



ONLINE Suicide Prevention Coalition Clackamas County  
 Tuesday, November 17, 2020 4:30 to 5:30 pm

While we meet online, this will be the ZOOM information for all our general coalition meetings  
<https://clackamascounty.zoom.us/j/84854577613?pwd=Q28xYoRuL2lwNThkWkdpaogBVnU4UTog>  
 Meeting ID: 848 5457 7613 Passcode: 352620 One tap mobile: 253-215-8782

Here are the instructions for accessing Zoom meetings;  
<https://support.zoom.us/hc/en-us/articles/201362283-Testing-computer-or-device-audio>

Meeting Highlights in Blue

<p>Annual Data in Clackamas</p> <ul style="list-style-type: none"> <li>• 254 unaccompanied youth identified</li> <li>• 207 youth reported as runaways</li> <li>• 55 youth on waiting list for services</li> <li>• 33 youth aged out of foster care (20-50% youth experience homelessness after leaving)</li> </ul> <p>Vision Statement</p> <ul style="list-style-type: none"> <li>• Equitable, youth-driven, timely, low barrier, culturally appropriate services</li> <li>• Youth are empowered, voices heard, rights respected, needs met, experiences validated</li> <li>• Range of services including employment &amp; education</li> <li>• Positive youth connections contribute to social &amp; emotional well-being</li> </ul> <p>Guiding Principles</p> <ul style="list-style-type: none"> <li>• USICH “4 Core Outcomes”</li> <li>• Special populations</li> <li>• Equity</li> <li>• Positive youth development</li> <li>• Trauma informed care (TIC)</li> <li>• Family engagement</li> <li>• Immediate access</li> <li>• Youth Choice</li> <li>• Individualized &amp; client driven support</li> <li>• Social and community integration</li> <li>• Coordinated entry (CHA)</li> </ul> <p>USICH 4 Core Outcomes</p> <ul style="list-style-type: none"> <li>• Stable housing</li> <li>• Education &amp; employment</li> <li>• Permanent connections</li> <li>• Social &amp; emotional wellbeing</li> </ul> <p>Special Populations</p> <ul style="list-style-type: none"> <li>• LGBTQIA +</li> <li>• Youth of Color</li> <li>• Minors</li> <li>• Pregnant and Parenting</li> <li>• Justice Involved</li> <li>• Mental Health System Involved</li> <li>• Foster Care</li> <li>• Survivors of Trafficking and Exploitation</li> </ul> <p>Youth Homelessness and Suicide Risk Factors:</p>		
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<ul style="list-style-type: none"> <li>• Depression/mental illness</li> <li>• Anxiety and stress</li> <li>• Family conflict</li> <li>• Isolation and loneliness</li> <li>• Domestic or sexual abuse</li> <li>• Unemployment</li> <li>• Alcohol/drug use</li> <li>• Previous suicide attempts</li> <li>• ACES</li> </ul> <p>LGBTQ+ Homeless Youth</p> <ul style="list-style-type: none"> <li>• 20% homeless youth identify as LGBTQ+</li> <li>• Commit suicide at higher rates</li> <li>• 2x as likely to experience sexual abuse before 12</li> <li>• Higher risk for victimization, mental health issues, unsafe sexual practices</li> <li>• 7.4x more likely to experience acts of sexual violence</li> </ul> <p>YHDP Strategies for addressing LGBTQ+ needs</p> <ul style="list-style-type: none"> <li>• Include LGBTQ+ organizations in conversation &amp; implementation</li> <li>• Improve screening (CHA) practices</li> <li>• Improve support and housing services</li> <li>• More equity training for staff</li> </ul> <p>Mental Health and Youth Homelessness</p> <ul style="list-style-type: none"> <li>• Mental health &amp; substance issues are exacerbated by housing status &amp; vice versa</li> <li>• Major psychiatric disorders higher among homeless youth than housed peers</li> <li>• Depression rates 16-54% for homeless youth (10% for general population)</li> <li>• Youth often not taken seriously when sharing mental health challenges</li> </ul> <p>YHDP Strategies for Addressing Mental Health Needs</p> <ul style="list-style-type: none"> <li>• ↑ outreach and engagement with MH providers</li> <li>• Connect youth to peers</li> <li>• Mobile outreach services</li> <li>• Collaborate with 24/7 services</li> <li>• ↑ low barrier housing with wraparound services &amp; case management</li> <li>• Collaborate with urban &amp; rural drop-in centers</li> <li>• ↑ Financial supports</li> </ul> <p>Other YHDP Strategies</p> <ul style="list-style-type: none"> <li>• Strength-based case plans</li> </ul>		
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<ul style="list-style-type: none"> <li>• Survey youth to include voice &amp; ensure continuous quality improvement</li> <li>• Youth considered as equal partners in treatment</li> <li>• Ongoing training in TIC practices for all staff</li> <li>• TIC integration into all programs</li> <li>• Transparency</li> <li>• “Family” engagement driven by youth (family defined by individual being served)</li> <li>• Consistent training on housing-first practices</li> <li>• Strengthening relationships with landlords</li> <li>• Youth tenant rights education</li> <li>• Diverse housing options</li> <li>• “No wrong door” to services</li> <li>• Legal support</li> <li>• Community mapping</li> <li>• Education navigation</li> <li>• Pregnant &amp; parenting resources</li> <li>• Youth led networking/resource/recreational events to promote community inclusion</li> <li>• Partnership with culturally specific agencies</li> </ul> <p>Clackamas County Youth Action Board (YAB) Q+A  <b>Q: What are some of the projects the YAB has been involved in that are related to mental health and suicide prevention?</b>                  A: All projects                  Difficult to work on mental health when concerned about homelessness                  Rural Opioid Prevention and Early Screening (ROPES) Program – Bring youth voice to substance abuse programming  <b>Q: In your opinion, why is mental health and suicide prevention important?</b>                  A: Talking about mental health encourages self-care                  Can’t have a healthy community if youth are struggling with mental health as these are preventable deaths!  <b>Q: How could the mental health system improve in Clackamas County?</b>                  A: Ways to go meeting whole community                  Having people in the system that look like you is important                  Lack of culturally specific services is isolating  <b>Q: Based on your work with the YAB, would you consider pursuing a career in social services and/or mental health?</b>                  Peer Support Specialists                  Youth advocates</p>	<p>Youth Action Board Members</p>	
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<p><b><i>Q: How has your experience navigating mental health challenges influenced the work that you do and/or the person that you are?</i></b>                  A: Mental health challenges make you feel powerless                  Lack of youth representation in government makes one feel powerless                  Being part of YAB inspires to share story &amp; help others                  Advocating for victims of exploitation                  Sharing experiences helps others</p> <p><b><i>Q: Is sharing lived experience important? Why so?</i></b>                  A: Sharing lives experience encourages others to share their own experience                  Let's youth know they're not alone or abnormal                  Sharing experience</p> <p><b><i>Q: Would you/the YAB be interested in partnering with the SPCCC? What ways could we work together?</i></b>                  A: Yes, work on incorporating more youth voice into SPCCC</p> <p>Q+A from SPCCC</p> <p><b><i>Q: Thought to include family members, children of veterans?</i></b>                  A: Yes, open to inclusion!</p> <p>Operation Homefront was mentioned as resource for veterans during the discussion <a href="https://operationhomefront.org/">https://operationhomefront.org/</a></p> <p><b><i>Q: Will the demonstration project continue?</i></b>                  A. Currently funded for 2 years_Very likely to continue</p> <p>Check out Clackamas YAB on <a href="http://clackamasyab.com">clackamasyab.com</a></p> <ul style="list-style-type: none"> <li>• Looking for new members!</li> </ul>		
<p><b>Other Updates</b></p> <ul style="list-style-type: none"> <li>• Strategic Plan Interviews and Survey Update                         <ul style="list-style-type: none"> <li>• Will share updates via email</li> </ul> </li> </ul>	Kathy Turner	5:27 pm 1 min
<p><b>Next Meeting</b></p> <ul style="list-style-type: none"> <li>• December 15, 2020 4:30 pm to 6:00 pm</li> <li>• Note: we'll be using the same ZOOM url for all the online meetings going forward (see above)</li> <li>• Thanks for your participation.</li> </ul>	Kathy Turner	5:28 pm 2 minute

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