

Suicide Prevention Coalition Meeting Highlights

January 18, 2022 - 4:30 pm to 5:30 pm

<https://clackamascounty.zoom.us/j/84854577613?pwd=Q28xYoRuL2lwNThkWkdpaogBVnU4UTog>

Meeting ID: 848 5457 7613 Passcode: 352620

Brainstorm Ideas: Whom to work with to advance initiatives – individuals, organizations and systems.

Schools

- Jason Foundation has curriculum for teachers & staff on talking to youth about suicide prevention
- Accessing schools is difficult right now, anxiety levels are high, suggests utilizing organizations with foot already in door
 - Clackamas County Health Clinics, Outside-In at Milwaukie High, Estacada Youth Advisory
 - Youth Era
- PTA (Parent Teacher Association) – Parents have a lot of influence
- Lines for Life (used to have A&D prevention in schools, currently have youth line)
- 2018 ODE Standards for Curriculum includes health, mental health, substance use & suicide – where does certain curriculum have to happen?
 - Work with Pam Pearce & her continuum on leveraging existing work on prevention strategies
- Sandy HS partners with other districts to offer QPRs (Sarah Hiatt)
- What plans/programs are in place to prevent bullying?
 - Adi's Act
 - Work with ESD to find out what's in place
- Making youth QPR available in the community
 - Youth want to know how to help!

Means Safety

- Continue to distribute free items to reduce access to lethal means (gun locks, lock boxes, etc.)
 - Continue to pursue funding
 - Partnership with juvenile department, child welfare, schools, county staff, mobile crisis team
 - Primary Care Social Supervisors
- Partner with Oregon Firearm Safety Coalition
- Engaging firearm community directly – find ways to listen to & address concerns
- Douglas Ridge Rifle Club in Eagle Creek offering QPR Class March 7th at 6pm
 - Galli will be distributing flyers

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Healthcare

- Sharing flyers on social media
- Sharing first person accounts of peer-support success-stories
- Workshopping COVID barriers i.e. virtual learning (how do we deliver this material in an engaging way)
 - Youth suicide prevention training summit
- Make a list of primary care clinics in Clackamas County
 - Identify individuals to champion this work
 - Attaching resources to MyCare/ Mychart websites & After visit summaries
 - Clinics in long-term care settings
 - Posting resource flyers in clinics
 - Utilizing QR codes
- Workgroup to identify existing support groups in Clackamas County
 - Identify barriers

Community

- Utilizing existing advisory groups and coalitions to spread the word
- Health Equity Zones based on boundaries of school districts & identifies areas of impact
 - Drive outreach for training
- Messaging should reflect demographics in the community
 - Host focus groups to identify appropriate messaging for each community
- Identify champions in rural communities
- Pamplin Newspaper system
 - Always looking for material
- Senior centers
- Sandy CONNECT
- Rural community Facebook groups
- Law enforcement
- Schools