

AGING SERVICES ADVISORY COUNCIL
January 22, 2024 Meeting Minutes
Meeting held via Zoom
10:00 AM – 12:00 PM

FACILITATOR		Eric Olson			
NOTE TAKER		R.E. Szego			
P	Anne Meader	P	Carol Bernhard	S	Brenda Durbin
P	Eric Olson	E	Sonya Norton	S	R.E. Szego
P	Jill Frankie	P	Marge Lorton		Jennifer Much Grund
E	Michelle Cassel	P	Dan Hoeschen	S	Jeanie Butler
A	Shella Razon-Lumetta	P	Lynne Byrne	S	Stephanie Coleman
P	Virginia Seitz	E	Dana Lord		
A	Peter Zambetti	P	Jim O'Brien	S	Tom Yu (Intern)
A	Camilla Henderson	P	Scott Stahl		
A	Pat Torsen				

P-Present A-Absent E-Excused S-Staff V-Visitor

ITEMS / ISSUES	DISCUSSION	FOLLOW-UP
<p>Meeting Called to Order</p> <p>Quorum is majority.</p>	<p>RECORD</p> <p>Eric Olson, Council Chair, called the meeting to order at 10:04am.</p> <p>A Quorum was present.</p>	
<p>Review and Adoption of Minutes</p>	<p>Minutes were approved for October.</p> <p>November and December will be reviewed in February.</p>	<p>Brenda and R.E.: Address member email challenges – Jill, Lynne.</p> <p>All: Email R.E. (rszego@clackamas).</p>

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		<p>us) if you are not receiving emails or invitations.</p>
<p>Report on Emergency Preparedness – Stephanie Coleman</p>	<p>Stephanie Coleman, Emergency Planning and Operations Coordinator, shared a brief overview of the data collected in the Older Adult Preparedness Survey. She will send the full report once it is completed.</p> <ul style="list-style-type: none"> • The purpose of the Older Adult Preparedness survey is to: • Gauge perceived preparedness, and risk, of older adults in Clackamas County • Learn the ways in which older adults prefer to receive information related to emergencies and preparedness. • Understand correlations between vulnerability factors and impacts on preparedness to multiple hazards. <p>427 surveys were collected, which represents about .5% of the older adult population in Clackamas County. This data does not equitably represent the race demographics in Clackamas County.</p> <p>Key Findings</p> <ul style="list-style-type: none"> • Just a little over half signed up for emergency alerts. • Just under 50% want emergency preparedness information emailed to them, with mailed information coming in second. • Emergency Plan. Those who have a plan: 10% more likely to live in a 	<p>All: If you have a connection to an organization where you recommend we share emergency preparedness information, please pass on the contact information to Stephanie or introduce her: scoleman@clackamas.us.</p> <p>All: If you are interested in joining the Emergency Preparedness subcommittee, please reach out to Brenda, Stephanie, or R.E.</p>

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	<p>rural area; 40% more likely to have a 3-day supply of water; 244% more likely to have 3-day supply of food; 15% more likely to have a 3-day supply of medications; twice as likely to have a plan for what do if the power was off for an extended period; 10% more likely to have reliable transportation.</p> <ul style="list-style-type: none"> • Vulnerability Factors – Adults 85 years old and older were more likely to live alone. Those living alone are more likely to be white, English speaking, have a disability, have a disability <i>and</i> live in poverty, and lack of reliable transportation. <p>Recommendations:</p> <ul style="list-style-type: none"> • Communicate the importance of an emergency plan and promote simple and effective templates for older adults to use. • Communicate the ways in which older adults can bolster their provisions of potable water for emergency use. Of the questions gauging 3-day supplies, people were least prepared with potable water. • Communicate the importance of signing up for emergency alerts. Nearly 40% of respondents noted that they are not signed up for alerts or not sure if they are. • Further engagement with diverse communities. • Communication methods: email and mail; in-person events in connection with other events they are attending; equipping community based organizations, especially those who serve diverse communities. <p>In what ways can we better engage diverse communities within the older</p>	

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	<p>adult population? Particularly those who are AAPI, black, indigenous, or communities who don't speak English as their primary language.</p> <ul style="list-style-type: none">• Marge recommended reaching out in places where the majority congregate, such as Asian community centers, Asian and indigenous markets, churches. Meet with folks in charge of the churches and put information out with utility bills. Going to Senior Centers or accessing Social Services only affects a certain number of people.• Carol noted that people who receive information from churches, synagogues, and mosques may be more likely to look at the information as opposed to reaching out for services. If it comes from places they are regularly going to visit, they will be more comfortable to ask the questions that they might not know that they need to be asking.• Jim wondered if we have a presence at the community markets. Jill reminded the group of the information bazaar that Michelle organized last August, which included Fire Department and other organizations.• Dan recommended Asian grocery stores, and Carol put in a plug for the one by Costco. Lynne added in chat that there's another Asian grocery store in Gladstone on McLoughlin near Baskin Robbins. Scott worked a lot with a Korean grocers' association. Are there groups like this in other communities?• Carol also recommended reaching out to the families of the people we're trying to reach – e.g., multigenerational Asian families, non-English speakers.• Jill asked if we are able to get brief written information that we could hand out with food boxes. Stephanie answered yes and shared about a partnership with Esther's pantry where they shared information in 3 languages with the food boxes. Jill also recommends adding this to	

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	<p>Meals on Wheels deliveries.</p> <ul style="list-style-type: none"> Jill asked about how to approach an organization about this. Stephanie asks if you have a connection pass on the information to her or introduce her. Her email address is: scoleman@clackamas.us. <p>What other methods of communication to get preparedness info out to older adults – types, events, etc.:</p> <ul style="list-style-type: none"> Virginia recommends Next Door. Jill talked about how people in her community would utilize Next Door for guidance about what Clack County is doing during and emergency as a way to get the information out when emergency services are needed. Brenda stated that there is an Emergency Preparedness subcommittee of this group to help define outreach methods, content to be distributed, etc. for the next emergency. If you are interested, reach out to Brenda, R.E., or Stephanie. 	
<p>Debrief of Experiences with Weather Emergency</p>	<ul style="list-style-type: none"> R.E. shared that Michelle isn't at this meeting because she is still serving people in Welches where they have served 300 people in 3 days. Jill informed us that PGE has a program for those who have medical equipment that requires electricity to be prioritized to have services restored. (See Powering Medical Equipment: https://portlandgeneral.com/outages-safety/be-prepared/powering-medical-equipment.) Brenda added that CCSSD coordinates with PGE. In outages, PGE tries to contact everyone who has a medical certificate and then triages based on those needs. CCSSD and PGE worked with about 20 households over the last week. Sometimes they deploy Search and Rescue. Having someone call them every couple of days was a huge 	<p>R.E.: Send Emergency Preparedness sheet to Lynne</p> <p>R.E.: Send out English version of Emergency Preparedness sheet to the group.</p> <p>All: Review and provide feedback on the Emergency Preparedness sheet.</p>

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	<p>reassurance. County Aging and Disabilities Resource Connection (ADRC) staff (Jeannie's team) and others in the department coordinate these services.</p> <ul style="list-style-type: none"> • Virginia raised an issue about running out of medications that even if the mail is being delivered, if pharmacy employees can't get to work the medications may not even get into the mail. <p>Lynne noted in chat: Regarding Virginia's medication concern, it's pretty strict on some prescriptions to not be able to re order before you're almost out. Knowing about ice/snow ahead of time may not help, since if you're not "due" you may not be able to have enough on hand ahead of time.</p> <p>Eric talked about stocking up on medications to have some in emergency supplies as backup. Scott reminded us to make sure of how long the medication is good and to rotate the medications out of the emergency kit so they don't age to where they're ineffective.</p> <ul style="list-style-type: none"> • Jill shared that up on the mountain when power came back on several water co-ops had a notice out about boiling water because of contamination. Residents were warned not to even use the water for bathing. She wondered: Does Clack Co have a way to know if it's general or specific Co-ops? Are we able to use the water safely? Scott warned that any time pipes freeze there's going to be contamination somewhere noted that people need awareness on what to do when there's a broken pipe, including where the water shut off is. • Eric brought up challenges with caring for livestock and not being able to get to the barn. He also gave an example of a neighbor whose well stopped working. • Scott also raised the issue of compounding challenges where one thing 	<p>Stephanie: Provide information on medical certificates / PGE program</p>

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	<p>leads to another, like damaged pipes leaking water and then damaging the HVAC system.</p> <ul style="list-style-type: none"> • R.E. wondered if we need different messaging around “emergency preparedness.” It’s no longer just being ready for the big earthquake, but also ice events and heat events. Lynne stated in chat: Regarding emergency preparedness, people in rural and commonly affected areas should have a plan of where to go to stay before ice/snow/power outage events. <p>We talked a lot about the benefits of ice cleats.</p> <p>Stephanie shared a story about a senior who called two days before the storm was expected asking what she could do to prepare.</p> <p>Preparedness is hard to carve out time for. Stephanie recommended that the caller order backup power for phone so she could call 911 if needed. Two days prior to an event you can order from Amazon.</p> <p>Scott suggested creating a checklist for emergency preparedness for seniors. R.E. recommended including preparedness for pets.</p> <p>Brenda asked the group to review and provide feedback on the information sheet on preparedness that R.E. sent out. This was translated into eight languages.</p> <p>Dan wondered if those requiring medical assistance on the PGE list could be contacted a few days ahead of time – in case they’re not aware of incoming weather. Jim has background in Durable Medical Equipment (DME). He may be able to get a list of homecare providers.</p> <p>Jill asked if the preparedness sheet has information about the PGE program and where to call. Stephanie answered that the preparedness information sheet has information about the PGE medical certificate program and 211. 211 filters people’s needs and connects them to</p>	

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	<p>different resources, including Social Services.</p> <ul style="list-style-type: none"> • Emergency Shelter. Virginia stated that she's proud of Clackamas County for not shutting down homeless shelters. Brenda shared that she is really proud of our team too. The Father's Heart shelter operated and the County opened an emergency shelter at Clackamas Community College, which was a tremendous partner. We also reserved over 180 motel rooms all over the County, primarily in rural areas. As far as we know no homeless individual died from exposure in Clackamas County. Lynne added that transportation was also provided if needed. Brenda said that volunteers really stepped up with transportation for shelter staff and guests. Milk Crate Kitchen provided meals. She added a shout out to all who checked on their neighbors. • Jill talked about problems accessing propane for generators. None of the stores had it. There's a difference between what you can use outside versus inside. She asked if there is a way for the County to do outreach for individuals who run out. Scott noted that anytime there's a surge the stores are totally devastated and can't get their supplies. The vendors can't get their supplies out. Brenda answered that the County is not in a position to stockpile that material. Residents can reach out through 911 or PGE to be sure the County is aware of the need. 	
<p>Service Equity Committee Activity</p>	<p>Brenda reminded us that Carol, Jill, and Sonya are all on the Service Equity Committee, which involves representatives from across the County organization. They have had two meetings, but the meeting scheduled for last week was cancelled due to the storm.</p> <p>Council members had questions about how the closure of the County's EDI (Equity, Diversity, and Inclusion) Office will impact the work of</p>	

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	<p>this Council. Brenda reported that the Board of County Commissioners (BCC) voted to defund the EDI Office. The remaining staff members were reassigned to another county departments. The EDI Office closure does not impact the work of the this Council. The Social Services Division has a mandate from our primary funder to do work toward equity. We have state and federal legal requirements to do this work.</p> <p>Discussion: Share a book, training, or trainer related to service equity that has made an impact on you. At some point will come to you with a proposal for training for this group. To learn from all of you what has helped you on your journey related to Equity, Inclusion, belonging.</p> <ul style="list-style-type: none"> • Advisory Councils. Youth. People with lived experience. • On bias against people who are overweight, the Chasing Life podcast with Sanjay Gupta from CNN was recommended. • New Governor’s Commission on LGBTQIA2S+ Older Adults outreach: https://www.oregon.gov/odhs/news/news-releases/2023-11-06-older-lgbtq-adult-advisory-group-applicants-en.pdf 	
<p>Review of Clackamas County’s Legislative Advocacy Process</p>	<p>Brenda gave her annual reminder as the State Legislative Session is about to start in early February. It will be a short session of about 30 days. ASAC Members are all officially appointed by the BCC. This gives you special responsibility when you identify yourself as a member of this Council.</p> <p>All members still have free speech rights and are absolutely free to share. When identifying yourself as part of ASAC it is important to align with the County’s legislative agenda. There is nothing on the County’s legislative agenda at that specifically speaks to older adults.</p> <p>Brenda noted that legislators want to talk with people with lived experience,</p>	

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	<p>people in the community who are not paid to do this work. She has seen Council members develop really strong relationships with Legislators.</p> <p>Lynne has not received her membership approval letter. Brenda stated that she checked the BCC records; Lynne was approved. R.E. stated that this is a broader issue, impacting not just this Council.</p>	
First Vice Chair Nominations.	<p>Eric asked for nominations for the First Vice Chair position. Brenda noted that this requires one additional meeting per month, the Executive Committee, during which we review the next month's agenda and talk about follow-up to the prior meeting and other related issues. One consideration is who feels more comfortable leading a meeting.</p> <p>Anne recommended that we talk to Carol, the Second Vice Chair, to be sure that she's not interested in the position, and clarified the process. We need a recommendation from the Executive Committee. It's up to the Second Vice Chair to round up the candidates. We can have a special Executive meeting, if needed.</p> <p>Please email Carol and R.E. if you have a nomination. You can nominate yourself or someone else.</p>	<p>R.E.: Send email prior to ASAC members that there is an opening – express interest to Carol and R.E. prior EXEC.</p> <p>All: email Carol and R.E. if you have a nomination.</p> <p>Executive Committee: Recommend a candidate at the next meeting.</p>
Chair Updates	No updates	
Member Updates	<p>No updates</p> <p>Note: Next Meeting is on 2nd Monday, 02/12/24 (due to MLK Day).</p>	
Adjourn	The meeting was adjourned at 11:37am.	

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Next Meeting	February 12, 2024 , 10am-12pm https://clackamascounty.zoom.us/j/88417813313	From prior meetings - add to Monthly Agenda: <ul style="list-style-type: none">• Program updates• SEC Updates