

Mental Health & Addictions Council

Meeting Minutes

Tuesday, November 28, 2023

4:30 - 6:30 PM

Zoom Meeting

Members Attending: Teresa M., Sheri P., Cathy H., Pam P., Sara C.

Members Unexcused: Catherine L.,

Members Excused: Adam L., Gabriele Graebert-Rodriguez, Sherry Chenell, Bo Brinson

Staff: Mary Rumbaugh, Maritza Gonzalez

Guests: Amber Richards, Chlo Wootton, Alice Hall, Stacey Mahoney

| Item | Discussion | Action/Follow up |
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| Call to Order, Establish Quorum (6 members), Approval of Minutes - Vice President | <ul style="list-style-type: none"> ➤ Teresa brought the meeting to order 4:40pm ➤ Introductions of members and guests. ➤ Review of group norms ➤ Approval of October and November Minutes (no quorum for the vote) ➤ There are no minutes to review for August due to a staff transition and those minutes being lost. | Move October minute approval to January |
| Review Acronym List Review & Feedback on School Survey-Mary R. | <ul style="list-style-type: none"> ➤ Reviewed list of acronyms. ➤ Reviewed list sent from Pam regarding services, possibly add a table or "and/or" to question #3 to check off organizations in survey. Theresa will add additional info. Will send to Sherry to add. Will update survey, do test run. Will get to Theresa and Mary to update. | Mary will send list to Sara to update. Will review in January. |
| Debrief Addictions Recovery Summit & Recovery System of Care-Mary R | <ul style="list-style-type: none"> ➤ Reviewed Packet. Mary was unable to attend the Policy Session with the BCC where the report from the summit was being presented. Outcome of conversation was "How are we going to define success", summary of what success looks like. There is a meeting on 12/13 Mary will attend. Recommendations: analyze data, data poor, not organized in one central way, Healthshare looking at data by zip code, recommendation is create recovery campus or center. Chart page 4 Providers and peers possibly help with design of building. Successful LEAD Program: Central City concern, Highlights: traditional intervention is not going to be address the fentanyl crisis, how to meet the challenges in the community, another take away: making sure we're not doing one size fits all, what worked at one county may not work at another. Remind community that all lives are worth saving. How to approach houseless | Mary will plan on giving an update in January. |

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| | community. Good initial data (page 9, 10) important data to see how folks are accessing housing. Percentage of where folks are sleeping. Packet includes data from Healthshare page 12, county jail data on page 14.. New clinic expansion demolish BH clinic Hilltop and Stewart (at DSB currently, recently purchased the Pamplin building in Milwaukie.) Almost 100,000 covered by either HealthShare or Trillium. | |
| Recruitment Notice Review and Vote - All | ➤ Recruitment on hold until our new liaison can receive training. | |
| Committee updates - All | <ul style="list-style-type: none"> ➤ Advocacy/Legislative Committee - Short session, correct some bill, might see some bills that focus on expansion on youth recovery starting in January ➤ Nominating Committee - Gabriela resigning this month, recruitment will start in January, members that term is ending soon will need to reapply if interested. ➤ Suicide Prevention Coalition of Clackamas County Update - Those Interested in becoming a trainer in Assist reach out to? Ask Pam, QPR virtual class being held on 12/12 9:30-11:30 Suicide loss day was November 17th. ➤ Director Update: 2022 received 4.7 million to invest in BH housing, RFP (review for proposal) closed on the 15th reviewing applicants on Thursday. 23-hour stabilization center, have full funding for this, met with city of Milwaukie and had conversation regarding this center, moving forward with this plan. | |
| Round Table | <ul style="list-style-type: none"> • Theresa - Being more mindful, what we can do for youth, unhoused youth, and the reality of side effects of what is happening to them. Problem solving, prevention. • Pam - N/A • Stacey - Agree with Theresa, youth need more resources, activities. • Alice • Amber- Motivation for families on TANF to continue with resources for housing, Ideas on what Clackamas County needs (all service stop) • Sara - N/A • Sheri - N/A • Chlo: Housing resources for young 15-year-old • Youth Era harm reduction Group @Milwaukie Drop 11097 SE 21st ave. Monday & Thursday 6-7pm ages 14-25 | |
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| Public Comment | | |

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| Recap; Summarize action items; Agenda item suggestion - <i>All</i> | <p style="text-align: center;">The meeting adjourned at 6:15pm</p> <ul style="list-style-type: none"> • Proposed agenda: Review 2023 priorities and develop 2024. Orientation to Community MH Program | |
| Next Meeting Date and Location | Tuesday, January 23, 2024, from 4:30-6:30 pm via Virtual and Crisis Walk-In Clinic Please RSVP to Maritza Gonzalez at MGonzalez@clackamas.us . | |