

Clackamas County Suicide Prevention Action Plan

Health Care Action Team Minutes

February 7th | 11 – 12pm
Virtual Meeting

Attendees: Joan Hoff (facilitator and Chair); Donna-Marie Drucker (OR Firearm Safety Coalition President), Galli Murray (Suicide Prevention Coordinator), Ashley Thompson (Community Engagement & Partnership Coordinator Portland VA), Becky Wilkinson (Providence)

1) Welcome & introductions

Reviewed purpose of this action team which is to: Promote suicide prevention as a core component of health care services and implement best or promising practices for identifying and supporting individuals at risk for suicide.

2) Reviewed Suicide Prevention Action Plan (SPAP) strategic directions for the Health Care Action Team:

- 3a. Increase lived experience and other related support groups that increase hope, connection, and resiliency.
- 3b. Training for, and materials to, healthcare providers will highlight universal suicide risk screening and treatment for suicide.
- 3c. Diversify and increase utilization of mental health and suicide prevention trainings available to health care providers.

Follow up from previous meetings:

- Canby Task Force is not interested in a offering a men’s group at this time per Joan’s report.
- Ray Keene at the Canby Center is interested in holding conversations/groups with men. Joan will follow up with him.
- AFSP will be having a retreat at the end of the month and will be discussing partnership with us on a health care provider toolkit idea.
- The team met with NAMI Clackamas about the possibility of them hosting a group/space for middle aged men. We are waiting on hearing back from them.
- Galli is in conversations with OHA about screening tools that weren’t normed on white people that may be available for us to use. More information to come.
- An ask was made to the zero suicide list serve about where interventions for middle aged white men are occurring, what they are and their effectiveness. Info was incredibly helpful and is attached here:



Becky provided information about her role with Providence. The suggestion was made for Becky to send a list of all the different programs that she oversees, and **Galli will compile them as a resource. Becky will send info to Galli.**

Connected to 3a. Increase lived experience and other related support groups that increase hope, connection, and resiliency.

The team discussed interest in the Shed Project <https://mensshed.org/about-mens-sheds/what-is-a-mens-shed/> as something to investigate more as a possibility to bring to Clackamas. Perhaps using places like Elks Lodges, etc to host. **Donna-Marie will reach out to them to get additional info.**

Discussion about the groups that Didi Hirsch offers and if we would want to replicate something similar here <https://didihirsch.org/training/suicide-prevention-training/>. The team discussed the possibility of the OR Alliance to Prevent Suicide and Clackamas County co-sponsoring bringing Didi Hirsch training with the goal of increasing the availability of trainers who can facilitate a group for individuals with suicidal ideation or history of suicide attempts. This is a resource that does not currently exist and is much needed in our community (and in the state). **Galli will look into using SAMHSA grant dollars for this.**

Connecting to 3b) Training for, and materials to, healthcare providers will highlight universal suicide risk screening and treatment for suicide.

Becky is interested in training for Providence staff on counseling on access to lethal means as well as the possibility of having secure storage items such as rifle cases, etc. readily available in EDs and other health care areas. **Galli will connect with Becky about this.**

Conversation about screening tools was discussed as was the importance of including counseling on access to lethal means training for health care providers.

Action Items

- a. **Becky** will send a list of all the different programs that she oversees with Providence and **Galli** will compile them as a resource.
- b. **Donna-Marie** will reach out to the Shed Project to get additional info.
- c. **Joan** will investigate Didi Hirsch materials. **Galli** will look into funding options for this once we have an amount.
- d. **Galli** will connect with Becky about training for staff and getting secure storage items for EDs and other health care locations.
- e. Sally Spencer, consultant, does a lot of work with men, workforce and construction. **Joan** will reach out to her to ask about middle aged men.

Next meeting: March 7th | Time: 11 – 12am | Location: Virtual: <https://clackamas-us-countyhealth.zoom.us/j/83109652657>

Meetings are open to anyone. All are welcome!