

For multifamily communities



Recycling tips for your move.
Take care.



Recycle at Home
from Metro and your local governments

www.recycleathome.org



Ready to go.

Thank you for being a member of our community.

As you are preparing for your move, most likely there will be items you don't want to take with you. Here's an easy reference guide to help you plan your move. It includes ideas to help you find new homes for unwanted items ahead of time, lists of what can be recycled on-site, what needs to be taken elsewhere for safe and proper handling, and where to get help. Moving is a chore, but managing your stuff properly goes a long way to making it easier.



1 Think ahead—if you have items you no longer want, have a garage sale, donate them in advance or post a note and offer them up to your neighbors.

2 Reuse boxes by borrowing from others or collecting them from local stores.

3 Save newspapers to pack your belongings. After you unpack, recycle them at your new home.

4 Large items? Ask your property manager how best to handle these. Leaving them in your garbage area is considered illegal dumping.

5 If you have paint, chemicals, cleaners, or other hazardous materials, deliver them for free to one of Metro's Household Hazardous Waste Facilities or dispose of them at a neighborhood collection event. Call 503-234-3000 for locations and hours.

Recycle the following items on-site in your community's recycling bins.

Paper

- Cardboard (*no pizza boxes*)
- Newspapers
- Junk mail
- Catalogs and magazines
- Phone books
- Cereal and dry food boxes (*nothing from the fridge or freezer*)
- Shoe boxes

Metal

- Metal cans
- Aluminum foil and aluminum bakeware (*clean*)

- Scrap metal (*less than 30 lbs.*)
- Empty aerosol cans (*no caps, nozzles left on*)

Plastic

- Plastic plant pots (*clean, rigid, 4" or larger*)
- Plastic bottles (*no caps, no hazardous materials, rinsed*)
- Plastic tubs and jars (*no lids, rinsed*)
- Plastic buckets (*clean, 5 gallons or smaller*)
- Glass
- Glass bottles and jars

These items are recyclable, but need to be taken to an off-site collection depot. Call 503-234-3000 for a location closest to you.

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| Plastic bags | Batteries |
| Bubble wrap | CDs, DVDs and cases |
| Plastic packaging (<i>clean take-out food containers</i>) | Compact fluorescent light bulbs |
| Packing peanuts & block foam | Cell phones |
| Plastic toys, crates or storage bins | Computer equipment |
| Plastic lids (<i>2" and larger</i>) | Televisions |
| Hazardous waste and household chemicals | Small appliances (<i>irons, coffee pots, microwaves, etc.</i>) |
| Wood | Athletic shoes |
| Books (<i>hard- and paperback</i>) | Vegetable oil |

Remember: these items are garbage.

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| Pet food bags | Paper takeout containers (<i>or anything with food on it</i>) |
| Paper towels or tissue | Photographs |
| Pizza boxes | Foam rubber |
| Coated paper/foil lined paper | Motor oil containers (<i>or anything else that's held hazardous materials such as oven cleaner, pesticides, etc.</i>) |
| Frozen food boxes | Broken, stained or damaged furniture |
| Household glass and ceramics (<i>vases, mugs, drinking glasses, mirrors, incandescent light bulbs</i>) | |
| Small plastic caps and spray or pump tops | |

Don't worry if you have stuff to get rid of that isn't listed here.

If it can't be recycled on-site, call 503-234-3000, we can help you find a home for most things you no longer want or need. Swap, sell or donate your unwanted items rather than tossing them in the trash. You might make some extra cash as well as lighten your load. Help neighbors in need by donating clothing, household items and furniture in good condition to a local charity or school. Here are some ideas to get you started:

Have a garage sale

Ask your property manager if you can hold a garage sale, or post "for sale" notices on community bulletin boards.

Craigslist

www.craigslist.org

Craigslist is an easy way to post items you'd like to sell.

Freecycle

www.freecycle.org

Freecycle offers an online opportunity to give items to a good home.

Offer things to your neighbors

Perhaps your neighbors can use items you no longer need. Ask around or post free items on your community bulletin board.

Donate usable items

Donate clothing and household items that are in good working condition. Remember, charities will not accept broken, torn, stained, worn out or damaged items, or items that require repair or cleaning. Many charitable organizations accept drop-off and some even pick up donations. Be sure to call first.

Other resources

www.oregonmetro.gov/findrecycler



Please don't leave your bulky items or unwanted furniture in the community trash area. This is considered illegal dumping.



Metro

Questions? Contact Metro
Recycling Information by
calling **503-234-3000** or visit
www.recycleathome.org

Metro Recycling Information

503-234-3000 www.oregonmetro.gov/recycling

Get everything you need to know about recycling, garbage and hazardous waste disposal. Friendly staff with fast, helpful answers to your recycling, disposal and waste prevention questions. Call us between 8:30 a.m. and 5 p.m. Monday through Saturday. We can answer your questions about:

- *how to recycle at home*
- *how to recycle at work*
- *find a recycling/disposal option beyond your on-site bins*
- *household hazardous waste*
- *green household products*
- *natural gardening, composting*
- *construction site recycling*
- *electronics recycling*
- *waste prevention tips*
- *reducing junk mail*
- *recycling Christmas trees*

Electronic waste

www.oregonrecycles.org

You can recycle computers and TVs for free in Oregon. Many electronic items, including computers, monitors and televisions, contain hazardous materials and must be recycled properly. Picture tubes, called cathode ray tubes (CRTs), contain three to eight pounds of lead. Circuit boards contain lead, cadmium, mercury and other hazardous materials. Other computer accessories that should be recycled are:

- *keyboards and mice*
- *printers and scanners*
- *cables*
- *speakers*
- *cell phones*
- *hand-held devices*
- *photocopiers*
- *fax machines*
- *stereos*
- *VCRs and DVD players*

Hazardous waste

www.oregonmetro.gov/hhw

Many household products you use in your yard and home can hurt people, fish and wildlife if used or disposed of incorrectly. You may be surprised at the products in your home that have the words *warning* and *caution* or even *poison* on the label. You should never dispose of your household toxic trash down the sink, on the ground, down a storm drain or in the garbage. Bring these kinds of items to Metro's neighborhood collection events or permanent facilities for safe disposal or recycling for free:

- *paints and stains*
- *pesticides, herbicides, fertilizers and poisons*
- *motor oil, antifreeze and other automotive fluids*
- *thinners and solvents*
- *household cleaners, disinfectants*
- *batteries*
- *art and hobby chemicals*
- *aerosol spray products*
- *"sharps" (medical syringes)*
- *propane tanks or bottles from barbecue grills*
- *compact fluorescent light bulbs (CFLs), fluorescent tubes and ballasts*
- *mercury-containing items such as thermometers and thermostats*

