
CLACKAMAS COUNTY PUBLIC HEALTH DIVISION

WEEKLY REPORT ON COVID-19 FOR 3/24/2022

Omicron update

Oregon reported a 19% drop in weekly COVID-19 cases on Monday, marking the eighth consecutive week of cases declining. Current cases are 3.5% of what they were at the peak of the Omicron surge on January 18. State data also shows dropping daily averages to levels not seen since the summer lull before the Delta surge. Hospitalizations are still dropping slowly, with fewer than 200 COVID patients are in the hospital and ICUE and ventilator patients resuming a slow decline. The average rate of all COVID-19 tests that came back positive, an important measure of how prevalent the virus is in the community, fell to the lowest level since May 2020, to 2.3%.

Nationally, experts are monitoring the Omicron subvariant, BA.2, which could trigger an increase in cases. BA.2 is the dominant strain in Europe right now, but data indicate BA.2 is not causing significant problems so far. BA.2 now accounts for nearly 35 percent of COVID-19 cases in the U.S., the [CDC reported](#) Tuesday, a 10 percent increase from the week before.

While BA.2-related infections could rise, severe disease or deaths associated with the subvariant are unlikely to increase. In areas where there is a high level of immunity, both from vaccination and from the Omicron surge, the impact from BA.2 is not substantial. So far, the [OSU wastewater analyses](#) have shown a consistent decline or plateau in “viral concentration,” a measure of how much virus is in a sample relative to the number of people who use the wastewater system. That means the analyses are mirroring the continued swift decline in case counts from testing. Cases will likely increase a bit, mostly due to a lack of masking and distancing, not BA.2.

Flu vaccination encouraged as people remove masks

Oregon is seeing a late-season rise in flu cases – flu season generally peaks around late January or February – as mask requirements for public indoor spaces and schools fall away, making it easier to spread the virus from person to person, according to Oregon Health Authority communicable disease experts. The 2020-2021 flu season was virtually non-existent as public health restrictions, such as stay-home orders, mask requirements, and limits on indoor and outdoor gatherings, kept flu cases down at record-low levels.

Now, Oregon is seeing more cases at a time when the season is usually ending. During the week of March 6 to March 12, Oregon reported that 3.1% of influenza tests were positive, compared with 2.5% the week of February 27 to March 5, 1.6%.

Anyone ages 6 months and older should get the flu vaccine, particularly young children, older adults and those who have chronic conditions such as cardiovascular disease or metabolic diseases such as diabetes. Flu vaccines do not protect against COVID-19, so it's important to get both the flu vaccine and the COVID-19 vaccine. Both vaccines are available from health care providers, local health departments and many pharmacies in Oregon.

To find flu vaccine clinic, visit www.flu.oregon.gov and use OHA's flu vaccine locator tool.

Isolation calculator

CDC's new [COVID-19 Quarantine and Isolation \(Q&I\) Calculator](#) takes the stress out of figuring when, and for how long, people with COVID-19 and close contacts need to stay home, get tested, and wear a well-fitting mask. Developed in response to requests from partners and the public, the calculator provides important information about what precautions people with COVID-19 and their [close contacts](#) can take to protect loved ones and slow the spread of COVID-19 in their communities.

This online, mobile-friendly calculator provides an easy-to-use way to help people follow CDC's [quarantine and isolation](#) guidance and get customized information to address their unique situation. It can be used by individuals, healthcare providers, businesses, and organizations that are managing COVID-19 cases and close contact exposures. The Q&I Calculator is **not** for people with COVID-19 who are moderately or severely ill or those who have a weakened immune system (immunocompromised)—they should talk to their doctor about when to end isolation.

In addition, this tool does not apply to cases and close contacts identified in certain settings. Parents with children in K-12 schools or early care and education (ECE) programs should consult their program administrator for specific isolation and quarantine guidance in their school or ECE setting. For information about isolation and quarantine in high-risk congregate settings and healthcare settings, refer to [COVID-19 Quarantine and Isolation](#).

OHA seeks youth ages 15-19 for advisory council on pandemic recovery

Oregon Health Authority (OHA) is looking for young people ages 15-19 to lead a [Youth Advisory Council \(YAC\)](#) that will decide how to spend \$1 million to help youth and their communities and schools recover from the COVID-19 pandemic. The funding is part of a grant from the Centers for Disease Control and Prevention to provide economic relief following the pandemic.

YAC members will work together to:

- Define what recovery looks like and the values of recovery
- Identify needs and health inequities that are priorities for youth
- Have discussions about health equity and community engagement
- Talk about what is already happening regarding pandemic recovery for youth

From applications received through March 31, OHA will select 20 youth to serve on the advisory council. They will be required to attend a once monthly two-hour meetings and asked to spend about three additional hours a month on council activities, as well as attend two four-hour retreats.

COVID-19 hospitalizations

The number of hospitalized patients with COVID-19 across Oregon is 179, which is 13 fewer than yesterday. There are 28 COVID-19 patients in intensive care unit (ICU) beds, which is one fewer than yesterday.

There are 110 available adult ICU beds out of 668 total (16% availability) and 338 available adult non-ICU beds out of 4,256 (8% availability).

COVID-19 vaccinations in Clackamas County

[Vaccination data](#) for Clackamas County.

Age Groups of people in Clackamas County who have received at least one dose of the COVID-19 vaccine in Oregon (per OHA)		
AGE	NUMBER VACCINATED	% SERIES COMPLETE
5 to 11	15,983	42.4%
12 to 17	23,441	71.7%
18 to 19	7,075	72.0%
20 to 49	122,386	73.9%
50 to 64	69,650	69.4%
65+	73,245	82.0%

COVID-19 cases in Clackamas County

The number of [new confirmed and presumptive COVID-19 cases reported](#) for Clackamas County.

Week of Date	Case Count	Cases per 100k	Test Positivity
March 19 th	143	25	1.3%
March 12 th	198	53	2.9%
March 3 rd	302	81	3.7%
February 28 th	428	101	3.0%
February 22 nd	754	153	7.3%

Testing Response

Americans can order 4 more free COVID-19 tests. Visit <https://www.covidtests.gov/> to order your free at-home tests or go directly to the USPS order form: <https://special.usps.com/testkits>.

If you need help ordering your tests, you can call 1-800-232-0233 (1-888-720-7489 for TTY).

Clackamas Community College Harmony Campus Testing Site Expands Hours and Testing Options
[Curative's](#) testing site at Harmony Campus in Milwaukie will operate 7 days a week with expanded afternoon hours on weekdays. The site also now offers no-cost rapid molecular testing with results available in about an hour. Appointments are not required.

[PCR Testing](#) (Results usually within 48-72 hours)

Monday - Friday, 8:00a - 5:00p

Saturday & Sunday, 8:00a - 12:00p

[Rapid Molecular Testing](#) (Results usually within an hour)

Monday - Friday, 9:00a - 4:30p

Saturday & Sunday, 9:00a - 11:30a

Disease Response

All regularly scheduled vaccine clinics remain open and the walk-in numbers are increasing substantially. Staff is working in partnership with Clackamas Community College for a two-day vaccine clinic on March 29-30, where free at-home test kits and PPE for students and faculty will be distributed. The mobile vaccine team will be conducting an onsite business vaccine clinic for boosters at Imperfect Foods on March 29.

The POD Assistants team completed first round of the Alert database outreach project, contacting more than 2,200 records from everyone vaccinated through Clackamas County Public Health who did not complete their primary series and/or were due for a booster. Project results: 1,819 phone calls were initiated; 45 scheduled vaccine appointments; 36 walk-in commitments; 16 updated Alert records from vaccine cards; 5 in-home vaccine appointments scheduled; and 23 informed they had already completed their series.

Last week, the COVID Investigation & Outreach opened 143 cases and managed 20 active outbreaks. The team continued their work of updating resources to reflect the changes in quarantine, masking, and investigative guidelines in order to provide ongoing support to our community partners. With the decreased case load, staff have been able to use their skills to provide assistance in other Public Health areas. The Education and Referral team within our unit has begun processing rental assistance through the Social Services Rent Assistance Program (SSRA). This program is for individuals who lost income due to COVID-19 and may be at risk of missing a rent payment, being late on a rent payment, or being evicted. It represents one of many ways our unit supports the citizens of Clackamas County.

COVID-19 Update

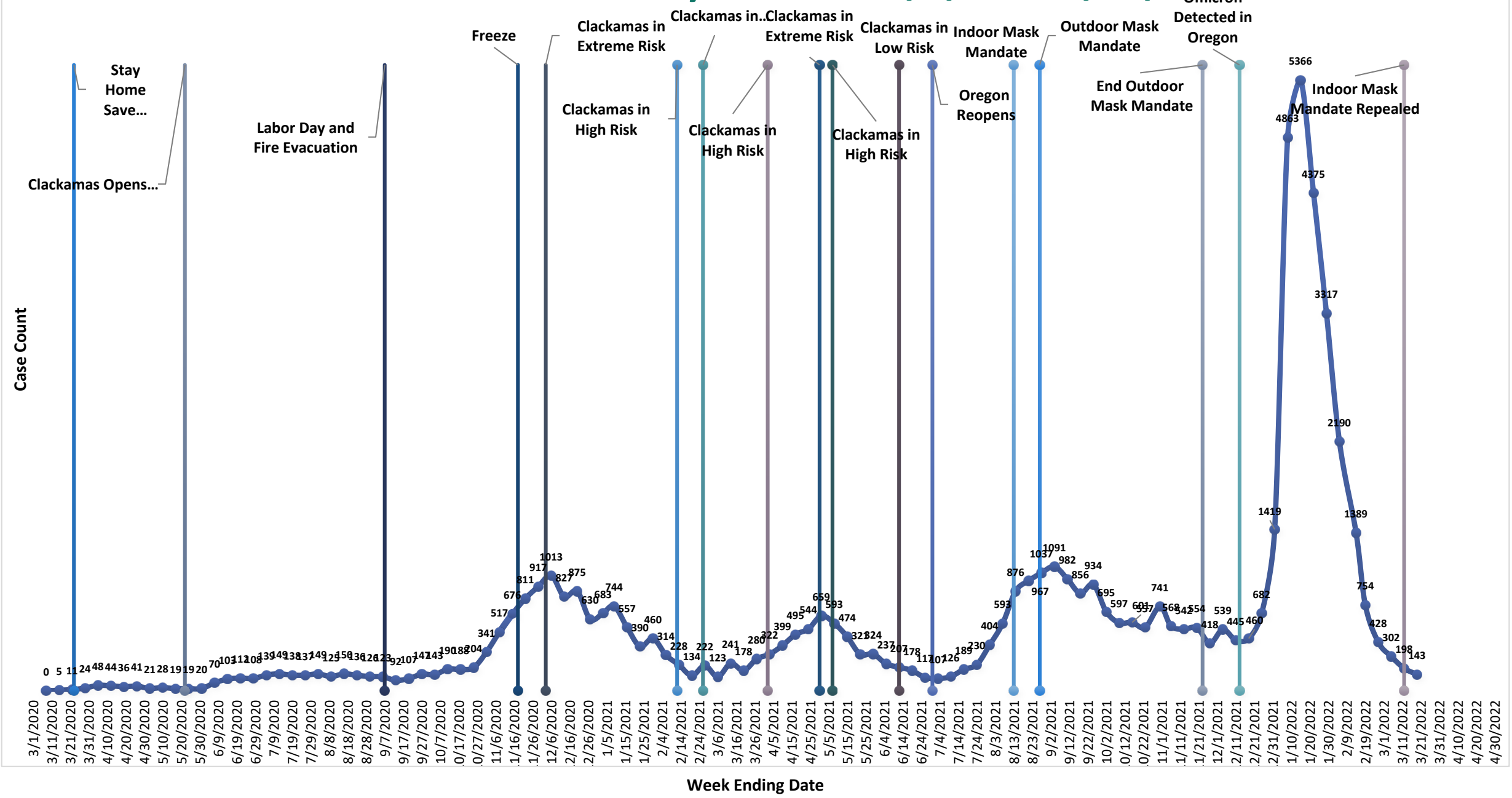
3/24/2022



COVID Current Case and Death Data

as of 3/22/2022	Total cases	Total deaths	Change since 3/8/2022
Clackamas County	59,627	552	Cases: +104 Deaths: +15
Multnomah County	111,984	1,102	Cases: +385 Deaths: +6
Washington County	84,907	538	Cases: +107 Deaths: +1

ClackCo Case Count by Week for 3/1/20 - 03/19/22

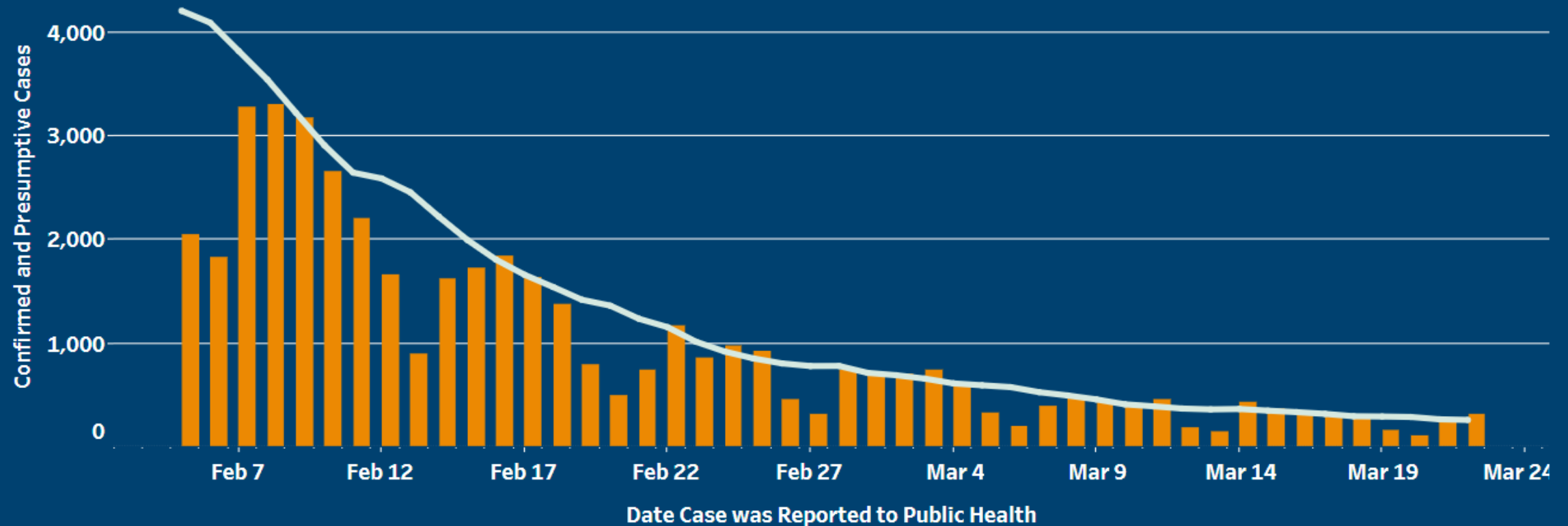


Statewide Numbers from March 22, 2022

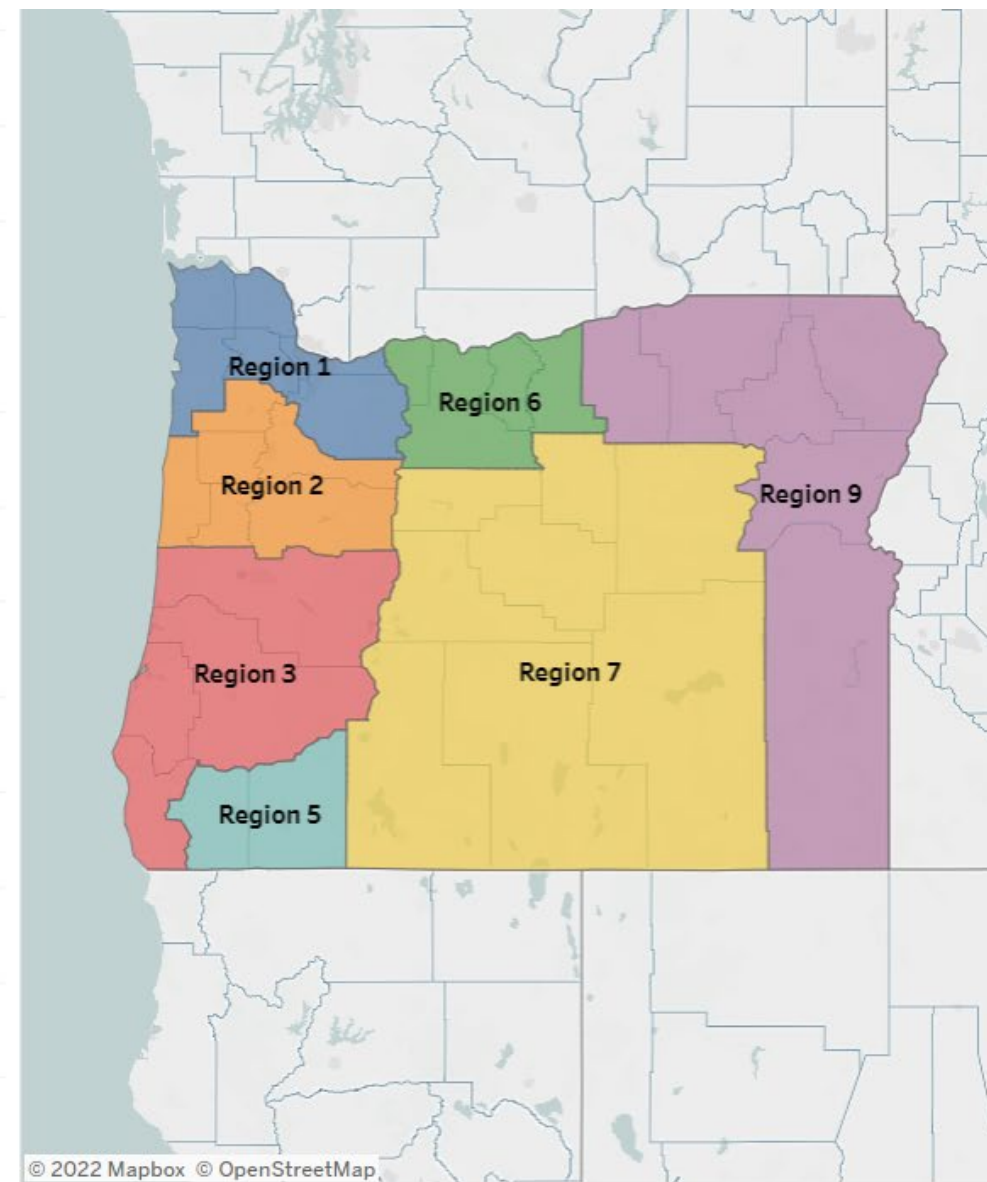
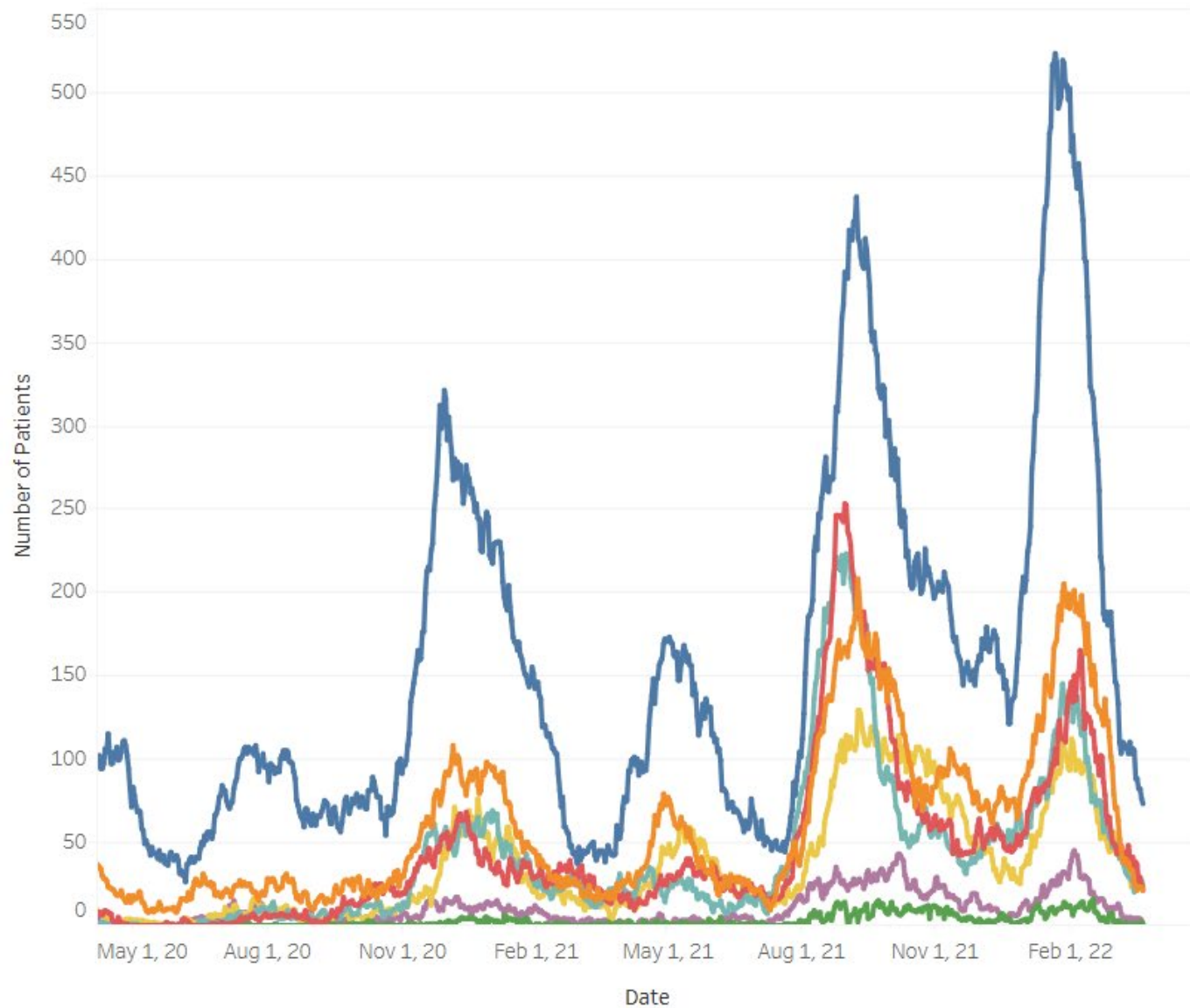
New Cases	7 Day Daily Average of Cases	Cases Per 100k in Previous 7 Days	COVID-19 Patients Hospitalized†	Tests Reported	Test Positivity	New Deaths
314 ▲	251.3	41.21	165 ▼	11,441	3.0%	30

Arrows indicate an increase or decrease from the previous day. †Hospitalization data from Oregon's Hospital Capacity Web System (HOSCAP).

Daily Cases and 7 Day Moving Average over the Previous Six Weeks



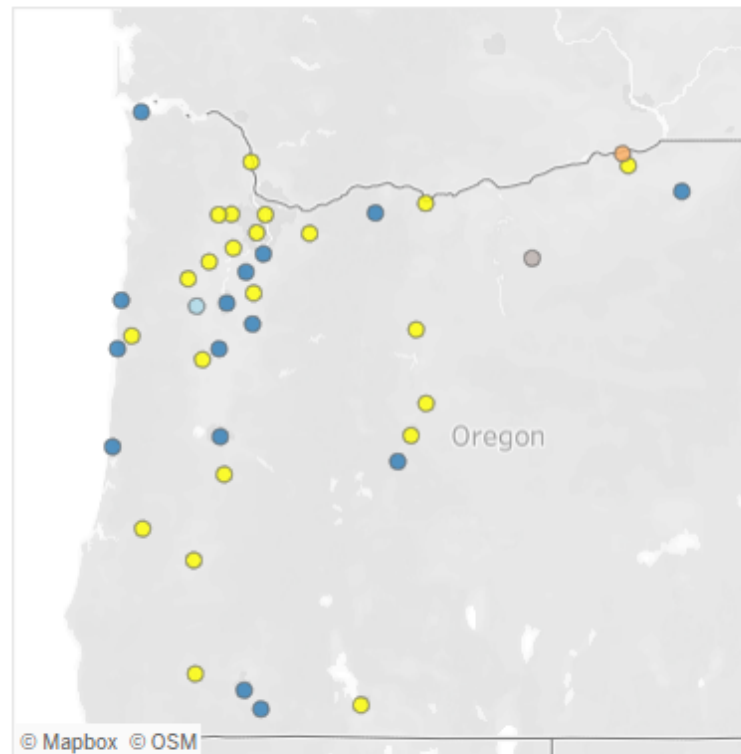
COVID-19 Positive Patients in Oregon Hospitals



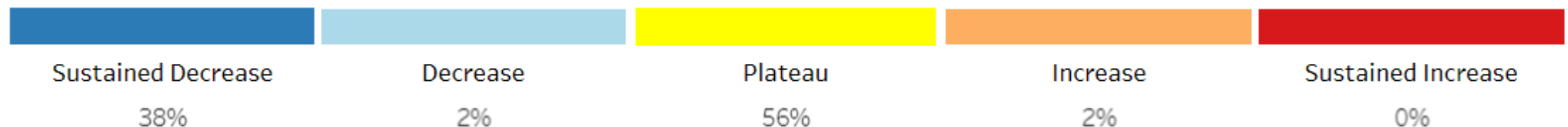
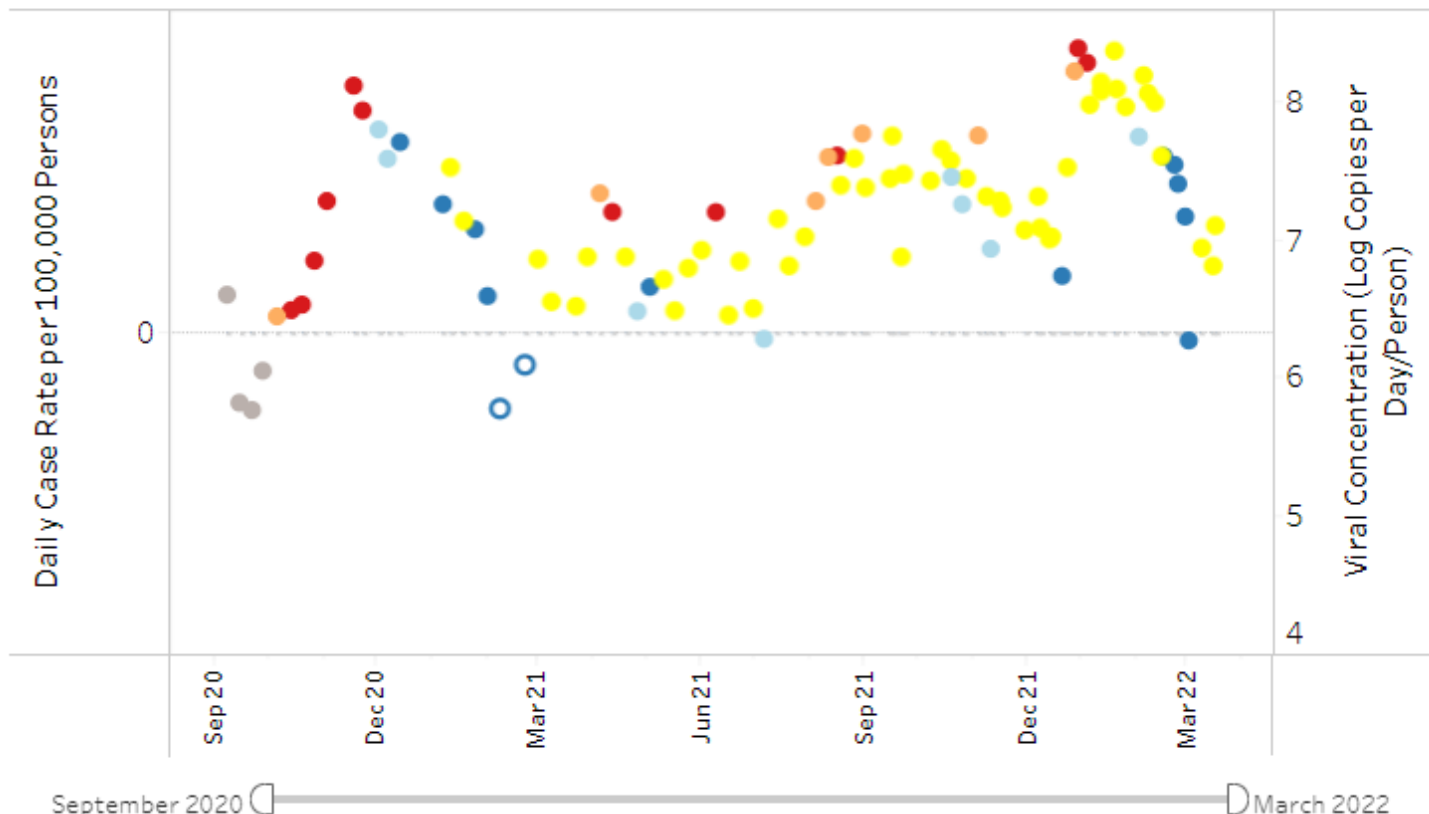
Oregon's SARS-CoV-2 Wastewater Monitoring

Portland, OR
Population: 662,235
Last Sample: 3/16/2022

Hover over a dot to see more information about the wastewater sample, including detection of variants of concern. Use the date filter at the bottom to limit the data in the view. Click a blank area of the map to clear your city selection.

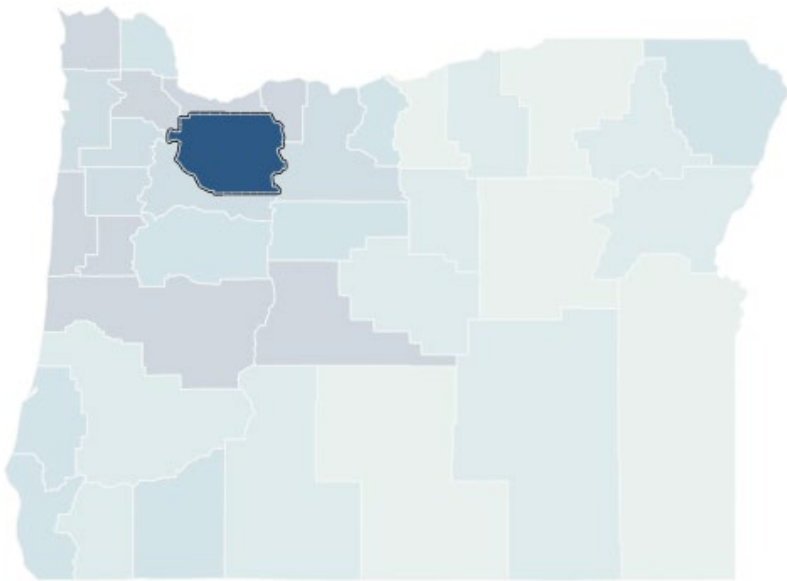


[Take me to the introduction page](#)



Clackamas County Vaccinations

as of 3/23/2022



People ages 18 years and older living in ClackCo

80.2% have received at least one dose.

74.6% have completed their primary series.

46.7% have received an extra dose (*3rd dose or booster*)

Entire ClackCo Population

Primary Series In Progress: **22,204**

Primary Series Complete: **289,634**

749,197 doses administered in Clackamas

311,838 people vaccinated in Clackamas

Omicron Updates

- Worldwide case count dropped 12.9%
- U.S. averaging 32,906 new cases a day
- U.S. case counts at 4% of peak
- Oregon averaging 314 cases a day
- Oregon case counts at 3.5% of peak
- ClackCo averaging 20 cases a day
- ClackCo case counts dropped 29%



Free Tests

Federal Free At-Home Tests

- Every home in the U.S. is eligible to order **4 more** free iHealth tests
- Orders will usually ship in 7-12 days
- Order your tests today at covidtests.gov



CCPH Free At-Home Tests

- Local governments and municipalities can request test kits
- Small businesses and a variety of organizations serving vulnerable populations can also request test kits
- Available at all vaccine clinics
- Organizations interested in requesting kits should visit


<https://www.clackamas.us/coronavirus/testkits>

Free Drive-Through Tests


- Weekly at Clackamas Community College Harmony Campus
- Now open 7 days a week
- PCR Testing:
M-F, 8:00a - 5:00p, Sat-Sun, 8:00a - 12:00p
- Rapid Molecular Testing:
M-F, 9:00a - 4:30p, Sat-Sun, 9:00a - 11:30a
- Schedule an appointment cur.tv/milwaukie

OHA COVID-19 Hotline and Website


COVID-19 Support Hotline
New Oregon Health Authority resource for those who have tested positive and for COVID-19 questions




General health information




Isolation and quarantine information




Advice on how to talk to close contacts



Resources to help with isolation



help with reporting of positive test result



Multiple languages available

Call: 866-917-8881 or visit Oregon.gov/positivecovidtest
Phone hours: 8am-6pm Monday-Friday, 10am-4pm Saturday

- Report positive at-home or testing provider COVID-19 tests
- Take a 20-45 minute online survey
- Get information about what to do if you test positive
- **Now supporting school-related questions**

Supporting Mental Health and Emotional Health

As masks start to come off, it is normal that we may experience some feeling of fear and anxiety. You might find that going mask-less in public and transitioning back to “normal” makes you feel out of place or worried. Here are a few tips you can use to manage your mental health during this time.

- Focus on things you can control; i.e. when you are comfortable taking your mask off in public
- Fuel your body by eating a healthy diet and drinking plenty of water
- Spend time outside
- Take deep breaths and stretch often
- Stay connected to your support systems
- Use kindness and support each other through this phase of recovery
- Connect with someone who will listen at safestrong@Clackamas.us or call 503-655-8585

Masks are Welcome Here

We support your choice
to wear a mask



Vaccine Clinics Through March 2022

Walk-ins available, while vaccine supplies last, and within 30-minutes of clinic closing time.

Date	Location
Monday 2pm – 7pm	Molalla United Methodist Church 111 S. Mathias Rd, Molalla
Tuesday 2pm – 8pm	Canby Foursquare Church 2350 SE Territorial Rd, Canby
Wednesday - Saturday 11am – 7pm	Clackamas Town Center 12000 SE 82 nd Ave, Happy Valley (2 nd floor next to LensCrafters)
Thursday 3pm – 7pm	Providence Willamette Falls Community Center 519 15 th St, Oregon City
Friday 2pm – 5pm	Sandy Community/Senior Center 38348 Pioneer Blvd, Sandy

VACCINE SCHEDULING



Local opportunities in ClackCo:
clackamas.us/coronavirus/vaccine

Schedule via Email:
COVIDvaccine@clackamas.us

Schedule via Phone:
[\(503\) 655-8224](tel:5036558224) *(Mon-Fri. from 8am-5pm)*

**Register to receive notification for
when an appointment is available:**
GetVaccinated.oregon.gov

COVID-19 Wraparound Services

Available Resources

- Rent, Mortgage, Utilities, Food, Emergency Shelter, Financial Assistance

How to Refer Someone for Assistance

- Email EOCCBO_Coordinator@Clackamas.us with the client's full name, date of birth, address, and what their current needs are
- Direct them to call the PIC line to be connected with one of our referral coordinators: 503-655-8224

Eligibility

- Clients are eligible for wrap-around support if they have tested positive for COVID-19, meet presumptive criteria, or are a confirmed close contact

What can you do for vaccine safety?

- Report adverse events following vaccination to VAERS even if you aren't sure if the vaccination caused the adverse event
- Enroll yourself in v-safe
- Healthcare providers, encourage your patients to enroll in v-safe
- Parents and guardians, you can enroll your children in v-safe



VAERS

Vaccine Adverse Event
Reporting System

<http://vaers.hhs.gov>



vsafe.cdc.gov/en/

Please get involved, your participation matters



County Resources

Help protect yourself and others by staying home if you are sick. Visit our webpage for more resources:

www.clackamas.us/coronavirus

