

CLACKAMAS MHC

TELEHEALTH QUICK TIPS

Clackamas MHC is offering telehealth appointments with a mental health provider. Staff can consult, diagnose and treat patients, virtually, in real time – no matter where you are located.

Here's what you need to do:

- Call 503-655-8585 and ask to schedule a clinic based telehealth appointment.
- Review appointment forms on our [website](#)

What to do on the day of your visit:

- Arrive for your appointment at least 30 minutes early to check in
- You will be greeted outside by staff. All of our team members will wear face coverings.
- We request that any visitors also wear a face covering. We will provide one if needed.
- We will screen for symptoms of COVID-19 including taking your temperature.
- We will ask you to wait outside or in your car until it is time for your appointment.
- Our staff will escort you to your interview room and log you into the virtual waiting room.
- Our staff will join you from a separate room. If at any time you need support please let staff know.