

# Clackamas County Suicide Prevention Action Plan

## Health Care Action Team Minutes

May 2, 2023 | 11 – 12pm  
Virtual Meeting

**Attendees:** Joan Hoff (facilitator and Chair); Donna-Marie Drucker (OR Firearm Safety Coalition President), Galli Murray (Suicide Prevention Coordinator), Ashley Thompson (Community Engagement & Partnership Coordinator Portland VA), Becky Wilkinson (Providence)

### 1) Welcome & introductions.

**Reviewed purpose of this action team which is to:** Promote suicide prevention as a core component of health care services and implement best or promising practices for identifying and supporting individuals at risk for suicide.

### 2) Reviewed Suicide Prevention Action Plan (SPAP) strategic directions for the Health Care Action Team:

- 3a. Increase lived experience and other related support groups that increase hope, connection, and resiliency.
- 3b. Training for, and materials to, healthcare providers will highlight universal suicide risk screening and treatment for suicide.
- 3c. Diversify and increase utilization of mental health and suicide prevention trainings available to health care providers.

Updates from previous meetings:

- a. Didi Hirsch group possibility - **Galli** will look into funding options. – **Update:** Put this on hold for now. See how the other groups that support attempt survivors and those that experience ideation at Folktime (currently in existence) and MHHAO (will be starting in a few months) are doing in 6 months. Ask if there is a need for additional groups at that time. Is there a needs assessment that can occur at that time? Does our community know about these groups?
- b. What about doing a presentation at an AA meeting? Men (and others) go there and talk about life stressors. **Galli** will find out more info about the Clackamas AA/NA community and if we might be able to collaborate. **Update:** Galli met with the Executive Director of DDA and gathered a lot of info. Also heard back from folks in the AA/NA community. **Galli** will create a flier that uses language from the AA model (acts of service) that offers info about where to get trained to help, maybe offer trainings that are dedicated to the A/D world?, provides links to resources, postvention supports, stats about suicide risk and A&D use can all be included in the flier. They have secretaries at every AA meeting – could they say something at the meeting? Mikaela Smith is the Providence Hospital AA Committee (?) point of contact and would be a good person for us to connect with to get info into AA/NA groups. **Becky** will ask Mikaela to explore how best to get info into these groups. She will also ask if Mikaela would review the flier that we create to make sure language is okay.
- c. **Ashley** will reach out to VA substance use provider(s) to inquire about environments where men might show up and how we might be able to leverage these environments to better support men. **Update:**

Ashley has a list of all the AA/NA meetings in Clackamas (see below) and offered to As it gets closer to calling to confirm the meeting is still active and ongoing before we send the flier out. She also suggested looking at small businesses that are owned by men. Also use the Chamber of Commerce to connect with men.

<https://clackamascountyna.com/clackamas-county> and [Find Clackamas, Oregon AA Meetings Near You | AlcoholicsAnonymous.com](https://www.alcoholicsanonymous.com)

- d. Ray Keene at the Canby Center is interested in holding conversations/groups with men. **Joan** will follow up with him. Joan reported that there is a meeting coming up in a few weeks. **Update:** Ray Keene has resigned from the Canby Suicide Prevention Task Force and the group is not meeting currently. We will take this off our list at this time.
- e. **Galli** to send primary care provider suicide prevention toolkit that Deschutes County created to this group. This was sent to the group in March and is below. **Update:** AFSP is in support of working with use to develop a health care provider tool kit. Do we want to co-brand with them? What is AFSP's role? Consultant? If we were to co-brand, what is the time frame? **Action step:** develop a table of content of what we'd like to see in it, what currently exists out there? What do we need to create? In addition to the Deschutes toolkit, another toolkit that exists is <https://sprc.org/settings/primary-care/toolkit/> and <https://www.mirecc.va.gov/visn19/lethallmeanssafety/>. **Joan** will check to see what process is for co-branding with AFSP/ how much time this will take and get back to us. **Team** will come with a list of things that currently exist specific to toolkit resources and plan to work more on this project at our next meeting.



Deschutes County  
Toolkit for PC Provic

#### **New business:**

Donna-Marie spoke about the meeting she and Galli had with Mens Shed USA. <https://usmenssheds.org/what-is-mens-shed/> The next step is to see the Portland Shed on May 17th at 10am 10609 NE Simpson St, Portland, OR 97220, USA (Donna-Marie, Joan, Galli, Ashley and Mike James are planning to attend) Next steps will be to find a place to have the "shed" (adult community center?) and develop a list of folks that would be interested in attending an informational meeting re: what it would look like to start one up in Clackamas. **Galli** will gather a list of all the community centers so we can approach them in using their space.

#### **Action Items**

1. AFSP is working with Safe Side to provide training for primary care clinics. **Joan** will check with Erin Weldon with AFSP about being able to observe one of these trainings.
2. As a way to better connect with and support men, **Galli** will create a flier that uses language from the AA/NA model (acts of service) that offers info about where to get trained to help, maybe offer trainings that are dedicated to the A/D world?, provides links to resources, postvention supports, stats about suicide risk and A&D use can all be included in the flier.
3. **Becky** will ask Mikaela to explore how best to get info into AA/NA groups. She will also ask if Mikaela would review the flier that we create to make sure language is okay.
4. **Joan** will check to see what process is for co-branding with AFSP/ how much time this will take and get back to us.
5. **Team** will come with a list of things that currently exist specific to health care provider toolkit resources and plan to work more on this project at our next meeting.
6. **Galli** will gather a list of all the community centers so we can approach them in using their space for a potential Mens Shed in Clackamas.



Clackamas County  
Senior Centers (002)

**Next meeting:** from June 6<sup>th</sup> 11 – 12am | Location - virtual: [Click here to join the meeting](#)

Meetings are open to anyone. All are welcome!