

**Clackamas County
Benefits Review Committee
Meeting Summary for May 16th, 2024**

This document is intended to be a meeting summary. These meetings are recorded.

Voting Members Present: Paula McDonald, Chuck Kerns, Gretchen Pacheco, Kristi Durham, Darrel Mally, Lauren Haney, Ariel Owens, John Lee, Deena Mehdikhan, Greta Nickerson

Voting Members Not Present: Rachelle Bonsi, Fred Yungbluth, Robert Skinner, Alex Gonzalez, Jon Santana, Jennifer Harvey

Minutes: Toni McGarvey

Facilitator: Billie Hurley

Attendance and Minutes:

Recordings will be provided upon request within one year of the meeting.

Presentation of 2023 Providence Utilization Report:

Providence Presenter: Cash Spencer

1. Review of full 2023 Performance and Experience Report utilization for general county and other population groups. Here are the summary highlights:
2. Average age of county population is 35 years old
3. Medical costs PMPM (per member per month) have increased over prior period
4. Pharmacy costs PMPM (per member per month) have decreased slightly
5. Prevalence of stress and depression higher than benchmarks. Partly due to general health screenings exposing underlying mental health issues
6. Focus areas of higher usage: depression, hypertension, low back pain, diabetes and pregnancy
7. Mail order pharmacy is a leverage point to lower pharmaceutical costs – using Smart Rx Assist
8. Using screenings to determine leverage points for working with EAP
9. Ongoing value in subscribers utilizing 90-day refills and generic selections over name-brand
10. High cost claims up in 2023
11. Reminder of First Responders Program: available to all county employees and their families. All county employees are considered First Responders.
12. Billie asks that all questions for Providence be forwarded to her via email.

Presentation of 2023 Kaiser Annual Review:

Kaiser Presenter: Lilian Belaen, Jolene Daniels, Carrie Davino MD, Ky Thai, Mel Hall

1. Review of full 2023 Clackamas County BRC Annual Review presentation showing utilization for general county and other population groups. Here are the summary highlights:
2. Center for Black Health and Wellness – opening summer of 2024 in North Portland. Focus will be primary care.
3. Thurston Way clinic Imaging Center – opening summer of 2024 in Vancouver, WA
4. Enhancements to automated scheduling and self-referrals (Direct Specialty Booking)
5. Discussion of the demographics of engagement – the county is out-performing in most categories due to providing consistent member engagement.
6. Wellness coaching and healthy lifestyle programs are under-utilized and could lower our utilization numbers.
7. Preventative Services Overview right on target, county above 90th percentile

8. Telehealth Services being used robustly
9. Get Care Now: 24/7 virtual care team appointment access (no co-pay). Shown to save trips to urgent care.
10. Dental updates: Dental Passport and New Dental Website, with a 4.8 Google rating for 2023
11. Pediatric dental appointments are being expanded in Cascade Park and more to come
12. Dental team continues to see opportunities for chronic care management: 57% of county members with diabetes received evaluation during dental appointments (in total 413 care gaps were closed during dental visits)
13. Fast Pass dental waitlist to get in sooner. Online self-directed appointments also available, and adding hygienist appointments online in late 2024
14. Medical Claims Overview for 2023 shows claims up ~18% in all service categories. Increases since suppression during COVID.
15. Tobacco usage down year to year
16. New link to member resources (classes, Calm app, 24/7 texting, fitness discounts, wellness coaching...): <https://healthy.kaiserpermanente.org/oregon-washington/health-wellness>

Member Reports:

1. Billie asks membership to submit any provider questions to her by email.

Meeting Adjourned:

Billie Hurley adjourns the meeting.

Next meeting: June 20th, 2024