

Youth & Young Adult Action Team (YYAAT) Meeting 9.11.23

- I. Announcements
  - a. September is Suicide Prevention Month
    - i. Megan PPT
  - b. Recruitment Survey
- II. Discussion (September & October)
  - i. What content would folks like to see in each app?
    1. Lines for life, teen to teen line
    2. Community based resources that specialize in Youth (youth era)
    3. General crisis support resources
    4. Including identified app list
    5. Trainings (QPR, ASIST, CALM)
    6. Other community opportunities (How often will the app be updated?)
    7. Conversation starters?
    8. Signs, risks, protective factors
    9. Suicide prevention FAQ
    10. lethal means access considerations and tips for reducing access to lethal means in the parent app
    11. How suicide presents differently in different people
    12. Interactive coping skills (doodle)
  - ii. What would be different about the youth app vs guardian app?
    1. Language, delivery, design
    2. Parents app – developmental stages, states
    3. Guidance for parents
  - iii. What design elements would you like to see in each app?

<u>Youth</u>	<u>Both</u>	<u>Parents/Guardians</u>
Consult youth with lived experience	Reviewing existing apps	Font size
	Consulting people w lived experience	Consult parents with lived experience
	Mindful of activating images	
	Fun & engaging colors	
	Using symbols to portray ideas (superheroes)	
	Animation vs stock photos	
	Inclusive images	

iv. How should each app be organized?

<u>Youth</u>	<u>Both</u>	<u>Parents/Guardians</u>
	Resource page	
	Coping skill/section	
	Easily accessible home page	
	App walkthrough for new downloads	
	Easy to navigate	
	Limit external links/pop ups	
	No ads (ask LRIS about ad policy)	
	Feedback page/question page (how do we ensure accountability on our end?)	
	Interactive resource sharing	

v. What would the home page look like?

<u>Youth</u>	<u>Both</u>	<u>Parents/Guardians</u>
	Who created the app?	
	Centered on lived experience	
	Mission/values	

vi. How do we protect user's safety/information?

<u>Youth</u>	<u>Both</u>	<u>Parents/Guardians</u>
	Cookies (Do we have to have them? If so can we provide explanation?)	
	Are usernames/sign in required? (possible barrier)	
	Anonymous feedback/questions	
	Transparency across the board	
	Deep dive on privacy/internet data collection – can LRIS provide this?	

vii. What population/cultural considerations should we include?

<u>Youth</u>	<u>Both</u>	<u>Parents/Guardians</u>
Statistics	Inclusive images & animations	Statistics
	BIPOC, veterans, lgbt+, Latinx,	Firearm ownership in Latinx community
	Accessibility resources	
	Equity (definitions)	
	Low income	
	Translation	
	Recovery community, DV survivors,	
	Grief & bereavement	

III. Next Steps

- a. Report back to CESD
- b. Report back to LRIS