REQUEST NOT TO USE OR DISCLOSE HEALTH INFORMATION

I understand that the Clackamas County group health plan may use and disclose protected health information about me for the purposes of health care treatment, payment and health care operations without my consent. Request to restrict use and disclosure of protected health information concerning health care treatment, payment or health care operations about me by the Clackamas County group health plan in accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

I understand that the group health plan is not required to agree to this restriction.

I understand that if the group health plan agrees to this restriction, either the plan or I may terminate this restriction at any time. The termination of the restriction is only effective for future uses and disclosures.

I understand that this restriction is void if protected health information must be used or disclosed to provide emergency treatment for me.

| l re | quest that the following protected health information be restricted (description of information): |
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| | equest that the use and disclosure of the above-described information be restricted in the following manner scription of restriction): |
| l re | equest that the above described health information not be disclosed to the following individuals or entities (list |
| | ividuals or entities to which information would not be disclosed): |
| | nderstand that if a restriction is not specifically listed above and agreed to in writing by the group health plan, it will be effective. |
| Sig | nature/Date: |
| Na | me (please print): |
| Da | ytime Telephone Number(s): |
| | RESPONSE TO REQUEST TO NOT TO USE OR DISCLOSE HEALTH INFORMATION |
| ۵ | Request granted. The plan will make the appropriate amendment to the designated records set. |
| | Request denied for the following reason: |
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