

# Mental Health & Addictions Council

Meeting Minutes  
 Tuesday, January 23, 2024  
 4:30 - 6:30 PM  
 Zoom Meeting

**Members Attending:** Sheri P., Pam P., Sara C., Bo B., Catherine L.,

**Members Unexcused:**

**Members Excused:** Adam L., Sherry Chenell, Teresa M., Cathy H.

**Staff:** Mary Rumbaugh, Maritza Gonzalez, Keely Gilbert

**Guests:** Amber Richards, Beto C, Commissioner Ben West

Item	Discussion	Action/Follow up
Call to Order, Establish Quorum (6 members), Approval of Minutes - Vice President	<ul style="list-style-type: none"> <li>➤ Glen "Bo" brought the meeting to order 4:34pm</li> <li>➤ Introductions of members and guests.</li> <li>➤ Review of group norms</li> <li>➤ October minutes approved. 1<sup>st</sup> Pam, 2<sup>nd</sup> Sheri</li> <li>➤ November minutes approved. 1<sup>st</sup> Sara C., 2<sup>nd</sup> Sheri</li> <li>➤ Acronym List: Sara updated list, Bo suggested some adjustments, as well as adding few acronyms that are missing.</li> <li>➤</li> </ul>	Mary to follow up with Teresa to format into a google doc for council to make edits to acronym list.
2024 Priorities and Strategies- School survey, Review accomplishments from 2023	<p>*School survey link - <a href="https://forms.gle/twBCwwyjrpXciw988">https://forms.gle/twBCwwyjrpXciw988</a>                      Anyone to whom the link is sent through the "Share" or by forwarding them the link above, should be able to fill out the form. - Teresa M.</p> <ul style="list-style-type: none"> <li>➤ Bo went over 2023 priorities.</li> <li>➤ Feedback on #3 Not just focus on adults, but also include youth, great age to nip the problem at young age and prevent usage. Sheri P. kudos to the Mobile Crisis team.</li> <li>➤ Feedback on #1- (Mary) until there are changes around how BHRN's are funded, we need to do what we can to support. Rework goal.</li> <li>➤ Commissioner West gave his insight on Measure 110. gave examples on how to move forward as a state, recovery status, update on informing policies, and how to bring people from street level to full restoration. Discussion on whether to repeal or amend Measure 110. Clackamas does not want to criminalize a person with the disease of addiction. Restoration not retribution.</li> </ul>	

	<ul style="list-style-type: none"> <li>➤ Feedback for Commissioner West: (Sheri) Women take longer to recover due to low pay jobs, which create stress and mental health problems. Prevention is important. Extension of support.</li> <li>➤ (Amber) Engage in services to get fines reduced or get record expunge, complete programs from intense program to outpatient to entice,</li> <li>➤ (Beto) peer specialists want to help but peers are not getting paid for this, make it sustainable to help. Restore the wellbeing of family. Safe using sites (other cities have this) 100 overdoses a month happening now.</li> <li>➤ (Bo) Expunge record, this has been a problem that has been happening, things need to get changed. Needs adjustments, it is saving lives. If someone wants to get clean there is no space.</li> <li>➤ (Sara) at Morrison she goes around and makes list of wishes of peers, one of the biggest wishes is higher wages, peers are paid lowest fare, and they are doing hard work. Fear is losing mentor. Hard to see successes due to now it is harder to get clean.</li> <li>➤ (Sarah S.) Roles at 4D are paid by measure 110, they do have a lot of successes due to measure 110. Makes her nervous that those funds will stop if Measure 110 is repealed. Big Question is will Clackamas County champion repeal 110 or amend, easy to get high hard to get help. It should be the other way around.</li> <li>➤ (Pam) if it is repealed the state will have more money. Will they take the money and put it in the right place?</li> <li>➤ (Mary) Good data has been lost in the rubble. It is so disorganized that the data info is getting lost. People's lives are being saved.</li> </ul>	
<p><i>Orientation of Community Mental Health Program and Role of MHAC-Mary R</i></p>	<ul style="list-style-type: none"> <li>➤ Will review next month.</li> </ul>	
<p>Recruitment Notice Review and Vote - All</p>	<ul style="list-style-type: none"> <li>➤ Will review next month.</li> <li>➤</li> </ul>	
<p>Committee updates - All</p>	<ul style="list-style-type: none"> <li>➤ <b>Advocacy/Legislative Committee -</b></li> <li>➤ <b>Nominating Committee - Discuss at Feb meeting regarding opening recruitment.</b></li> <li>➤ <b>Suicide Prevention Coalition of Clackamas County Update -</b></li> <li>➤ <b>Director Update: N/A</b></li> </ul>	<p>Ran out of time.</p>

Round Table	<ul style="list-style-type: none"> <li>□ Sarah S. 4D shifting from hospital and institutions, focusing on houseless population. Doing interventions.</li> <li>□ Sara C- Morrison team new brick and mortar in Clackamas County.</li> <li>□ Sheri P- Started working at CCC Family and addiction supported housing.</li> <li>□ Amber R- Honor all the work that MH workers do, created a spreadsheet that she will share with group, will help with getting folks into counseling.</li> <li>□ Mary- CC opened second emergency warming shelter, she sat and talked with guests about their stories of being houseless, as a system we have done right, it went amazingly well. Got a shout from her boss.</li> <li>□ Pam P- Lawn or Line report can look up school district, met with head person at OHA and head person was unaware of situation. Rething the drink Mayor Joe Buck wrote a letter it is in the Oregonian regarding wine companies.</li> <li>□ Beto: Deals with incarcerated youth</li> <li>□ Bo: Advocacy day for Oregon recovers. (sending link for event registration)</li> </ul>	Oregonian published story
Public Comment		
Recap; Summarize action items; Agenda item suggestion - All	<p style="text-align: center;"><b>The meeting adjourned at 6:35pm</b></p> <ul style="list-style-type: none"> <li>□ <b>Proposed agenda:</b></li> </ul>	
Next Meeting Date and Location	<p><b>Tuesday, February 27, 2024, from 4:30-6:30 pm</b> via Virtual and Crisis Walk-In Clinic  Please RSVP to Maritza Gonzalez at <a href="mailto:MGonzalez@clackamas.us">MGonzalez@clackamas.us</a>.</p>	