

October 10, 2019

Board of Health  
Clackamas County

Members of the Board:

Turning the Tide on the Opioid Epidemic:  
The Collective Clackamas Response

|                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Purpose/Outcomes</b>         | Clackamas County's Health Officer, Dr. Sarah Present, and Health, Housing & Human Services (H3S) Director, Richard Swift, will update the Board of Health (BOH) on countywide activities since Resolution No. 2018-69 was approved. The presentation will include the following highlights: <ul style="list-style-type: none"> <li>• Data and trends showing the impact of opioids;</li> <li>• The specific measures implemented since the Board of County Commissioners (BCC) approved Resolution No. 2018-69;</li> <li>• The multidisciplinary efforts taking place through the Opioid Task Force and Health, Housing &amp; Human Services (H3S); and</li> <li>• The areas where continued support is needed.</li> </ul> |
| <b>Fiscal Impact</b>            | NA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Funding Source</b>           | NA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Duration</b>                 | NA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Previous Action</b>          | Resolution No. 2018-69 Supporting Efforts and Policies to Assist those Dealing with Drug and Opioid Abuse Addiction was approved by the BCC on July 12, 2018.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Strategic Plan Alignment</b> | 1. Sustaining public health and wellness.<br>2. Ensuring safe, healthy and secure communities                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Counsel Review</b>           | NA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Contact Person</b>           | Richard Swift, <a href="mailto:RSwift@clackamas.us">RSwift@clackamas.us</a> , 503.650.5694                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Contract No.</b>             | NA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |

**BACKGROUND**

The BCC first recognized their commitment to address the opioid crisis by approving Resolution No. 2018-69 on July 12, 2018. Resolution No. 2018-69 outlines a number of policies and best practices to prevent opioid addiction and assist those with addiction in obtaining access to quality, affordable services. Clackamas County, along with key community partners, has made significant progress addressing the opioid crisis since Resolution No. 2018-69 was adopted. Clackamas County's Health Officer, Dr. Sarah Present, and H3S Director, Richard Swift, will update the BOH on countywide activities since Resolution No. 2018-69 was approved, notably:

- Data and trends showing the impact of opioids
- The specific measures implemented since the Board of County Commissioners (BCC) approved Resolution No. 2018-69
- The multidisciplinary efforts taking place through the Opioid Task Force and H3S

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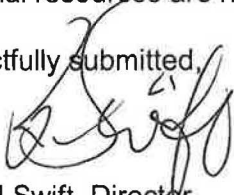
[www.clackamas.us](http://www.clackamas.us)

- The areas where continued support is needed; specifically, by (1) increasing access to treatment and recovery options in Clackamas County, (2) developing additional recovery-oriented approaches that address the social determinants of health, (3) and increasing collaboration and organized decision-making across multiple systems and sectors.

**RECOMMENDATION**

Staff respectfully recommends that the BOH continues to address the impacts of the opioid crisis in Clackamas County by: (1) reaffirming Resolution No. 2018-69 and (2) supporting the areas where additional resources are needed as stated above.

Respectfully submitted,



Richard Swift, Director  
Health, Housing & Human Services

# Turning the Tide on the Opioid Epidemic: The Collective Clackamas Response

Sarah D. Present, MD, MPH  
Deputy Tri-County Health Officer  
Clackamas County

Richard Swift  
Director  
Department of Health, Housing and Human Services (H3S)

# Presentation Objectives

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- Present data and trends showing the impact of opioids nationally and locally.
- Highlight measures implemented since the Board approved Resolution No. 2018-69 Supporting Efforts and Policies to Assist Those Dealing with Opioid Abuse and Addiction (July 2018).
- Share multidisciplinary efforts taking place through the Opioid Task Force and H3S.
- Highlight areas where continued support is needed.

# Factors Contributing to the Opioid Crisis

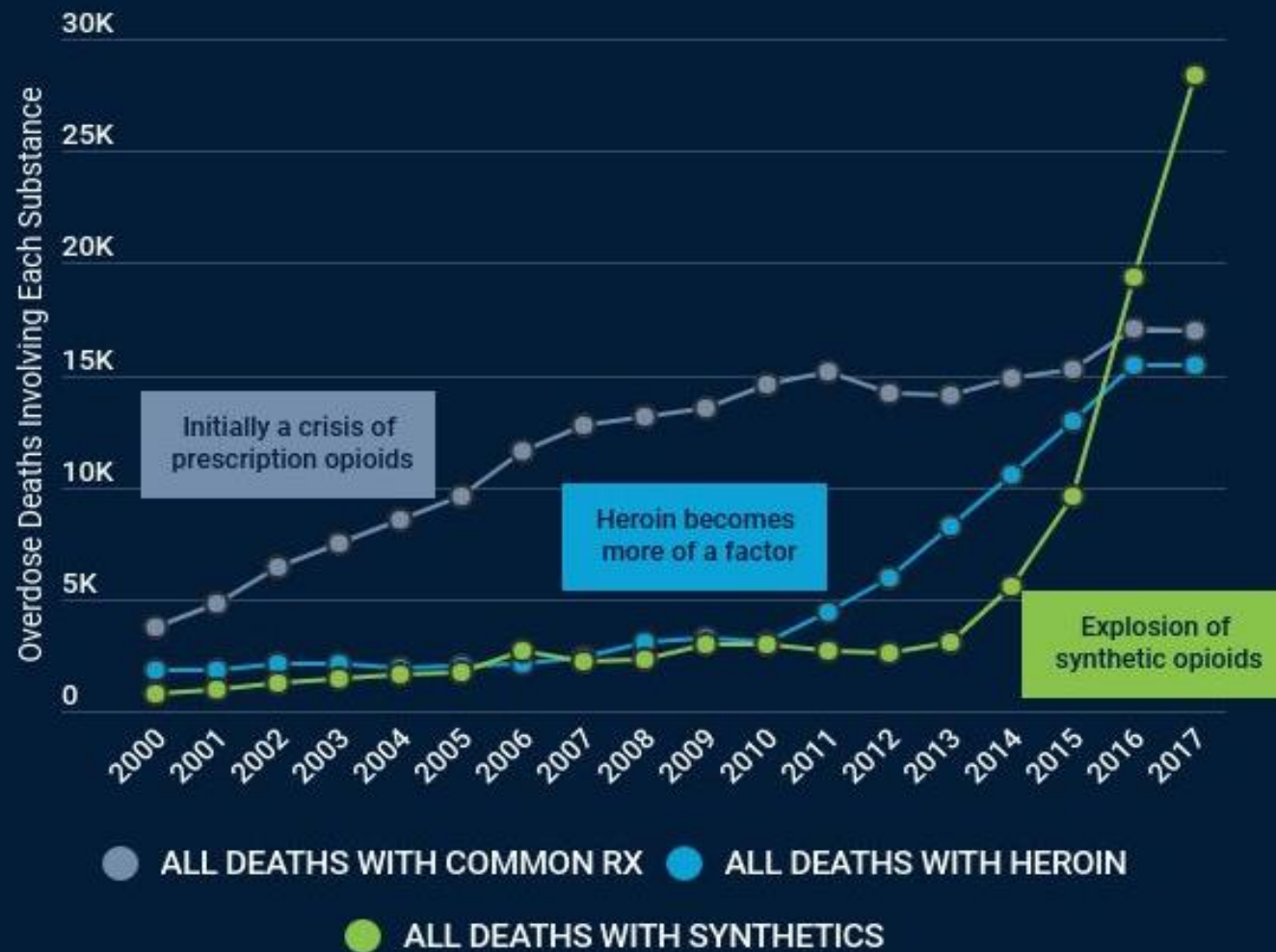
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- Abundant, cheap opioids; counterfeit pills
- Human susceptibility
- A small overdose can kill:  
Potent fentanyl analogs- loss of tolerance after incarceration
- Opioid Use Disorder (OUD) is a chronic, relapsing disease
- Poverty, inequality, hopelessness, genetics and adverse childhood experiences (ACEs) underlie OUD





## The opioid crisis emerged in three waves



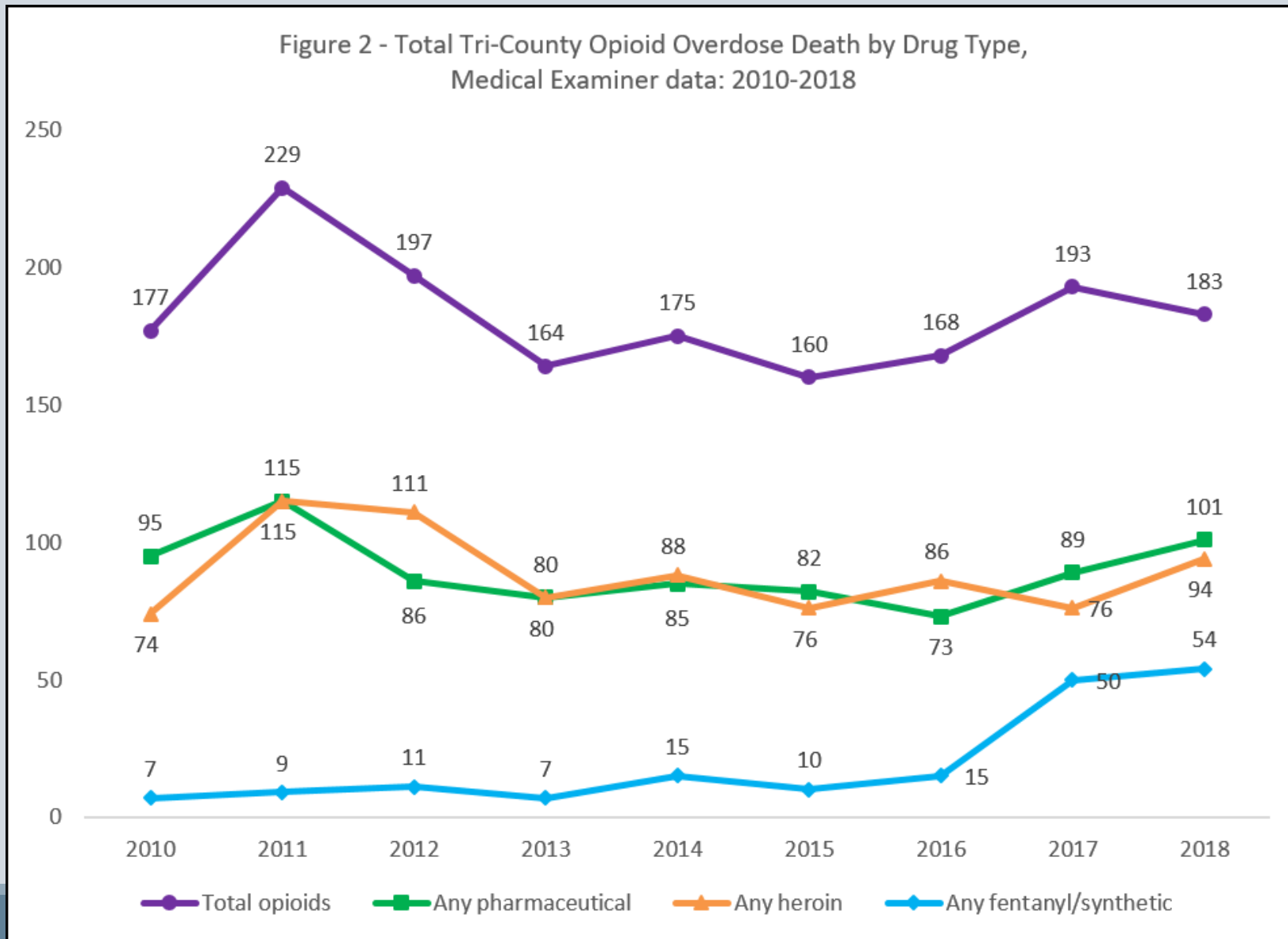
Categories not mutually exclusive; a single death may involve multiple substances.

In 2017, one person died of an opioid overdose every 11.4 minutes

46,298 total opioid-related deaths in 2017



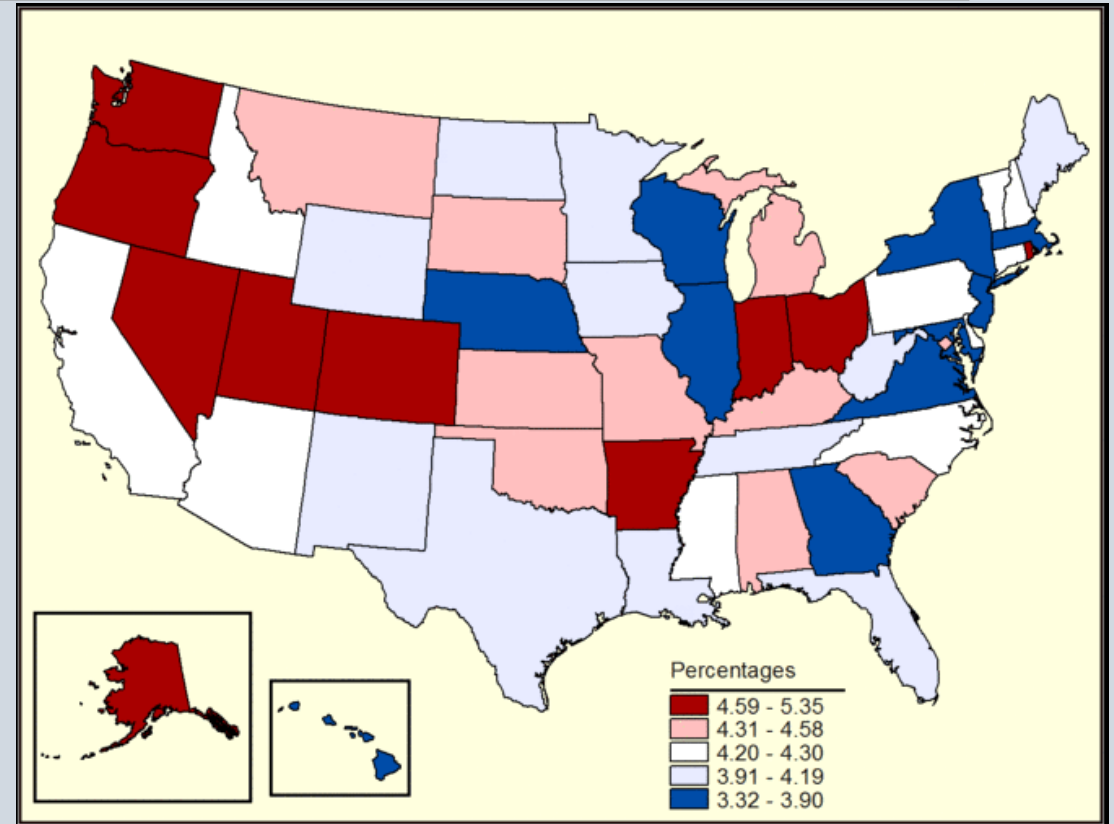
# Regional Opioid Deaths – Trending Up



# The Statewide Impact

- Oregon has one of the highest rates of prescription opioid abuse in the U.S.
- We rank in the top 10 states for non-medical use of prescription pain meds.<sup>1</sup>
- In 2016, 220 million opioid pills were prescribed to Oregonians- enough for 55 pills per person<sup>2</sup>
- An average of 3 Oregonians deaths/week.

## Pain Reliever Misuse in the Past Year among Individuals Aged 12 or Older



1 SAMHSA National Survey on Drug Use and Health, state level data, 2016-2017

2 OrCRM Mid-Willamette Valley Pain Summit, 2017



# Impact on Clackamas County

|                                                              | 2019                    |
|--------------------------------------------------------------|-------------------------|
| ED/Urgent Care Overdose Visits                               | 245                     |
| Opioid use disorder diagnosis (HealthShare members)          | 3, 079                  |
| First Responder Opioid Overdose Response <sup>1</sup> (2018) | 247                     |
| Bookings into the Clackamas County Jail                      | 10,013                  |
| Clackamas County jail- opioid withdrawal protocol            | 1207                    |
| Overdose deaths <sup>2</sup> (2018)                          | 21 confirmed, 4 pending |

1) AMR and Clackamas Fire District #1

2) Oregon State Medical Examiner

# Clackamas Opioid Initiative: Goals and Strategies

## Decrease Harms and Death

- Decrease the number of opioid prescriptions
- Increase access to naloxone and MAT
- Increase access to safe disposal for unused prescriptions

## Safer Pain Management

- Emphasize the use of non-opioid pain treatment for chronic pain
- Support Providers in learning about best practices for pain management
- Educate the community on the risks of opioids.

## Expand Access to Treatment

- Support Doctors in better diagnosing and managing opioid use disorder
- Increase the number of Providers who can prescribe MAT

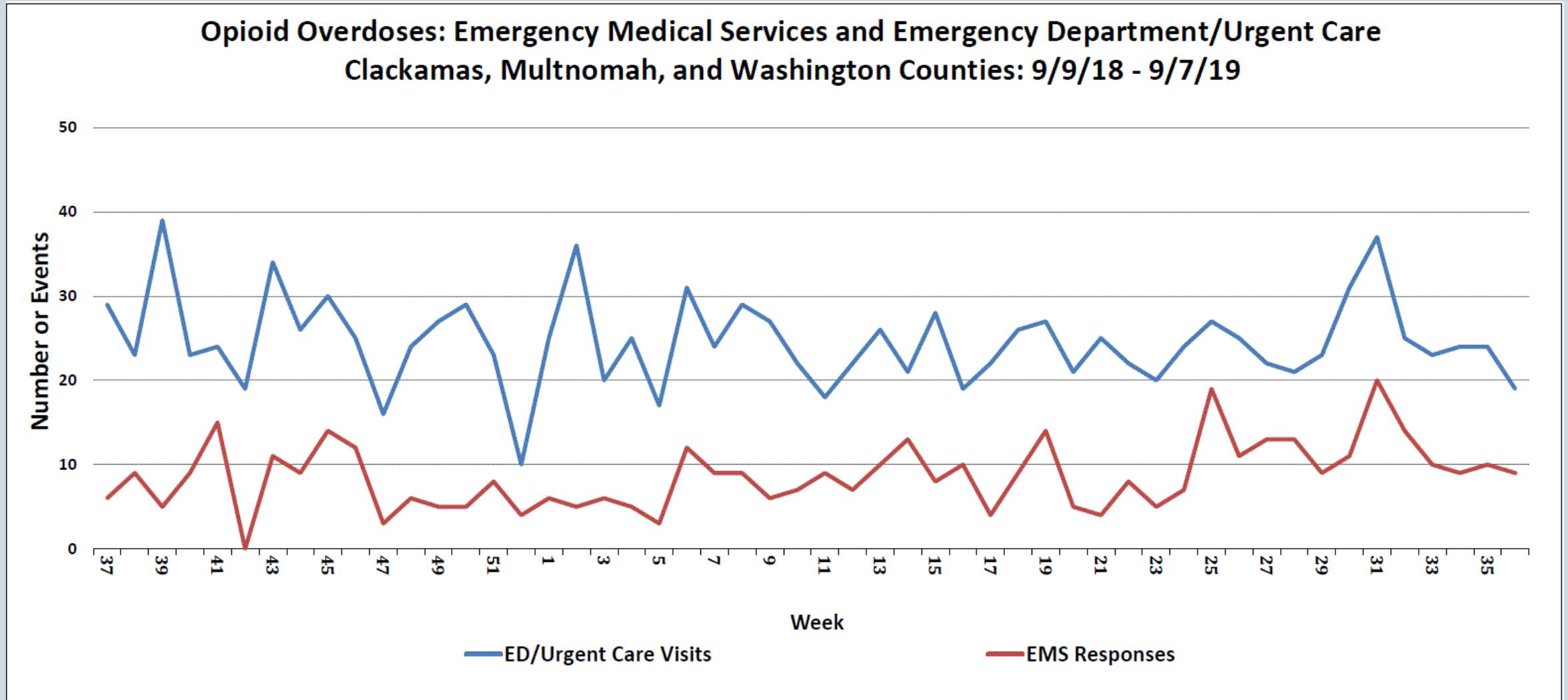
## Community Partnerships

- Work with regional and county partners to align goals and improve care coordination

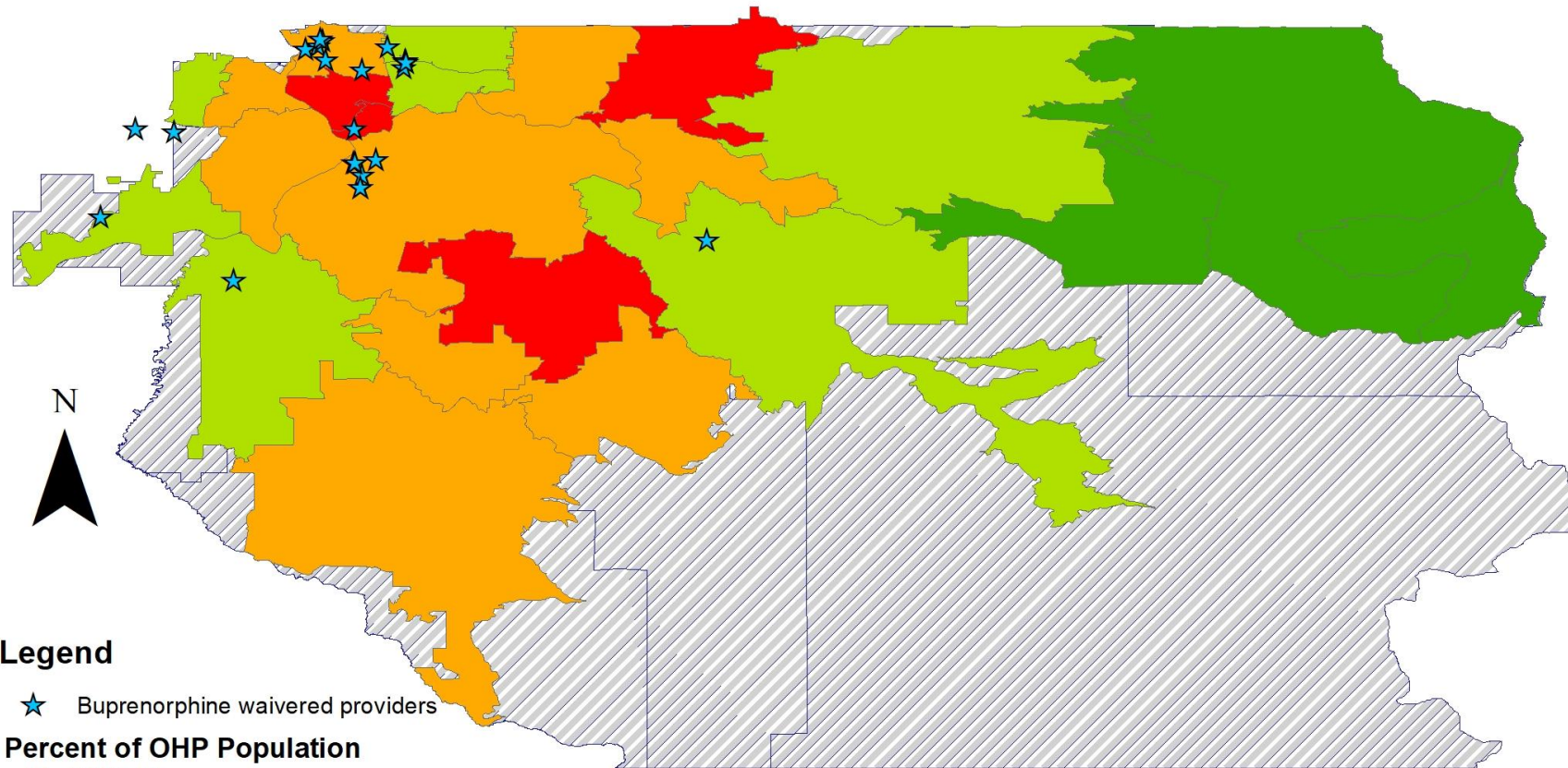
## Data-Driven Interventions

- Enhance community-based efforts by utilizing key data sets
- Use data to monitor trends, spikes and identify health equity zones at greatest risk
- Increase the number of prevention/early interventions for youth

# Realtime Overdose Surveillance



# Opioid Use Disorder: Percent Diagnosed by Zip Code



## Legend

★ Buprenorphine waived providers

### Percent of OHP Population with OUD Diagnosis

- 0%
- 1.0% - 2.0%
- 2.1% - 3.0%
- 3.1% - 4.0%
- Data not available

0 5 10 20 Miles

Health, Housing  
& Human Services  
CLACKAMAS COUNTY



Public Health

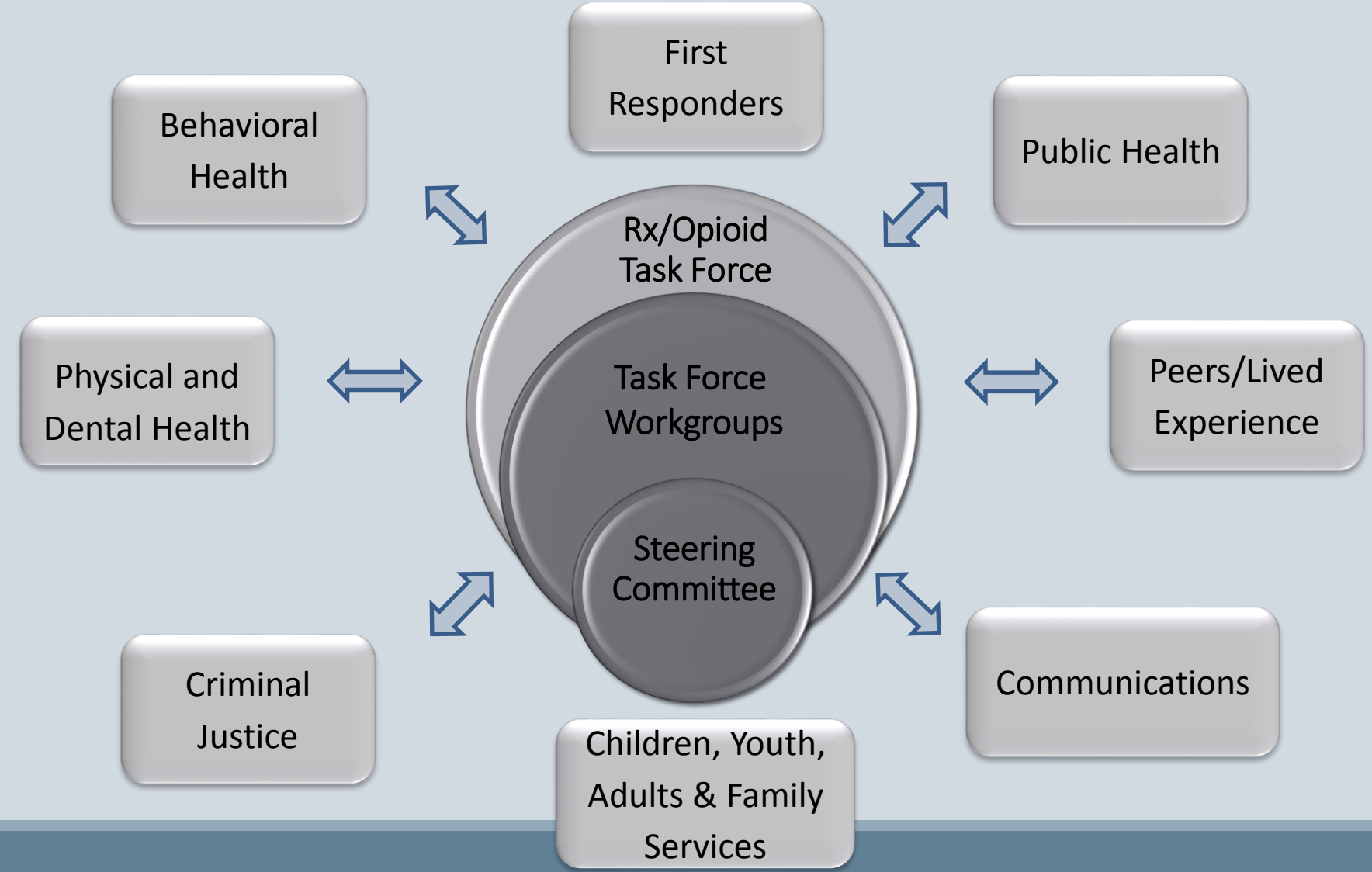
Clackamas County Public Health Division  
Data Source: Health Share of Oregon, 1/1/16 - 12/31/17  
SAMHSA Clackamas County 10/8/18

# Collective Impact

| Goal                               | Project                                                                                                                                                                                                                                                                                                                                                                  | Outcome                                                                                                                                                                                                                                                                            |
|------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Naloxone/Harm Reduction            | <ul style="list-style-type: none"> <li>• Clackamas County Transition Center Naloxone Project</li> <li>• Expanded Needle Exchange Sites and Hours</li> <li>• Vibrant Futures Coalition- Community Naloxone Trainings</li> </ul>                                                                                                                                           | <ul style="list-style-type: none"> <li>• Decrease in overdose fatalities</li> <li>• Access to clean needles and syringes</li> <li>• HIV/STI testing</li> <li>• Greater access to Naloxone</li> </ul>                                                                               |
| Expanded Access to Treatment       | <ul style="list-style-type: none"> <li>• Project Hope</li> <li>• Clackamas Substance Abuse Program (CSAP)</li> <li>• Medication Assisted Treatment in Clackamas County Jail</li> <li>• Law Enforcement Assisted Division (LEAD)</li> <li>• Clackamas Health Center Providers waived to prescribe MAT</li> <li>• Drug Court</li> <li>• Youth Opioid Initiative</li> </ul> | <ul style="list-style-type: none"> <li>• Overdose prevention</li> <li>• Link to housing, employment, healthcare, MAT and behavioral health services</li> <li>• Link to Peer support</li> <li>• Decreased justice involvement</li> <li>• Decreased risk factors in youth</li> </ul> |
| Safer Prescribing                  | <ul style="list-style-type: none"> <li>• Continued education for Medical Providers</li> </ul>                                                                                                                                                                                                                                                                            | <ul style="list-style-type: none"> <li>• Safer pain management</li> </ul>                                                                                                                                                                                                          |
| Safe Disposal of Unused Medication | <ul style="list-style-type: none"> <li>• Expanded locations including pharmacy and law enforcement collection</li> </ul>                                                                                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>• Fewer pills in our medicine cabinets</li> <li>• Cleaner waterways</li> </ul>                                                                                                                                                              |

# Task Force Collaboration

**Mission:** Decrease harms and overdose deaths from opioids and other drugs



# Intersection of Goals

Performance  
Clackamas

Blueprint for  
a Health  
Clackamas  
County

Safe, Healthy  
and Secure  
Communities

Rx/Opioid  
Task Force

Comprehensive  
Opioid Strategic  
Plan



# Where we need continued support

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Increase access to prevention, treatment and recovery options in Clackamas County



Recovery oriented approaches that address the social determinants of health: housing, employment, peer support, health care and incarceration



Collaboration and organized decision making across systems



# Request

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We respectfully ask the Board of Health to reaffirm their support for Resolution 2018-69 Supporting Efforts and Policies to Assist Those Dealing with Opioid Abuse and Addiction.

