



# CLACKAMAS COUNTY SHERIFF'S OFFICE

## Physician's Release Form

**Identify any physical activities that this person is unable to perform or conditions under which this person is unable to work.**

Based on my examination of \_\_\_\_\_, and having reviewed  
Patient's Name  
 the attached list of job duties, I \_\_\_\_\_, am releasing this  
Physician's Name  
 person to (choose one):

- Full duty (no restriction)**, with no physical or work condition limitations effective \_\_\_\_\_.
- Light or Modified Duty (with restriction)** effective \_\_\_\_\_, with the physical and/or work condition limitations indicated below.
- Not released to work** effective \_\_\_\_\_.

I anticipate the duration of the limitations to continue until \_\_\_\_\_.  
 Specific instructions: \_\_\_\_\_

PHYSICAL ACTIVITIES	LIMITATION	PHYSICAL ACTIVITIES	LIMITATION
Sitting (short or long period)	Y <input type="checkbox"/> N <input type="checkbox"/>	Reaching	Y <input type="checkbox"/> N <input type="checkbox"/>
Walking/lateral mobility	Y <input type="checkbox"/> N <input type="checkbox"/>	Lift/carry 0-70 pounds	Y <input type="checkbox"/> N <input type="checkbox"/>
Standing short periods	Y <input type="checkbox"/> N <input type="checkbox"/>	Finger dexterity (typing, etc.)	Y <input type="checkbox"/> N <input type="checkbox"/>
Standing long periods	Y <input type="checkbox"/> N <input type="checkbox"/>	Sense of touch (frisking, etc.)	Y <input type="checkbox"/> N <input type="checkbox"/>
Running	Y <input type="checkbox"/> N <input type="checkbox"/>	Gripping w/ hands and/or fingers	Y <input type="checkbox"/> N <input type="checkbox"/>
Climbing stairs	Y <input type="checkbox"/> N <input type="checkbox"/>	Speaking	Y <input type="checkbox"/> N <input type="checkbox"/>
Bending	Y <input type="checkbox"/> N <input type="checkbox"/>	Color identification	Y <input type="checkbox"/> N <input type="checkbox"/>
Kneeling	Y <input type="checkbox"/> N <input type="checkbox"/>	Close vision	Y <input type="checkbox"/> N <input type="checkbox"/>
Crouching	Y <input type="checkbox"/> N <input type="checkbox"/>	Far vision	Y <input type="checkbox"/> N <input type="checkbox"/>
Stooping	Y <input type="checkbox"/> N <input type="checkbox"/>	Side vision/depth perception	Y <input type="checkbox"/> N <input type="checkbox"/>
Twisting body	Y <input type="checkbox"/> N <input type="checkbox"/>	Night vision	Y <input type="checkbox"/> N <input type="checkbox"/>
Maintaining balance	Y <input type="checkbox"/> N <input type="checkbox"/>	Hearing tones	Y <input type="checkbox"/> N <input type="checkbox"/>
Pushing	Y <input type="checkbox"/> N <input type="checkbox"/>	Hearing voice conversation	Y <input type="checkbox"/> N <input type="checkbox"/>
Pulling	Y <input type="checkbox"/> N <input type="checkbox"/>	Other:	Y <input type="checkbox"/> N <input type="checkbox"/>
WORKING CONDITIONS	LIMITATION	WORKING CONDITIONS	LIMITATION
Working indoors	Y <input type="checkbox"/> N <input type="checkbox"/>	Working various shifts	Y <input type="checkbox"/> N <input type="checkbox"/>
Working outdoors	Y <input type="checkbox"/> N <input type="checkbox"/>	Exposure to various allergens	Y <input type="checkbox"/> N <input type="checkbox"/>
Working in remote locations	Y <input type="checkbox"/> N <input type="checkbox"/>	Exposure to noxious odors	Y <input type="checkbox"/> N <input type="checkbox"/>
Working in confined spaces	Y <input type="checkbox"/> N <input type="checkbox"/>	Exposure to smoke or fumes	Y <input type="checkbox"/> N <input type="checkbox"/>
Working in extreme weather	Y <input type="checkbox"/> N <input type="checkbox"/>	Exposure to sun or intense light	Y <input type="checkbox"/> N <input type="checkbox"/>
Working in water	Y <input type="checkbox"/> N <input type="checkbox"/>	Wearing a ballistic helmet	Y <input type="checkbox"/> N <input type="checkbox"/>
Work at high/low elevations	Y <input type="checkbox"/> N <input type="checkbox"/>	Wearing a ballistic vest	Y <input type="checkbox"/> N <input type="checkbox"/>
Working on uneven terrain	Y <input type="checkbox"/> N <input type="checkbox"/>	Wearing protective gloves	Y <input type="checkbox"/> N <input type="checkbox"/>
Working in noisy conditions	Y <input type="checkbox"/> N <input type="checkbox"/>	Wearing eye/face protection	Y <input type="checkbox"/> N <input type="checkbox"/>
Working alone	Y <input type="checkbox"/> N <input type="checkbox"/>	Wearing a chemical suit	Y <input type="checkbox"/> N <input type="checkbox"/>
Working with inmates	Y <input type="checkbox"/> N <input type="checkbox"/>	Wearing ear protection	Y <input type="checkbox"/> N <input type="checkbox"/>
Working long hours	Y <input type="checkbox"/> N <input type="checkbox"/>	Other:	Y <input type="checkbox"/> N <input type="checkbox"/>

## Physician's Release Form

### EXAMPLES OF PATROL DEPUTY JOB DUTIES

- Arrest persons
- Conduct frisk or pat down searches
- Handcuff suspects or prisoners
- Restrain/subdue unruly, violent, resistive, or attacking individuals
- Conduct field interviews
- Conduct motor vehicle stops and talk to occupants
- Direct traffic
- Search for and collect physical evidence at accidents and crime scenes
- Execute high risk vehicle stops
- Engage in high speed pursuit driving under various conditions
- Engage in high speed response driving under various conditions
- Operate patrol vehicle under various conditions
- Push open a door with your shoulder
- Kick open a door with your foot
- Break up fights between two or more people
- Tackle a fleeing suspect
- Use weaponless defensive tactics
- Use body pressure points to control person
- Grip person tightly to prevent escape/control movement
- Disarm violent suspect
- Pull person out of a vehicle who is resisting arrest
- Strike person with straight baton
- Physically restrain crowd
- Pull person through vehicle window or door to effect an arrest
- Search for a person in a darkened building or environment
- Draw and/or fire weapon in a variety of conditions and circumstances
- Detain person at gunpoint
- Reload firearm under combat conditions
- Clear malfunction of various firearms
- Discharge shoulder weapon, e.g., rifle and shotgun
- Discharge weapon in dark environment while using flashlight
- Administer cardio-pulmonary resuscitation (CPR)
- Administer mouth-to-mouth resuscitation
- Apply basic first aid
- Evacuate areas endangered by explosives, gases, liquids, etc.
- Talk/negotiate with suicidal individuals
- Use protective gear to prevent contact with infectious disease
- Respond to and control scene involving barricaded subject
- Use chemical agents and other riot equipment
- Conduct criminal investigations
- Present testimony in legal and administrative proceedings
- Intercede in domestic disputes
- Use voice and words to calm a situation, send message, etc.
- Control hostile groups, e.g., demonstrators, rioters, etc.
- Use voice commands to project control and direct action
- Investigate suspicious vehicles
- Stop vehicle to investigate, warn, or arrest
- Write or type reports
- Sit for long periods to observe, survey, or guard persons or locations

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## Physician's Release Form

### EXAMPLES OF CORRECTIONS DEPUTY JOB DUTIES

- Patrol tiers, cell areas, corridors, and other secure areas
- Monitor and control all inmate activities
- Observe inmate to verify presence and determine physical condition
- Observe inmate behavior to prevent/stop physical conflicts
- Observe incoming inmates to identify mental condition
- Escort inmates within the facility
- Escort inmate in motor vehicle
- Inspect identification of persons entering or leaving the facility
- Maintain security of the institution
- Authorize, control, and supervise inmate movement within the facility
- Order inmates to enter or leave cells
- Physically place inmates in or remove inmates from cells
- Conduct head counts
- Guard inmates outside the facility
- Use chemical agents to quell disturbance/riots
- Confront and control hostile groups
- Subdue inmates resisting restraint
- Breakup fights between two or more inmates
- Carry handgun while guarding inmates outside the facility
- Draw and/or fire weapon in a variety of conditions and circumstances
- Detain person at gun point
- Reload firearm under combat conditions
- Clear malfunction of various firearms
- Discharge shoulder weapon, e.g., rifle and shotgun
- Discharge weapon in dark environment while using flashlight
- Use physical force to maintain order and to protect life
- Use verbal skills to resolve conflicts
- Identify stress factors on prisoners
- Evaluate inmate's attitude, conduct, behavior, and associations
- Respond verbally or in writing to inmate's written questions
- Verbally reprimand inmate for violation of rules/regulations
- Notice and investigate unusual traffic or movement
- Investigate unusual odors/sounds
- Conduct pat and/or strip searches of inmates
- Search clothing/property of inmates
- Process evidence seized during search of inmates, cells, etc.
- Seize contraband
- Search common areas of facility for contraband
- Investigate injuries to inmates
- Transport inmate(s) to outside facility for treatment
- Administer cardiopulmonary resuscitation
- Administer mouth-to-mouth resuscitation
- Apply basic first aid
- Use personal protective equipment to prevent contact with infectious disease
- Use clean up kit to clean blood borne pathogens
- Use air pack (Lift Air, Scott, MSA air packs)
- Use restraint devices to control inmate
- Monitor behavior of inmates in disciplinary segregation
- Use restraints on inmates
- Physically restrain/subdue violent inmates
- Take emergency steps when inmate suicide is threatened/attempted
- Write or type reports

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**Physician's Release Form**  
**EXAMPLES OF PAROLE & PROBATION**  
**OFFICER JOB DUTIES**

- Arrest persons
- Conduct frisk or pat down searches
- Handcuff clients
- Restrain/subdue unruly, violent, resistive, or attacking individuals
- Conduct field visits
- Search for and collect physical evidence in home visits
- Escort clients within the facility
- Transport clients in motor vehicle
- Operate vehicle under various conditions
- Break up fights between two or more people
- Tackle a fleeing suspect
- Use weaponless defensive tactics
- Use body pressure points to control person
- Grip person tightly to prevent escape/control movement
- Disarm violent suspect
- Search for a person in a darkened building or environment
- Draw and/or fire weapon in a variety of conditions and circumstances
- Carry handgun outside the facility
- Use physical force to maintain order and to protect life
- Evaluate client's attitude, conduct, behavior and associations
- Respond verbally or in writing to client's questions
- Verbally reprimand client for violation of Parole/Probation conditions
- Climb stairs
- Dodge around obstacles
- Detain person at gunpoint
- Reload firearm under combat conditions
- Clear malfunction of various firearms
- Discharge weapon in dark environment while using flashlight
- Administer cardio-pulmonary resuscitation (CPR)
- Administer mouth-to-mouth resuscitation
- Apply basic first aid
- Use protective gear to prevent contact with infectious disease
- Talk/negotiate with suicidal individuals
- Use chemical agents and other equipment
- Present testimony in legal and administrative proceedings
- Use voice and words to calm a situation, send message, etc.
- Use voice commands to project control and direct action
- Write or type reports
- Sit for long periods of time (2-4 hours)
- Process evidence seized during search
- Search common areas of client residences
- Transport clients to outside facilities
- Search clothing/property of clients
- Conduct client drug screens
- Conduct pat search of clients
- Walk/run over uneven terrain
- Jump over obstacles
- Run short distances
- Extract and drag victims
- Crawl under/through obstacles

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**Physician's Release Form**  
**EXAMPLES OF COMMUNITY CORRECTIONS**  
**OFFICER JOB DUTIES**

- Apply restraints to offenders
- Conduct frisk or pat down searches
- Handcuff clients
- Restrain/subdue unruly, violent, resistive, or attacking individuals
- Search for and collect physical evidence in dorm searches
- Escort clients within the facility
- Transport clients in motor vehicle
- Operate vehicle under various conditions
- Break up fights between two or more people
- Use weaponless defensive tactics
- Use body pressure points to control person
- Grip person tightly to prevent escape/control movement
- Disarm violent suspect
- Search for a person in a darkened building or environment
- Use physical force to maintain order and to protect life
- Evaluate client's attitude, conduct, behavior and associations
- Respond verbally or in writing to client's questions
- Climb stairs
- Dodge around obstacles
- Administer cardio-pulmonary resuscitation (CPR)
- Administer mouth-to-mouth resuscitation
- Apply basic first aid
- Use protective gear to prevent contact with infectious disease
- Talk/negotiate with suicidal individuals
- Use chemical agents and other equipment
- Present testimony in legal and administrative proceedings
- Use voice and words to calm a situation, send message, etc.
- Use voice commands to project control and direct action
- Write or type reports
- Sit for long periods of time (2-4 hours)
- Process evidence seized during search
- Search client living areas
- Transport clients to outside facilities
- Search clothing/property of clients
- Conduct client drug screens
- Conduct pat search of clients
- Walk/run over uneven terrain
- Jump over obstacles
- Run short distances
- Extract and drag victims
- Crawl under/through obstacles
- Conduct evacuation drills
- Interview persons in the office

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