

Clackamas Board of Commissioners Planning Meeting December 13, 2023 1:00-2:30 pm

Recovery Oriented System of Care (ROSC)

Agenda and Food for Thought

AGENDA:

- Review investments underway/committed (recovery and housing)
- Identify (brainstorm) elements of success for ROSC System
- Discuss Recovery Oriented <u>Center</u> components
- Manage Expectations: What does "making progress" look like to each Commissioner/What do you need?
- Measurable outcomes/SMART goals
- Next Steps

Food For Thought (Examples for Discussion)

Vision Statements

- Individuals at risk of, or who have a substance use disorder, have timely access to the person-centered support, care and resources they need to achieve long-term recovery.
- The existing system is transformed system into a Recovery-Oriented System of Care focused on access, treatment, and long-term recovery for individuals affected by substance abuse disorder
- People with substance abuse disorders are connected with the right services at the right time to support sustained recovery and reduce unnecessary incarceration and emergency room encounters.

Goals:

- People in recovery are housed
- People in recovery are healthy
- People in recovery have purpose through work, education or other activity
- People in recovery have a strong community of support

Objectives

- To intervene early with individuals with alcohol and other drug problems
- To support sustained recovery for those affected by addiction
- To support preventive strategies related to substance abuse disorders; and
- To create opportunities for collaboration among formal and informal systems

Success Factors

- Stigma and social isolation decrease.
- All individuals have the opportunity to recover
- Prevention, early identification, treatment, and recovery are understood and utilized and embedded in the continuum of care.
- Services, supports, and decisions are client-centered and client-driven.
- Services have clear entry points and are available when needed.
- Recovery rates have increased and are sustained through improved access, engagement, and retention in services.

Core Measures

- 1. Access.
- 2. Retention.
- 3. Outcomes.

Definitions:

Recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

Recovery-Oriented Systems of Care: A coordinated network of community-based services and supports that is personcentered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.

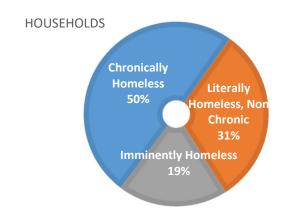
Recovery Capital: The resources (social, physical, human, and cultural) necessary to begin and maintain recovery from substance use disorder.

Recovery Management is a philosophy for organizing treatment and recovery support services to enhance pre-recovery engagement, recovery initiation, long-term recovery maintenance, and the quality of personal/family life in long-term recovery.

Clackamas County Coordinated Housing Access (CHA) 2023 Waitlist Analysis

Overall Households in CHA 1,569 Approximate Number of People 2,105

Households	1,569
Chronically Homeless	778
Literally Homeless, Non Chronic	489
Imminently Homeless	302



Families with Children	224	
Chronically Homeless	83	37%
Literally Homeless, Non Chronic	79	35%
Imminently Homeless	62	28%
Average household size: 2.90		

Adult Only	1,276	
Chronically Homeless	682	53%
Literally Homeless, Non Chronic	394	31%
Imminently Homeless	200	16%
Average household size: 1.22		

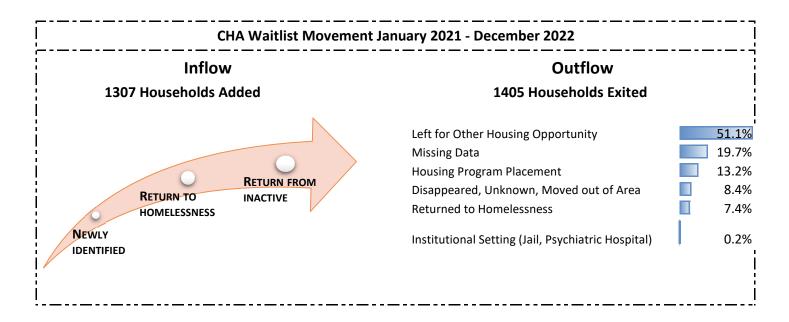
Subpopulations:

Youth Households Under Age 25	105	
Chronically Homeless	22	21%
Literally Homeless, Non Chronic	30	29%
Imminently Homeless	53	50%

Survivors of Domestic Violence	458	
Chronically Homeless	187	41%
Literally Homeless, Non Chronic	167	36%
Imminently Homeless	104	23%

Adults Age 62+	255	
Chronically Homeless	111	44%
Literally Homeless, Non Chronic	93	36%
Imminently Homeless	51	20%
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Veteran Households	120	
Chronically Homeless	46	38%
Literally Homeless, Non Chronic	45	38%
Imminently Homeless	29	24%



Definitions

Coordinated Housing	The system created to allow people experiencing a housing crisis to access, through a single point of
Access (CHA)	contact, all homelessness prevention and housing programs.
Imminently Homeless	Must be out of current residence within 14 days, with no subsequent nighttime residence identified
	and lacking resources to obtain subsequent residence.
Literally Homeless	Sleeping in either an emergency shelter, transitional housing program, or place not meant for
	habitation (car, tent, street, barn, abandoned building, garage, etc.).
Chronically Homeless	Sleeping in emergency shelter or place not meant for habitation, have slept in such a location for at
	least 12 months of the past 3 years, and have a diagnosed disability.
Household	A group of people who are either currently staying together or who plan to stay together once
	adequate residence is identified. Can include those with or without children.
Youth Household	Household where no member is over the age of 24. Can include those with or without children.

Top Areas Where People Have Been Staying

Clackamas County	381	27.4%
Oregon City	235	16.9%
Milwaukie	182	13.1%
Multnomah County	175	12.6%
Happy Valley	80	5.7%
Other County or Area	68	4.9%
Gladstone	50	3.6%
Molalla	45	3.2%
Wilsonville	35	2.5%
Canby	33	2.4%
Sandy	30	2.2%
Estacada	24	1.7%
Lake Oswego	17	1.2%
Boring	9	0.6%
West Linn	9	0.6%

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Head of Household Demographics

Overall Households in CHA

1,569

Many of the categories on this page display missing data. The majority of missing data comes from participants screened through a domestic violence service provider. In accordance with statutory requirements, not all of their demographic data is recorded in our database. 160 households were screened through a domestic violence service provider.

Race **Ethnicity** American Indian or Alaska Native 52 3.3% Hispanic/ Non 7 Asian 0.4% Hispanic/Latino Latino 1349 Black or African American 139 83 5.3% 86.0% 8.9% Native Hawaiian/Pacific Islander 21 1.3% White 1195 76.2% Dont Missing **Know/Refused** Multiple Races 109 6.9% 15 61 Don't Know/Refused 46 2.9% 3.9% 1.0% Missing 56 3.3% Under Age 18 Age 18-24 Age 25-61 Age 62+ Missing Age 98 1062 255 150 Gender Gender Non-Conforming, 8 71% Female, 731 Male, 609

Household Type Household with Children 14% Youth - Parenting Unaccompanied 3%

Missing, 214

Transgender, 7

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H3S Recovery Oriented System of Care Substance Use Services in Clackamas County

A <u>recovery oriented-system of care</u> is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.

- Substance Abuse and Mental Health Services Administration (SAMHSA)

Current Services			
Prevention	Intervention	Treatment	Post-Treatment/Recovery
 24/7 Crisis & Support Line Technical Assistance for Youth Programming Assessing local prevention needs based on data (Student Health Survey; Community Mapping; Overdose data) Housing Affordable Housing Development 	 Recovery supports for overdose survivors (Project Hope - partners with community paramedics, AMR, Fire, Peer Recovery mentors) 24/7 Crisis & Support Line 24/7 Mobile Crisis Response Naloxone Distribution School-based early-intervention services 	 Intensive Care Coordination Withdrawal Management (detox) Outpatient Substance Use Treatment Community Corrections Substance Use treatment Medication Assisted Treatment Peer Recovery Services Supported Employment 	 Peer Recovery Services Recovery Housing
 Housing Retention & Stability (rent assistance, eviction prevention) Education and Awareness: Trainings & Presentations Community Messaging Parenting Education with substance use prevention content (1 –2 Class Series/Year). Evidence-based substance use and overdose prevention education in schools 	 Involuntary Commitment Program (ICP) Law Enforcement Assisted Diversion (LEAD) Housing Street Outreach Coordinated Housing Access Emergency Shelter Rapid Rehousing Transitional Housing Supportive Housing 		

Services in Development			
Prevention	Intervention	Treatment	Post-Treatment/Recovery
 Implementing evidence-based prevention programs in schools and communities 	 Aid and Assist housing (charged but unable to aid in their own defense) Community triage & stabilization Navigation Center 	 Health Centers-Behavioral Health clinic location and expansion 23-hour Crisis Stabilization (Receiving) Center 	Serenity & Haven HousesRecuperative Care Shelter