



Suicide Prevention Coalition

of Clackamas County

Connection. Support. Community.

Suicide Prevention Coalition of Clackamas County
October 17, 2023
Minutes

1. **Open**

- a. Welcome
- b. Intros in chat – name, pronouns, role
- c. Agenda Overview

2. **Announcements:**

The SPCCC is now offering gift cards for participation in our Action Team meetings! Each team – Health Care, Community, Lethal Means and Youth and Young Adult - meets monthly Gift cards can be provided to individuals who are not already being compensated for their time (e.g., their job).

3. **Presentation from Raíces de Bienestar on the services they provide to support our Latinx communities**

- Raíces de bienestar (Raíces) is a non-profit organization established in 2021. We are a mental and emotional wellness organization for the Latinx community by the Latinx community. We are headquartered in Washington County but serve the entire state of Oregon.
- Our mission is to improve and strengthen the mental health and emotional wellbeing of the Latinx community through culturally-grounded, evidence-based practices, interventions, education and

capacity building activities.

- Organizational Capacity Building and Consultation:
 - For Latinx clinicians looking to work with community, providers to become cultural responsive, and for clinical practice and health and social serving organizations to become more culturally aware and optimize lay workers.
- Community Programs:
 - Training & ongoing support of Traditional Health Workers and community leaders; community-wide education; services in the "field"
- Clinical Services:
 - Direct clinical services in Spanish for community members who are un- or under-insured. Future Mobile Clinic
- Professional and Workforce Development:
 - Clinical supervision for bi-lingual, bi-cultural mental health students; cultural consultation & development for community health workers in mental health
- Clinical services
 - Flexible and mobile mental health services for the Latino community. Offerings include:
 - Mobile health (pilot)
 - Telehealth services
 - Brief interventions and screenings
 - Support for individuals specifically impacted by wildfires (Southern Oregon)
 - Training clinic for bilingual and bicultural students
- Prospective patients work with our Promotora de Salud Emocional to be connected to services or referred elsewhere
- Organizational capacity building & training
 - Trainings and consultation for providers and agencies serving the Latinx community about best cultural and linguistic practices with the population.
 - Topics range from socio cultural foundations of mental and emotional health for Latinx communities, suicide prevention, to retaining practitioners or color in the workplace.
- Contact info
 - Capacity building and professional training
 - Bonnie Lerner
 - Email: bonnie@raicesdebienestar.org
 - Clinical services

- Fabiola Arreola
- Email: clinica@raicesdebienestar.org
- Phone Number: (503) 998-1105
- COMMUNITY PROGRAMS
 - Gladys Alvarado & Deisy Flores
 - Email: gladys@raicesdebienestar.org
 - Phone Number: (971) 471-9100

4. Presentation: *Did you know that Oregon has laws that require hospitals under certain conditions to complete possible steps such as a suicide risk assessment, safety and lethal means counseling and scheduling follow up appointments?* by Julie Magers from OHSU's Data, Evaluation, and Technical Assistance team (DAETA).

- Oregon Legislation on Safer Mental Health Crisis Care:
 - Legislative Sessions 2015 and 2017
 - What hospitals are required to do when they discharge patients from inpatient psychiatric care: [HB2023](#) (2015)
 - How families are to be included in their loved one's care: [HB2948](#) (2015)
 - What emergency departments are required to do for patients being seen for a mental health crisis and their families: [HB3090](#) (2017)
 - Services related to mental health crisis care that insurance companies are required to cover: [HB3091](#) (2017)
- Oregon Health Authority (OHA) Fact Sheet: [Discharge Planning for Patients Presenting with Behavioral Health Crisis or Hospitalized for Mental Health Treatment](#)
- Inpatient Discharge Policy Requirements
 - Encourage patient to sign authorization form and identify lay caregiver to participate in discharge planning
 - Provide information on benefits of involving lay caregiver and disclosing health information and limits to disclosure
 - Patient risk assessment
 - Patient long-term needs assessment
- Release from Emergency Department Policy Requirements
 - Same requirements as above;

- Behavioral health assessment conducted by a behavioral health clinician;
- Patient risk assessment and if indicated development of a safety plan and lethal means counseling;
- Process for case management;
- Process to arrange for caring contacts to transition a patient to outpatient services.
- Caring contacts must be attempted within 48 hours of release.
- <https://diyadvocacycenter.com/wp-content/uploads/2018/08/Hospital-Discharge-Planning-Fact-Sheet.pdf>
- OAHHS (Oregon Association of Hospital and Health Systems) Guidance Document, May 2016:
 - Interpretative guidance for Oregon hospitals implementing House Bill 2023 (2015) related to discharge planning for inpatients hospitalized for mental health treatment.
 - Checklist for providers to ensure they are communicating with the patient and family to support the best outcomes following discharge from the acute care setting.
 - Incorporates related requirements applicable to lay caregivers from House Bill 3378 (2015) as well as clarifications regarding the disclosure of protected health information from House Bill 2948 (2015).
 - Corresponding regulatory language from federal law and existing state statutes provide additional resources for providers to understand the legal requirements of implementing this new state law and aid in conducting effective hospital policies.
- OHSU DAETA Data Evaluation and Technical Assistance Team
 - Our team fosters data-driven decision-making to:
 - Improve patient experience and quality of care
 - Provide training and workforce development to clinical and peer providers
 - Strengthen coordination and communication across the system of care
 - Advocate for equity in referral practices, payment structures, and access to care
- Oregon Family Workforce Association
 - www.orfwa.org - Unifies and advances the interests of the family peer support community.
 - SPC Grantee! - building support to the workforce specific to crisis services and suicide prevention/intervention/postvention support

5. Adjourn

Next meeting: January 16th, 2024 from 4:30 – 6pm (virtual)