



# Suicide Prevention Coalition

of Clackamas County

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Connection. Support. Community.

October 15th, 2024

## Suicide Prevention Quarterly Meeting Agenda

### 1. Open

- a. Welcome
- b. Intros in chat – name, pronouns, role
- c. Agenda Overview

### 2. Announcements:

none

### 3. Overview of the work occurring to advance Clackamas County's Suicide Prevention Strategic Plan

We have three Action Teams that are part of the Suicide Prevention Coalition – the work they do is what moves our strategic plan work forward. Each team will provide a very brief update as to what they have been working on.

- **Youth and Young Adult:** development of a smart phone app for youth and parent/caregivers is underway and in the process of beta testing right now. App will provide local resources of all sorts (crisis support, substance use, healthy relationships, self-care strategies, conversation starters, etc.)
- **Community Action Team:** focusing on older adult suicide prevention via a letter writing project between older adults and elementary school students. Total of 81 students and 81 older adults from three elementary schools in West Linn, Oregon City, Milwaukie. Facilities are Deer field Village in Milwaukie and The Springs at Lake Oswego.
- **Means Safety:** Safer Home boxes have been distributed via the sheriff's office Firearm 101

Safety Class and at Douglas Ridge Rifle Club, firearm safety culture training soon to be developed to support health care providers in better understanding firearm culture and increase readiness to have conversations with gun owners who are seeking care, created a video with our sheriff's office for individuals with little to no firearm knowledge about how to install a gun cable lock <https://www.clackamas.us/publichealth/safehome>

**4. Primary Presentation: The Connection Between Chronic Pain and Increased Risk for Suicide**

**Presenter: Dr. David Russo, Psychiatrist and Pain Medicine Specialist from Columbia Pain Management**

Link to presentation by Dr. David Russo is here: [https://drive.google.com/file/d/1gfhGKqrOQiPEA8D\\_Wm-TJs8o37IXkWFS/view?usp=sharing](https://drive.google.com/file/d/1gfhGKqrOQiPEA8D_Wm-TJs8o37IXkWFS/view?usp=sharing)

**Next Meeting: January 21, 2025, from 4:30 – 6pm (virtual)**

**Meetings are open to all!**