

# Mental Health & Addictions Council

Meeting Minutes

Tuesday, September 24, 2024

4:30 – 6:30 PM

In Person and Zoom Meeting (Hybrid)

**Members Attending:** Teresa Melville, Sheri Price, Cathy Horey, Pam Pearce, Sara Clement, Bo Brinson, Catherine LeJeal, Beto Contreras, Ashley Cross

**Members Unexcused:** N/A

**Members Excused:** Sarah Schindlbeck, Dave Hunt

**Staff:** Mary Rumbaugh, Keely Gilbert

**Guests:** John Parker, Jennifer Much Grund, Amber Richards

Item	Discussion	Action/Follow up
Call to Order, Establish Quorum (6 members), Approval of Minutes – Vice President	<ul style="list-style-type: none"> <li>➤ Teresa brought the meeting to order at 4:39pm.</li> <li>➤ Introductions of members and guests.</li> <li>➤ Review of group norms.</li> <li>➤ Approval of Minutes. Sheri 1<sup>st</sup> Pam 2<sup>nd</sup></li> <li>➤ Acronym list updates- shortened to 4 pages, created a section for provider names.</li> </ul>	<p>Mary will create a credentials category for licensures and certifications. Add community action board (CAB). Add Cascade aids project (CAP).</p>
Poverty In Clackamas County Presentation	<ul style="list-style-type: none"> <li>➤ Jennifer Much Grund and John Parker from the Community Action Committee presented. See slides attached.</li> <li>➤ Email Jennifer to stay connected with listening sessions at <a href="mailto:jmuchgrund@clackamas.us">jmuchgrund@clackamas.us</a>.</li> </ul>	<p>Send out slides to council.</p>
Committee updates – All	<ul style="list-style-type: none"> <li>➤ <b>Advocacy/Legislative Committee:</b> Getting ready for the long session in February.</li> <li>➤ <b>Nominating Committee:</b> board approved renewals and new members.</li> <li>➤ <b>Suicide Prevention Coalition of Clackamas County Update:</b> Suicide prevention app intended for youth and young adults as well as those who interact with youth and young adults. The goal is to have everything ready for the initial launching of the bare bones within the next few weeks. Would welcome feedback from youth.</li> <li>➤ <b>Director Update:</b> <ul style="list-style-type: none"> <li>○ Clackamas Center for Treatment and Recovery: FAQ from July 25<sup>th</sup> Community Meeting can be found on the new Recovery Center website <a href="https://www.clackamas.us/recoverycenter">https://www.clackamas.us/recoverycenter</a>. Will need to go through zoning and planning 6-9 months to complete. Not all 6 acres are usable and will need to remain as green space. Looking into the opportunity to partner with <a href="http://growing-gardens.org">Growing Gardens (growing-gardens.org)</a> for the greenspace. Looking</li> </ul> </li> </ul>	<p>Reach out to Mary if you are interested in participating in the scoring committee for the applications for both the Recovery Center and Stabilization Center.</p>

	<p>for a volunteer to be on the scoring committee for the Recovery Center provider. Date TBD-early December.</p> <ul style="list-style-type: none"> <li>○ 23-Hour Crisis Stabilization Center: Looking for a volunteer to be on the scoring committee to review applications. Dates are 10/31 from 1-3 and 11/7 8-10.</li> <li>○ Deflection Program: Law enforcement can site for PCS-U (new misdemeanor code for possession of a controlled substance). Since September 1<sup>st</sup> there have been 24 citations written. Of those a handful is eligible for deflection.</li> </ul>	
Round Table	<ul style="list-style-type: none"> <li>➤ <b>Teresa:</b> September suicide prevention awareness month, check on your people.</li> <li>➤ <b>Bo:</b> Walk for recovery is this coming Saturday 9/28 10am pioneer square.</li> <li>➤ <b>Pam-</b> A lot of the Opioid settlement money is earmarked for prevention. John Hopkins put together a guide for jurisdictions with information about what to do with opioid funds. <a href="https://opioidprinciples.jhsph.edu/the-principles/">https://opioidprinciples.jhsph.edu/the-principles/</a></li> <li>➤ <b>Sheri:</b> N/A</li> <li>➤ <b>Catherine:</b> A million little things on Hulu, touches intentionally on suicide, depression, etc. At the end of each program provides the resources for help.</li> <li>➤ <b>Cathy:</b> N/A</li> <li>➤ <b>Sara:</b> The poverty levels we saw tonight were disturbing, heartbreaking to hear statistics.</li> </ul>	
Public Comment	N/A	
Recap; Summarize action items; Agenda item suggestion – All	<p style="text-align: center;"><b>The meeting adjourned at 6:25pm</b></p> <ul style="list-style-type: none"> <li>➤ <b>Proposed Agenda:</b> <ul style="list-style-type: none"> <li>○ Ask the District Attorney’s office present about deflection.</li> <li>○ Review 2024 priorities, progress on those priorities and begin planning for 2025</li> </ul> </li> </ul>	
Next Meeting Date and Location	<p><b>Tuesday, October 22, 2024, from 4:30-6:30 pm via Virtual and Crisis Walk-In Clinic</b></p> <p>Please RSVP to Keely Gilbert at Kgilbert@clackamas.us.</p>	Keely sending new meeting link



# Poverty In Clackamas County

JULY 2024

# Community Action

## **The Promise of Community Action**

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

# Community Action in Clackamas County

- ▶ Clackamas County Social Services Division is the Community Action Agency for the county
- ▶ The Community Action Board – 9 member Advisory Board
- ▶ Community Needs Assessment every three years to identify the conditions of poverty
- ▶ CAB Action Plan

# 2024 CAB Action Plan

## 2024 Action Plan Goals

- ▶ Increasing awareness about the current state of poverty in Clackamas County, and programs that can help mitigate the impacts of poverty.
- ▶ Delivering accessible, equitable, and culturally responsive services; and
- ▶ Cultivating a sense of belonging so that all community members and program participants experience support, inclusion and safety when accessing CAA programs.

Poverty – lack of economic means to meet basic human needs.

Federal Poverty Level

Median Family Income

Asset-Limited, Income-Constrained, Employed

# Federal Poverty Level

- Established in 1964
- Based on 1962 Dept. of Agriculture's Economy Food Plan
- Assumes a household spends 1/3 of its income on food.
- Adjusted annually based on Consumer Price Index
- Standard across states

2023 Poverty Guidelines: 48 Contiguous States (all states except AK and HI)								
Household/ Family Size	25%	50%	70%	100%	125%	150%	175%	200%
1	\$3,645	\$7,290	\$10,935	\$14,580	\$18,225	\$21,870	\$25,515	\$29,160
2	\$4,930	\$9,860	\$14,790	\$18,720	\$24,650	\$29,580	\$34,510	\$39,440
3	\$6,215	\$12,430	\$18,645	\$24,860	\$31,075	\$37,290	\$43,505	\$49,720
4	\$7,500	\$15,000	\$22,500	\$30,000	\$37,500	\$45,000	\$52,500	\$60,000
5	\$8,785	\$17,570	\$26,355	\$35,140	\$43,925	\$52,710	\$61,495	\$70,280
6	\$10,070	\$20,140	\$30,210	\$40,280	\$50,350	\$60,420	\$70,490	\$80,560
7	\$11,355	\$22,710	\$34,065	\$45,420	\$56,775	\$68,130	\$79,485	\$90,840
8	\$12,640	\$25,280	\$37,920	\$50,560	\$63,200	\$75,840	\$88,480	\$101,120



# Outdated FPL Assumptions

## 2022 Consumer Expenditure Survey

Spending Category	All Consumers	Less than \$15,000	\$15,000 to \$29,999	\$30,000 to \$39,999	\$40,000 to \$49,999	\$50,000 to \$69,999	\$70,000 to \$99,999	\$100,000 to \$149,999	\$150,000 to \$199,999	\$200,000 and more
Housing	33.8%	41.2%	41.2%	37.8%	36.6%	36.1%	34.6%	31.5%	31.1%	29.2%
Transportation	16.4%	13.7%	15.5%	18.1%	18.4%	18.4%	17.7%	17.5%	15.4%	13.9%
Food	12.4%	16.7%	14.1%	13.8%	12.5%	13.3%	12.4%	12.5%	11.9%	10.1%
Personal insurance and pensions	11.8%	1.2%	2.8%	4.8%	6.4%	8.7%	11.3%	13.9%	16.4%	18.3%
Healthcare	8.1%	8.6%	10.9%	10.0%	9.2%	8.6%	8.4%	8.2%	7.7%	6.0%
Apparel, personal care products and services	3.8%	5.1%	3.6%	4.0%	4.0%	3.8%	3.8%	3.4%	3.5%	3.7%
Entertainment	5.3%	4.8%	4.6%	4.3%	5.0%	4.5%	5.1%	5.2%	5.6%	6.7%
Cash contributions	3.6%	3.1%	3.0%	3.2%	3.7%	2.7%	2.4%	3.2%	3.5%	5.8%
Education	1.8%	2.1%	1.1%	0.7%	1.2%	1.0%	1.2%	1.5%	1.9%	3.6%

2023 FPL with Food at 16.7% of calculation - \$25,500

# Median Family Income

- Also known as Area Median Income or AMI
- Calculated based on specific geographic areas
- Uses U.S. Census data
- Used by HUD to determine eligibility for housing programs

**Median Income Percentages 2023 (effective 5/15/2023)**

Household Size	30%	40%	45%	50%	55%	60%	65%	80%	100%	120%
1	\$23,700	\$31,600	\$35,550	<b>\$39,500</b>	\$43,450	\$47,400	\$51,350	\$63,200	\$80,080	\$96,096
2	\$27,090	\$36,120	\$40,635	<b>\$45,150</b>	\$49,665	\$54,180	\$58,695	\$72,240	\$91,520	\$109,824
3	\$30,480	\$40,640	\$45,720	<b>\$50,800</b>	\$55,880	\$60,960	\$66,040	\$81,280	\$102,960	\$123,552
4	\$33,840	\$45,120	\$50,760	<b>\$56,400</b>	\$62,040	\$67,680	\$73,320	\$90,240	<b>\$114,400</b>	\$137,280
5	\$36,570	\$48,760	\$54,855	<b>\$60,950</b>	\$67,045	\$73,140	\$79,235	\$97,520	\$123,552	\$148,262
6	\$39,270	\$52,360	\$58,905	<b>\$65,450</b>	\$71,995	\$78,540	\$85,085	\$104,720	\$132,704	\$159,245
7	\$41,970	\$55,960	\$62,955	<b>\$69,950</b>	\$76,945	\$83,940	\$90,935	\$111,920	\$141,856	\$170,227
8	\$44,670	\$59,560	\$67,005	<b>\$74,450</b>	\$81,895	\$89,340	\$96,785	\$119,120	\$151,008	\$181,210

# Asset-Limited, Income Constrained, Employed (ALICE)

- Launched by the United Way of Northern New Jersey and spread to include 30 U.S. states
- Grassroots movement to bring attention to the mismatch between low-paying jobs and the cost of survival
- Focused on households that earn more than the poverty level, but less than its basic survival budget
- Considers household composition and geographic location

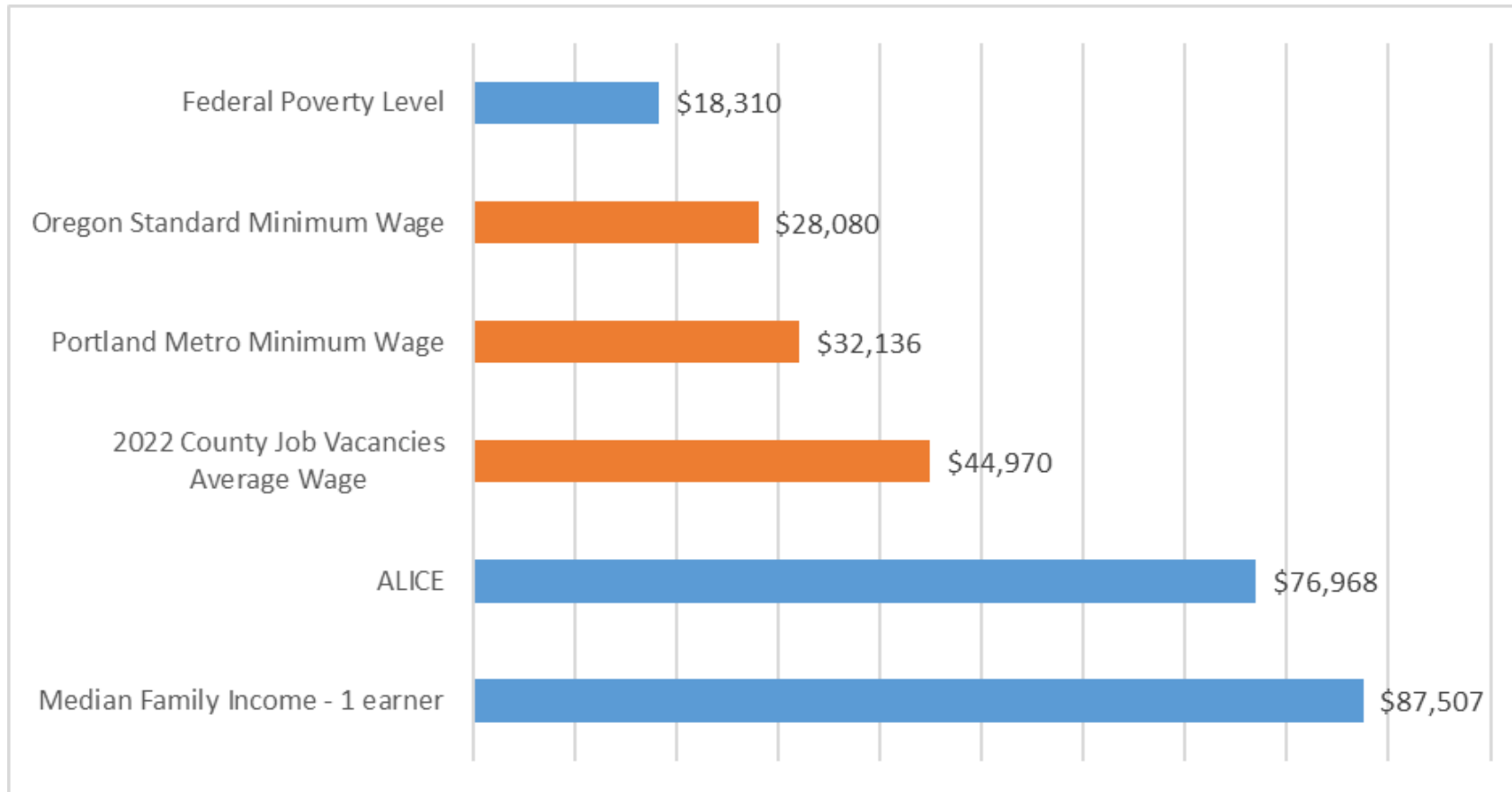
## Budget Categories

- **Housing** – HUD fair market rates
- **Child care** – state market-rate surveys
- **Food** – USDA low-cost food plan
- **Transportation** – considers public transit, one car per household
- **Health care** – assumes employer-sponsored health insurance
- **Technology** – Smartphone plan
- **Misc.** – 10% of all other costs
- **Taxes** – including eligible credits

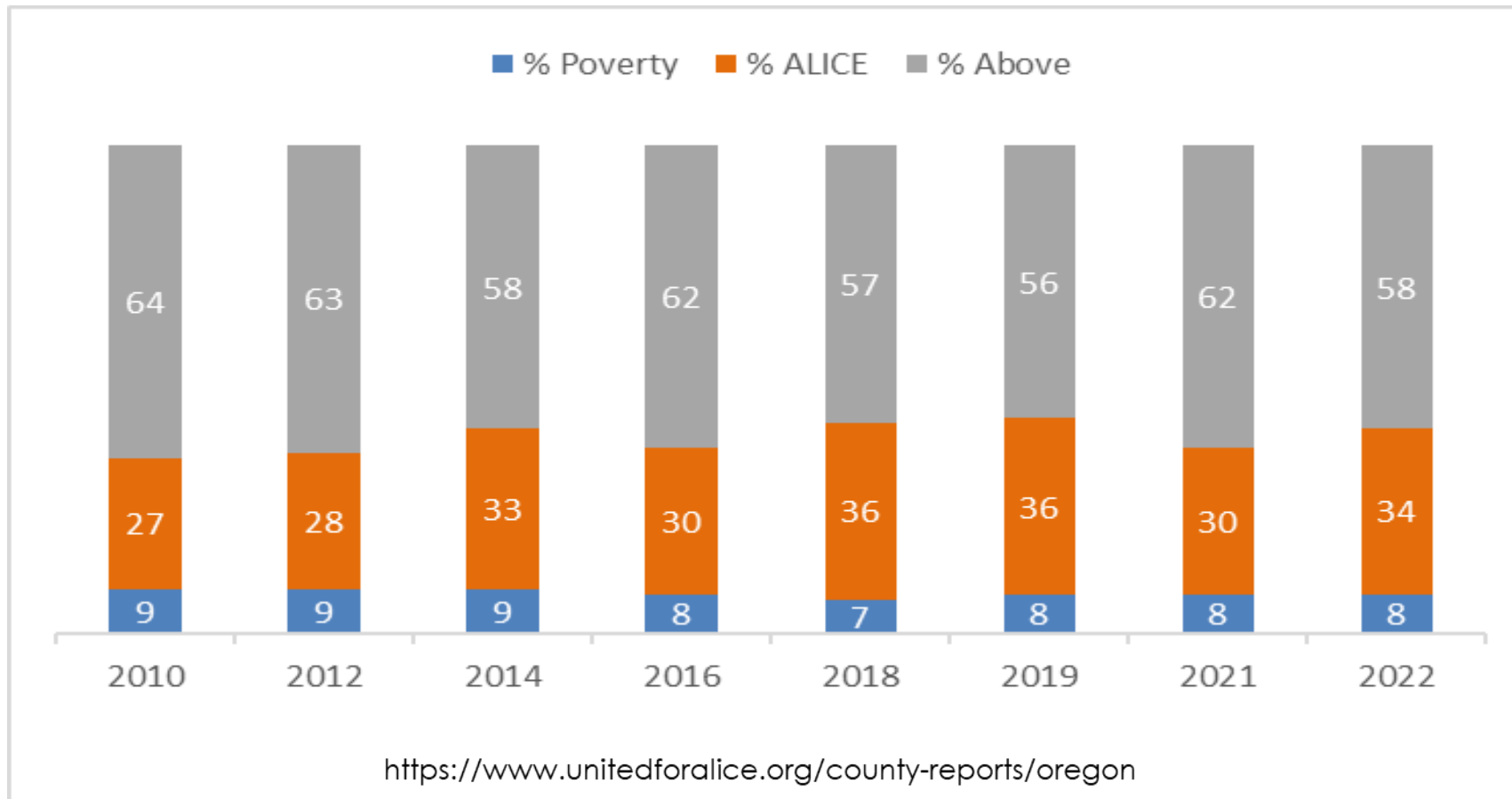
## 2022 ALICE Household Survival Budgets for Clackamas County

Monthly Costs and Credits	Single Adult	One Adult, One Child	One Adult, One In Child Care	Two Adults	Two Adults Two Children	Two Adults, Two In Child Care	Single Adult 65+	Two Adults 65+
Housing - Rent	\$1,812	\$1,852	\$1,852	\$1,852	\$2,110	\$2,110	\$1,812	\$1,852
Housing - Utilities	\$163	\$258	\$258	\$258	\$310	\$310	\$163	\$258
Child Care	\$0	\$300	\$800	\$0	\$600	\$1,650	\$0	\$0
Food	\$521	\$884	\$793	\$956	\$1,607	\$1,420	\$481	\$882
Transportation	\$416	\$550	\$550	\$657	\$1,067	\$1,067	\$352	\$529
Health Care	\$135	\$393	\$393	\$393	\$674	\$674	\$534	\$1,068
Technology	\$86	\$86	\$86	\$116	\$116	\$116	\$86	\$116
Miscellaneous	\$313	\$432	\$473	\$423	\$648	\$735	\$343	\$471
Tax Payments	\$535	\$1,261	\$1,426	\$948	\$1,671	\$1,932	\$599	\$950
Tax Credits	\$0	(\$217)	(\$217)	\$0	(\$433)	(\$433)	\$0	\$0
Monthly Total	\$3,981	\$5,799	\$6,414	\$5,603	\$8,370	\$9,581	\$4,370	\$6,126
ANNUAL TOTAL	\$47,772	\$69,588	\$76,968	\$67,236	\$100,440	\$114,972	\$52,440	\$73,512
Hourly Wage	\$23.89	\$34.79	\$38.48	\$33.62	\$50.22	\$57.49	\$26.22	\$36.76

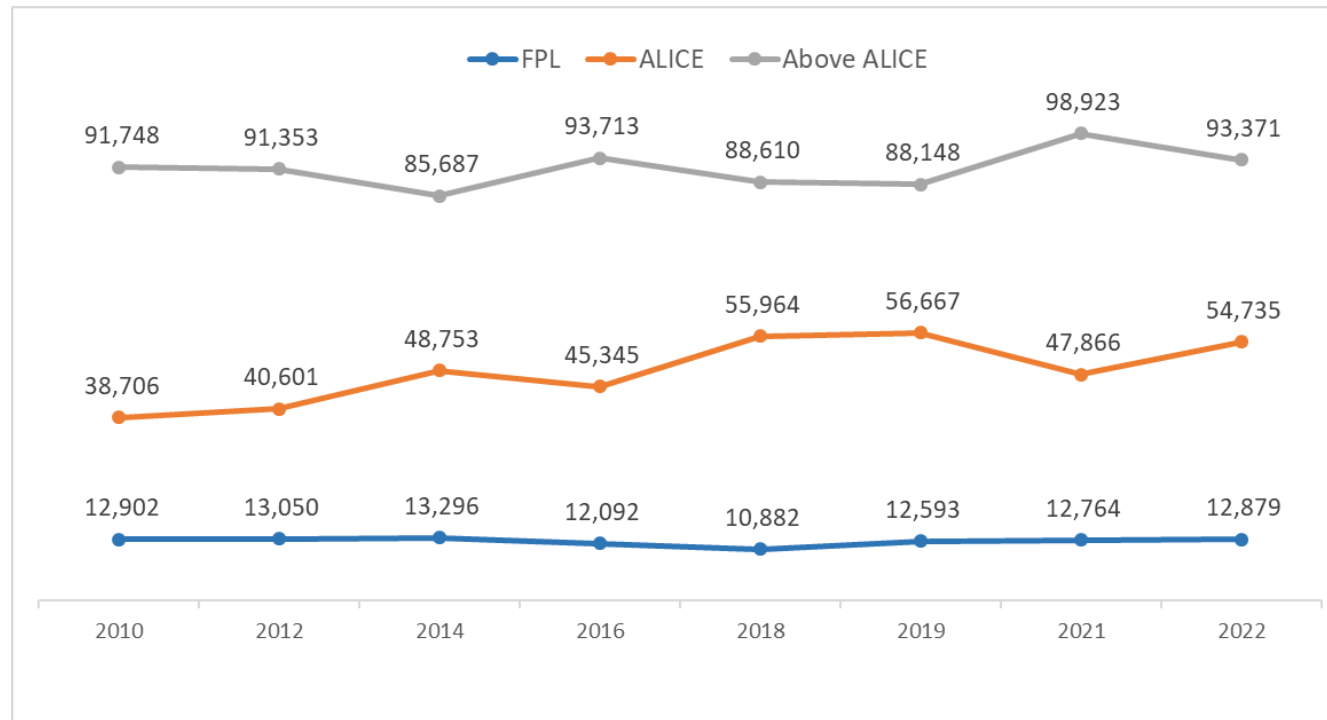
## Income Level based on 2022 Wages and One Adult/One Preschooler in Childcare Household



# Clackamas Households by Percentage

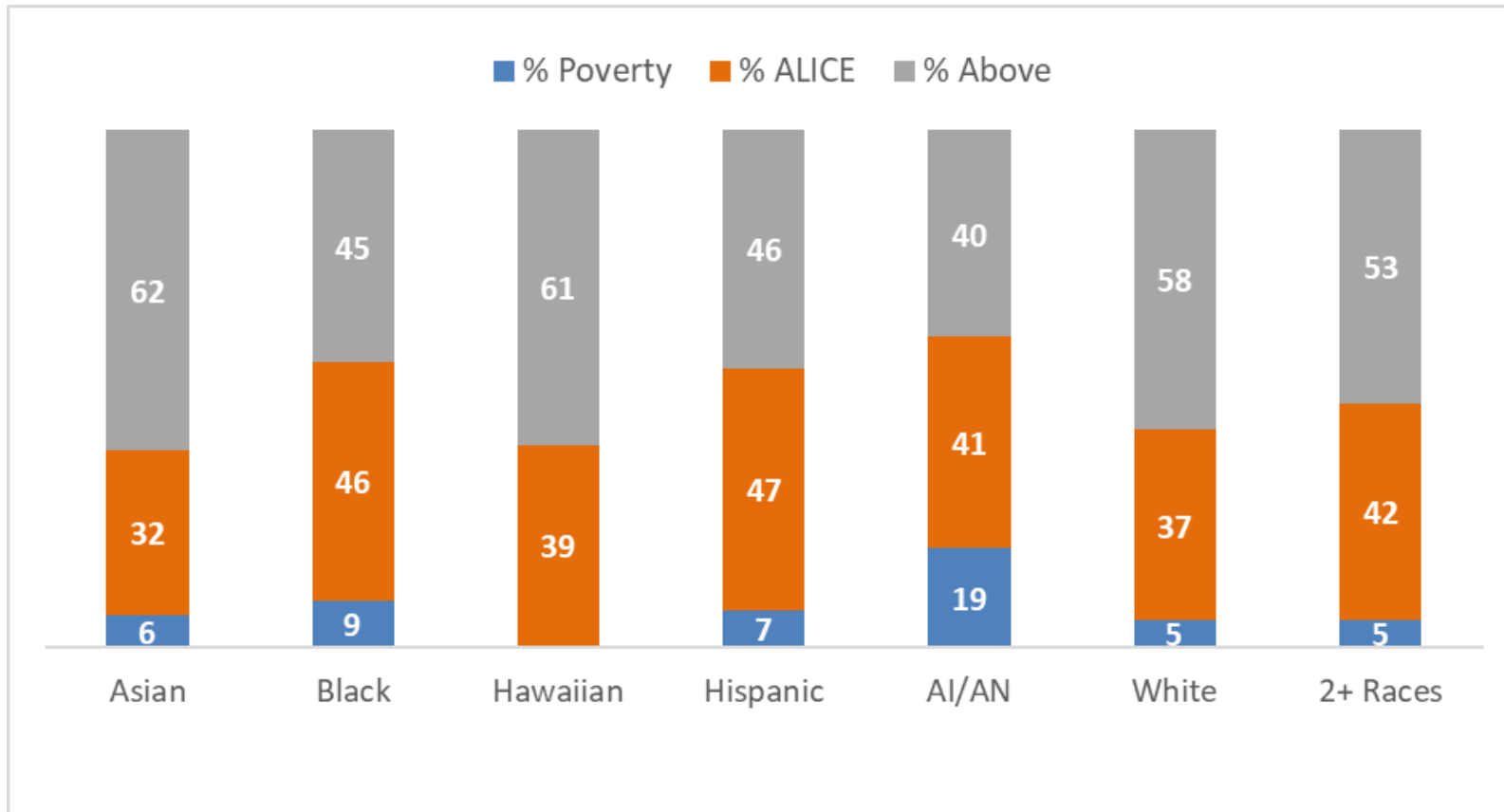


# Clackamas Households by Count



<https://www.unitedforalice.org/county-reports/oregon>

# Clackamas Households by Race/Ethnicity





# Households below the ALICE threshold in Clackamas County

Household Type	% Below ALICE Threshold	# of Households
Householder under age 25	78%	2,696
Single-Female-Headed (with children)	77%	5,970
Single-Male-Headed (with children)	72%	2,349
Native American	60%	496
Black/African American	55%	672
Hispanic/Latino/a/x	54%	5,491
Householder 65 years+	54%	25,990

Sources: American Community Survey 2022 5-year estimates Tables B11001B, B11001C, B11001I, S1903; United for ALICE County Report 2022

Name	Total Households	% Below ALICE Threshold	Households Below ALICE
Johnson City city, Oregon	244	85%	207
Jennings Lodge CDP, Oregon	3,413	63%	2,150
Molalla city, Oregon	3,781	54%	2,042
Oak Grove CDP, Oregon	7,278	53%	3,857
Estacada city, Oregon	1,516	52%	788
Milwaukie city, Oregon	9,286	52%	4,829
Wilsonville city, Oregon	10,614	49%	5,201
Canby city, Oregon	6,836	48%	3,281
Gladstone city, Oregon	4,904	47%	2,305
Mount Hood Villages CDP, Oregon	2,074	47%	975
Oregon City city, Oregon	13,802	46%	6,349
Boring CDP, Oregon	680	44%	299
Mulino CDP, Oregon	711	44%	313
Sandy city, Oregon	4,387	41%	1,799
Oatfield CDP, Oregon	4,841	39%	1,888
Damascus CDP, Oregon	3,563	38%	1,354
Happy Valley city, Oregon	8,148	33%	2,689
West Linn city, Oregon	10,008	32%	3,203
Lake Oswego city, Oregon	16,649	30%	4,995
Beavercreek CDP, Oregon	1,641	27%	443
Rivergrove city, Oregon	215	25%	54
Stafford CDP, Oregon	631	21%	133

Sources: American Community Survey 2022 5-year estimates Table S1903; United for ALICE County Report 2022

# ALICE Resources

- ▶ Economic Viability Dashboard  
<https://www.unitedforalice.org/maps-and-data>
- ▶ ALICE Essentials Index  
<https://www.unitedforalice.org/essentials-index-mobile>
- ▶ Research Center – Oregon  
<https://www.unitedforalice.org/state-overview/Oregon>
- ▶ Methodology  
<https://www.unitedforalice.org/methodology>