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# CLACKAMAS COUNTY PUBLIC HEALTH DIVISION

## WEEKLY REPORT ON COVID-19 FOR 3/10/2022

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### Mask mandate lift, quarantine and contact tracing pause

With Omicron's acute surge behind us, a significant proportion of our state's population has been vaccinated or has developed immunity following a COVID infection. Starting March 12, 2022, the indoor mask mandate will be lifted, and contact tracing and quarantine will be paused for the general population in Oregon, including in K-12 and childcare settings. These measures will still be required in high-risk settings, including health care settings, jails and prisons, and shelters.

The decision to pause contact tracing and quarantine is based in science and reflects recent guidance from the [Centers for Disease Control and Prevention](#). It acknowledges that these practices now have very limited impact on reducing the transmission of COVID-19, outside of high-risk settings.

Beginning March 12, if you have been exposed to someone who has COVID-19, you do not have to quarantine, stay home away from others after an exposure, regardless of vaccination status. This includes children and staff in K-12 and childcare settings. Isolation guidelines remain the same and will still apply to people who have tested positive for COVID-19 or who have symptoms. People who have symptoms or test positive for COVID-19 should stay at home for five days, then wear a well-fitting mask for an additional five days when they are around other people.

Even if you choose to not use a mask after March 12, don't throw them away just yet. Mask use is still recommended if you test positive for COVID-19, they will still be required in certain settings, and masks still protect you even if other people aren't wearing masks.

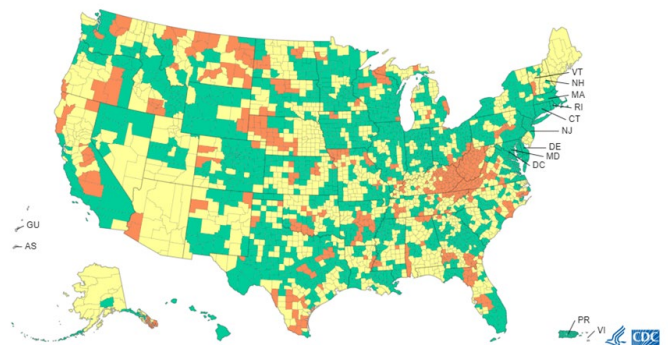
### Omicron update

The global COVID-19 death toll surpassed 6 million on Monday, according to [data from Johns Hopkins University](#). Global daily deaths have been dropping quickly over the past month, down from about 11,000 a day in the second week of February to about 7,000 a day now— one of the lowest rates reported over the past year. But, the loss is still immense, with about 1 million deaths recorded over the past four months. The United States has reported more COVID-19 deaths than any other country, about 960,000 total, but the CDC estimates that the true death toll for the country is about 32% higher.

While the pandemic is not yet over, the move from pandemic, a widespread and rapid spread of disease with exponentially rising cases over a large area, to endemic, viruses are constantly present and have a fairly predictable spread, appears to be accelerating. As of March 2, 2022, the current 7-day moving average of daily new cases in the U.S. (53,017) decreased 28.5% compared with the previous 7-day moving average (74,143).

U.S. COVID-19 Community Levels by County Map

Data provided by CDC  
Updated: March 3, 2022



According to the CDC's [updated data](#) on COVID-19 community levels, the number of counties with "high" COVID-19 levels dropped from about 1,200 on February 24 to 472 on March 3. Using the new metrics, which factor in rates of infection and hospital capacity, CDC data show more than 90% of US residents live in a location with low or medium COVID-19 community levels. Clackamas County, and most nearby counties, are currently in the "low" category, Marion County is still in the "medium" category.

Coronavirus case and hospitalization metrics in Oregon have returned to their lowest levels since the early days of the Delta variant last summer. Weekly cases fell 28% in the last week, marking the sixth consecutive week of declines. Oregon is averaging about 550 daily cases per week, down from 774 cases the week prior. This number represents the lowest number of daily cases since July. And hospitalizations dropped to just above 300, also the lowest level since July.

Case counts in Clackamas County have dropped again, recording 302 cases in the past week and a 29% decrease from one week ago. Region 1 is averaging 164 hospitalizations a day and the region's latest report counts 47 available ICU beds out of 326, 14.4% availability.

### Evushield and Paxlovid in Oregon

The Oregon Health Authority (OHA) continues to work with providers to make COVID-19 therapies available to Oregonians who need it and ensure equitable distribution of the currently limited supply of monoclonal antibodies and antivirals. Effective March 7, mAbs and oral antivirals (Paxlovid and Molnupiravir) will begin a weekly allocation cycle.

The FDA increased the initial authorized dose of Evusheld from 150mg to 300 mg of both tixagevimab and cilgavimab. Patients who have already received the previously authorized dose (150 mg of tixagevimab and 150 mg of cilgavimab) should receive an additional dose of 150 mg of tixagevimab and 150 mg of cilgavimab as soon as possible to raise their monoclonal antibody levels to those expected for patients receiving the higher dose. Due to the Evusheld dosage increase, OHA is sending Evusheld to all sites that have historically ordered in the past to accommodate the "catch up" dosing guidelines.

### Rent assistance applications to close, again

The state housing agency will close its [application portal](#) for emergency rent assistance next week on March 14. The agency is getting close to obligating or paying out all available funding and has asked for more federal funding that would allow it to reopen its Oregon Emergency Rental Assistance Program. The agency plans to turn its focus to long-term housing solutions.

### COVID-19 hospitalizations

The [number of hospitalized patients](#) with COVID-19 across Oregon is 304, which is 38 fewer than yesterday. There are 52 COVID-19 patients in intensive care unit (ICU) beds, which is 12 fewer than yesterday. There are 106 available adult ICU beds out of 667 total (16% availability) and 439 available adult non-ICU beds out of 4,297 (10% availability).

### COVID-19 deaths

There are 35 new [COVID-19-related deaths](#) in Oregon, raising the state's death toll to 6,743, Oregon Health Authority (OHA) reported on March 8.

## COVID-19 vaccinations in Clackamas County

[Vaccination data](#) for Clackamas County.

Age Groups of people in Clackamas County who have received at least one dose of the COVID-19 vaccine in Oregon (per OHA)		
AGE	NUMBER VACCINATED	% SERIES COMPLETE
5 to 11	15,705	41.0%
12 to 17	23,364	71.3%
18 to 19	7,041	71.6%
20 to 49	122,075	73.7%
50 to 64	69,581	69.3%
65+	73,191	81.9%

## COVID-19 cases in Clackamas County

The number of [new confirmed and presumptive COVID-19 cases reported](#) for Clackamas County.

Week of Date	Case Count	Cases per 100k	Test Positivity
March 3 <sup>rd</sup>		81.4	3.7%
February 28 <sup>th</sup>	428	101	3.0%
February 22 <sup>nd</sup>	754	153	7.3%
February 15 <sup>th</sup>	1,389	310	12.7%
February 5 <sup>th</sup>	2,190	484	14.3%

## School Response

Effective March 12, 2022, Oregon will not require masks and will pause contact tracing and quarantine in K-12 settings.

The Center for Disease Control and Prevention (CDC), OHA, ODE, and CCPH continue to strongly advise the universal use of face coverings in schools in order to reduce the spread of COVID-19 and minimize the lost time learning in school due to illness when county COVID-19 Community Levels are high. At all levels, individuals may choose to mask based on their individual risk assessment (e.g., increased risk for severe disease or family or community members at increased risk for severe disease).

OHA will be sending iHealth self-tests to all Title I schools this month for schools to distribute to students – the agency will send enough for one kit (2 tests) per student in each school before spring break for families to use whenever they have the need.

## Testing Response

Starting this week, Americans can now order 4 more free COVID-19 tests. People can start placing their orders for a second round of free at-home COVID-19 tests this week. Visit <https://www.covidtests.gov/> to order your free at-home tests or go directly to the USPS order form: <https://special.usps.com/testkits>. If you need help ordering your tests, you can call 1-800-232-0233 (1-888-720-7489 for TTY).

**Clackamas Community College Harmony Campus Testing Site Expands Hours and Testing Options**  
[Curative's](#) testing site at Harmony Campus in Milwaukie will operate 7 days a week with expanded afternoon hours on weekdays. The site also now offers no-cost rapid molecular testing with results available in about an hour. Appointments are not required.

[PCR Testing](#) (Results usually within 48-72 hours)

Monday - Friday, 8:00a - 5:00p

Saturday & Sunday, 8:00a - 12:00p

[Rapid Molecular Testing](#) (Results usually within an hour)

Monday - Friday, 9:00a - 4:30p

Saturday & Sunday, 9:00a - 11:30a

## Disease Response

All vaccine clinics are open for walk-ins. We are seeing an uptick in walk-ins as people are expressing concern that the mask mandate is going away on 3/12 so vaccines are their primary protection against the spread going forward. Staff is doing outreach from the Alert state vaccine record database lists to schedule past due 2<sup>nd</sup> dose and booster appointments.

At-home testing kits are being made available and distributed at all vaccine clinics for anyone needing testing kits and having difficulty accessing them elsewhere. The in-home vaccination team is continuing outreach to adult foster homes and intellectually developmentally disabled (I/DD) congregate care settings to schedule in-home vaccines and testing.

Last week, the COVID Investigation & Outreach opened 302 cases and managed 54 active outbreaks. More than 30 of those outbreaks are in long-term care facilities. We continue our preparations for the lifting of state mask requirements in support of our education partners and community members. We anticipate additional guidance from OHA as we prepare for the newly updated Ready Schools, Safe Learners Resiliency Framework and its implementation on March 11. In addition to our investigative work, CIO is supporting several projects designed to inform future pandemic and Public Health emergency response efforts in Clackamas County and engage with our Division's Strategic Plan.



# COVID-19 Update

3/10/2022

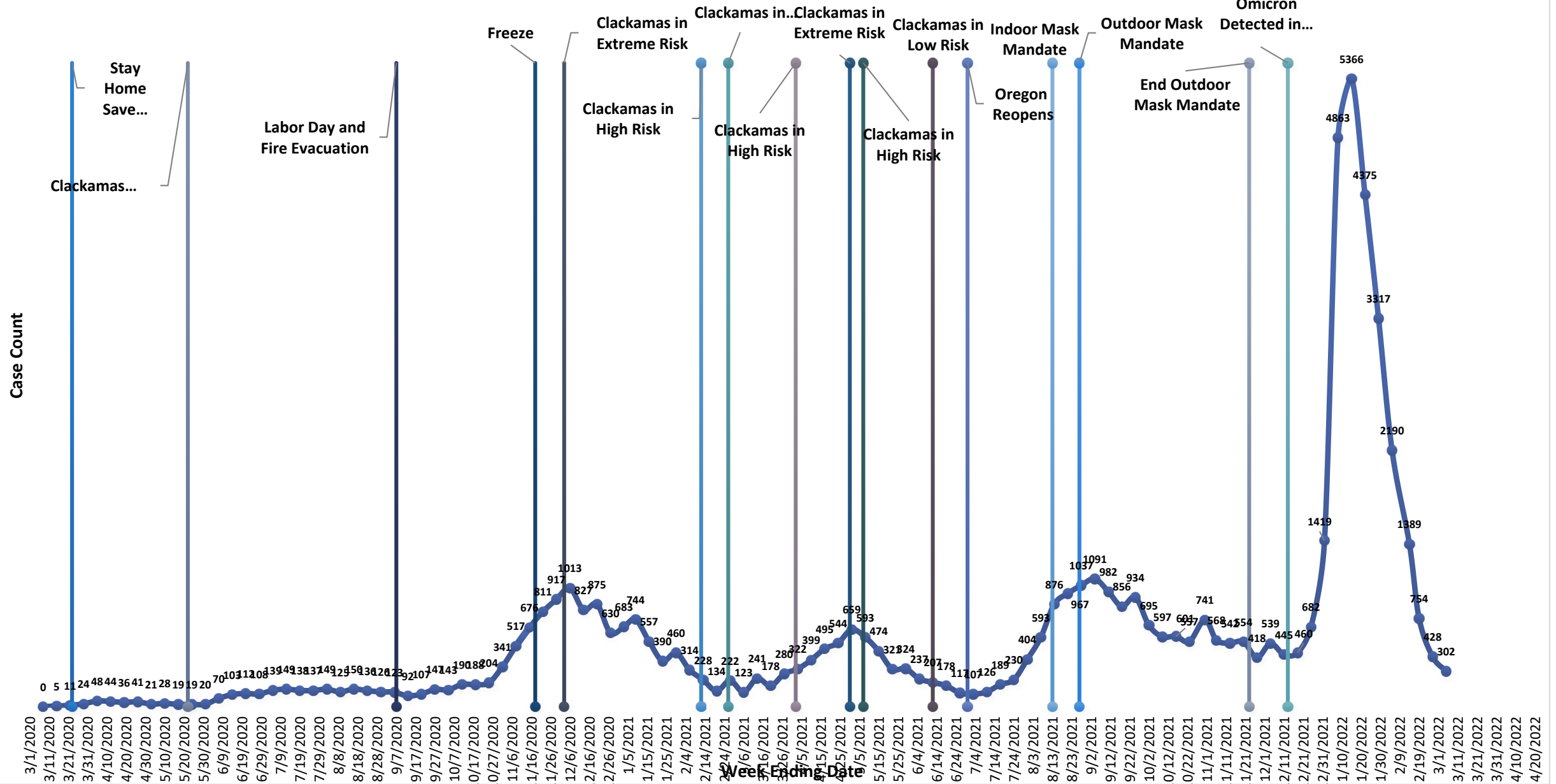


# COVID Current Case and Death Data

as of 3/8/2022	Total cases	Total deaths	Change since 3/1/2022
Clackamas County	59,402	539	Cases: +248 Deaths: +15
Multnomah County	110,800	1,074	Cases: +694 Deaths: +20
Washington County	84,518	519	Cases: +360 Deaths: +12



# ClackCo Case Count by Week for 3/1/20 - 03/05/22

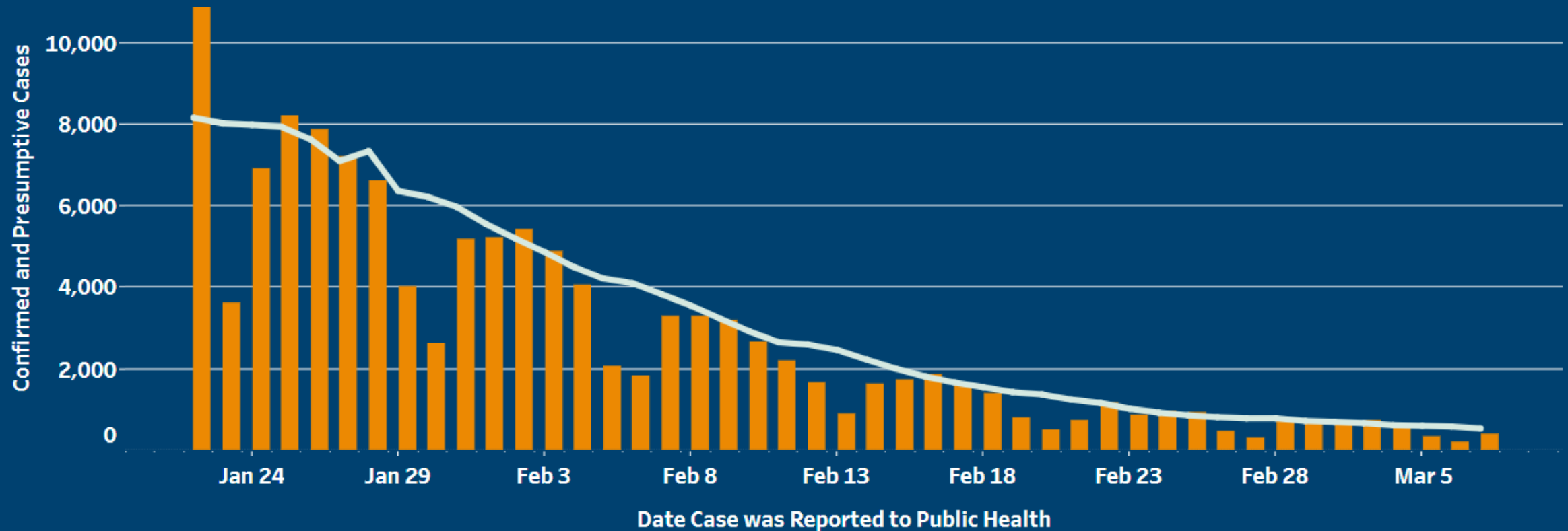


## Statewide Numbers from 3/7/2022

New Cases	7 Day Daily Average of Cases	Cases Per 100k in Previous 7 Days	COVID-19 Patients Hospitalized†	Tests Reported	Test Positivity	New Deaths
397 ▲	520.3	85.33	291 ▼	11,183	4.2%	29

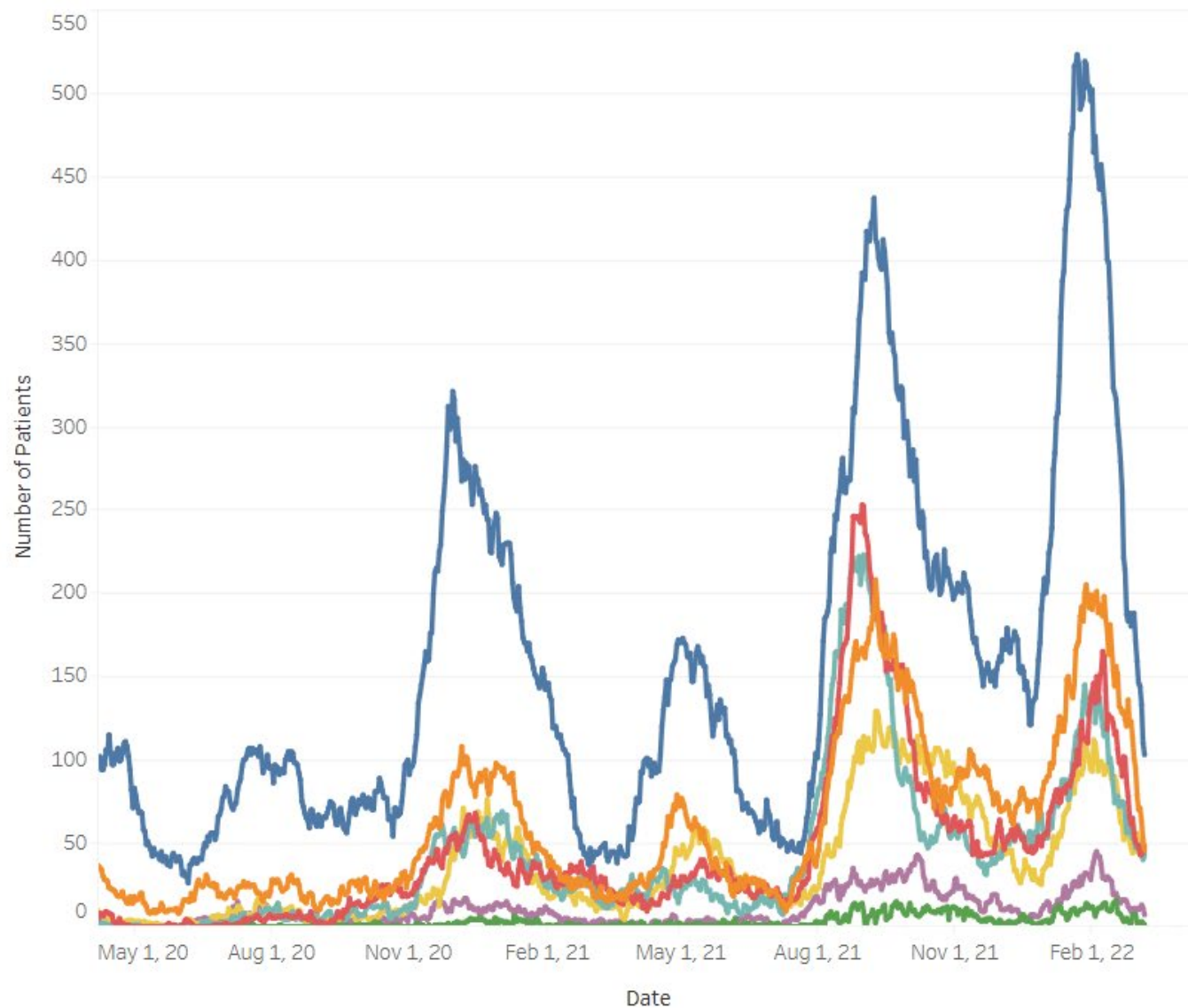
Arrows indicate an increase or decrease from the previous day. †Hospitalization data from Oregon's Hospital Capacity Web System (HOSCAP).

### Daily Cases and 7 Day Moving Average over the Previous Six Weeks



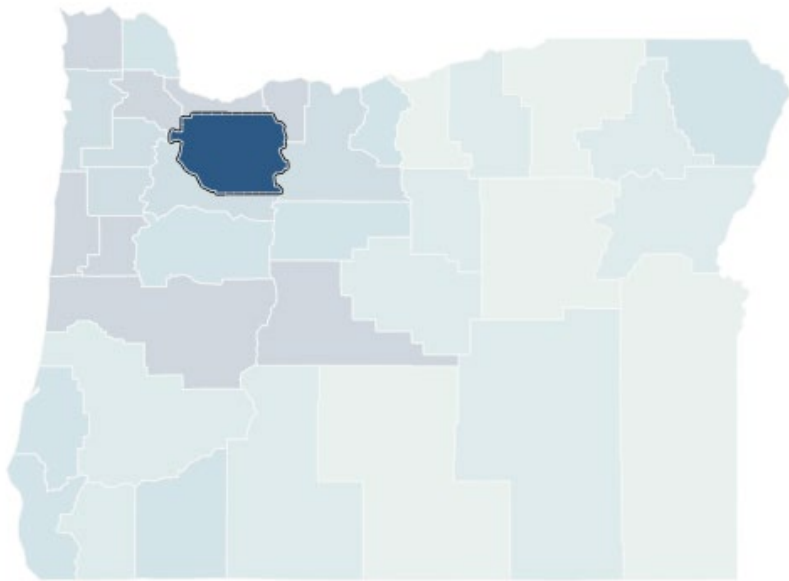


# COVID-19 Positive Patients in Oregon Hospitals



# Clackamas County Vaccinations

as of 3/9/2022



**People ages 18 years and older living in ClackCo**

**80.1%** have received at least one dose.

**74.5%** have completed their primary series.

**46.3%** have received an extra dose (*3<sup>rd</sup> dose or booster*)

## **Entire ClackCo Population**

Primary Series In Progress: **22,345**

Primary Series Complete: **288,859**

**745,651** doses administered in Clackamas

**311,204** people vaccinated in Clackamas

# Omicron Updates

- Worldwide case count dropped 6.2%
- U.S. averaging 53,071 new cases a day
- U.S. case counts dropped 28.5%
- Oregon averaging 520 cases a day
- Oregon case counts dropped 32%
- ClackCo averaging 43 cases a day
- ClackCo case counts dropped 29%



## Stacking up mask options

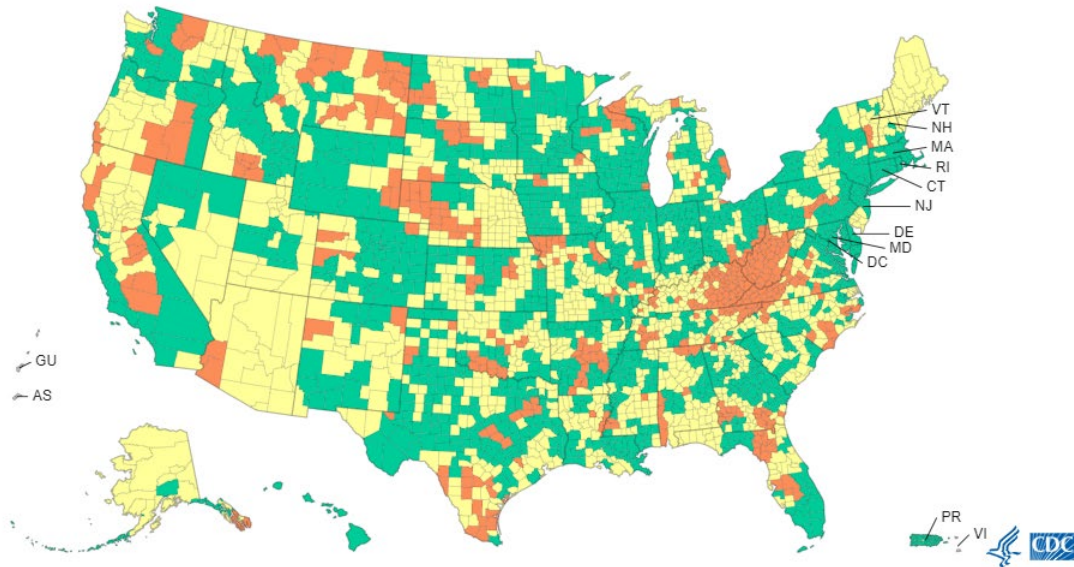


- Indoor mask mandate for general public and K-12 to be lifted on March 12
- Masking still required in certain high risk settings, including healthcare settings
- Every child has the right to feel safe and supported in school, regardless of their personal health decisions
- CCPH will follow the OHA's lead on mask mandates
- Masking remains a critical public health tool for preventing spread of COVID-19
- Many of Oregon's pharmacies are distributing free masks



## U.S. COVID-19 Community Levels by County Map

Data provided by CDC  
Updated: March 3, 2022



Low	Medium	High
<ul style="list-style-type: none"><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>If you are <a href="#">at high risk for severe illness</a>, talk to your healthcare provider about whether you need to wear a mask and take other precautions</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>Wear a <a href="#">mask</a> indoors in public</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li><li>Additional precautions may be needed for people <a href="#">at high risk for severe illness</a></li></ul>

## COVID-19 Community Levels

- New metrics to guide COVID-19 mitigation practices
- Help communities decide what prevention steps to take based on the latest data
- Packages 3 metrics:
  1. New COVID19 hospital admissions over the previous week;
  2. Percentage of hospital beds occupied by COVID patients; and,
  3. New cases per 100,000 people over the previous week
- [Find Community Levels here](#)

# Mask Lift, Quarantine and Isolation Pause



## Effective March 12:

- Pause contact tracing and quarantine for general population, including K-12 and childcare settings
- Isolation guidelines remain the same
- Individuals may also choose to mask based on their individual risk assessment
  - We need to honor and support individuals' personal decisions to continue wearing masks
  - We encourage those who are immunocompromised or with underlying health conditions to continue wearing a mask around others
- Masks not required on school buses or vans
- Test to stay will shift from a form of modified quarantine to enhanced exposure testing

# Free Tests

## Federal Free At-Home Tests

- Every home in the U.S. is eligible to order **4 more** free iHealth tests
- Orders will usually ship in 7-12 days
- Order your tests today at [covidtests.gov](https://covidtests.gov)



## CCPH Free At-Home Tests

- Local governments and municipalities can request test kits
- Small businesses and a variety of organizations serving vulnerable populations can also request test kits
- Available at all vaccine clinics
- Organizations interested in requesting kits should visit

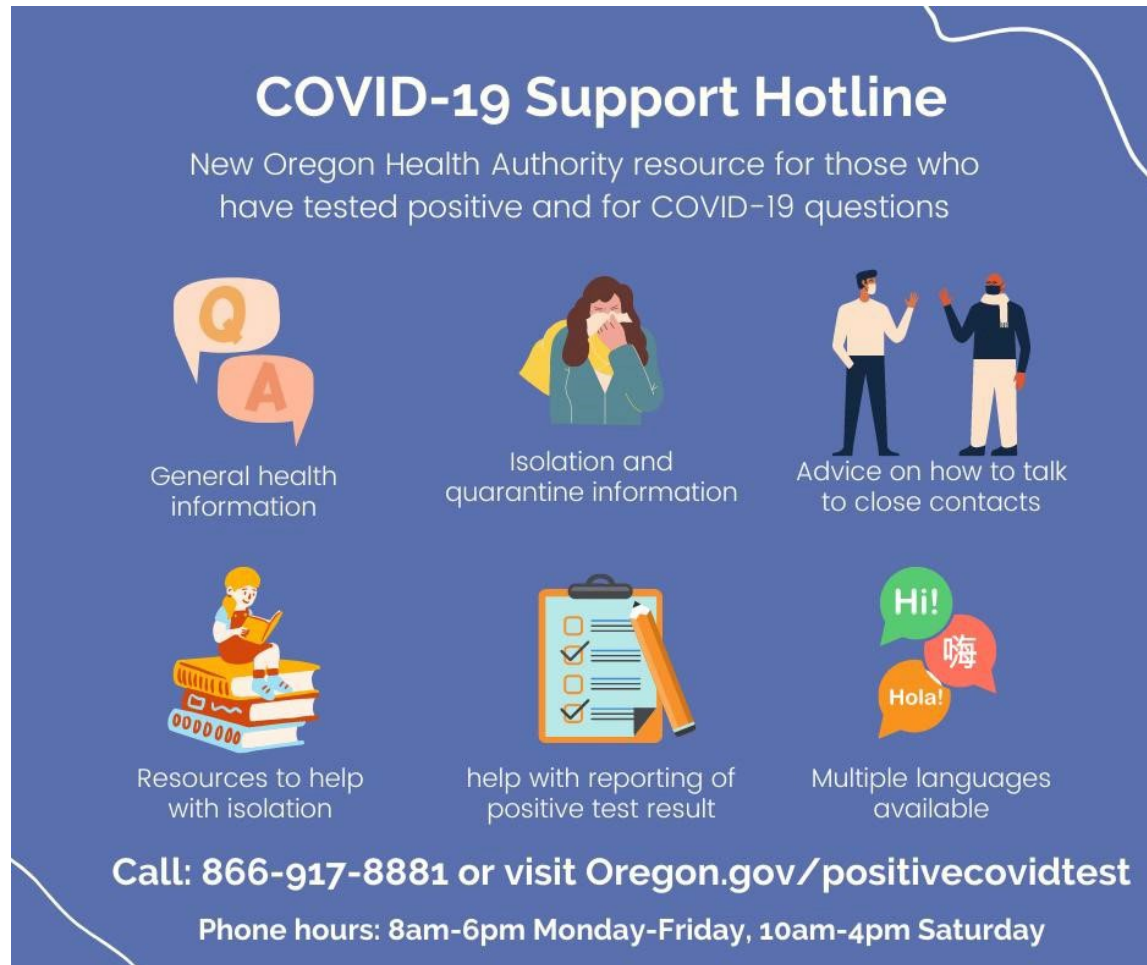
<https://www.clackamas.us/coronavirus/testkits>

## Free Drive-Through Tests


- Weekly at Clackamas Community College Harmony Campus
- Now open 7 days a week
- PCR Testing:  
M-F, 8:00a - 5:00p, Sat-Sun, 8:00a - 12:00p
- Rapid Molecular Testing:  
M-F, 9:00a - 4:30p, Sat-Sun, 9:00a - 11:30a
- Schedule an appointment [cur.tv/milwaukie](https://cur.tv/milwaukie)

# OHA COVID-19 Hotline and Website


**COVID-19 Support Hotline**  
New Oregon Health Authority resource for those who have tested positive and for COVID-19 questions




General health information




Isolation and quarantine information




Advice on how to talk to close contacts



Resources to help with isolation



help with reporting of positive test result



Multiple languages available

**Call: 866-917-8881 or visit [Oregon.gov/positivecovidtest](https://Oregon.gov/positivecovidtest)**  
Phone hours: 8am-6pm Monday-Friday, 10am-4pm Saturday

- Report positive at-home or testing provider COVID-19 tests
- Take a 20-45 minute online survey
- Get information about what to do if you test positive
- **Now supporting school-related questions**



# Supporting Mental Health and Emotional Health

**Mental health struggles look different for everyone. Common things that might mean it's time to reach out to get support:**

- Anxious, feeling helpless or worries all the time
- Tired, sad or low most of time
- Trouble falling sleep or sleeping too much
- Disconnected from others

**A few tips for taking care of yourself:**

- Focus on things you can control
- Limit screen time
- Fuel your body by eating a healthy, well-balanced diet
- Spend time outside
- Take deep breaths and stretch often
- Stay connected to friends and family



**Reach out to Clackamas Safe+Strong for resources or to connect with people who care:**

**Clackamas County Crisis and Support Line 503-655-8585 or [safestrong@clackamas.us](mailto:safestrong@clackamas.us)**

# Vaccine Clinics Through March 2022

Walk-ins available, while vaccine supplies last, and within 30-minutes of clinic closing time.

Date	Location
<b>Monday 2pm – 7pm</b>	<b>Molalla United Methodist Church</b> 111 S. Mathias Rd, Molalla
<b>Tuesday 2pm – 8pm</b>	<b>Canby Foursquare Church</b> 2350 SE Territorial Rd, Canby
<b>Wednesday - Saturdays 11am – 7pm</b>	<b>Clackamas Town Center</b> 12000 SE 82 <sup>nd</sup> Ave, Happy Valley (2 <sup>nd</sup> floor next to LensCrafters)
<b>Thursday 3pm – 7pm</b>	<b>Providence Willamette Falls Community Center</b> 519 15 <sup>th</sup> St, Oregon City
<b>Friday 2pm – 5pm</b>	<b>Sandy Community/Senior Center</b> 38348 Pioneer Blvd, Sandy

# VACCINE SCHEDULING



**Local opportunities in ClackCo:**  
[clackamas.us/coronavirus/vaccine](https://clackamas.us/coronavirus/vaccine)

**Schedule via Email:**  
[COVIDvaccine@clackamas.us](mailto:COVIDvaccine@clackamas.us)

**Schedule via Phone:**  
[\(503\) 655-8224](tel:5036558224) *(Mon-Fri. from 8am-5pm)*

**Register to receive notification for  
when an appointment is available:**  
[GetVaccinated.oregon.gov](https://GetVaccinated.oregon.gov)

# COVID-19 Wraparound Services

## Available Resources

- Rent, Mortgage, Utilities, Food, Emergency Shelter, Financial Assistance

## How to Refer Someone for Assistance

- Email [EOCCBO\\_Coordinator@Clackamas.us](mailto:EOCCBO_Coordinator@Clackamas.us) with the client's full name, date of birth, address, and what their current needs are
- Direct them to call the PIC line to be connected with one of our referral coordinators: 503-655-8224

## Eligibility

- Clients are eligible for wrap-around support if they have tested positive for COVID-19, meet presumptive criteria, or are a confirmed close contact



# What can you do for vaccine safety?

- Report adverse events following vaccination to VAERS even if you aren't sure if the vaccination caused the adverse event
- Enroll yourself in v-safe
- Healthcare providers, encourage your patients to enroll in v-safe
- Parents and guardians, you can enroll your children in v-safe



**VAERS**

Vaccine Adverse Event  
Reporting System

<http://vaers.hhs.gov>



[vsafe.cdc.gov/en/](https://vsafe.cdc.gov/en/)

**Please get involved, your participation matters**



# County Resources

Help protect yourself and others by staying home if you are sick. Visit our webpage for more resources:

[www.clackamas.us/coronavirus](http://www.clackamas.us/coronavirus)

