

Well-being, Safety & Sustainability Fair

Wed. April 24, 2019 - 9 a.m. to 3 p.m.

Development Services Building

Sustainable Living

- ◆ Green Cleaners
- ◆ Backyard Habitat
- ◆ Commuter Challenge
- ◆ Farmers Market
- ◆ Gardening
- ◆ Hazardous Waste Disposal

Healthy Food Samples

- ◆ Chef Steven Hazell
- ◆ HelloFresh
- ◆ Full Circle
- ◆ Stella's Kitchen
- ◆ Just a Bite

Emotional Well-Being

- ◆ Cascade Centers EAP
- ◆ Suicide Prevention
- ◆ Volunteering

Financial Well-Being

- ◆ Savings
- ◆ Retirement
- ◆ Credit Union

Safety

- ◆ Ergonomic Work
- ◆ Drive to Zero
- ◆ Bike Helmets
- ◆ Firearms Safety
- ◆ Earthquake Prep

Physical Well-Being

- ◆ Acupuncture Screening
- ◆ Massage Demo
- ◆ Chiropractic Screening
- ◆ Dental/Oral Health
- ◆ New WW

Career Well-Being

- ◆ Clarify, Converse, Capture
- ◆ Toastmasters
- ◆ Benefits Providers
- ◆ Concordia University

Social Well-Being

- ◆ Columbia Sportswear
- ◆ A-Team
- ◆ Library

Brought to you by:

Human Resources, A-Team
& Sustainability

**One you.
Do one thing!**

Employees, family, retirees and the public are welcome!