## Safer Transitions

Some resources related to safer transitions from emergency departments and inpatient care for individuals experiencing mental health crisis

### **Oregon Legislation on Safer Mental Health Crisis Care:**

#### **Legislative Sessions 2015 and 2017**

- What hospitals are required to do when they discharge patients from inpatient psychiatric care: HB2023 (2015)
- How families are to be included in their loved one's care: HB2948 (2015)
- What emergency departments are required to do for patients being seen for a mental health crisis and their families: <u>HB3090</u> (2017)
- Services related to mental health crisis care that insurance companies are required to cover: <u>HB3091</u> (2017)

## OAHHS (Oregon Association of Hospital and Health Systems) Guidance Document, May 2016:

<u>Discharge Planning for Patients Hospitalized for Mental Health Treatment Interpretative Guidelines for Oregon Hospitals</u>

- interpretative guidance for Oregon hospitals implementing House Bill 2023 (2015) related to discharge planning for inpatients hospitalized for mental health treatment.
- **checklist for providers** to ensure they are communicating with the patient and family to support the best outcomes following discharge from the acute care setting.
- incorporates related requirements applicable to lay caregivers from House Bill 3378 (2015) as well as clarifications regarding the disclosure of protected health information from House Bill 2948 (2015).
- Corresponding regulatory language from federal law and existing state statutes provide additional resources for providers to understand the legal requirements of implementing this new state law and aid in conducting effective hospital policies.

https://divadvocacycenter.com/wp-content/uploads/2018/11/OAHHS-Mental-Health-Guidelines.pdf

## **Oregon Health Authority (OHA) Fact Sheet:**

<u>Discharge Planning for Patients Presenting with Behavioral Health Crisis or Hospitalized for Mental</u> Health Treatment

#### **Inpatient Discharge Policy Requirements**

- Encourage patient to sign authorization form and identify lay caregiver to participate in discharge planning;
- Provide information on benefits of involving lay caregiver and disclosing health information and limits to disclosure;
- Patient risk assessment;
- Patient long-term needs assessment;

## **Oregon Health Authority (OHA) Fact Sheet:**

<u>Discharge Planning for Patients Presenting with Behavioral Health Crisis or Hospitalized for Mental</u> Health Treatment

#### **Inpatient Discharge Policy Requirements**

- Care coordination including transitioning to outpatient treatment that includes one or more of the following: community-based providers, peer support, lay caregivers or others who can implement the patient's plan of care;
- Schedule follow-up appointment that occurs within 7 days of discharge. If a follow-up appointment cannot be scheduled within 7 days, document why;
- Policy must be publicly available by posting on the hospitals website and providing a copy to the
  patient upon admission and discharge. The policy may be in the form of a brochure or written
  summary of the policy that is easily understood.

## **Oregon Health Authority (OHA) Fact Sheet:**

<u>Discharge Planning for Patients Presenting with Behavioral Health Crisis or Hospitalized for Mental</u> Health Treatment

#### **Release from Emergency Department Policy Requirements**

- Same requirements as above;
- Behavioral health assessment conducted by a behavioral health clinician;
- Patient risk assessment and if indicated development of a safety plan and lethal means counseling;
- Process for case management;
- Process to arrange for caring contacts to transition a patient to outpatient services.
- Caring contacts must be attempted within 48 hours of release.

https://diyadvocacycenter.com/wp-content/uploads/2018/08/Hospital-Discharge-Planning-Fact-Sheet.pdf

Emergency Department
 Discharge Practices
 for Behavioral Health
 Crisis Care: A Statewide
 Survey of Hospitals

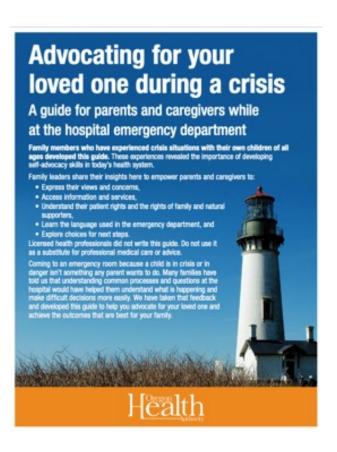
**Legislative Report** 



https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le4272.pdf

Some additional (hopefully) helpful resources:

## **Oregon Health Authority (OHA) Guidebook for Families:**



https://www.oregon.gov/oha/hsd/bh-child-family/pages/families.aspx

# OHSU DAETA Data Evaluation and Technical Assistance Team

Our team fosters data-driven decision-making to:

- Improve patient experience and quality of care
- Provide training and workforce development to clinical and peer providers
- Strengthen coordination and communication across the system of care
- Advocate for equity in referral practices, payment structures, and access to care

www.ohsu.edu/daeta

# OHSU DAETA Data Evaluation and Technical Assistance Team

### **Projects include:**

- Intensive In-Home Behavioral Health Treatment (IIBHT)
- Wraparound
- Mobile Crisis Intervention Services (MCIS)
- Stabilization Services (SS)
- Tracking referrals to psychiatric residential treatment facilities (PRTF)
- Data Mapping Project

www.ohsu.edu/daeta

## **Oregon Family Workforce Association**

#### www.orfwa.org

Unifies and advances the interests of the family peer support community.

#### **SPC Grantee!**

- building support to the workforce specific to crisis services and suicide prevention/intervention/postvention support

Thank you!

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