

Dr. Martha Carlson is a Licensed Psychologist who has made a career working with the Veteran population since 2004. Her specialties are suicide prevention, trauma treatment, couples therapy and substance abuse treatment.

Dr. Carlson spent 10 years at the San Diego VA and benefitted from working with many different programs to include: substance abuse, mood disorders, trauma, anxiety, couples therapy, and psychosis. At the Bay Pines VA in Florida, Dr. Carlson developed sleeping disorders treatment and couples therapy groups and worked as the psychologist lead in Primary Care Mental Health clinic. In Milwaukee, Dr. Carlson was the Program Manager for the MHRRTTP program. Her focus in Milwaukee was to develop a thriving therapeutic community while using cutting-edge treatment modalities.

Dr. Carlson joined the Portland VA suicide prevention team in 2021 and has worked to create a comprehensive suicide postvention program.