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# CLACKAMAS COUNTY PUBLIC HEALTH DIVISION

## WEEKLY REPORT ON COVID-19 FOR 2/10/2022

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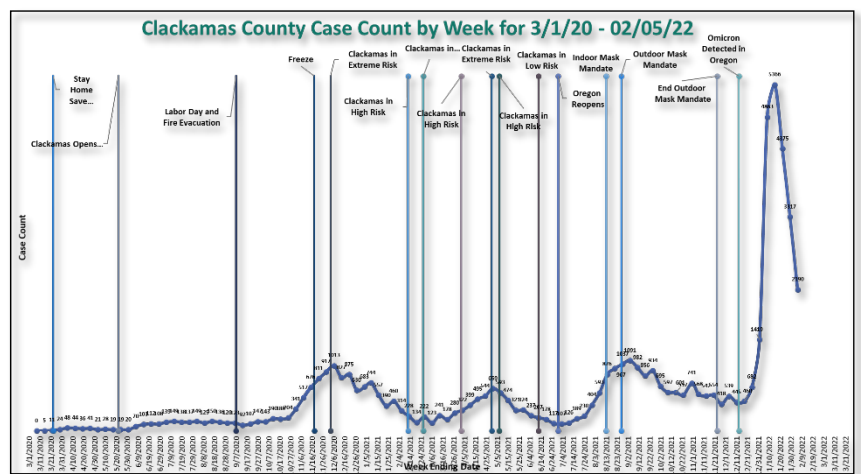
### Omicron update

The U.S. is now averaging 356,658 new COVID-19 cases a day as daily case counts have fallen 38% since last week. Cases are trending down in all but one state. New hospital admissions are down compared to last week, too, which is a promising sign that the downward trend will continue. However, the U.S. has also reached a grim milestone of over 900,000 COVID-19 related deaths, with >100,000 since the beginning of the year. We do not yet know the full effect of the Omicron surge's lagging indicators of hospitalizations and deaths.

To date, Oregon Omicron COVID-19 hospitalizations have not topped the 1,178 high point of the Delta surge, despite initial projections that warned Omicron hospitalizations could more than double Delta's peak. However, the Portland Metro region hospitals did see a peak greater than what was seen with Delta. Over the past week, the average number of newly diagnosed cases has dropped about 40% in Oregon. Hospitalizations, a lagging indicator, have remained above 1,000 people per day, and we will likely see as many hospitalizations on the way down from the Omicron peak as we saw on the way up. Emerging from the Omicron surge depends on sustaining effective prevention measures so as not to continually overwhelm our hospitals.

Oregon has the [third lowest cumulative COVID-19 case rate in the nation](#) and the seventh lowest COVID-19 death rate since the start of the pandemic. Oregon's comparatively strong compliance with mask rules and its high vaccination and booster rates have slowed the Omicron surge and prevented Oregon's hospitals from potentially hundreds of more hospitalizations. According to data compiled by Oregon Health & Science University (OHSU), more than 8 in 10 Oregonians continue to report wearing masks in public settings.

Currently, more than a quarter (26.8%) of the total U.S. population is fully vaccinated and boosted and about [64% of the population is fully vaccinated](#) with their primary series. Currently, 42.2% of Oregonians ages 18 years and older are fully vaccinated and boosted and 75.0% are fully vaccinated with their primary series. In Clackamas County, 44.6% of residents ages 18 years and older are fully vaccinated and boosted and 74.1% are fully vaccinated with their primary series.



### [Mask mandate extended, to be lifted by March 31](#)

On February 8, The Oregon Health Authority filed a [new rule](#) with the Oregon Secretary of State to require people to continue to wear masks while indoors in public spaces. For the time being, Oregon must keep mask requirements in place as COVID-19 hospitalizations peak and Oregon's health care system strains to treat high numbers of severely ill patients. The new rule replaces a temporary rule that expired on Tuesday. The filing of the new rule was the only way health officials could extend the current temporary mask rule past its expiration date. The rule will only be in place until general indoor masking rules are no longer needed to reduce transmission of SARS-CoV-2 to prevent the Omicron variant from further overwhelming Oregon's health care system.

General mask requirements for indoor public spaces will be lifted no later than March 31. It is expected that 400 or fewer Oregonians will be hospitalized with COVID-19 by this date. This number is representative of the level of hospitalizations the state experience before the Omicron variant began to spread. Clackamas County Public Health continues to recommend masking in indoor public settings, schools, and workplaces, as masking is a critical tool for preventing spread of COVID-19.

OHA has no current plans to lift mask requirements in healthcare settings under [OAR 333-019-1011](#).

Please see "School Response" section below for mask information in school settings.

### [Vaccines for young children](#)

With pediatric COVID-19 cases surpassing 10 million and at the request of the FDA, Pfizer and BioNTech have submitted available data on the safety and efficacy of two 3 µg doses as part of a three-dose [primary series for the 6 months through 4 years age](#). The companies also plan to submit additional data on a third 3 µg dose in this age group in the coming months.

If the February 1 data submission is authorized by the FDA, a two-dose vaccine series for children as young as 6 months of age could be available as soon as the end of February. [Moderna plans to submit data](#) to the FDA on their vaccine for 2-5 year olds in March.

Clackamas County Public Health is currently planning vaccine administration for young children, and we are very excited about this important next step of vaccine access and improving community immunity against COVID-19. Initial plans include clinics at Head Start locations, WIC offices, and the Gladstone Center for Families and Children.

#### Authorization Timeline:

- February 15 FDA Advisory Committee will review data on Pfizer vaccine for ages 6 months thru 4 years
- February 17 18 (estimate) CDC documents state that the CDC advisory group will meet "within several days" of February 15.
- February 18 20 (estimate) Western States committee and Governor Brown's final authorization to initiate vaccinations likely to be complete within 1-2 days of federal regulators' final recommendation to proceed.
- This would allow young children to "get started" on the series and provide some protection while the 3 dose studies are completed.
- Vaccine deliveries to arrive between February 21 and March 4

## COVID-19 vaccinations in Clackamas County

[Vaccination data](#) for Clackamas County.

Age Groups of people in Clackamas County who have received at least one dose of the COVID-19 vaccine in Oregon (per OHA)		
AGE	NUMBER VACCINATED	% SERIES COMPLETE
5 to 11	14,899	37.4%
12 to 17	23,185	70.4%
18 to 19	7,020	71.1%
20 to 49	121,362	73.2%
50 to 64	69,374	69.0%
65+	73,092	81.7%

## COVID-19 cases among people under age 18

The population of ages 0-17 in Clackamas County is 86,962. The number of pediatric cases in Clackamas County the week of February 10<sup>th</sup> is 9,849. The pediatric case rate in Clackamas County the week of February 10<sup>th</sup> is 11,326 per 100,000.

For more information on pediatrics, visit the [OHA Pediatric Dashboards](#).

## COVID-19 hospitalizations

The number of hospitalized patients with COVID-19 across Oregon is 1,055, which is 17 fewer than yesterday. There are 190 COVID-19 patients in intensive care unit (ICU) beds, which is seven fewer than yesterday. There are 57 available adult ICU beds out of 618 total (9% availability) and 297 available adult non-ICU beds out of 4,105 (7% availability).

For more information on hospitalizations, visit the [OHA Hospitalizations Dashboards](#).

## COVID-19 cases in Clackamas County

The number of [new confirmed and presumptive COVID-19 cases reported](#) for Clackamas County.

Week of Date	Case Count	Cases per 100k	Test Positivity
February 5 <sup>th</sup>	2,190	484	14.3%
January 29 <sup>th</sup>	3,313	729	18.5%
January 2 <sup>nd</sup>	4,865	1,140.6	22.8%
December 26 <sup>th</sup>	1,418	332.5	17.2%
December 19 <sup>th</sup>	680	159.4	8.0%

## School Response

On March 31<sup>st</sup>, OHA will lift the K-12 mask mandates. Clackamas County is working with OHA and local schools to review & revise guidance to keep students in the classrooms as much as possible once mask rules are lifted.

In the absence of universal masking, schools will return to the general exposure definition and the Test to Stay modified quarantine will no longer be available. OHA and CCPH are working through these changes, and will issue additional guidance as available. For now, Clackamas County Public Health will still allow the 7-day test out of quarantine option for both K-12 and ELD settings if the close contact is symptom free and gets a negative antigen or PCR test 5-7 days after exposure.

## Testing Response

The testing site at Clackamas Community College Harmony Campus is now able to accept visitors without appointments. More information on this site is available at [clackamas.us/coronavirus/testing](https://clackamas.us/coronavirus/testing) and <https://book.curative.com/sites/34332>.

Updated county testing resources flyers are available in English and Spanish at [clackamas.us/coronavirus/testing](https://clackamas.us/coronavirus/testing).

After a temporary pause throughout January, OHA is once again offering BinaxNOW test kits to LPHAs.

## Disease Response

The demand for vaccines at regularly scheduled clinics is dropping off quickly. All the vaccine clinics are open for walk-ins. The team is working to distribute promotional flyers with the transit companies in our rural communities to promote the availability of walk-in clinics. The team is also distributing flyers to the Canby and Molalla school districts to share with families. Staff are starting an outreach project, identifying people in the Alert data system who are past due for their 2<sup>nd</sup> dose or booster vaccines, communicating and assisting in directing them to one of our standing clinics to complete their vaccine series. The home vaccination team has expanded their services and now supports in-home testing.

The COVID Investigation & Outreach unit opened 2190 cases last week, a continued decrease from the previous week. The Outbreak investigators also saw a slight decrease in open outbreaks, managing 119 open outbreaks last week. The Case Support and CBO Referral teams continue their efforts to connect community members to the resources they need to isolate or quarantine safely. The focus of our unit remains the provision of COVID-19 education and support to the community.

# COVID-19 Update

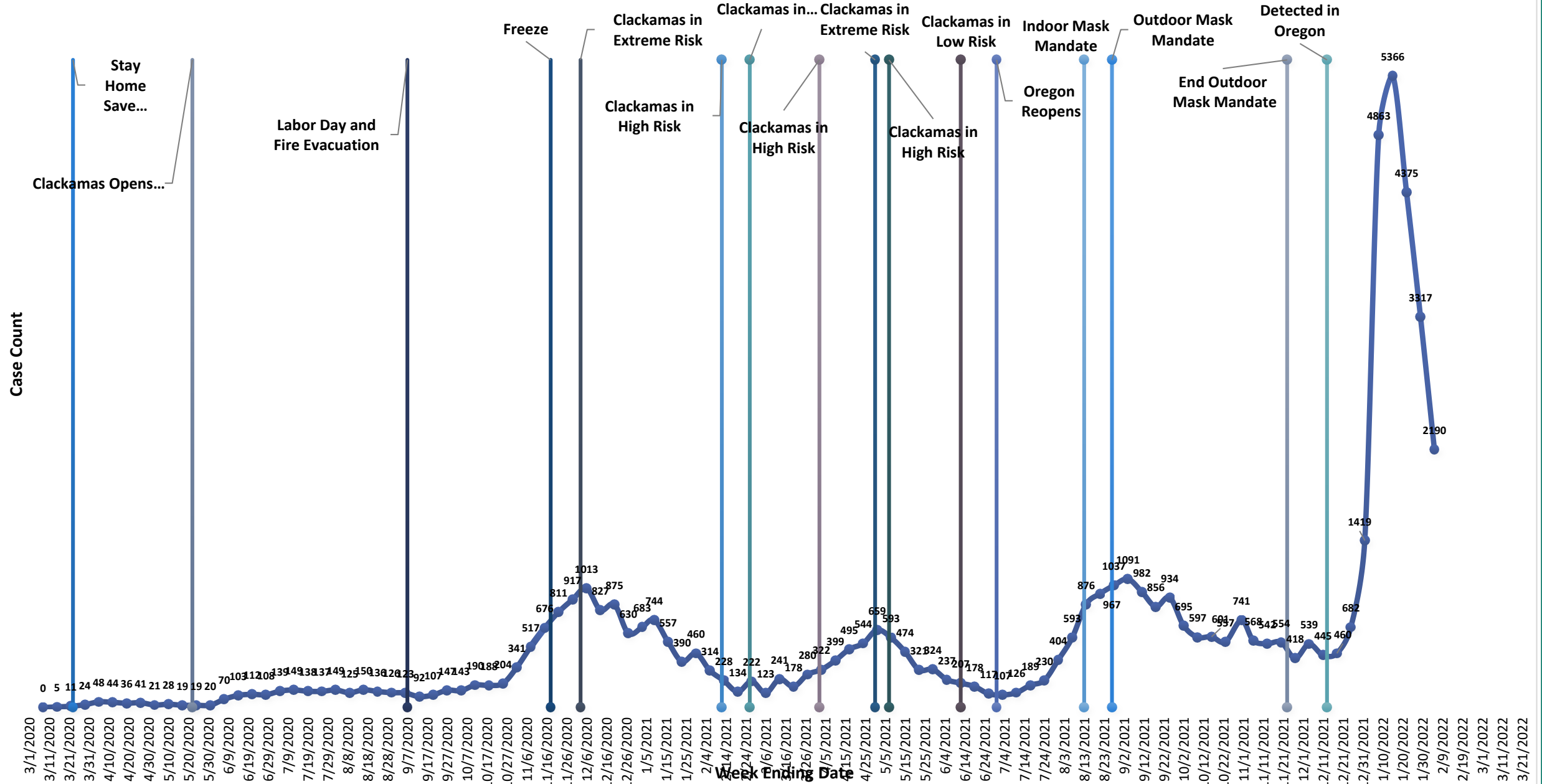
## 2/10/2022



# COVID Current Case and Death Data

as of 2/8/2022	Total cases	Total deaths	Change since 2/1/2022
Clackamas County	56,932	491	Cases: +2,326 Deaths: +9
Multnomah County	106,614	993	Cases: +7,828 Deaths: +30
Washington County	80,626	483	Cases: +7,393 Deaths: +9

# Clackamas County Case Count by Week for 3/1/20 - 02/05/22

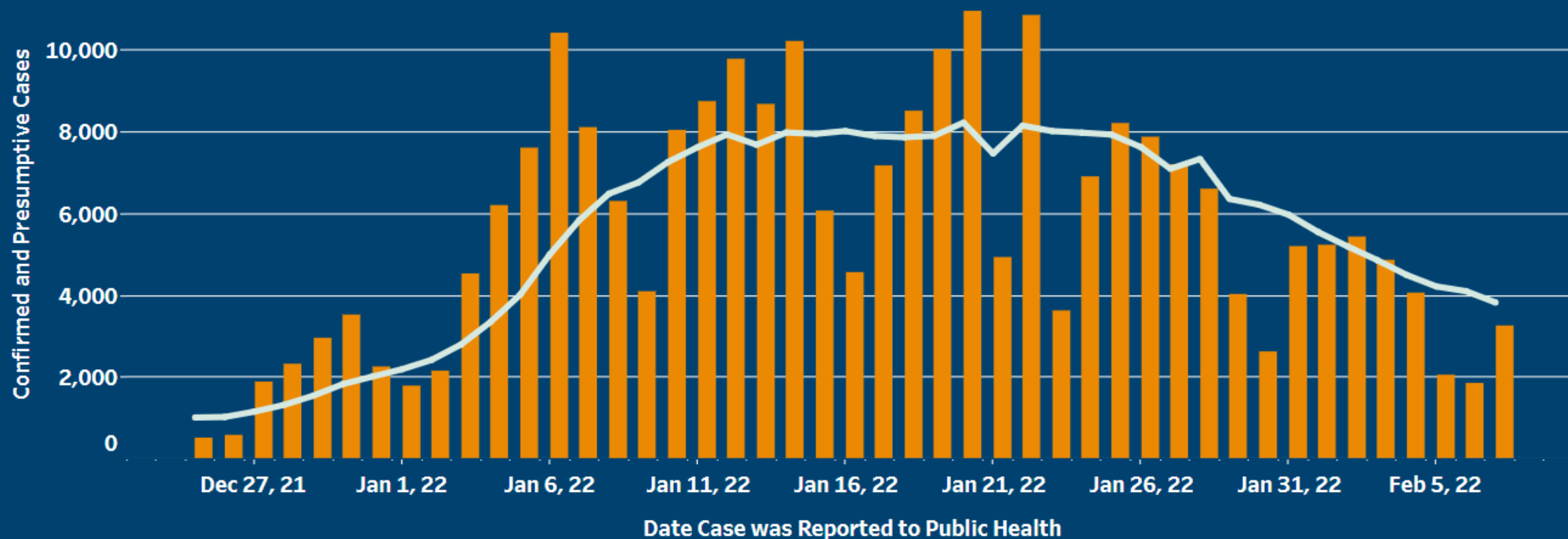


## Statewide Numbers from 2/7/2022

New Cases	7 Day Daily Average of Cases	Cases Per 100k in Previous 7 Days	COVID-19 Patients Hospitalized†	Tests Reported	Test Positivity	New Deaths
3,248 ▲	3,810	624.9	1,055 ▼	22,557	17.4%	21

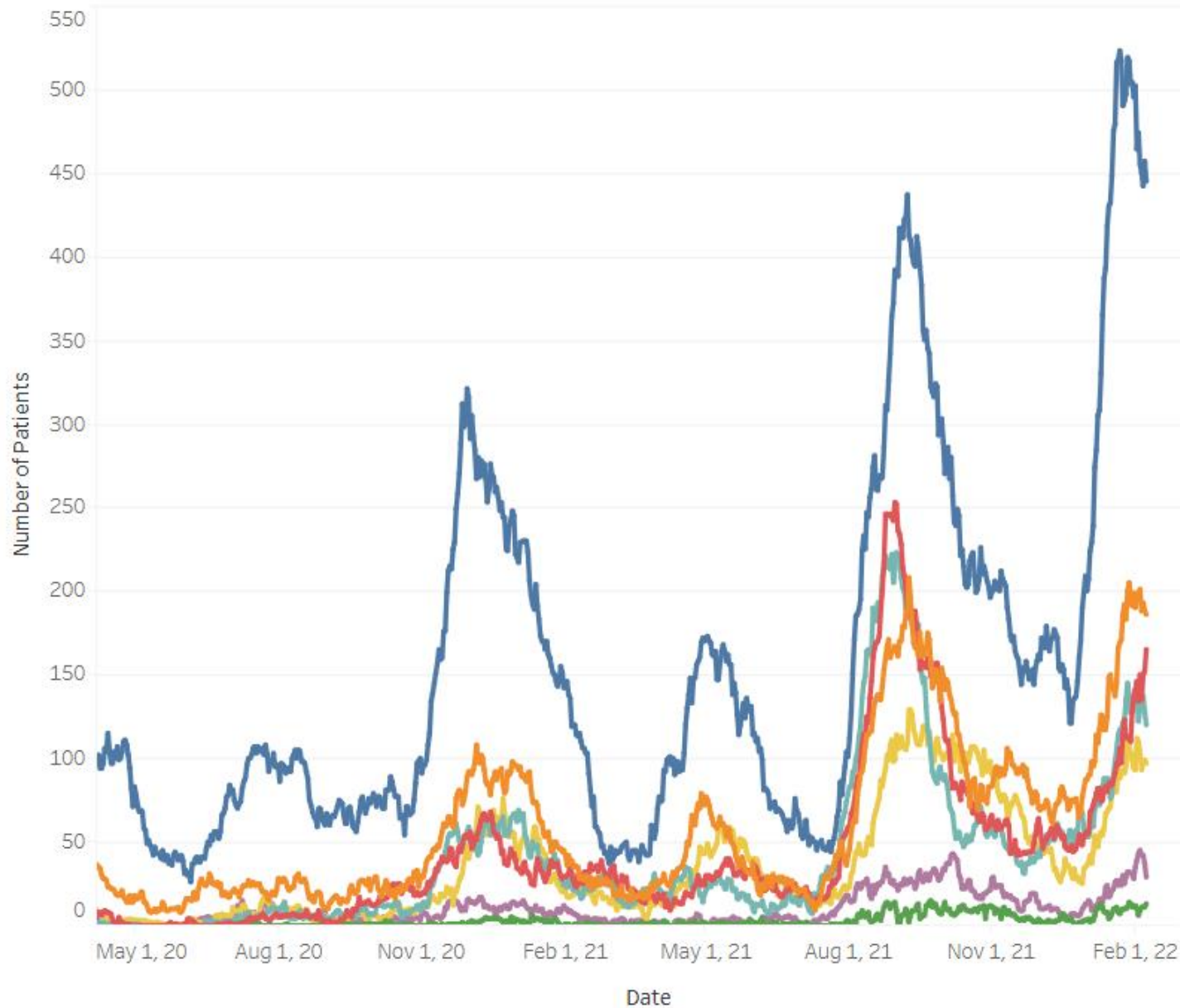
Arrows indicate an increase or decrease from the previous day. †Hospitalization data from Oregon's Hospital Capacity Web System (HOSCAP).

### Daily Cases and 7 Day Moving Average over the Previous Six Weeks



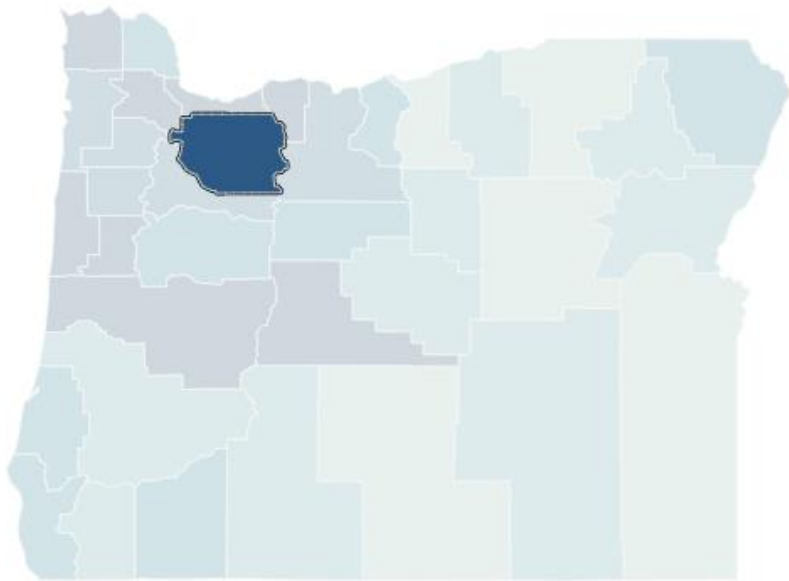


# COVID-19 Positive Patients in Oregon Hospitals



# Clackamas County Vaccinations

as of 2/9/2022



**People ages 18 years and older living in ClackCo**

**79.8%** have received at least one dose.

**74.1%** have completed their primary series.

**44.6%** have received an extra dose (*3<sup>rd</sup> dose or booster*)

## **Entire ClackCo Population**

Primary Series In Progress: **23,122**

Primary Series Complete: **285,825**

**732,573** doses administered in Clackamas

**308,947** people vaccinated in Clackamas

# Omicron Updates

- Worldwide case counts fell 17%
- U.S. averaging 356,658 new cases a day
- U.S. case counts fell 38%
- Oregon averaging 3,800 cases a day
- Oregon case counts dropped 40%
- ClackCo averaging 312 cases a day
- 16% decrease in COVID-19 hospitalizations in the U.S.



# Oregon will lift indoor mask requirements in public spaces on or before March 31.

Mask requirements for schools will be lifted on March 31.

People who are immunocompromised or at high risk of severe disease should continue to wear masks in indoor public settings while the virus is circulating in the community.



- Indoor masking requirements remain in place for now
- To be lifted no later than March 31<sup>st</sup>
- CCPH will follow the OHA's lead on mask mandates
- Masking remains a critical public health tool for preventing spread of COVID-19
- Well-fitted N95 and KN95 respirators offer the highest level of protection
- Any mask is better than no mask
- Many of Oregon's pharmacies are distributing free masks



# Supporting Your Immune System & At-Home COVID Care Pages

## Supporting Your Immune System

As the COVID-19 pandemic continues to persist and other seasonal illnesses circulate through our community, there are several strategies that can help support your immune system and can help prevent COVID-19. As always, please check with your healthcare provider for specific advice, dosing and insight.



### Eat a healthy, balanced diet

A healthy diet that is high in fruits and vegetables and low in processed foods is vital for a strong immune system. The vitamins and minerals within your food play a large role in immune function. No single food or nutrient will prevent illness. Learn more about [eating a healthy diet](#).



### Get enough sleep

Your body needs rest to recover from everyday stress and lack of high-quality sleep negatively affects the immune system. Try to establish a sleep routine by going to bed and waking up at the same time every day and getting at least seven hours of sleep each night.

[Tips for better sleep.](#)



### Exercise regularly

Exercise improves cardiovascular health, lowers blood pressure, helps control body weight and contributes to a healthy immune system. Aim for at least 150 minutes of moderate exercise each week, or 30 minutes a day for 5 days a week. Remember that some activity each day is much better than none. [How much physical activity is needed for adults?](#)

## At-Home Care

If you, or someone in your care, has COVID-19, it's important to know how to care of yourself and others while at home. Most people with COVID-19 have mild illness and can recover at home without medical care. Follow the steps below if you or someone in your household has symptoms of COVID-19.

### • Stay home.

Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.

### • Take care of yourself.

Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better.

### • Connect with your healthcare provider or a nurse consulting line if needed.

This is especially important if the sick person is at high risk for severe illness due to older age or underlying medical conditions. Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other [emergency warning signs](#), or if you think it is an [emergency](#).

### • Avoid public transportation, ride-sharing, or taxis.

If you have a [pulse oximeter](#), a device that measures the oxygen saturation level of your blood in a non-invasive way, [learn how to use it](#).

**Pay attention to the symptoms.** If the symptoms get worse or the symptoms are concerning to you, call a healthcare provider for guidance.

**Need help finding a doctor or getting health insurance?** Call 211 or visit [211info.org](#) or the [Oregon Health Plan \(OHP\)](#).

### Watch for emergency signs

Call 911 if the sick person has:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone



# Free Tests


## Free At-Home Tests

- Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests
- Orders will usually ship in 7-12 days
- Order your tests today at [covidtests.gov](https://covidtests.gov)



## Free Drive-Through Tests

- Weekly at Clackamas Community College Harmony Campus in Milwaukie
- Tuesday-Saturday, 8 a.m. -3 p.m.
- Schedule an appointment [cur.tv/milwaukie](https://cur.tv/milwaukie)

 **curative**

**COVID-19 Testing**

No out of pocket costs

Self-collected, shallow nasal PCR test


Results within 1-2 days from receipt of the sample at the lab

Schedule an appointment at [cur.tv/canby](https://cur.tv/canby)


# OHA COVID-19 Hotline and Website

**COVID-19 Support Hotline**


New Oregon Health Authority resource for those who have tested positive and for COVID-19 questions




General health information




Isolation and quarantine information




Advice on how to talk to close contacts



Resources to help with isolation



help with reporting of positive test result



Multiple languages available

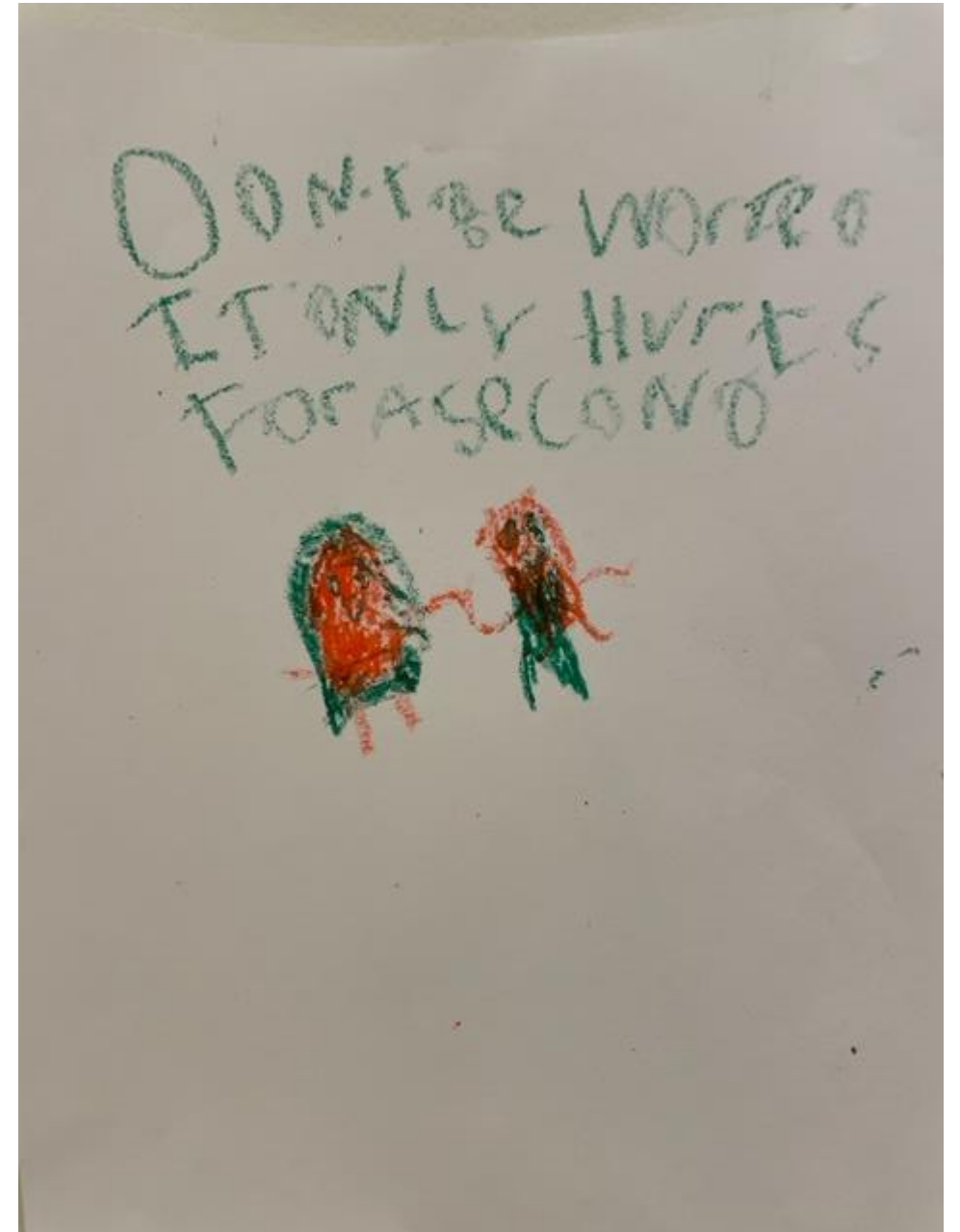
**Call: 866-917-8881 or visit [Oregon.gov/positivecovidtest](https://Oregon.gov/positivecovidtest)**

Phone hours: 8am-6pm Monday-Friday, 10am-4pm Saturday

- Report positive at-home or testing provider COVID-19 tests
- Take a 20-45 minute online survey
- Get information about what to do if you test positive

# Boost Up, Clackamas!

- Primary series **plus a booster** dose gives over 70% protection against omicron
- Anyone age 12+ can get a booster dose
- Wait five months after second dose of a Pfizer vaccine or Moderna vaccine
- 12-17 year olds are only eligible to receive the Pfizer vaccine
- Anyone 18 and older should get a booster dose two months after a Johnson & Johnson dose





# Vaccine Clinics Through March 2022

Walk-ins available, while vaccine supplies last, and within 30-minutes of clinic closing time.

Date	Location
Monday 2pm – 7pm	<b>Molalla United Methodist Church</b> 111 S. Mathias Rd, Molalla
Tuesday 2pm – 8pm	<b>Canby Foursquare Church</b> 2350 SE Territorial Rd, Canby
Wednesday - Saturdays 11am – 7pm	<b>Clackamas Town Center</b> 12000 SE 82 <sup>nd</sup> Ave, Happy Valley (2 <sup>nd</sup> floor next to LensCrafters)
Thursday 3pm – 7pm	<b>Providence Willamette Falls Community Center</b> 519 15 <sup>th</sup> St, Oregon City
Friday 2pm – 5pm	<b>Sandy Community/Senior Center</b> 38348 Pioneer Blvd, Sandy

# VACCINE SCHEDULING



**Local opportunities in ClackCo:**  
[clackamas.us/coronavirus/vaccine](https://clackamas.us/coronavirus/vaccine)

**Schedule via Email:**  
[COVIDvaccine@clackamas.us](mailto:COVIDvaccine@clackamas.us)

**Schedule via Phone:**  
[\(503\) 655-8224](tel:(503)655-8224) *(Mon-Fri. from 8am-5pm)*

**Register to receive notification for  
when an appointment is available:**  
[GetVaccinated.oregon.gov](https://GetVaccinated.oregon.gov)

# COVID-19 Wraparound Services

## Available Resources

- Rent, Mortgage, Utilities, Food, Emergency Shelter, Financial Assistance

## How to Refer Someone for Assistance

- Email EOCCBO\_Coordinator@Clackamas.us with the client's full name, date of birth, address, and what their current needs are
- Direct them to call the PIC line to be connected with one of our referral coordinators: 503-655-8224

## Eligibility

- Clients are eligible for wrap-around support if they have tested positive for COVID-19, meet presumptive criteria, or are a confirmed close contact

# What can you do for vaccine safety?

- Report adverse events following vaccination to VAERS even if you aren't sure if the vaccination caused the adverse event
- Enroll yourself in v-safe
- Healthcare providers, encourage your patients to enroll in v-safe
- Parents and guardians, you can enroll your children in v-safe



**VAERS**

Vaccine Adverse Event  
Reporting System

<http://vaers.hhs.gov>



[vsafe.cdc.gov/en/](https://vsafe.cdc.gov/en/)

**Please get involved, your participation matters**



# County Resources

Help protect yourself and others by staying home if you are sick. Visit our webpage for more resources:

[www.clackamas.us/coronavirus](http://www.clackamas.us/coronavirus)

