

Mental Health & Addictions Council

Meeting Minutes
 Tuesday, January 24, 2023
 4:30 - 6:30PM
 Zoom Meeting

Members Attending: Teresa M., Sheri P., Sherry C., Pam P., Lucy C., Catherine L., Bo B.

Members Unexcused: Cecily H., Gabi G., Sunny G.

Members Excused: Donna-Marie D., Adam L.

Staff: Mary Rumbaugh, Natalie Loehr

Guests: Tara Thatcher, Dave Hunt, Sara Clement

Item	Discussion	Action/Follow up
Call to Order, Establish Quorum (7 members), Approval of Minutes - President	<ul style="list-style-type: none"> ➤ Teresa brought the meeting to order at 4:36pm and established quorum. ➤ November minutes approved as with corrections. 1st: Bo 2nd: Teresa ➤ Introduction were done of members and guests. ➤ Attendance and RSVP Expectation by Teresa. 	
Review 2022 Priorities and Discuss 2023 Priorities - Teresa & Mary	<ul style="list-style-type: none"> ➤ Mary reviewed the background of last year's priorities. ➤ Mary advised that we have received some of the opioid settlement money. Working with programs to enhance and expand services for SUD services. ➤ BHRN's are still in development due to lack of coordination amongst themselves. The County has created a web page regarding services and has link to the BHRN's. Worry is that large pockets of folks are not being considered for MS110 was intended. Because most of the organizations are not used to the rural communities. ➤ Moving on a joint purchase with housing to purchase a hotel. Working on spending the money. Just got commissioner approval to make the purchase. BHD have hired a Project Manager to run this project. ➤ Sherry offered to help create a survey for schools. 	<p>Mary provided a link to BHRN's webpage. https://www.clackamas.us/behavioralhealth/drug-addiction-treatment-and-recovery</p>
Committee Reports - All	<ul style="list-style-type: none"> ➤ Advocacy/Legislative Committee - Legislative session started. Over 2000 bills. Long session, so it won't end until June. Most bills will get tractions some will not. Focus on bills that will affect us. Expansion of 988. ➤ HB2757 has 20 co-sponsors. Bills to "tax" phone bills to help fund 988 expansions. ➤ Bills regarding state hospital and counties. Putting statues on time limits people can be in Aid & Assist. Concern on verbiage regarding cost of folks who are not discharged in time and the charges going to counties. ➤ Focusing on a bill regarding administrative burden on reports that we must submit to the state that they do nothing with. This could be data being used but is not. 	<p>Email Dave at NAMI if they want to participate in roundtables with legislatures. Dave@namicc.org</p>

- **Nominating Committee** - 1st: Teresa 2nd: Bo
- **Suicide Prevention Coalition of Clackamas County Update** - Promoting suicide prevention apps.
- The Oregon Alliance presented their equity tool - link below. This tool can easily be used to evaluate work we do - it is a good way to have discussions around difficult topics and consider how our plans might impact underserved populations.

Equity tool - <https://dochub.clackamas.us/documents/drupal/40f850c8-ce8d-415f-bef9-e71ecfd9926d>

Joining an Action Team is one of your best ways to have a voice and get involved in moving suicide prevention efforts forward in our community. All are welcome!

- **Youth and Young Adults (24 and younger) Action Team** - next meeting is February 16th. They will always meet on second Thursday of the month from 4 - 5. Meeting link for February and March is: <https://clackamas-us-countyhealth.zoom.us/j/85337374877>
- **Healthcare Action Team**- next meeting is February 7th from 11 - 12pm. Meeting link for February and March is: <https://clackamas-us-countyhealth.zoom.us/j/83109652657> They meet the first Tuesday at 11am.
- **Community Action Team** - next meeting is February 9th from 4 - 5pm. Meeting link for February and March is: <https://clackamas-us-countyhealth.zoom.us/j/82808775723> They meet the second Thursday of the month from 4 - 5.
- **Means Safety Action Team (reducing access to lethal means)** - next meeting is February 15th from 1 - 2pm. They will always meet on the 3rd Wednesday 1 - 2pm. Meeting link for February and March is: <https://clackamas-us-countyhealth.zoom.us/j/84081756186>

Our next Coalition meeting is April 18th from 4:30 - 6pm and will continue to be virtual.

- **Director Update** - Mary advised about the new commissioner West.
- Mary advised that the state had funding for workforce retention and licensing. We didn't apply for funding for workforce retention due to equal pay laws we must follow. We did apply for funding to pay for the supervision of providers. We are contracting out for the clinical supervision.

Round Table	<ul style="list-style-type: none"> • Bo-putting together an event in Multnomah County gathering all BHRN's and would like to do one in Clackamas County. • Pam-4D is opening a recovery center in Clackamas County in a few weeks. Pam will forward fliers to send to council member. Pam was published! • Sherri-Talked about a button that a teen developed that when pressed it will alert pre-programmed contacts your location. 	https://www.notokapp.com/
Public Comment	<ul style="list-style-type: none"> • Sara-Would like to connect with Dave. • Dave-Taking registration for relaunching training classes. Doing a comedy event in Lake Oswego. 	Stand-Up(s) Against Stigma Comedy Night NAMI Clackamas (namicc.org)
Recap; Summarize action items; Agenda item suggestion - All	<p style="text-align: center;">Meeting adjourned at 6:21pm</p> <ul style="list-style-type: none"> • Proposed agenda: Member Survey & Continue 2023 Priority Review 	
Next Meeting Date and Location	<p>Tuesday, February 28, 2023, from 4:30-6:30 pm via Virtual and Crisis Walk-In Clinic Please RSVP to Natalie Spilman at NLoehr@clackamas.us or (503) 742-5924.</p>	