# Mental Health \& Addictions Council 

Meeting Minutes

Tuesday, October 24, 2023
4:30-6:30 PM
Zoom Meeting
Members Attending: Teresa M., Sheri P., Cathy H., Pam P., Sara C., Bo B., Catherine L.
Members Unexcused:
Members Excused: Adam L., Gabriele Graebert-Rodriguez, Sherry Chenell
Staff: Mary Rumbaugh, Maritza Gonzalez
Guests: Amber Richards, Adriana Gonzalez, Vahid Brown

| Item | Discussion | Action/Follow up |
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| Call to Order, Establish Quorum (6 members), Approval of Minutes - Vice President | Teresa brought the meeting to order at $4: 35 \mathrm{pm}$ <br> Introductions of members and guests. <br> $>$ Review of group norms <br> $>$ August minutes approval will be moved to November. |  |
| Supported Housing services update-Vahid Brown | Presentation from Vahid with outcome of housing programs in 22-23 fiscal year. 400 families have been housed. Clackamas county homelessness has gone down 30\% due to resources in 2022 navigation/placement. $95 \%$ of people remained in housing. 665 people placed in fiscal year 22-23 (1576 in all programs) <br> Eviction prevention: short term rental assistance, peer support services, 643 people helped in 22-23 fiscal year. <br> Long term rent assistance 676 people in 22-23 fiscal year (2872 in all programs) (140 units of shelter, units. 2 Motels, Fathers heart main partner) <br> $>$ Outreach and engagement 579 families received outreach in 22-34 fiscal year. <br> $\rightarrow$ Affording housing projects Building 700 homes in Clackamas County. Located all over county, low income but also to help folks coming out of homelessness. <br> $\rightarrow$ Successes last year: coordinated housing access: answering calls live- went from 6week backlog to a live answering call, Partnership with MH and addiction programspartners with clinics to help with MH to end homelessness. There are now 7 housing programs, establishing and infrastructure advancing racial equity not only homelessness helping more ethnic groups. Crisis stabilization center, navigation centers, recovery-oriented infrastructure, and transitional housing for medical respite <br> Goals: House 170 households by January | Contact info on how to connect clients: Vahid will send info to include Vahid's email address. <br> Send to council <br> Email: <br> vbrown@clackamas.us |


|  | Rays story: American legion advocated for him, gave him voucher which ended 2 years of homelessness. <br> > Street voucher- resource center on McLoughlin, $28 \%$ is what the household pays (they do income verification to determine rent under ARLO) <br> $>$ Self-sufficiency resources are available to those that get a voucher. |  |
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| Review \& Feedback on School Survey-Mary R. | Question about who this survey is targeting, possibly add a link to include what staff are receiving training. <br> $>$ Add CPR related to overdose training. <br> > Mary will add additional organizations to question \#3 (Pam will send list to Mary) Add peer support to \#5 | Mary will work with Sherry to update the survey. |
| Recruitment Notice Review and Vote - All | $>\mathrm{N} / \mathrm{A}$ |  |
| Committee updates - All | > Advocacy/Legislative Committee - None <br> $>$ Nominating Committee - None <br> > Suicide Prevention Coalition of Clackamas County Update - None <br> $>$ Director Update: Addictions Recovery Summit- Recovery Oriented System of Care Debrief and next steps - Report from the Summit will be shared with the BBC next Tuesday at the issues meeting. Mary will miss the meeting due to vacation. BCC wants a recovery center. Themes from the Summit: hire and retain work force, share data, build trust, ensure various access points to treatments, harm reduction is an important part of system of care. Lots more to come. We will discuss the report at the November meeting. |  |
| Round Table | - arichards@clackamas.us 971-291-2020 Amber Richards contact info. New Housing Navigator with CFCC <br> - Recruitment for new council member coming soon. <br> - OHA have put out a request for grant application for Youth Era <br> - Amber to invite guests to the next meeting. <br> - Bo: Planning for order recovers award lunch December $7^{\text {th }}$ at the Hilton (downtown) summit in Portland March $15^{\text {th }}$ to $17^{\text {th. }}$ CEU's available, will be at the Doubletree Hotel. <br> - Pam: Trying to get speaker to come to Oregon to speak at West Linn High school, still working on this. <br> - Stronger Oregon based in Milwaukie - Has contract for counselors to meet with youth at their school. They accept OHP and Private insurance |  |

The right services to the right person at the right time in the right place

| Public Comment | $\bullet$ N/A |  |
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| Recap; Summarize action <br> items; Agenda item <br> suggestion-All | - Proposed agenda: Recovery Orientated System of Care Report |  |$\quad$| The meeting adjourned at 6:18pm |
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| Next Meeting Date and <br> Location |
| Tuesday, November 28, 2023, from 4:30-6:30 pm via Virtual and Crisis Walk-In <br> Clinic <br> Please RSVP to Maritza Gonzalez at MGonzalez@clackamas.us. |

