in Oregon.

HEALTH CARE – Recommended Priority Goal Areas for 2022 – 2024

- 1. Increase access to peer support specialists, peer recovery mentors and traditional health workers as an alternate or supplement to traditional behavioral health care for those at increased risk of suicide.**
- 2. Peer support specialists, peer recovery mentors and traditional health workers will represent the cultural and linguistic diversity of the county.**
- 3. All community members have access to meaningful places and spaces to experience positive connection.**
- 4. All staff at organizations/agencies that serve individuals known to be at increased risk for suicide will receive the appropriate level of training for suicide prevention (basic awareness, enhanced, and/or advanced) and are retrained at regular intervals.**
- 5. Increase utilization of universal screening for suicide risk using tools such as the Columbia C-SSRS.**
- 6. The number of 45 year old and older men who access behavioral health care will increase**
- 7. Increase Cultural Competence across Activities and Sectors (this could include strategically engaging men, improving outcomes for BIPOC individuals who engage in behavioral health services by increasing culturally responsive healthcare)**

MEANS SAFETY - Recommended Priority Area Goals for 2022 - 2024

- 1. Clackamas County will reduce fire arm related suicide deaths.**
- 2. Any Clackamas County resident experiencing a behavioral health crisis will have access to safe storage for medicine and firearms.**
- 3. Clackamas County will promote safe storage practices and link these practices to suicide prevention.**