CCRS

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Online Mediation Resources

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Peace is not the absence of conflict but the presence of creative alternatives for responding

Training Resources/Nuts and Bolts

<u>Print and online resources for mediators and negotiators</u> provides books and online resources on Mediation, Conflict Resolution, and Consensus-Building, Negotiation; as well as, Decision-Making, Influence, and the Mind.

<u>Conflict Styles for Mediators.</u> The five styles of conflict resolution are helpful to categorize clients. But what should mediators do to help move them toward collaboration? Zena Zumeta, well-known mediator and mediation trainer, goes through the styles and identifies successful mediator interventions for each style.

Elder Mediation . An article in the Chicago Tribune about managing mediation with aging parents.

Mediation Training video. Fighting Fair, a parent adolescent conflict.

Mediation Roleplays from University of Maryland. These are two Ombuds training videos.

to passive or aggressive responses, alternatives to violence.

-Dorothy Thomps

to conflictalternatives

Opportunities this Week

May 21. Dr. Randy Kinnison and Building a Successful Mediation Practice. OMA Roundtable from 4:00 -5:30 pm. Registration: OMA@ORmediation.org to receive an invite. Zoom "space" is expected to fill up quickly! Free for OMA Members.

May 20 and 23. <u>Tools for Harmony within Diversity: *The Friendly Style Profile* from Lane County Center for Dialogue and Resolution.</u>

May 21. Multidisciplinary Programs for Prevention and Responding to Contact Failure: Education, Early Identification, and Timely, Effective Judicial Intervention

Judge Philip Marcus, LLM, (Ret.) May 21, 2020, 11:30am-1:00pm Eastern Time US

Registration closes on May 20, 2020. Workshops are \$15. More Association of Family and Conciliation Courts workshops available.

May 28 Virtual Tele-Mediation Town Hall, facilitated by Kabrina Bass, Executive Director of Midlands Mediation Center in South Carolina. Sponsored by National Association of Community Mediation . You will need to pre-register for the Virtual Tele-Mediation Town Hall. To register, please click on this <u>link</u>.

Bridges Academy Courses on Conflict Management. A variety of multicultural dispute resolution and best practices in resolving conflicts workshops.

Compassion Circle offerings from The Compassionate Listening Project (Regular, Weekly, and Free)

https://www.compassionatelistening.org/compassioncircles

Wednesdays, 9:00 - 10:30 am, <u>Sowing the Seeds of a New Normal</u>, w/ Sharon Gubbay-Helfer Bill Jacobsen

Thursdays, 12:00 - 1:30 pm, *Heart Medicine in a Hurting World*, w/ Rachel Eryn Kalish and Susan Partnow

Fridays, 12:00 - 1:30 pm, Cultivating Global Resilience w/ Gil Bar-Sela & Laurie Archbold

Sundays, 1:30 - 3:00 pm, *Thorns and Buds: What Hurts? What's Possible?* w/ Yael Petretti and Debby Haase

How to Register Volunteer Hours

Keep track of your volunteer hours. Log in your Continuing Education hours as we listen to podcasts, videos, etc. To log CE hours, volunteers can access the regular google form at this link: http://bit.ly/2IGxDSs Use "Debrief and Education hours". If there is any content relating to Ethics or Confidentiality, click those boxes as appropriate. Then put the general subject under "other".

Self-Care During Covid-19					