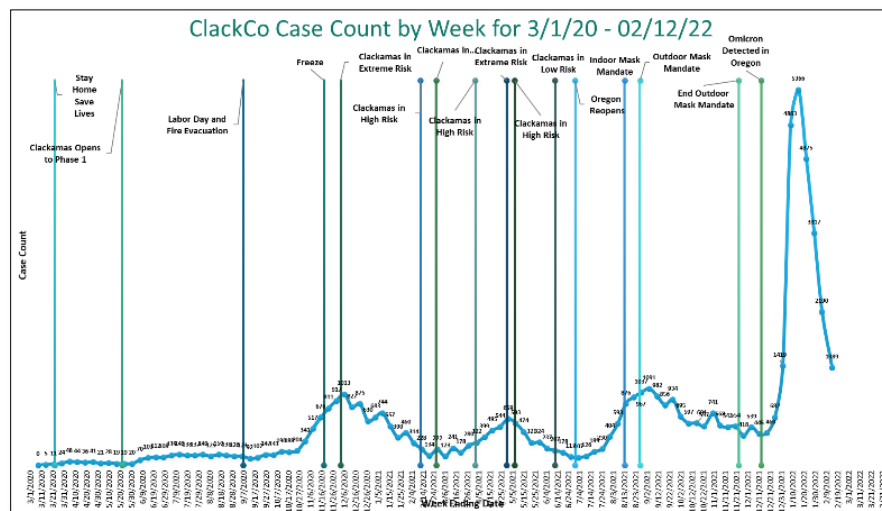

CLACKAMAS COUNTY PUBLIC HEALTH DIVISION

WEEKLY REPORT ON COVID-19 FOR 2/17/2022

Omicron update

The COVID-19 surge caused by the Omicron variant continues to recede in the United States, with the nation reporting a [7-day average of 175,492 new daily cases](#), a 42 percent decline from last week. New coronavirus cases have declined about 75 percent from their peak in mid-January. About 100,000 people with the virus are hospitalized nationwide, which is a decrease of more than 30 percent in the last two weeks. The number of COVID-19 patients in intensive care units is also falling. After several weeks of significant growth, death reports have leveled off at around 2,500 a day, decreasing 6 percent in the last week.

Weekly COVID-19 cases in Oregon have similarly dropped 40 percent in the last week, 71 percent in the last three weeks. However, our case rate is still higher than the peak with the last surge from the Delta variant, and hospitals are still strained. Oregon's hospitals are still relying on help from about 1,300 National Guard members and 1,200 traveling health care workers and hospitals are still operating at or near capacity and delaying elective surgeries because of Omicron's impact.



Young children vaccine authorization delayed

Pfizer and BioNTech filed a request with the US Food and Drug Administration in the first week of February for an emergency use authorization of their vaccine in children 6 months to 5 years old. The FDA's Advisory Committee was scheduled to meet February 15 to go over data from vaccine trials and make a recommendation on whether a two-dose vaccine regimen should be authorized.

However, the FDA announced Friday that it had postponed the meeting to allow more time for [analysis of the data](#). The agency needs to see data from an ongoing trial of a third vaccine dose in younger children in order to move forward with emergency use authorization. Pfizer and BioNTech said that they expect to have data on three doses available in early April. In the meantime, the best way to protect children is to practice social distancing and masking in accordance with public health recommendations, and for family members and caregivers to get vaccinated or receive a booster dose when eligible.

Indoor mask mandate to lift by March 31

OHA announced that the mask mandates for indoor public settings will [be lifted no later than March 31](#) when COVID-19 transmission is predicted to be low enough for mask requirements to be lifted safely, without continuing to jeopardize hospital capacity. It is expected that 400 or fewer Oregonians will be hospitalized with COVID-19 by this date. This number is representative of the level of hospitalizations the state experience before the Omicron variant began to spread.

For now, [masks continue to be required](#) for all individuals age 5 and older, regardless of vaccination status, in indoor public settings. Clackamas County Public Health continues to recommend masking in indoor public settings, schools, and workplaces, as masking is a critical tool for preventing spread of COVID-19.

- Masks are no longer required in crowded outdoor settings
- Masks are strongly recommended for higher risk people or when in a crowded area for an extended period
- OHA has no current plans to lift mask requirements in [healthcare settings](#).
 - Health care settings are any place where physical, dental, or behavioral health care is delivered, and includes primary care clinics, massage and chiropractic offices, WIC clinics, and homes when health care services are delivered. Masking at these locations will still be required even when the indoor mask mandate is lifted
- There is ongoing discussion around how to help keep children safely in school if universal masking is discontinued when the mandate for masking in schools is also lifted on March 31st

Health experts strongly recommend people at high risk of severe disease and hospitalization continue to wear masks in indoor public settings, including people:

- Who are unvaccinated
- With compromised immune systems
- With underlying health conditions
- Are 65 and older
- Living with others at high risk of severe disease

The best way to prevent severe illness, hospitalization, and death from COVID-19 is to [get vaccinated](#).

Vaccination during pregnancy

According to a [new study](#) from the Centers for Disease Control and Prevention, maternal vaccination after the first 20 weeks of pregnancy appears to be 80 percent effective against COVID-19-related hospitalization for infants. Overall, maternal vaccination was found to be 61 percent effective at preventing COVID-19-related infant hospitalization. This study is the first real-world, epidemiological evidence that maternal vaccination can protect infants from Covid-19, likely because they are born carrying their mother's antibodies. The C.D.C. recommends that women who are pregnant, breastfeeding or trying to become pregnant get vaccinated against COVID-19. Receiving the vaccine during pregnancy is very safe, whereas getting COVID-19 disease in pregnancy is known to increase the risk of a variety of [pregnancy complications](#), including preterm birth and stillbirth.

COVID-19 vaccinations in Clackamas County

[Vaccination data](#) for Clackamas County.

Age Groups of people in Clackamas County who have received at least one dose of the COVID-19 vaccine in Oregon (per OHA)		
AGE	NUMBER VACCINATED	% SERIES COMPLETE
5 to 11	15,091	38.5%
12 to 17	23,245	70.7%
18 to 19	7,017	71.2%
20 to 49	121,590	73.3%
50 to 64	69,434	69.1%
65+	73,133	81.8%

COVID-19 cases in Clackamas County

The number of [new confirmed and presumptive COVID-19 cases reported](#) for Clackamas County.

Week of Date	Case Count	Cases per 100k	Test Positivity
February 15 th	1,389	310	12.7%
February 5 th	2,190	484	14.3%
January 29 th	3,313	729	18.5%
January 2 nd	4,865	1,140.6	22.8%
December 26 th	1,418	332.5	17.2%

COVID-19 hospitalizations

The number of hospitalized patients with COVID-19 across Oregon is 865, which is 49 fewer than yesterday. There are 152 COVID-19 patients in intensive care unit (ICU) beds, which is two fewer than yesterday. There are 79 available adult ICU beds out of 668 total (12% availability) and 286 available adult non-ICU beds out of 4,242 (7% availability). For more information on hospitalizations, visit the [OHA Hospitalizations Dashboards](#).

School Response

On March 31st, OHA will lift the K-12 mask mandates. The K-12 mask mandate will not lift before 3/31, as this date helps provide certainty and planning time for schools, and gives families more time to ensure their children are vaccinated as this is the best way to limit the spread of COVID in schools and to limit the effects of quarantine on education. At this point in time quarantine, isolation and mask guidance remains the same. OHA, ODE, and CCPH will communicate more information as it becomes available.

If schools choose to not continue universal masking, they will return to the general exposure definition (6 foot distance for 15 minutes or longer, rather than 3 foot, or no spacing considerations) and the Test-to-Stay modified quarantine will no longer be available. Additionally, the shortened 5-day quarantine option relies on masking for days 6-10, which is also jeopardized by not having universal masking. OHA and ODE are working through these changes and will issue additional guidance as available. For more information, please review this [ODE bulletin](#).

Testing Response

The testing site at Clackamas Community College Harmony Campus is now accepting walk-ins. More information on this site is available at clackamas.us/coronavirus/testing and <https://book.curative.com/sites/34332>.

Updated county testing resources flyers are available in English and Spanish at clackamas.us/coronavirus/testing.

After a temporary pause throughout January, OHA is once again offering BinaxNOW test kits to LPHAs.

Disease Response

All vaccine clinics are open for walk-ins. Dedicated vaccine clinics are being offered through four school districts this week. The home vaccination team has provided testing services to multiple locations and plans to return for a 2nd round of testing at any outbreak sites.

The COVID Investigation & Outreach unit opened 1389 cases last week, an ongoing decrease from the previous week. The Outbreak investigators also saw a decrease in open outbreaks, managing 102 open outbreaks last week. The Case Support and CBO Referral teams continue their efforts to connect community members to the resources they need to isolate or quarantine safely, with an emphasis on reaching our most vulnerable populations and community members. The focus of our unit remains the provision of COVID-19 education and support to the community, and we continually look for avenues to improve our efforts.

COVID-19 Update

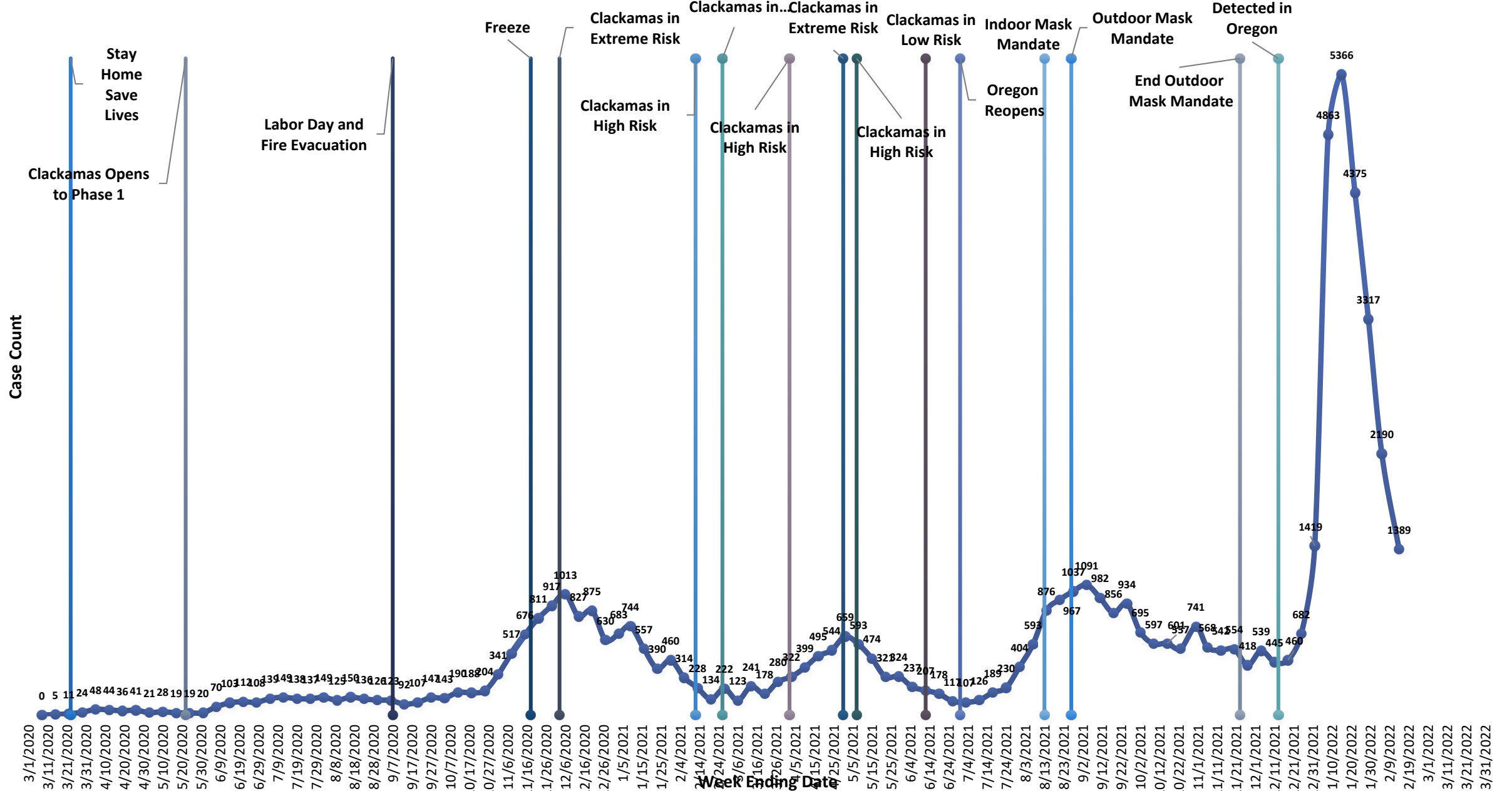
2/17/2022



COVID Current Case and Death Data

as of 2/14/2022	Total cases	Total deaths	Change since 2/8/2022
Clackamas County	57,988	507	Cases: +1,056 Deaths: +16
Multnomah County	108,500	1,013	Cases: +1,886 Deaths: +30
Washington County	82,348	486	Cases: +1,722 Deaths: +3

ClackCo Case Count by Week for 3/1/20 - 02/12/22

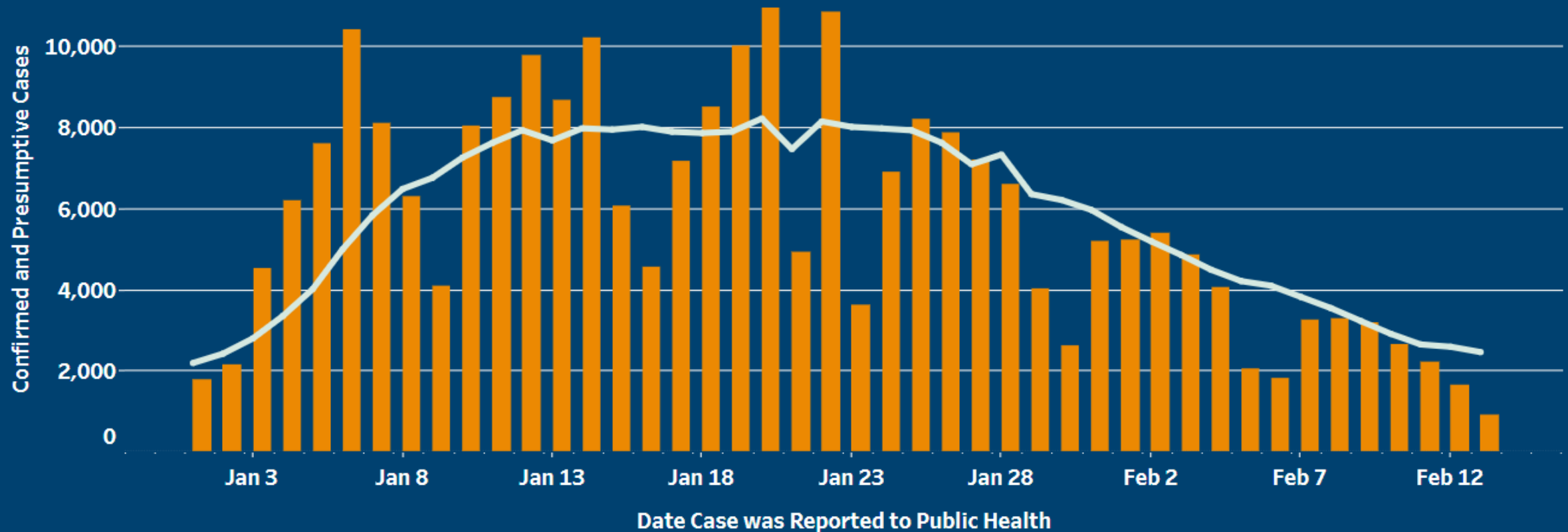


Statewide Numbers from 2/11/2022 to 2/13/2022

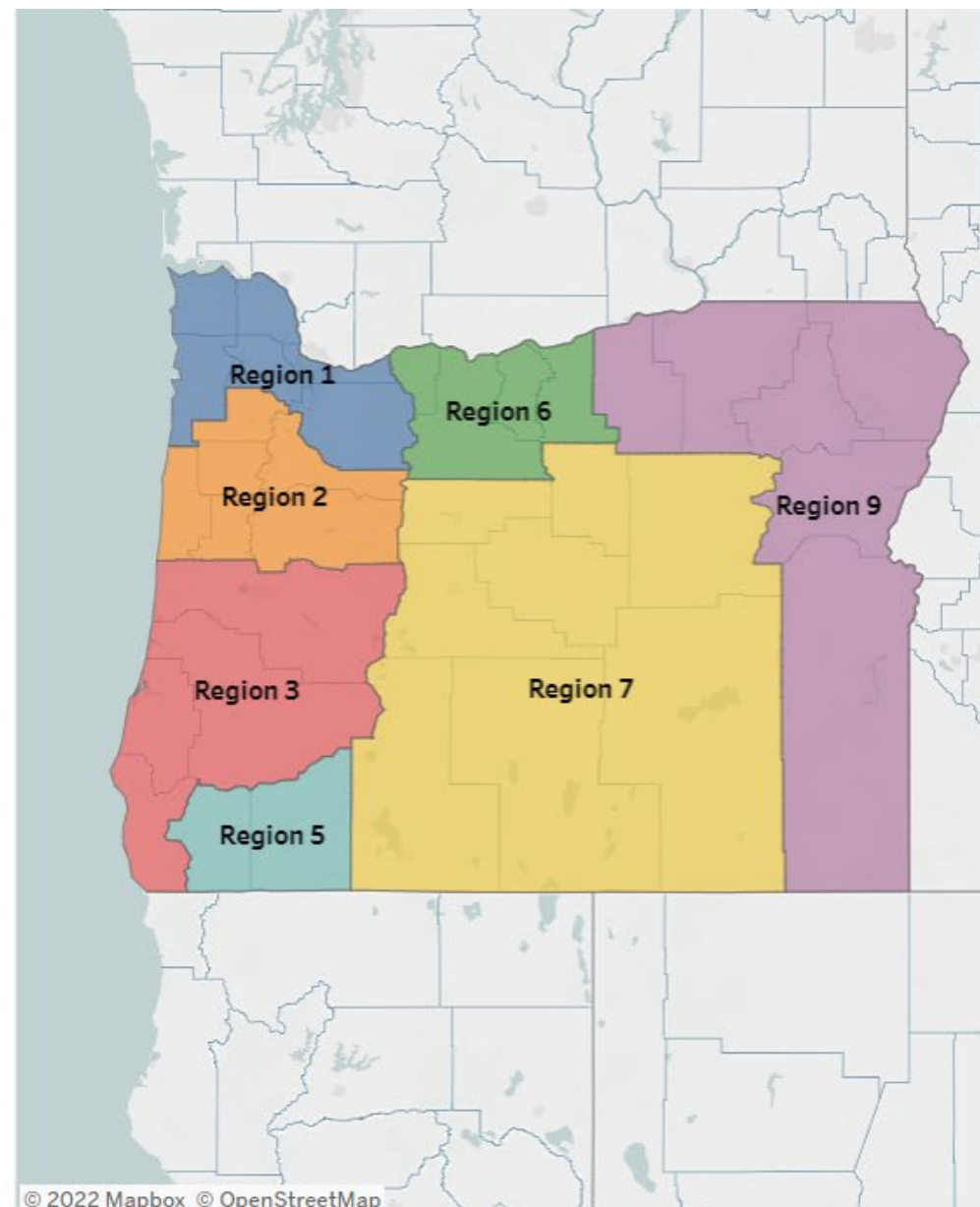
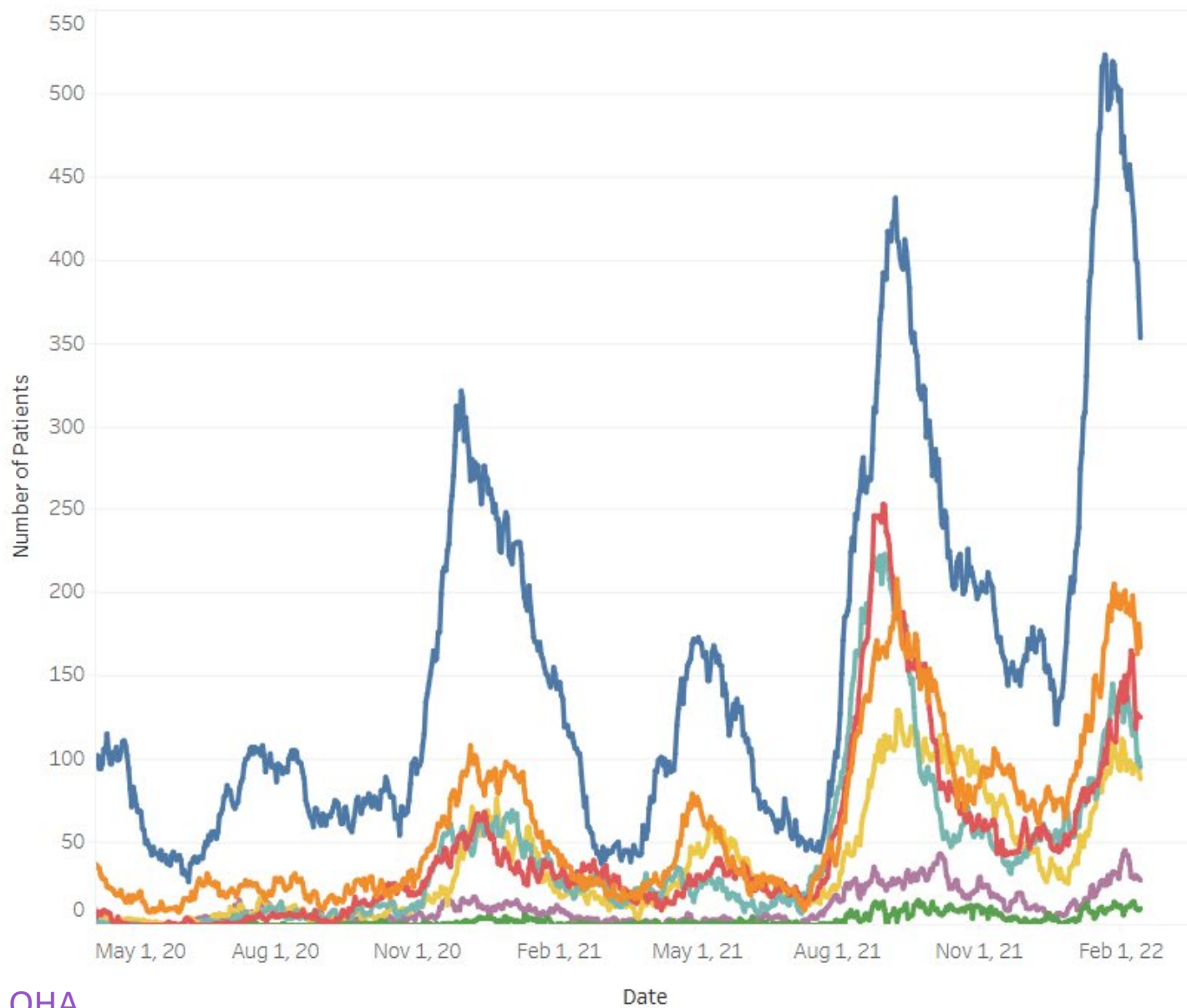
New Cases	7 Day Daily Average of Cases	Cases Per 100k in Previous 7 Days	COVID-19 Patients Hospitalized†	Tests Reported	Test Positivity	New Deaths
4,756 ▼	2,445	401.0	865 ▼	54,556	11.8%	18

Arrows indicate an increase or decrease from the previous day. †Hospitalization data from Oregon's Hospital Capacity Web System (HOSCAP).

Daily Cases and 7 Day Moving Average over the Previous Six Weeks

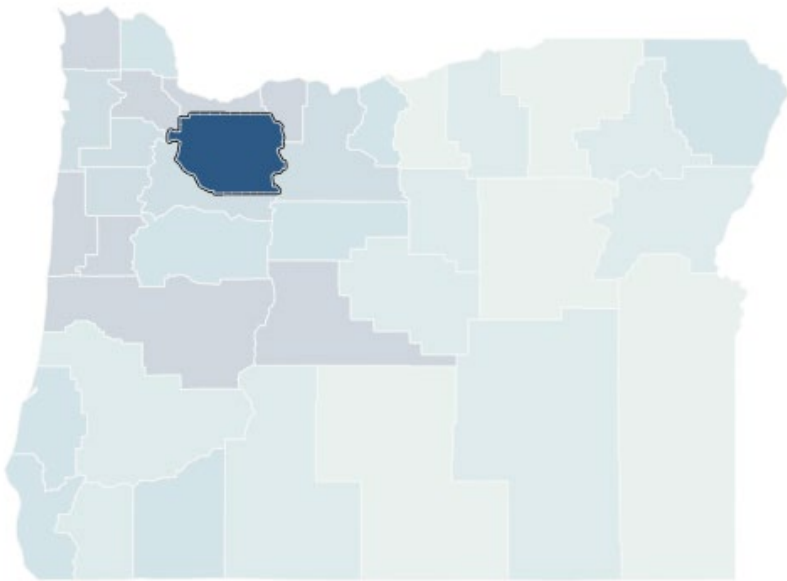


COVID-19 Positive Patients in Oregon Hospitals



Clackamas County Vaccinations

as of 2/14/2022



People ages 18 years and older living in ClackCo

79.9% have received at least one dose.

74.2% have completed their primary series.

45.2% have received an extra dose (*3rd dose or booster*)

Entire ClackCo Population

Primary Series In Progress: **22,879**

Primary Series Complete: **286,725**

736,595 doses administered in Clackamas

309,604 people vaccinated in Clackamas

Omicron Updates

- Worldwide case count dropped 17%
- U.S. averaging 175,497 new cases a day
- U.S. case counts fell 75% since mid-January peak
- Oregon averaging 2,445 cases a day
- Oregon case counts dropped 40%
- ClackCo averaging 198 cases a day
- ClackCo case counts dropped 36%



Oregon will lift indoor mask requirements in public spaces on or before March 31.

Mask requirements for schools will be lifted on March 31.

People who are immunocompromised or at high risk of severe disease should continue to wear masks in indoor public settings while the virus is circulating in the community.



- Indoor masking requirements remain in place for now
- To be lifted no later than March 31st
- CCPH will follow the OHA's lead on mask mandates
- Masking remains a critical public health tool for preventing spread of COVID-19
- Well-fitted N95 and KN95 respirators offer the highest level of protection
- Any mask is better than no mask
- Many of Oregon's pharmacies are distributing free masks

Young Children Vaccine Authorization Delayed



- FDA postponed authorization meeting for a two-dose regimen of vaccine formulated for children ages 6 months through 4 years
- Agency needs to see data from an ongoing trial of a third vaccine dose
 - A three-dose regimen may provide a higher level of protection
- Pfizer expects to have data on three doses available in early April

Supporting Your Immune System & At-Home COVID Care Pages

Supporting Your Immune System

As the COVID-19 pandemic continues to persist and other seasonal illnesses circulate through our community, there are several strategies that can help support your immune system and can help prevent COVID-19. As always, please check with your healthcare provider for specific advice, dosing and insight.



Eat a healthy, balanced diet

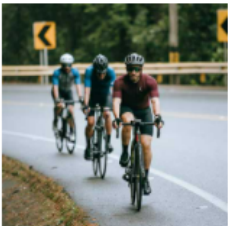
A healthy diet that is high in fruits and vegetables and low in processed foods is vital for a strong immune system. The vitamins and minerals within your food play a large role in immune function. No single food or nutrient will prevent illness. Learn more about [eating a healthy diet](#).



Get enough sleep

Your body needs rest to recover from everyday stress and lack of high-quality sleep negatively affects the immune system. Try to establish a sleep routine by going to bed and waking up at the same time every day and getting at least seven hours of sleep each night.

[Tips for better sleep.](#)



Exercise regularly

Exercise improves cardiovascular health, lowers blood pressure, helps control body weight and contributes to a healthy immune system. Aim for at least 150 minutes of moderate exercise each week, or 30 minutes a day for 5 days a week. Remember that some activity each day is much better than none. [How much physical activity is needed for adults?](#)

At-Home Care

If you, or someone in your care, has COVID-19, it's important to know how to care of yourself and others while at home. Most people with COVID-19 have mild illness and can recover at home without medical care. Follow the steps below if you or someone in your household has symptoms of COVID-19.

• Stay home.

Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.

• Take care of yourself.

Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better.

• Connect with your healthcare provider or a nurse consulting line if needed.

This is especially important if the sick person is at high risk for severe illness due to older age or underlying medical conditions. Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other [emergency warning signs](#), or if you think it is an [emergency](#).

• Avoid public transportation, ride-sharing, or taxis.

If you have a [pulse oximeter](#), a device that measures the oxygen saturation level of your blood in a non-invasive way, [learn how to use it](#).

Pay attention to the symptoms. If the symptoms get worse or the symptoms are concerning to you, call a healthcare provider for guidance.

Need help finding a doctor or getting health insurance? Call 211 or visit [211info.org](#) or the [Oregon Health Plan \(OHP\)](#).

Watch for emergency signs

Call 911 if the sick person has:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone



Free Tests


Free At-Home Tests

- Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests
- Orders will usually ship in 7-12 days
- Order your tests today at covidtests.gov



Free Drive-Through Tests

- Weekly at Clackamas Community College Harmony Campus in Milwaukie
- Tuesday-Saturday, 8 a.m. -3 p.m.
- Schedule an appointment cur.tv/milwaukie

 **curative**

COVID-19 Testing

No out of pocket costs

Self-collected, shallow nasal PCR test

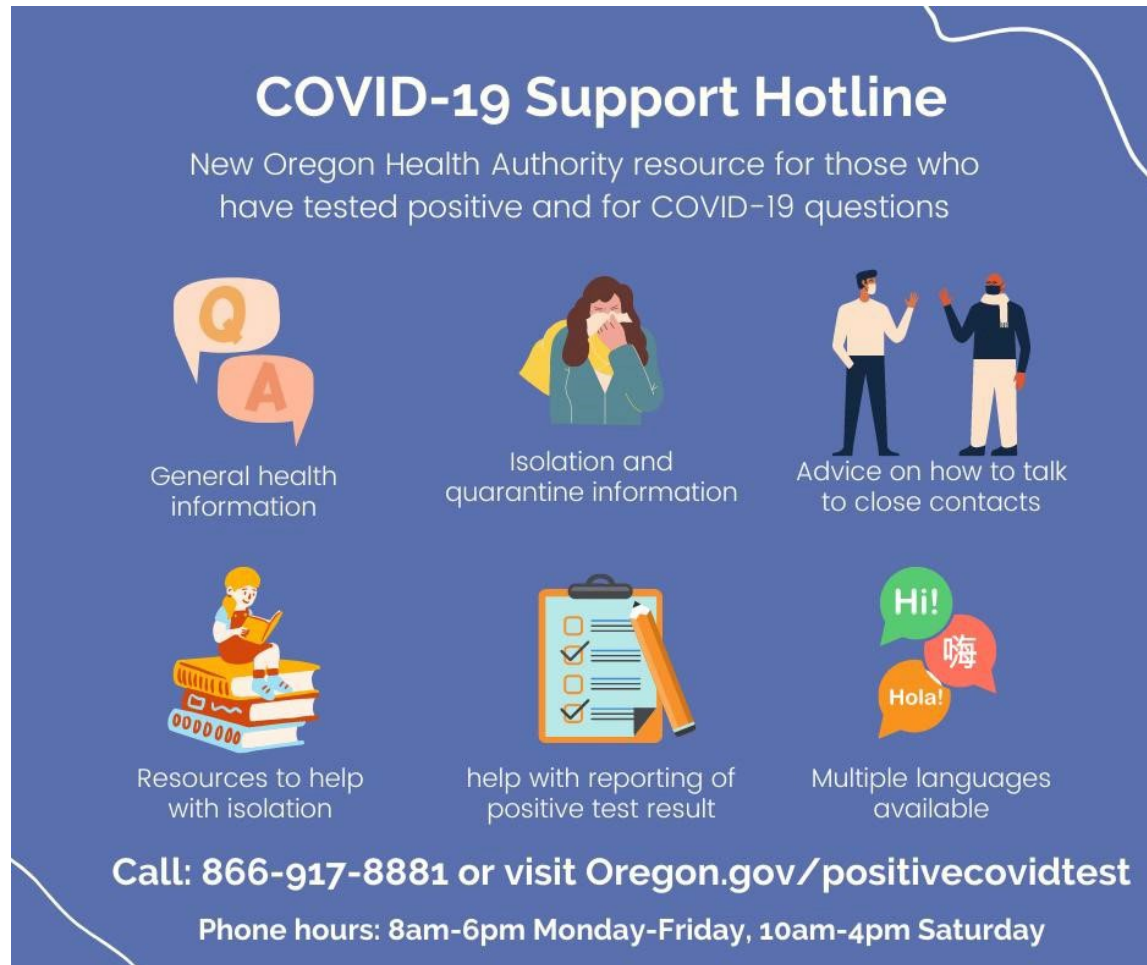
Results within 1-2 days from receipt of the sample at the lab

Schedule an appointment at cur.tv/canby

OHA COVID-19 Hotline and Website

COVID-19 Support Hotline

New Oregon Health Authority resource for those who have tested positive and for COVID-19 questions



The infographic is a blue rectangular card with white text and colorful illustrations. It features six service categories arranged in a 2x3 grid, each with an icon and a text label. The icons include: 1) Two speech bubbles with 'Q' and 'A' for general health information. 2) A person in a green jacket covering their mouth for isolation and quarantine information. 3) Two people standing and talking for advice on how to talk to close contacts. 4) A person sitting on a stack of books reading for resources to help with isolation. 5) A clipboard with a checklist and a pencil for help with reporting of positive test result. 6) Three speech bubbles with 'Hi!', '嗨', and 'Hola!' for multiple languages available.

- General health information
- Isolation and quarantine information
- Advice on how to talk to close contacts
- Resources to help with isolation
- help with reporting of positive test result
- Multiple languages available

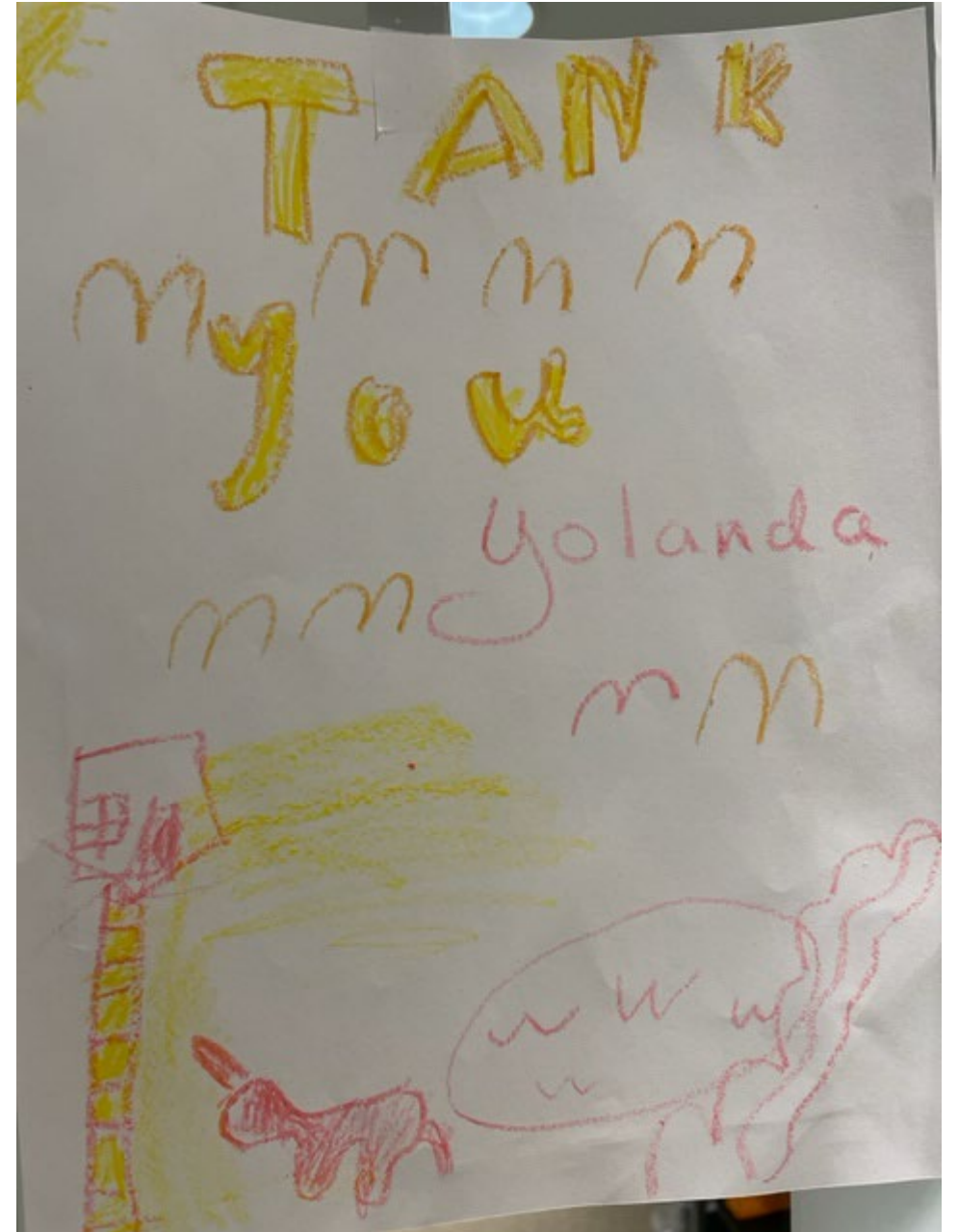
Call: 866-917-8881 or visit Oregon.gov/positivecovidtest

Phone hours: 8am-6pm Monday-Friday, 10am-4pm Saturday

- Report positive at-home or testing provider COVID-19 tests
- Take a 20-45 minute online survey
- Get information about what to do if you test positive

Boost Up, Clackamas!

- Primary series **plus a booster** dose gives over 70% protection against omicron
- Anyone age 12+ can get a booster dose
- Wait five months after second dose of a Pfizer vaccine or Moderna vaccine
- 12-17 year olds are only eligible to receive the Pfizer vaccine
- Anyone 18 and older should get a booster dose two months after a Johnson & Johnson dose



Vaccine Clinics Through March 2022

Walk-ins available, while vaccine supplies last, and within 30-minutes of clinic closing time.

Date	Location
Monday 2pm – 7pm	Molalla United Methodist Church 111 S. Mathias Rd, Molalla
Tuesday 2pm – 8pm	Canby Foursquare Church 2350 SE Territorial Rd, Canby
Wednesday - Saturdays 11am – 7pm	Clackamas Town Center 12000 SE 82 nd Ave, Happy Valley (2 nd floor next to LensCrafters)
Thursday 3pm – 7pm	Providence Willamette Falls Community Center 519 15 th St, Oregon City
Friday 2pm – 5pm	Sandy Community/Senior Center 38348 Pioneer Blvd, Sandy

VACCINE SCHEDULING



Local opportunities in ClackCo:
clackamas.us/coronavirus/vaccine

Schedule via Email:
COVIDvaccine@clackamas.us

Schedule via Phone:
[\(503\) 655-8224](tel:5036558224) *(Mon-Fri. from 8am-5pm)*

**Register to receive notification for
when an appointment is available:**
GetVaccinated.oregon.gov

COVID-19 Wraparound Services

Available Resources

- Rent, Mortgage, Utilities, Food, Emergency Shelter, Financial Assistance

How to Refer Someone for Assistance

- Email EOCCBO_Coordinator@Clackamas.us with the client's full name, date of birth, address, and what their current needs are
- Direct them to call the PIC line to be connected with one of our referral coordinators: 503-655-8224

Eligibility

- Clients are eligible for wrap-around support if they have tested positive for COVID-19, meet presumptive criteria, or are a confirmed close contact

What can you do for vaccine safety?

- Report adverse events following vaccination to VAERS even if you aren't sure if the vaccination caused the adverse event
- Enroll yourself in v-safe
- Healthcare providers, encourage your patients to enroll in v-safe
- Parents and guardians, you can enroll your children in v-safe



VAERS

Vaccine Adverse Event
Reporting System

<http://vaers.hhs.gov>



vsafe.cdc.gov/en/

Please get involved, your participation matters



County Resources

Help protect yourself and others by staying home if you are sick. Visit our webpage for more resources:

www.clackamas.us/coronavirus

