

Open Enrollment Period for Medicare Plans Oct. 15 to Dec. 7, 2022



Are you already on Medicare? Are you new to Medicare?

Open Enrollment is the time to review your 2022 Medicare plan, learn what's new in Medicare for 2023, compare and change your Medicare Advantage and Medicare Part D plans or enroll in a plan if you do not already have one. Certified SHIBA (Senior Health Insurance Benefits Assistance) Volunteer Counselors are available to assist with Medicare questions during Open Enrollment and year-round. Contact the Clackamas County SHIBA Helpline at 503-655-8269 Option 4, Monday – Thursday, to request a personalized counseling appointment.

Individual counseling appointments are primarily provided by phone, although a limited number of in-person appointments will be available, as well as a few in-person presentations in the community. Check back for our schedule of events.

If you are new to Medicare, you may want to explore the following resources:

- **Recorded "Medicare 101" webinar to view at your convenience:**
<https://www.gotostage.com/channel/328a1a7088c743a3a64dbfe37ff5ed4d/recording/45fc0aafed24449cab15f79080d7f85c/watch?source=CHANNEL>
- **Official US Government website for Medicare**
www.medicare.gov
- **State of Oregon SHIBA website**
www.shiba.oregon.gov

The State of Oregon SHIBA website has a digital version of the 2022 Oregon Guide to Medicare Insurance Plans at www.shiba.oregon.gov. You can print any or all pages of the digital version.

SHIBA's 2023 Oregon Guide to Medicare Insurance Plans will be available on that same site by Oct. 15 and in limited print copies by late November. A printed copy can be requested by contacting the Clackamas County SHIBA Helpline at 503- 655-8269, option 4. Please leave your name, address and phone number.

If you have Medicare questions, please contact the Clackamas County SHIBA program, available year-round, at 503-655-8269, option 4, for free, objective Medicare assistance.

