
CLACKAMAS COUNTY PUBLIC HEALTH DIVISION

WEEKLY REPORT ON COVID-19 FOR 3/17/2022

Mask mandate lifted, quarantine and contact tracing paused

On March 12, 2022, the indoor mask mandate was lifted, and contact tracing and quarantine were paused for the general population in Oregon, including in K-12 and childcare settings. **These measures are still required in high-risk settings, such as health care facilities, jails and other congregate living locations.**

Individuals should choose whether to mask based on their individual risk assessment. We encourage those who are immunocompromised or with underlying health conditions, as well as those living with people at higher risk, to continue wearing a mask around others. Please honor and support individuals' personal health decisions.

If you are exposed to someone who has COVID-19, you do not have to quarantine or stay home away from others after an exposure, regardless of vaccination status unless you live or work in a high-risk setting. K-12 and childcare settings are not considered high risk settings. [Isolation guidelines](#) remain the same—anyone who tests positive for COVID-19 or has symptoms of COVID-19 must isolate, at home, away from others, for a minimum of 5 days, and until they are without fever for 24 hours without fever reducing medication and other symptoms are improved. Individuals who meet these criteria must consistently and diligently wear a well-fitting mask while around others for an additional 5 days (days 6-10).

Omicron update

The U.S. continues to report significant declines in average daily COVID-19 cases and hospitalizations. The U.S. is currently reporting 33,063 new infections on average each day. That's just 4% of the peak — the highest daily average reported on January 14. There have been 79,609,366 infections and 972,028 coronavirus-related deaths reported in the country since the pandemic began.

Coronavirus case and hospitalization metrics in Oregon have returned to their lowest levels since the early days of the Delta variant last summer. Weekly cases fell 43% in the last week, marking the seventh consecutive week of declines. Oregon is averaging about 312 daily cases per week, down from 550 cases the week prior. This number represents the lowest number of daily cases since July. Oregon also recorded declines in hospitalizations and positive test rates, with each reaching its lowest level since July. Currently, 24 out of Oregon's 36 counties are in the ["low" category for community transmission levels](#), including Clackamas County and all nearby counties.

Case counts in Clackamas County continue to drop, with 198 cases in the past week which is a 34% decrease from one week ago.



Oregon RISE plan

After more than two years of taking effective, science-based public health actions to slow the spread of COVID-19, Oregon has reached a new phase in the pandemic. Oregon Health Authority's RISE plan – Resilience in Support of Equity – details how the state will protect, provide support for, and work with its most vulnerable communities through the next phase of the pandemic.

In coming months, as life-saving public health interventions lift, OHA's goal will be to continue to save lives by strengthening the resilience of people, schools and communities so they can protect themselves from COVID-19. The plan outlines priorities Oregon will pursue to monitor COVID-19 spread, shield people at highest risk, reinvigorate local communities, and repair social cohesion. To learn more about the RISE 5 point-plan – see [Oregon RISE: Resilience in Support of Equity](#).

COVID-19 hospitalizations

The number of [hospitalized patients](#) with COVID-19 across Oregon is 224, which is 24 fewer than yesterday. There are 34 COVID-19 patients in intensive care unit (ICU) beds, which is four fewer than yesterday. There are 99 available adult ICU beds out of 671 total (15% availability) and 369 available adult non-ICU beds out of 4,277 (9% availability).

Region 1 is averaging 107 hospitalizations a day, a 46% decrease from one week ago, and the region's latest report counts 44 available ICU beds out of 340, 14.4% availability.

COVID-19 deaths

There are 14 new [COVID-19-related deaths](#) in Oregon, raising the state's death toll to 6,899, Oregon Health Authority (OHA) reported at 12:01 a.m. today.

COVID-19 vaccinations in Clackamas County

[Vaccination data](#) for Clackamas County.

| Age Groups of people in Clackamas County who have received at least one dose of the COVID-19 vaccine in Oregon (per OHA) | | |
|--|-------------------|-------------------|
| AGE | NUMBER VACCINATED | % SERIES COMPLETE |
| 5 to 11 | 15,898 | 42.1% |
| 12 to 17 | 23,415 | 71.6% |
| 18 to 19 | 7,063 | 71.8% |
| 20 to 49 | 122,269 | 73.8% |
| 50 to 64 | 69,624 | 69.3% |
| 65+ | 73,220 | 81.9% |

COVID-19 cases in Clackamas County

The number of [new confirmed and presumptive COVID-19 cases reported](#) for Clackamas County.

| Week of Date | Case Count | Cases per 100k | Test Positivity |
|---------------------------|------------|----------------|-----------------|
| March 12 th | 198 | 53 | 2.9% |
| March 3 rd | 302 | 81 | 3.7% |
| February 28 th | 428 | 101 | 3.0% |
| February 22 nd | 754 | 153 | 7.3% |
| February 15 th | 1,389 | 310 | 12.7% |

School Response

As of March 12, the masking requirements in [OAR 333-019-1015](#) for K-12 and childcare settings are [no longer in effect](#). However, under the state's rules for health care settings, masks will still be required inside school health rooms, including counselor offices. Individuals may also choose to mask based on their individual risk assessment. **Every child has the right to feel safe and supported in school, regardless of their personal health decisions.** Please honor and support individuals' personal decisions to continue wearing masks.

Oregon also paused quarantine and contact tracing for students and staff in K-12 and childcare settings. If a student or member of staff is exposed to someone who has COVID-19, they do not have to quarantine or stay home away from others after an exposure, regardless of vaccination status. [Isolation guidelines](#) remain the same and will still apply to students and staff who have tested positive for COVID-19 or who have [symptoms](#). The Center for Disease Control and Prevention (CDC), OHA, ODE, and CCPH continue to strongly advise the universal use of face coverings in schools in order to reduce the spread of COVID-19 and minimize the lost time learning in school due to illness when county [COVID-19 Community Levels are high](#). At all levels, individuals may choose to mask based on their individual risk assessment (e.g., increased risk for severe disease or family or community members at increased risk for severe disease).

Disease Response

All regularly scheduled vaccine clinics remain open and are available for walk-ins. Staff are participating in the Clackamas Community College Job Fair on March 16 distributing at-home test kits, PPE, and promoting vaccine opportunities at community clinics, in addition to the mobile vaccination opportunity available for businesses onsite for their employees. The team acquired a service van to support expansion of mobile vaccine efforts to farms and businesses throughout the county. The in-home vaccination team is continuing outreach to adult foster homes and intellectually developmentally disabled congregate care settings to schedule in-home vaccines and testing.

During last week, the COVID Investigation & Outreach (CIO) team opened 198 cases and managed 31 active outbreaks. Most outbreaks continue to occur in long-term care facilities. The team passed a landmark anniversary on March 12, marking 2 years since Clackamas County's first identified COVID case. With the lifting of mask mandates and a pause to quarantine for the general public, the CIO team is providing education to the community on how these changes affect them and offering supports to those in need. The team is hard at work incorporating the newly updated guidelines from OHA, and providing education, outreach, and support to our community partners on this updated guidance.

Testing Response

Americans can order 4 more free COVID-19 tests. People can start placing their orders for a second round of free at-home COVID-19 tests this week. Visit <https://www.covidtests.gov/> to order your free at-home tests or go directly to the USPS order form: <https://special.usps.com/testkits>.

If you need help ordering your tests, you can call 1-800-232-0233 (1-888-720-7489 for TTY).

Clackamas Community College Harmony Campus Testing Site Expands Hours and Testing Options

[Curative's](#) testing site at Harmony Campus in Milwaukie will operate 7 days a week with expanded afternoon hours on weekdays. The site also now offers no-cost rapid molecular testing with results available in about an hour. Appointments are not required.

[PCR Testing](#) (Results usually within 48-72 hours)

Monday - Friday, 8:00a - 5:00p

Saturday & Sunday, 8:00a - 12:00p

[Rapid Molecular Testing](#) (Results usually within an hour)

Monday - Friday, 9:00a - 4:30p

Saturday & Sunday, 9:00a - 11:30a

COVID-19 Update

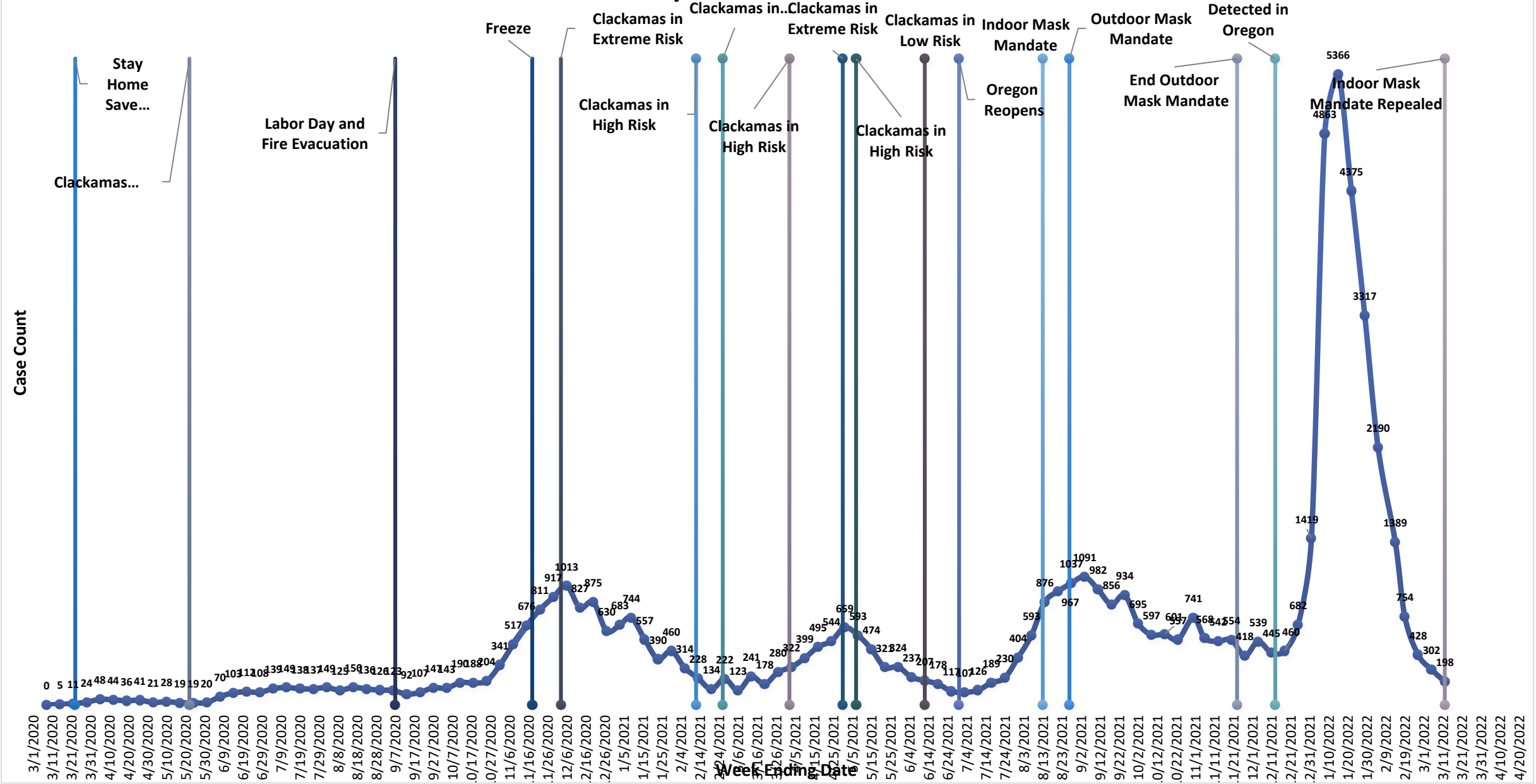
3/17/2022



COVID Current Case and Death Data

| as of 3/8/2022 | Total cases | Total deaths | Change since 3/1/2022 |
|-------------------|-------------|--------------|------------------------------|
| Clackamas County | 59,627 | 552 | Cases: +225 Deaths: +13 |
| Multnomah County | 111,984 | 1,102 | Cases: +1,184 Deaths: +28 |
| Washington County | 84,800 | 537 | Cases: +282 Deaths: +18 |

Case Count by Week for 3/1/20 - 03/12/22



Statewide Numbers from 3/14/2022

New Cases

421



7 Day Daily Average
of Cases

357.6

Cases Per 100k in
Previous 7 Days

58.64

COVID-19 Patients
Hospitalized†

224



Tests Reported

11,822

Test Positivity

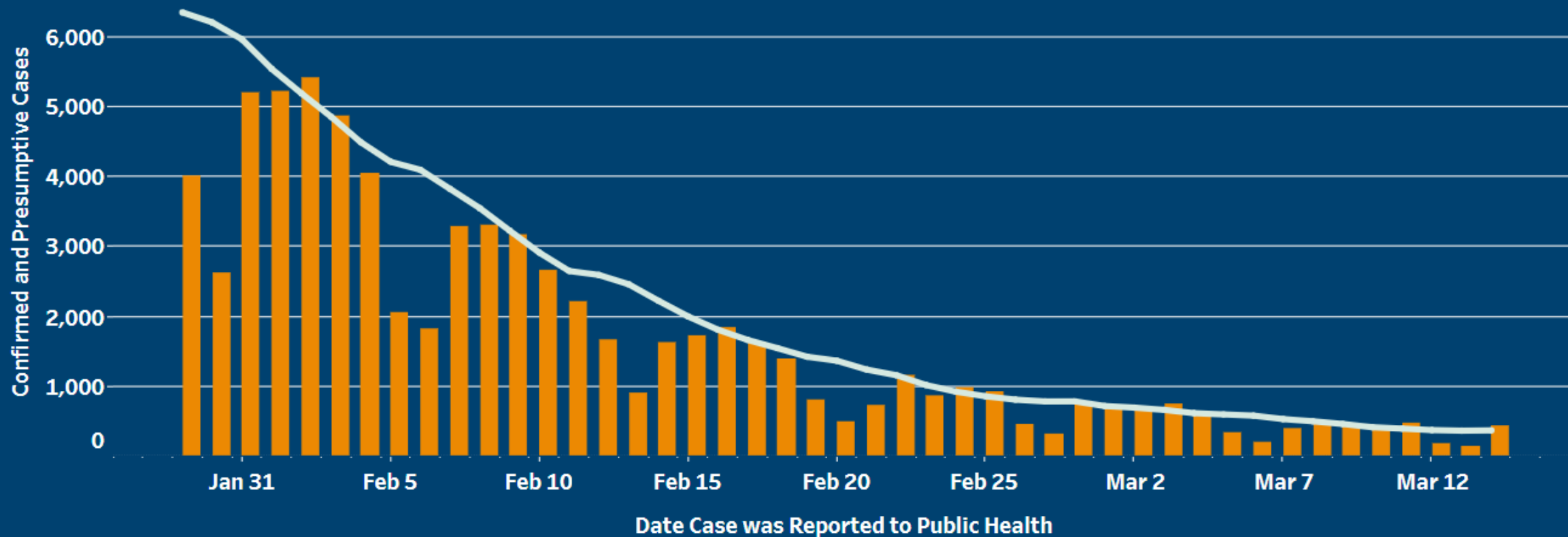
3.3%

New Deaths

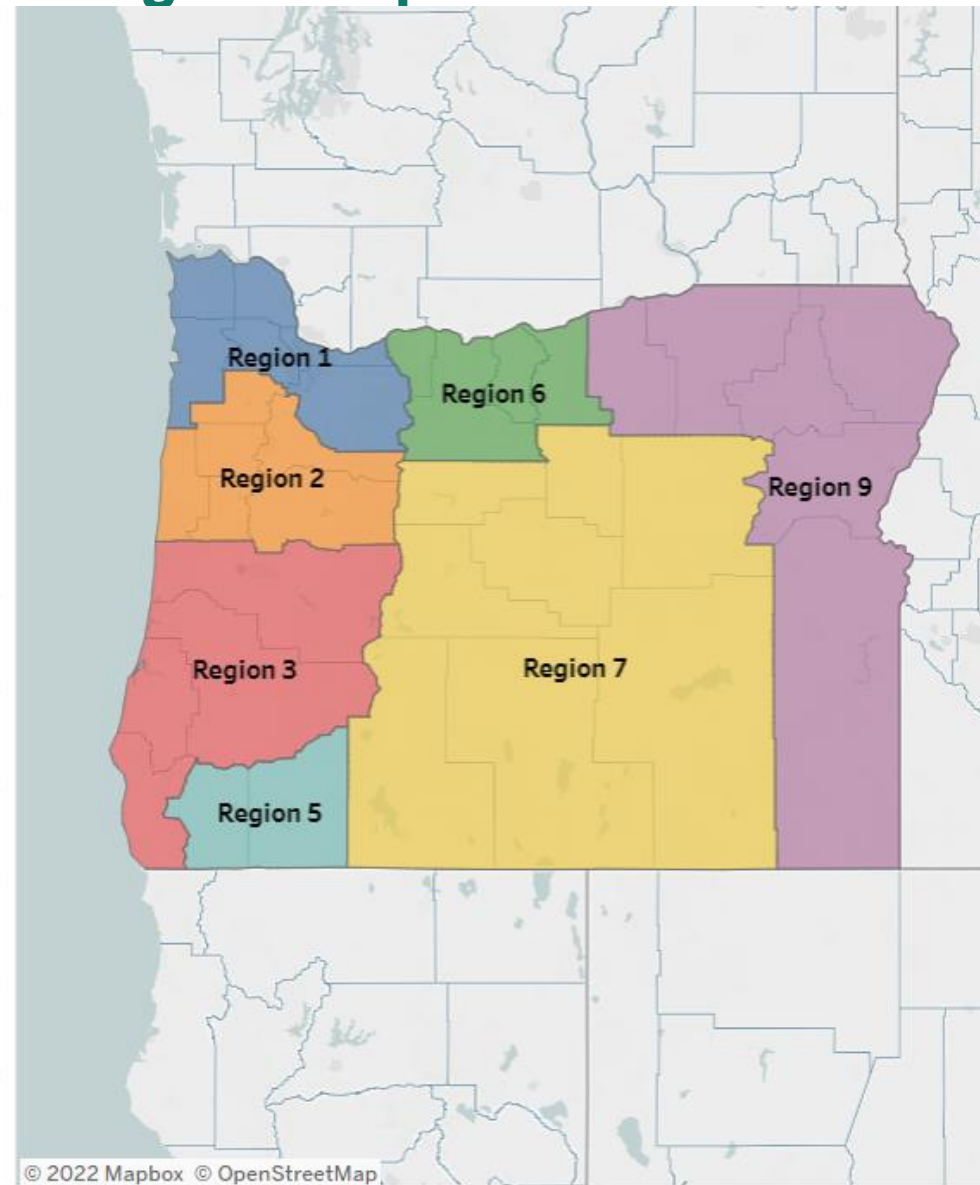
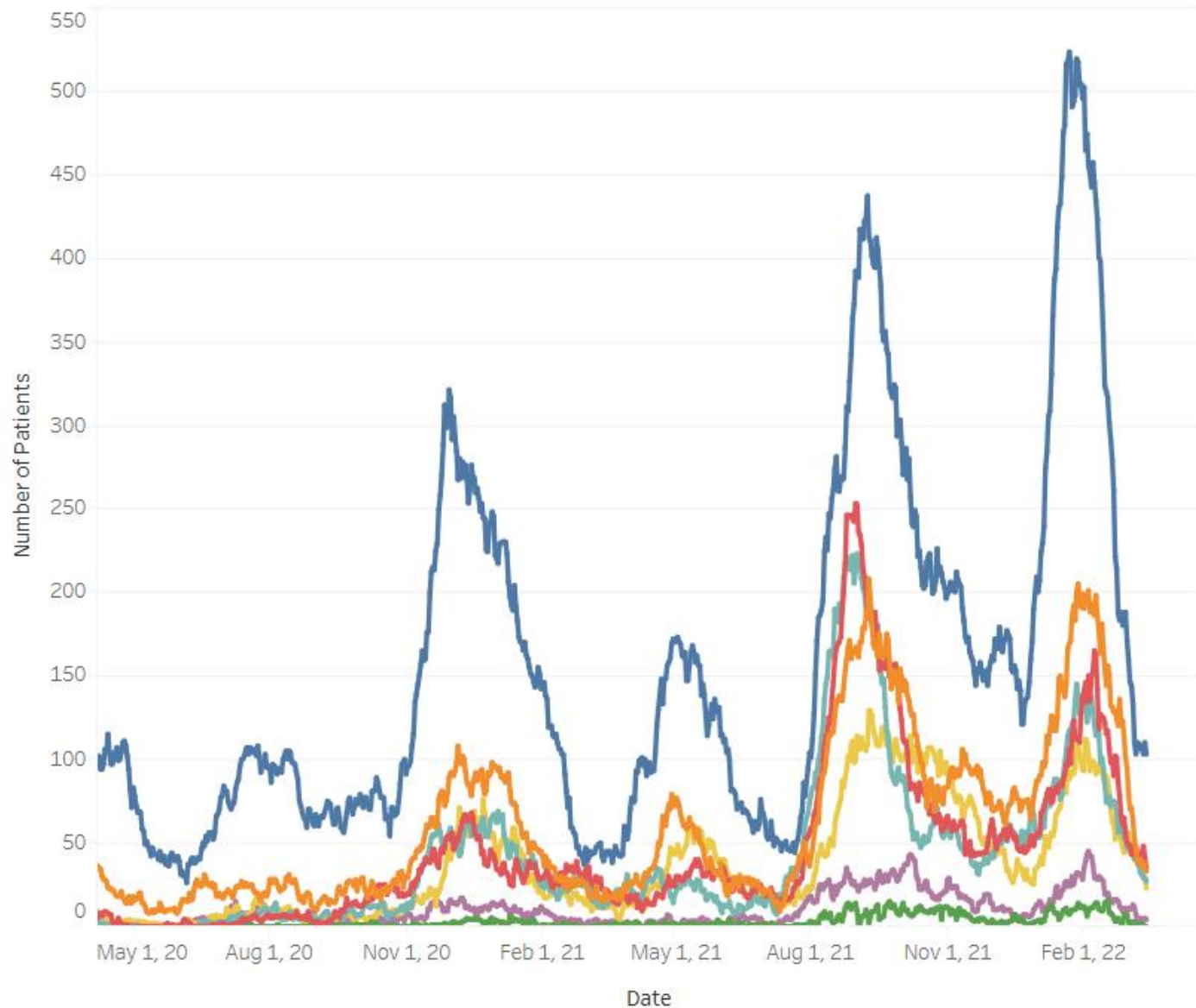
14

Arrows indicate an increase or decrease from the previous day. †Hospitalization data from Oregon's Hospital Capacity Web System (HOSCAP).

Daily Cases and 7 Day Moving Average over the Previous Six Weeks

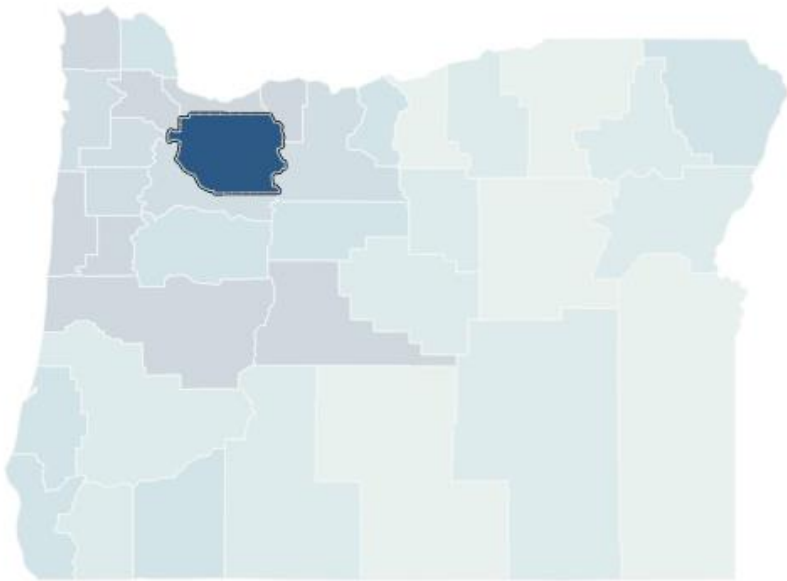


COVID-19 Positive Patients in Oregon Hospitals



Clackamas County Vaccinations

as of 3/15/2022



People ages 18 years and older living in ClackCo

80.2% have received at least one dose.

74.5% have completed their primary series.

46.5% have received an extra dose (*3rd dose or booster*)

Entire ClackCo Population

Primary Series In Progress: **22,260**

Primary Series Complete: **289,251**

747,309 doses administered in Clackamas

311,511 people vaccinated in Clackamas

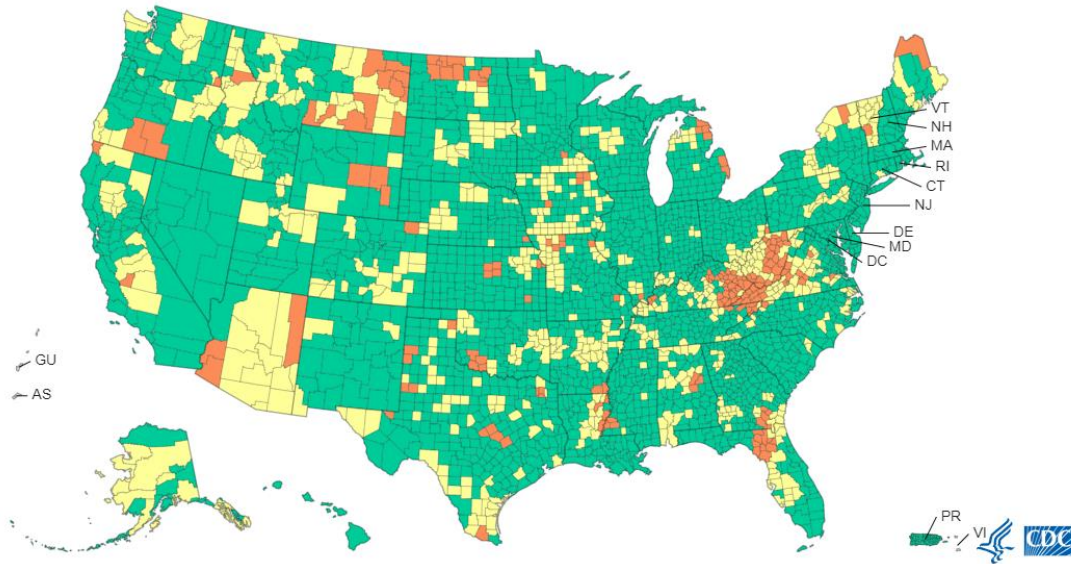
Omicron Updates

- Worldwide case count dropped 9.4%
- U.S. averaging 33,063 new cases a day
- U.S. case counts dropped 37%
- Oregon averaging 312 cases a day
- Oregon case counts dropped 43%
- ClackCo averaging 28 cases a day
- ClackCo case counts dropped 34%



Updated: March 10, 2022

COVID-19 Community Levels



| Low | Medium | High |
|--|--|--|
| <ul style="list-style-type: none">Stay up to date with COVID-19 vaccinesGet tested if you have symptoms | <ul style="list-style-type: none">If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautionsStay up to date with COVID-19 vaccinesGet tested if you have symptoms | <ul style="list-style-type: none">Wear a mask indoors in publicStay up to date with COVID-19 vaccinesGet tested if you have symptomsAdditional precautions may be needed for people at high risk for severe illness |

- New metrics to guide COVID-19 mitigation practices
- Help communities decide what prevention steps to take based on the latest data
- Packages 3 metrics:
 1. New COVID19 hospital admissions over the previous week;
 2. Percentage of hospital beds occupied by COVID patients; and,
 3. New cases per 100,000 people over the previous week
- [Find Community Levels here](#)

Stacking up mask options



- Indoor mask mandate for general public and K-12 lifted on March 12
- Masking still required in certain high risk settings, including healthcare settings
- Every child has the right to feel safe and supported in school, regardless of their personal health decisions
- Masking remains a critical public health tool for preventing spread of COVID-19
- Many of Oregon's pharmacies are distributing free masks

Quarantine and Contact Tracing Paused

Effective March 12:

- **Pause contact tracing and quarantine for general population**, including K-12 and childcare settings
- **Isolation guidelines remain the same:** anyone who tests positive for COVID-19 or has symptoms of COVID-19 must isolate for minimum 5 days (longer for ongoing symptoms or cannot mask on days 6-10)
- **Test to stay will shift** from a form of modified quarantine to enhanced exposure testing



Free Tests

Federal Free At-Home Tests

- Every home in the U.S. is eligible to order **4 more** free iHealth tests
- Orders will usually ship in 7-12 days
- Order your tests today at

covidtests.gov



CCPH Free At-Home Tests

- Local governments and municipalities can request test kits
- Small businesses and a variety of organizations serving vulnerable populations can also request test kits
- Available at all vaccine clinics
- Organizations interested in requesting kits should visit


<https://www.clackamas.us/coronavirus/testkits>

Free Drive-Through Tests


- Weekly at Clackamas Community College Harmony Campus
- Now open 7 days a week
- PCR Testing:
M-F, 8:00a - 5:00p, Sat-Sun, 8:00a - 12:00p
- Rapid Molecular Testing:
M-F, 9:00a - 4:30p, Sat-Sun, 9:00a - 11:30a
- Schedule an appointment
cur.tv/milwaukie

OHA COVID-19 Hotline and Website


COVID-19 Support Hotline
New Oregon Health Authority resource for those who have tested positive and for COVID-19 questions




General health information




Isolation and quarantine information




Advice on how to talk to close contacts



Resources to help with isolation



help with reporting of positive test result



Multiple languages available

Call: 866-917-8881 or visit Oregon.gov/positivecovidtest
Phone hours: 8am-6pm Monday-Friday, 10am-4pm Saturday

- Report positive at-home or testing provider COVID-19 tests
- Take a 20-45 minute online survey
- Get information about what to do if you test positive
- **Now supporting school-related questions**

Supporting Mental Health and Emotional Health

Mental health struggles look different for everyone. Common things that might mean it's time to reach out to get support:

- Anxious, feeling helpless or worries all the time
- Tired, sad or low most of time
- Trouble falling sleep or sleeping too much
- Disconnected from others

A few tips for taking care of yourself:

- Focus on things you can control
- Limit screen time
- Fuel your body by eating a healthy, well-balanced diet
- Spend time outside
- Take deep breaths and stretch often
- Stay connected to friends and family



Reach out to Clackamas Safe+Strong for resources or to connect with people who care:

Clackamas County Crisis and Support Line 503-655-8585 or safestrong@clackamas.us

Vaccine Clinics Through March 2022

Walk-ins available, while vaccine supplies last, and within 30-minutes of clinic closing time.

| Date | Location |
|--|---|
| Monday 2pm – 7pm | Molalla United Methodist Church 111 S. Mathias Rd, Molalla |
| Tuesday 2pm – 8pm | Canby Foursquare Church 2350 SE Territorial Rd, Canby |
| Wednesday - Saturday 11am – 7pm | Clackamas Town Center 12000 SE 82 nd Ave, Happy Valley (2 nd floor next to LensCrafters) |
| Thursday 3pm – 7pm | Providence Willamette Falls Community Center 519 15 th St, Oregon City |
| Friday 2pm – 5pm | Sandy Community/Senior Center 38348 Pioneer Blvd, Sandy |

VACCINE SCHEDULING



Local opportunities in ClackCo:
clackamas.us/coronavirus/vaccine

Schedule via Email:
COVIDvaccine@clackamas.us

Schedule via Phone:
[\(503\) 655-8224](tel:5036558224) *(Mon-Fri. from 8am-5pm)*

**Register to receive notification for
when an appointment is available:**
GetVaccinated.oregon.gov

COVID-19 Wraparound Services

Available Resources

- Rent, Mortgage, Utilities, Food, Emergency Shelter, Financial Assistance

How to Refer Someone for Assistance

- Email EOCCBO_Coordinator@Clackamas.us with the client's full name, date of birth, address, and what their current needs are
- Direct them to call the PIC line to be connected with one of our referral coordinators: 503-655-8224

Eligibility

- Clients are eligible for wrap-around support if they have tested positive for COVID-19, meet presumptive criteria, or are a confirmed close contact

What can you do for vaccine safety?

- Report adverse events following vaccination to VAERS even if you aren't sure if the vaccination caused the adverse event
- Enroll yourself in v-safe
- Healthcare providers, encourage your patients to enroll in v-safe
- Parents and guardians, you can enroll your children in v-safe



VAERS

Vaccine Adverse Event
Reporting System

<http://vaers.hhs.gov>



vsafe.cdc.gov/en/

Please get involved, your participation matters



County Resources

Help protect yourself and others by staying home if you are sick. Visit our webpage for more resources:

www.clackamas.us/coronavirus

