

# Mental Health & Addictions Council

Meeting Minutes  
 Tuesday, February 23, 2021  
 4:30 - 6:30PM  
 Zoom Meeting

**Members Attending:** Adam Levin, Sheri Price, Gabi Graebert-Rodriquez, Sean Syrek, Pam Pearce, David Barrett, Michele Veenker, Brittany Kintigh, Nicole Burdsall

**Members Unexcused:**

**Members Excused:** Tony Mann, Teresa Melville

**Staff Attending:** Mary Rumbaugh, Natalie Spilman

**Guests:** Lucy Cook, Alex Murray

Item	Discussion	Action/Follow up
Call to Order, Establish Quorum (6 members), Approval of Minutes - <i>President</i>	<ul style="list-style-type: none"> <li>➤ Michele brought the meeting to order at 4:36pm and established quorum. Introductions were done and visitors were welcomed.</li> <li>➤ January minutes were approved as written. 1<sup>st</sup>: Sheri 2<sup>nd</sup>: Pam</li> </ul>	
Committee Reports - <i>All</i>	<ul style="list-style-type: none"> <li>➤ <b>Advocacy/Legislative Committee</b> - Mary talked about Parody. Focusing on looking at OHA budget and bills with money. Over 3,000 bills have been dropped.</li> <li>➤ Michele advised that CCSO is going to BCC to renew the levy and add more money which will help add MH beds.</li> <li>➤ Michele is working on talking to BCC regarding MH and Funding.</li> <li>➤ Pam will be on Policy Committee regarding A&amp;D and Educational System.</li> <li>➤ <b>Nominating Committee</b> - Lucy's interview was completed. To be discussed in Exec Meeting</li> <li>➤ <b>Sub-Committee (Older Adult)</b> - Gabi advised that Older Adult population is struggling to get signed up for the vaccine.</li> <li>➤ <b>Suicide Prevention Coalition of Clackamas County Update</b> -</li> </ul>	
<i>Safe + Strong Presentation- Alex Murray</i>	<ul style="list-style-type: none"> <li>➤ Alex from Clackamas County's Crisis Walk-in clinic presented on the County's Safe + Strong program initiative provided during the pandemic, wildfires and ice storm.                             <ul style="list-style-type: none"> <li>○ Short term intervention</li> <li>○ Reduces stress</li> <li>○ Provides emotional support</li> <li>○ Provides coping strategies</li> <li>○ Outreach</li> <li>○ Free to Clackamas County residents</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>○ No client records are kept</li> <li>○ Delivery done in the community</li> </ul>	
Director's Update - <i>Mary Rumbaugh</i>	<ul style="list-style-type: none"> <li>➤ Draft budget will hopefully be done by next meeting. Not looking at any reductions.</li> <li>➤ Presentation on mobile crisis team.</li> <li>➤ Talk about 988 implementation.</li> </ul>	
Round Table	<ul style="list-style-type: none"> <li>• Adam-Talked about Older population vaccinations</li> <li>• Pam-Going back to school</li> <li>• Brittany-Excited for Spring</li> <li>• Nicole-SNAP has until 3/5 to get replacement</li> <li>• Lucy-Has info for resources</li> <li>• Michele-2<sup>nd</sup> edition of Chasing Chaos, NAMI-NWFS to talk about Naloxone</li> <li>•</li> </ul>	
Recap; Summarize action items; Agenda item suggestion - <i>All</i>	<b>Meeting adjourned at 6:13pm</b>	
Next Meeting Date and Location	<p><b>Tuesday, March 23, 2021 from 4:30-6:30 pm via Zoom</b></p> <p>Please RSVP to Natalie Spilman at <a href="mailto:nataliespi@co.clackamas.or.us">nataliespi@co.clackamas.or.us</a> or (503) 742-5924.</p>	