

Tri-County Resources

For general information and referrals: 211

EMERGENCY AND CRISIS SERVICES

Crisis Services 24/7

Clackamas County: 503-655-8585
Multnomah County: 503-988-4888
Washington County: 503-291-9111
Mental Health Crisis Line: 888-414-1553

Clackamas Women's Services: 503-654-2288

Adult Protective Services

Clackamas County: 971-673-6655
Multnomah County: 503-731-3100
Washington County: 503-681-6917

Child Protective Services 24-hr hotlines

Clackamas County: 971-673-7112
Multnomah County: 503-731-3100
Washington County: 503-681-6917
or 1-855-503-SAFE

Developmental Disability Protective Services

Clackamas County: 503-557-2874
Multnomah County: 855-503-SAFE
Washington County: 503-846-3150

Mental Health Protective Services

Clackamas County: 503-650-3000
Multnomah County: 503-988-8170
Washington County: 503-846-4515

Extreme Risk Protection Order (ERPO):

503-655-8447

Military Helpline: 888-457-4838

NAMI: 503-356-6835

Suicide Lifeline/Lines for Life: 800-273-8255

Teen Line: 1-877-553-TEEN; or text: teen2teen to 839863

Sexual Assault Resource Center: 503-640-5311

The Safety Crisis Line: 503-235-5333

Domestic Violence Hotline: 1-800-799-7233

Victim Services

Clackamas County: 503-655-8616
Multnomah County: 503-988-3222
Washington County: 503-846-3020

YOUTH & FAMILY RESOURCES

Child Welfare, State of Oregon, DHS: 971-673-7200

Child Care Resource and Referral: 211

GED Assistance: 503-594-3959

Healthy Families: 503-546-6533

New Avenues for Youth: 503-224-4339

p:ear Mentor: 503-228-6677

SMYRC: 503-872-9664

The Living Room: 503-901-5971

WIC Program: 503-655-8476

Youth Crisis Support: 877-968-8491

YouthERA: 971-334-9295

EDUCATION & EMPLOYMENT RESOURCES

Clackamas Community College: 503-594-6000

Clackamas Educational Service District: 503-675-4000

Clackamas Works (IRCO): 971-271-6467

Clackamas Co. Children & Family Connections:
503-655-8840

WorkSource: 971-673-6400

Unemployment Claims: 503-292-2057

Clackamas County Head Start: 503-675-4565

Vocational Rehabilitation: 971-673-6130

LGBTQ RESOURCES

Q Community Center: 503-234-7837

Trevor Project LGBTQ Support: 1-866-488-7386

SAGE: 503-228-4391

BASIC SERVICES

Basic Rights of Oregon: 503-222-6151

Clackamas County Social Services

503-655-8640/ TTY 503-650-5646

Community Service Centers

Canby Center: 503-266-2920

Clackamas Service Center: 503-771-7914

Estacada Area Food Bank: 503-630-2888

Father's Heart Street Ministry: 503-722-9780

Molalla Service Center: 503-829-5561

Sandy Community Action: 503-668-4746

Wilsonville Community Sharing: 503-682-6939

Energy Assistance Program: 503-650-5640

Gambling Helpline: 877-695-4648

Gleaners of Clackamas County: 503-655-8740

Legal Aid Services of Oregon: 503-224-4086

Love INC/Bridge of Hope: 503-650-0153

Oregon Military Assistance: 503-584-3980

Self Sufficiency Centers

North Clackamas Branch: 503-731-3400

Oregon City Branch: 971-673-7300

St. Vincent de Paul Emergency Services: 503-235-8431

Veterans Service Office: 503-650-5631

HOUSING RESOURCES

Coordinated Housing Access: 503-655-8575

Community Development Division: 503-655-8591

Foreclosure Helpline, Legal Aid: 503-227-0198

Housing Authority: 503-655-8267

Housing Rights and Resources Program:

503-650-5750

Rent Well: 503-650-5647

Weatherization: 503-650-3338

TRANSPORTATION

TriMet Lift: 503-962-8000

Transportation Reaching People: 503-655-8208

Volunteer Connection: 503-650-5796

HEALTH RESOURCES

Clackamas County Health Centers Medical and Dental Services: 503-655-8471

Clackamas County Mental Health Services:
503-655-8401

Multnomah County Mental Health Services:
503-988-4888

Washington County Mental Health Services:
503-291-1155

STD Information and Testing Sites

Clackamas County Health Clinics: 503-655-8471
Multnomah County Health Clinics: 503-988-5558
Washington County Health Clinics: 503-846-8851

Cascade Aids Project Confidential Testing:
503-223-5907

The Founders Clinic: 503-722-4400

Oregon Health Plan Enrollment Assistance:
503-655-8336

SOCIALIZATION

Elders in Action: 503-235-5474

FolkTime:

Oregon City: 971-888-1784
Portland: 503-709-2450

OLDER ADULT AND DISABILITY SERVICES

Adult and Community Centers

Canby Adult Center: 503-266-2970
Estacada Community Center: 503-630-7454
Gladstone Senior Center: 503-655-7701
Hoodland Senior Center: 503-622-3331
Lake Oswego Adult Community Center:
503-635-3758
Milwaukie Center: 503-653-8100
Molalla Adult Community Center: 503-829-4214
Pioneer Community Center: 503-657-8287
Sandy Center: 503-668-5569
West Linn Adult Community Center:
503-557-4704
Wilsonville Community Center: 503-682-3727

Aging & Disability Resource Connection: 503-650-5622

Adult Foster Care Home Listings: 971-673-6604

Medicaid Long Term Care Services Screener:
971-673-7601

Developmental Disabilities Program Case Management: 503-557-2824

Family Caregiver Support Program: 503-650-5605

Independent Living Resources: 503-232-7411

Money Management Program: 503-650-5623

Oregon Project Independence (OPI): 503-650-5769

Senior Citizens Council: 503-657-1366

Senior Companion Program: 503-655-8875

SHIBA/Prescription Drug Assistance Helpline:
503-655-8269 x4

Senior Lonelines Line: 503-200-1633

Social Security/Medicare: 1-800-772-1213

SUBSTANCE USE AND RECOVERY ASSISTANCE

Alcohol & Drug Helpline: 800-923-4357

Alcoholics Anonymous: 503-223-8569

Narcotics Anonymous: 503-345-9839

LOCAL TREATMENT PROGRAMS

Bible Training Center - Faith Based (M/W): 503-632-1953

Blanchet Farms - (M): 503-852-6626

The Letty Owings Center- (W/W&C): 503-235-3546

City Team - (M): 503-231-9334

DePaul Adult Treatment Center- (M/W): 503-535-1151

Hooper - (M/W): 503-238-2067

Lifeworks NW - Project Network- (W/W&C):
503-335-0855

Lifeworks NW - Mountindale Recovery Center- (W/W&C): 503-647-0165

NARA Northwest - (M/W): 503-621-1069

The Harbor - (M): 503-980-3307

Salvation Army Adult Rehabilitation Center- (M):
971-230-5300

Shepard's Door - (W/W&C): 503-906-7650

Union Gospel Mission - (M): 503-274-4483

GRIEF/SUPPORT GROUP RESOURCES

Adventist Medical Center: 503-251-6192

Providence Resource Line: 503-574-6595

Legacy Health: 503-220-1000

Suicide Bereavement Support, Inc.: 503-200-0382

Me, Too: 503-228-2104

Compassionate Friends Portland Chapter: 503-248-0102

The Dougy Center: 503-775-5683

SHELTERS

Catholic Charities: 503-231-4866

Bradley Angle House (Domestic Violence): 503-281-2442

City Team Ministries (Men's Shelter): 503-231-9334

Daybreak Shelter: 503-477-9724

Do Good Multnomah (Veterans Shelter): 503-490-0285

Goose Hollow Family Shelter: 503-915-8306

Gresham Woman's Shelter: 971-339-2987

Human Solutions (Must have 1 child under 18):
503- 477-9724

My Father's House (Families with Children):
503-492-3046

Portland Rescue Mission: 503-906-7690

Rose Haven (Woman and Children): 503-248-6364

Salvation Army Female Emergency Shelter: 971-202-5360

Transition Projects Day Center: 503-280-4700

Union Gospel Mission: 503-274-4483

VETS (Veterans Emergency Transitional Shelter):
503-239-1259

Yolanda House for Woman and Children: 503-535-3266

For updates or corrections please contact Mandy Avarado at AAlvarado@clackamas.us or Kevin Shriver at KShiver@clackamas.us