CLACKAMAS COUNTY BOARD OF COUNTY COMMISSIONERS

Policy Session Worksheet

Presentation Date: April 10, 2024 Approx. Start Time: 10:30 Approx. Length: 60 minutes

Presentation Title: Recovery Oriented Service Center Data Update

Department: County Administration and Health, Housing & Human Services

Presenters: Cindy Becker, County Administration

WHAT ACTION ARE YOU REQUESTING FROM THE BOARD?

This is an informational session regarding the development of a Recovery Center for individuals with substance use disorders (SUD) in Clackamas County. The purpose is to provide the Board with information about activities that have occurred along with activities planned, answer any questions, and identify additional information wanted by the Board.

EXECUTIVE SUMMARY:

Background:

In April 2023, the Board approved a resolution supporting a Recovery-Oriented System of Care for individuals with substance abuse or mental illness challenges. In September, the Board hosted the Clackamas Addictions Recovery Summit with experts from Oregon, Canada, California, and Texas. The purpose of the Summit was twofold: 1) to hear from panelists about best practices and lessons learned to create a recovery-oriented system of care and 2) to engage with a diverse group of community stakeholders around local issues and ideas.

A key recommendation from the panelists was to create a Recovery Center for individuals with SUD. In December, the Board met for a planning session and provided general direction to proceed with the development of a Recovery Center. During that session, the Board also provided positive feedback on the proposed vision statements, goals and objectives presented by staff.

Mission and Vision, and Operating Model:

As guided by the discussion at the planning session in December, staff recommend the following statements to provide the foundation for the work ahead:

VISION

Clackamas County envisions recovery for all individuals struggling with substance use.

MISSION

To ensure that individuals struggling with substance use receive timely person-centered support, treatment, and resources to help them achieve and sustain long-term recovery.

OPERATING MODEL

Staff have developed the following Operational Model to guide development of the Center

- Services will be co-located in one or more buildings
- There will be multiple pathways to enter services
- Services will be delivered by provider agency(s) with relevant experience and expertise
- Peers will be an integral part of the model and processes from initial assessment to treatment, navigation, and reintegration back into the community
- Natural supports, including family and friends, will be engaged whenever possible
- Strong partnerships with public safety and medical providers will be built into the model to divert individuals from inappropriate jail or emergency rooms and support individuals during transitions back to the community.
- Services will be voluntary
- A hub and spoke model will be created to reach out to rural and underserved communities
- A phased approach will be used depending upon financing, construction, and other variables.

At this juncture, staff recommend that the first phase of the Center serve adult men and women. They represent the highest acuity population that impacts multiple systems and costs.

Progress To Date:

Staff are working diligently to proceed with the Board directive of taking a data-informed approach to establishing a Recovery Center. Meetings have been convened with provider agencies and peers who deliver SUD services in Clackamas County to discuss what services are currently being provided and where the needs/gaps are in the system. Providers have also toured a couple potential locations and provided feedback on the viability and potential uses for the sites. Staff are meeting with potential funding partners and have worked with Public and Government affairs to submit State and Federal funding requests during the most recent legislative sessions.

Data:

At the planning meeting, the Board requested an inventory of services available to Clackamas County residents for individuals accessing public, private and self-pay treatment and services, as well as information on the types of drugs they are using, their current living condition, age and marital status, drug related convictions and mental health/physical health issues.

Getting a complete picture has proved challenging. There is no central location of all service providers nor a list of openings and wait lists to see who is not being served. There are separate data systems for SUD and houselessness and provider information varies based on their funding and services, making it very challenging to compare data sets in an apples to apples comparison. That said, attached please find three documents that provide information regarding the need for recovery services in Clackamas County.

Attachment A provides several data sets that look at Substance Use Disorder from a state and county level, the results of untreated SUD in hospitals and the jail, and data from Health Share and the County's Health Centers.

Attachment B includes the results of an informal survey and discussions with the largest provider agencies and peers located in the county along with a table of needs identified by H3S staff, Summit panelists and providers. Top needs identified are detox/withdrawal management, housing (preengagement, transitional, and recovery), and medication assisted treatment (MAT).

Attachment C is an excerpt from a document provided by the Oregon Health Authority. While it is a good representation of the providers in the county, there are providers missing from their list.

There is no precise analysis or formula of capacity/services/supports that need to be in the Recovery Center. Instead, the actual number of people served, and services provided will be a function of several factors: identified property, amount and type of structures constructed or rehabbed, one-time funding availability, and proposals from provider agencies. By using a phased approach to development, the County will be able to minimize risk and build a model that reflects opportunity, availability and need.

Next Steps:

Near term, next steps include meeting with the EMS Council (at their invitation) as well as the District Attorney, Sheriff's office, and hospitals and emergency department staff. Meetings with a core group of providers will continue as we refine recommendations for services and operations. Staff will continue to build out the inventory of services currently being offered and a communications plan will be developed in anticipation of outreach to the community. All of this work will culminate with a proposal to the board with recommendations on structure, program design and a funding plan.

FINANCIAL IMPLICATI	ONS (current	t year and ong	going):	
Is this item in your curre	ent budget?	YES	$\square X NC$)
What is the cost? \$ T	BD What is	s the funding s	source?	TBD

STRATEGIC PLAN ALIGNMENT:

- How does this item align with your Department's Strategic Business Plan goals?
 - o Improved Community Safety and Health
- How does this item align with the County's Performance Clackamas goals?
 - o Ensure Safe, Healthy, and Secure Communities

LEGAL/POLICY REQUIREMENTS: None yet; any related state and federal laws will be addressed as staff moves through the development process

PUBLIC/GOVERNMENTAL PARTICIPATION: Staff has met with private provider agencies and peers to date. Additional communication and outreach will be conducted over the next several months.

OPTIONS: N/A

RECOMMENDATION: N/A

ATTACHMENTS:

• Attachment A: SUD Data

Attachment B: Identified Needs

• Attachment C: Inventory

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Division Director/Head Approval	
Department Director/Head Approval	
County Administrator Approval	

For information on this issue or copies of attachments, please contact Cindy Becker @ 503-930-6894

Attachment A

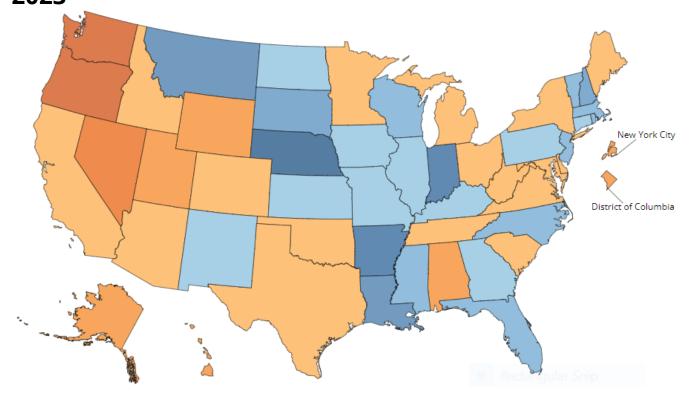
Recovery Center

SUBSTANCE USE DISORDER DATA: INDICATORS OF NEED

HOUSELESSNESS INFORMATION

A Wake-Up Call

Percent Change in Predicted 12 Month-ending Count of Drug Overdose Deaths, by Jurisdiction: July 2022 to July 2023¹



Percent Change for Oregon 34.15%

- Oregon now ranks 2nd in the country for substance use disorders
- Oregon ranks 1st in prescription opioid misuse
- Oregon ranks 1st in methamphetamine use

^{*}National Survey on Drug Use and Health, conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA), 2020



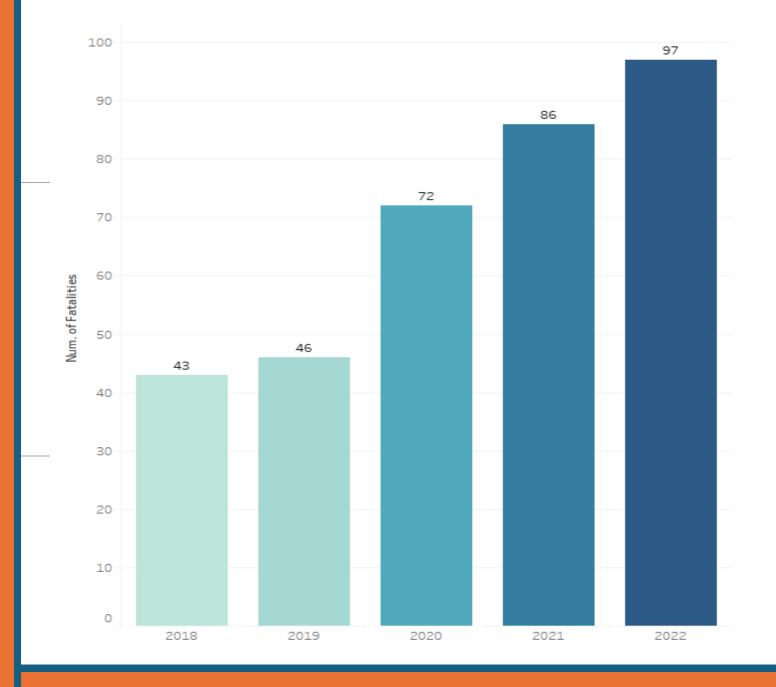
Prevalence

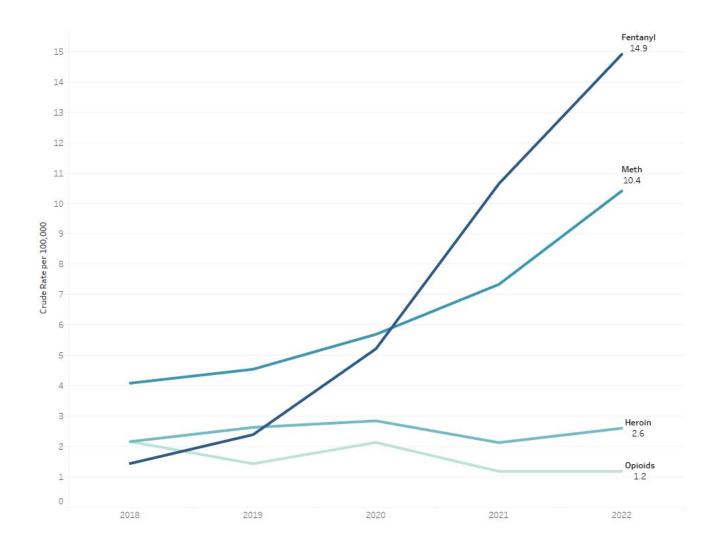
Estimate of SUD Prevalence & Treatment need in Clackamas County:

- SUD Prevalence: 66,471 individuals (age 12 and up) estimated with an SUD in the past year
- Unmet SUD Treatment Needs: 65,960 individuals needing but not receiving treatment in a specialty facility for SUD in the past year.
- Overall service gap is 68% meaning that 68% of services are missing out of the total number recommended for the County.

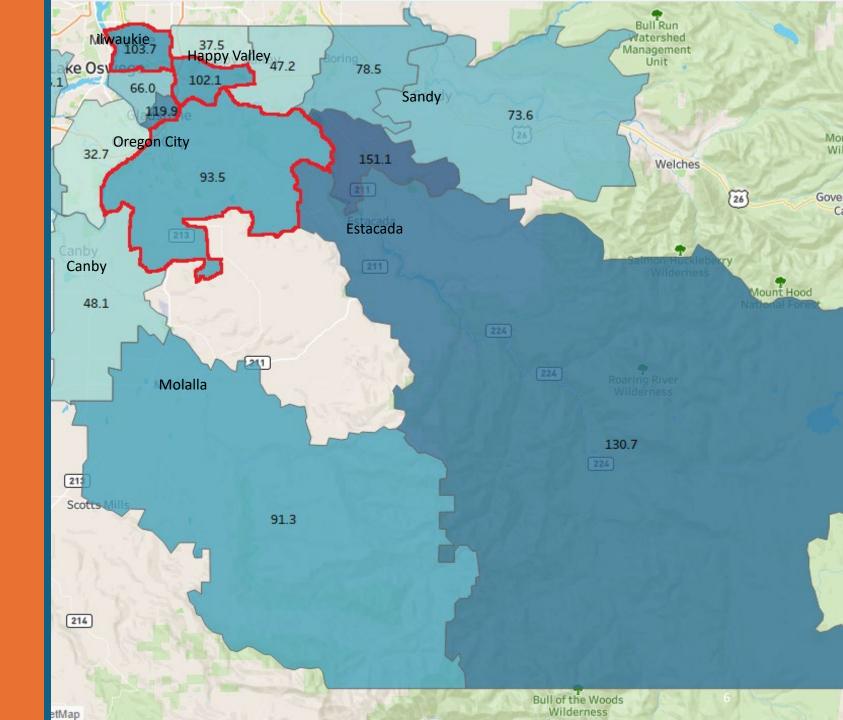
From 2022 OHSU and PSU Prevalence & Treatment Study

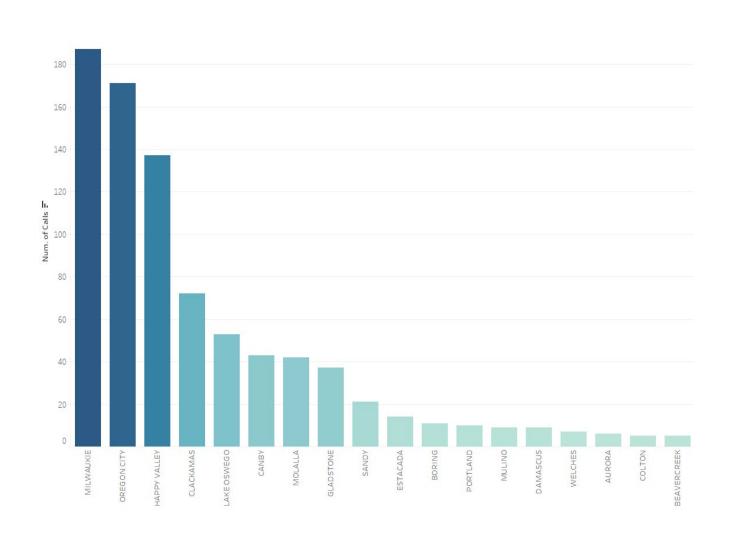
Number of Drug-Induced Fatalities among Clackamas County Residents by Year (CC Public Health)





Rate of Yearly Drug-Induced Fatalities among Clackamas County Residents by Drug Type (CC Public Health) Rate of Drug-Induced Fatalities by Resident Zip Code (2019 – June 2023) (CC Public Health)

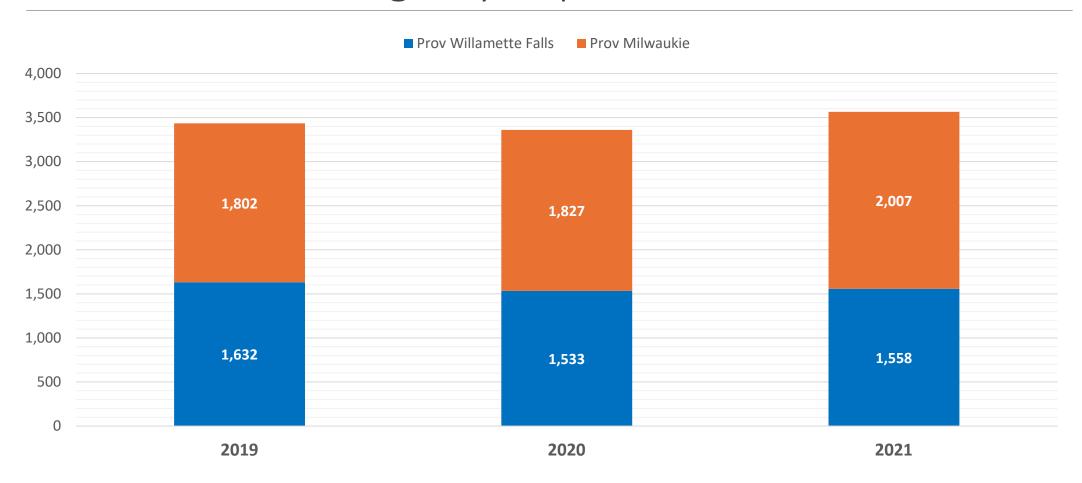




Number of Drug Overdose-Related 911 Calls by City (2022 - 2023)

(CC Public Health)

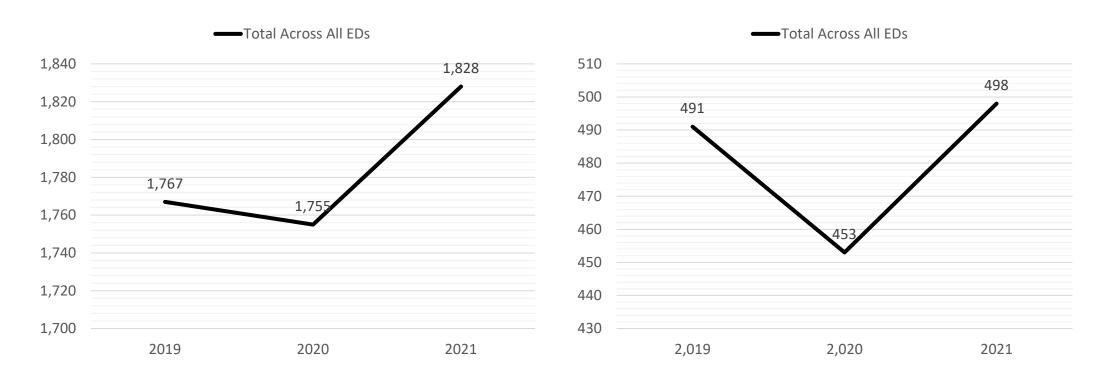
SUD –Related Emergency Department Visits



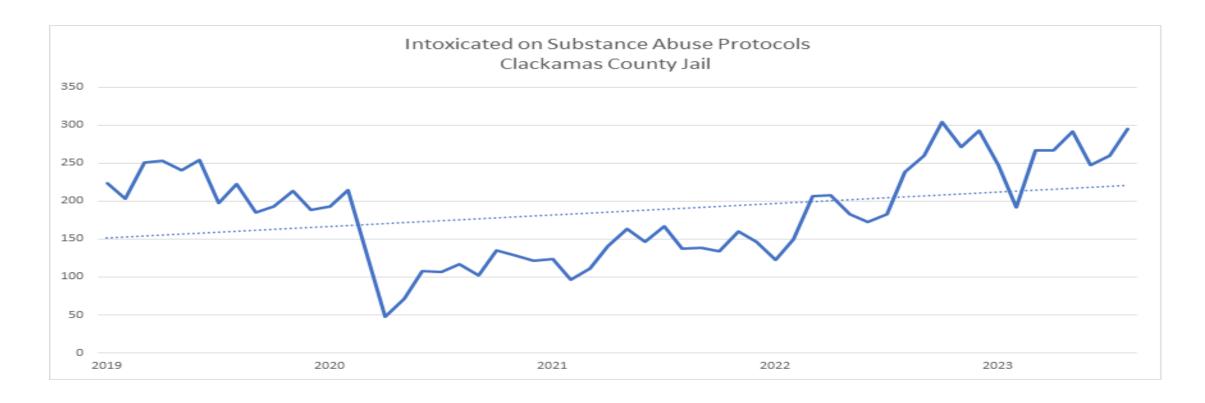
ED Visits in Providence Hospitals by Type of Drug

METH-RELATED ED VISITS

OPIOID-RELATED ED VISITS



SUD in Clackamas Jail



On any given day, 19 Adults in Custody are on substance abuse protocols

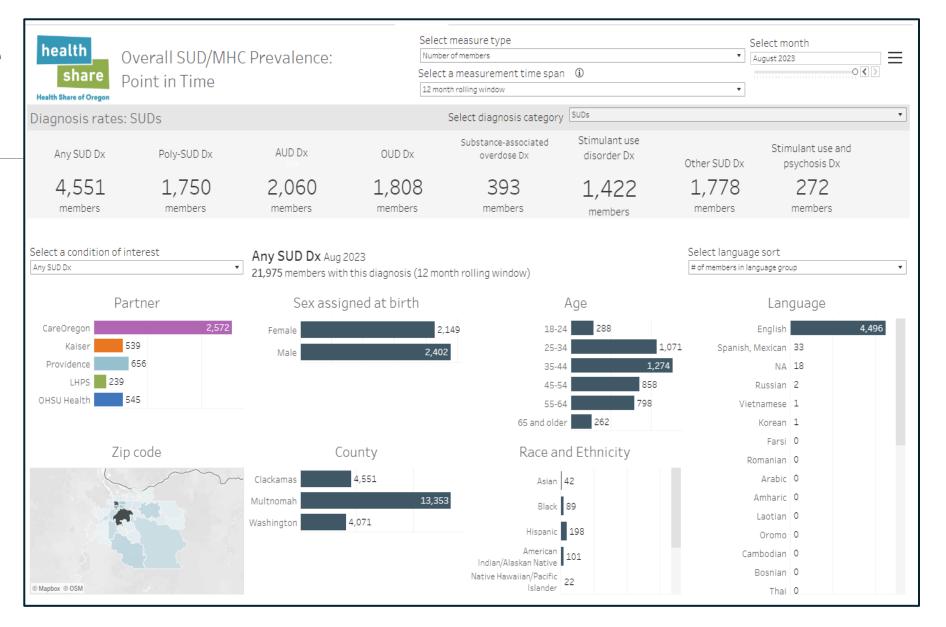
Health Share members from Clackamas County

Approximately 4,500 members have Substance Abuse Disorder diagnosis and received one or more services.

Another 30% (~1,300) members have an SUD diagnosis but have not received services the past 12 months.

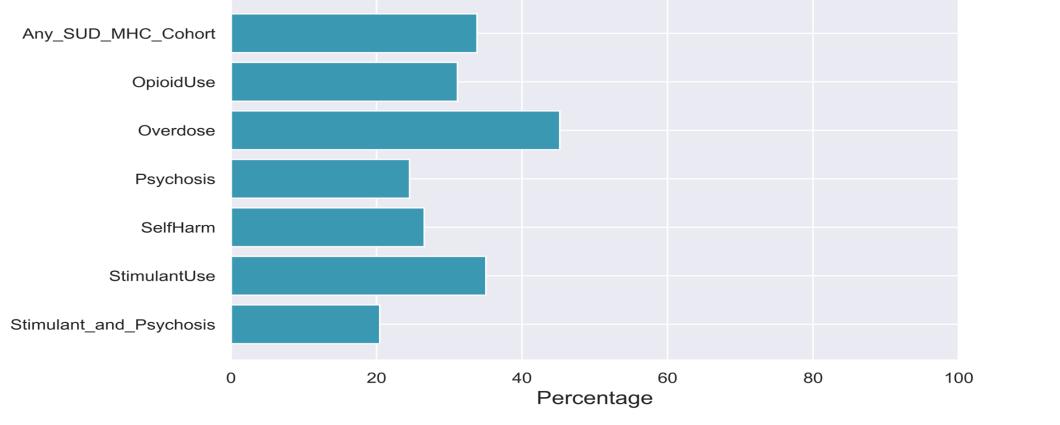
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Health Share Information: Clackamas



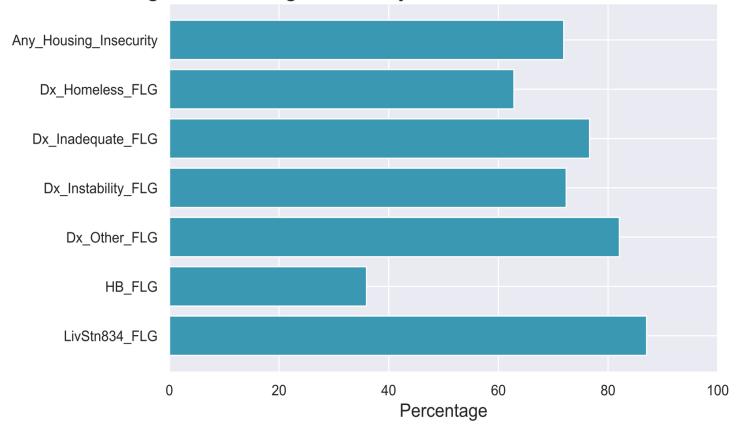
About 30% of individuals with SUD/MHC disorders are not receiving Behavioral Health Services





About 75% of individuals with Housing Insecurity are not receiving Behavioral Health Services

Percentage of Housing Insecurity cohorts with no BH authorization, 2022



Snapshot: Clackamas Health Centers: SUD Treatment (2023)

Age Group	# of Clients
0-19	70
20-29	186
30-39	350
40-49	289
50-59	135
60+	101
Total	1,131

Living Situation	Intake	Discharge
Alcohol and Drug Free Housing	16.7%	17.7%
Foster Home	0.5%	0.3%
Incarcerated	1.3%	4.3%
Private Residence	58.8%	59.6%
Residential Facility	15.9%	6.6%
Supported Housing	0.3%	0.8%
Transient/Homeless	2.5%	2.5%
Unknown	4.0%	8.3%
Total	100.0%	100.0%

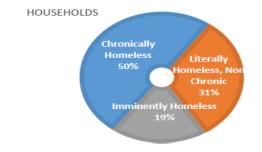
Drug	# of Clients
Alcohol	331
Cannabis	180
Cocaine	13
Hallucinogens	3
Heroin	1
Inhalants	2
Marijuana	4
Methamphetamine	1
Nicotine	7
Opioids	414
Other Opiates & Synthetics	1
Other Psychoactive Substances	6
Other stimulants	161
Sedatives, Hypnotics, Anxiolytics	7
Total	1,131

3-4week wait for an intake appointment

Clackamas County Coordinated Housing Access (CHA) 2023 Waitlist Analysis

Overall Households in CHA 1,569 Approximate Number of People 2,105

Households	1,569
Chronically Homeless	778
Literally Homeless, Non Chronic	489
Imminently Homeless	302



Families with Children	224	
Chronically Homeless	83	37%
Literally Homeless, Non Chronic	79	35%
Imminently Homeless	62	28%
Average household size: 2.90		

Adult Only	1,276	
Chronically Homeless	682	53%
Literally Homeless, Non Chronic	394	31%
Imminently Homeless	200	16%
Average household size: 1.22		

Subpopulations:

Youth Households Under Age 25	105	
Chronically Homeless	22	21%
Literally Homeless, Non Chronic	30	29%
Imminently Homeless	53	50%
	•	

Survivors of Domestic Violence	458	
Chronically Homeless	187	41%
Literally Homeless, Non Chronic	167	36%
Imminently Homeless	104	23%

44%
4470
36%
20%

Veteran Households	120	
Chronically Homeless	46	38%
Literally Homeless, Non Chronic	45	38%
Imminently Homeless	29	24%

CHA Waitlist Movement January 2021 - December 2022 Inflow Outflow 1307 Households Added 1405 Households Exited 51.1% Left for Other Housing Opportunity 19.7% Missing Data 13.2% Housing Program Placement RETURN FROM 8.4% Disappeared, Unknown, Moved out of Area RETURN TO INACTIVE Returned to Homelessness 7.4% HOMELESSNESS NEWLY Institutional Setting (Jail, Psychiatric Hospital) 0.2% IDENTIFIED

Clackamas Coordinated Housing Access: Waitlist Data

The By-Name-List is constantly shrinking, because we are housing people off it and cleaning up the data, removing people who are no longer experiencing homelessness in the county, or who for a variety of reasons can no longer be contacted to verify they remain in the county, in need of, and qualifying for services. This list is now down to around 700 people.

Individuals who are Actively Houseless

General data on people who are "actively homeless," living in an unsheltered situation and not yet placed into permanent housing through H3S programs, report with a lookback period to 1/1/2023:

- 523 individuals currently unhoused (no exit date, prior living situation='place not meant for habitation')
- 354/523 (67.7%) individuals identified as chronically homeless
- 31/523 (5.9%) individuals identify as veterans
- 55/523 (10.5%) individuals in households with children
- 106/523 (20.3%) individuals are DV survivors
 - o 62/523 (11.9%) individuals are currently fleeing DV
- 52/523 (9.9%) individuals have either an alcohol or drug use disorder as defined by HUD
- 144/523 (27.5%) individuals have a mental health disorder as defined by HUD

Obtained from H3S Housing

Attachment B Identified Needs

Identified Needs (Summary)	By Addictions Summit Panelists	By H3S Staff	By Peers & Providers	By External Studies (see
				below)
Immediate Access	X	Χ	X	
Crisis Stabilization	X		X	
Certified Counselors (workforce)		Χ	X	X
Peer Support Specialist		Χ	X	X
Detox/Withdrawal Facilities	X	Χ	X	X
Transitional Housing			X	
Recovery Housing	X	Χ	X	X
Outpatient Services	X			X
Residential Treatment Beds			X	X
Pre-Engagement Housing			X	
Medication Assisted Treatment	X	Χ	X	
Formal Referral Process			X	
Employment	X	Χ	X	
Day Shelter			X	
Long term Post Recovery Support	X		X	
Harm Reduction			X	

Additional System Needs

- Prevention
- Transportation
- Inpatient Services

Populations in Need of Services

- High Acuity (SUD and Mental Health)
- Co-Morbid Medical Needs
- Spanish Speaking

- Aging Population
- Rural Communities
- People Released from Jail/Prison

Informal Survey

A survey was sent to the largest SUD providers and Peers located in the County asking about wait times to get into their services

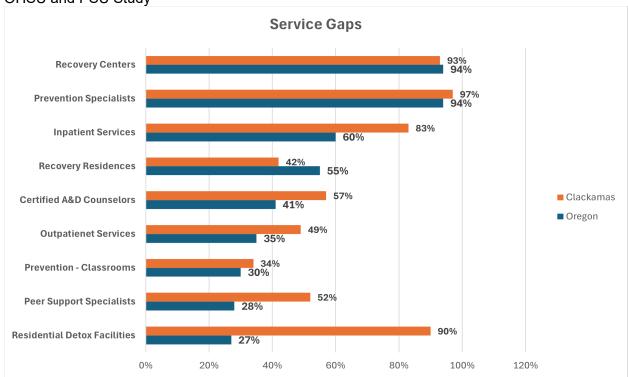
	Immediately	Up to 3 days	1 week	Two weeks	>2 weeks	Don't Offer
Detox	0	1	0	0	0	7
Outpatient	1	3	1	0	1	2
Intensive Outpatient	1	1	2	0	1	3
Case Management	1	2	2	0	1	2
Crisis Stabilization	1	0	0	0	0	7
Employment/Job Training	0	0	0	2	1	5
MAT	2	1	2	0	0	3
Mental Health	0	0	2	0	2	4
Peer Support	3	1	1	0	1	2
Post Ttmt Recovery Services	1	1	1	0	0	5
Supported Housing (Recove	0	0	0	0	0	8
Transitional Housing	0	0	0	0	0	8
Residential Treatment	0	0	0	0	0	8

Needs (continued)

OHA Study: Additional Residential Capacity Need in Clackamas & Washington Counties

Category	Current Capacity	Calculated Demand	# of Additional Beds Needed for Demand	Cost per Bed
Withdrawal Treatment	27	211	184	\$193,390
SUD Residential	91	896	805	\$193,390

OHSU and PSU Study





Oregon Substance Use Disorders Services Directory

March 8, 2024

TO REQUEST AN ALTERNATE FORMAT **IN COMPLIANCE WITH THE AMERICANS**WITH DISABILITIES ACT, PLEASE SEND AN EMAIL TO:

HSD.WEBCONTENT@ODHSOHA.OREGON.GOV OR CALL (503) 945-5772 (VOICE) OR 711 (TTY).

PLEASE BE ADVISED: This directory is provided as a courtesy and is not an endorsement or official record of state-approved programs or licensed residential facilities. You may verify a program or provider's state approval/license by contacting Oregon Health Authority Health Systems Division at 503-945-5772. While it is our goal to maintain an up-to-date and accurate directory, the directory may contain errors or outdated information.



CLACKAMAS COUNTY

Acadia Northwest, LLC

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Location:

504 Main Street, Suite A, Oregon City

Mailing Address: 9570 SW Barbur Blvd, Suite 100, Portland, OR 97219 Phone Number: (503) 245-6262 Fax Number: (503) 303-7316

Website: www.acadianw.com

Bridges to Change

Certified to Provide:

□ Outpatient Substance Use Disorder Services

Service Location:

• 900 Main Street, Suite 200, Oregon City

Mailing Address: PO Box 16576, Portland, OR 97292

Website: www.bridgestochange.com

Cascadia Health §

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ Community-Based Criminal Justice Services
- □ DUII Services Provider

Service Locations*:

• 17070 SE McLoughlin Blvd, Milwaukie

Mailing Address: PO Box 8459, Portland, OR 97207

Website: www.cascadiabhc.org

^{*} All services may not be provided at each location.

Clackamas Health Centers §

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Locations*:

- 9775 Sunnyside Road, Suite 200, Clackamas
- 18911 Portland Avenue, Gladstone
- 999 Library Court, Oregon City
- 110 Beavercreek Road, Suite 100, Oregon City
- 150 Beavercreek Road, Oregon City
- 39740 Pleasant Street, Sandy

Mailing Address: 2051 Kaen Road, Suite 367, Oregon City, OR 97045

Phone Number: (503) 655-8471 Fax Number: N/A

Website: www.clackamas.us/healthcenters/mentalhealth.html

CODA, Inc. §

Certified to Provide:

- ☑ Outpatient Synthetic Opiate Treatment
- □ Outpatient Substance Use Disorder Services
- ⋈ DUII Services Provider

Service Location:

• 10822 SE 82nd, Suite K, Clackamas

Mailing Address: 10822 SE 82nd, Clackamas, OR 97086

Website: www.codainc.org

Crossroads Treatment and Counseling Services, LLC §

Certified to Provide:

- ☑ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Locations*:

- 8855 SW Holly Lane, Suite 122, Wilsonville
- 501 Pleasant Avenue, Suite 4F, Oregon City

Mailing Address: 8855 SW Holly Lane, Suite 122, Wilsonville, OR 97070 Phone Number: (503) 682-7744 Fax Number: (503) 682-3384

Website: www.crossroadstreatment.co/html/

^{*} All services may not be provided at each location.

Integrated Health Clinics

Certified to Provide:

- □ Outpatient Synthetic Opiate Treatment
- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Location:

• 17882 SE McLoughlin Blvd, Milwaukie, OR

Mailing Address: 17882 SE McLoughlin Blvd, Milwaukie, OR 97267 Phone Number: (503) 353-9415 Fax Number: (503) 353-9409

Website: www.integratedclinics.com

Kaiser Permanente

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Locations*:

- 9800 SE Sunnyside Road, Clackamas
- 9900 SE Sunnyside Road, Clackamas
- 10163 SE Sunnyside Road, Suite 490, Clackamas

Mailing Address: 3550 N Interstate Avenue, Portland, OR 97227

Phone Number: (800) 813-2000 Fax Number: N/A

Website: www.kp.org

LifeStance Health, Inc.

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Locations*:

- 10151 SE Sunnyside Road, Suite 480, Clackamas
- 870 SE 82nd Drive, Gladstone
- 880 SE 82nd Drive, Gladstone
- 890 SE 82nd Drive, Gladstone
- 5 Centerpointe Drive, Suite 320, Lake Oswego

Mailing Address: PO Box 82819, Portland, OR 97282

Phone Number: (503) 659-5515

Fax Number: N/A

Website: www.lifestance.com

^{*} All services may not be provided at each location.

LifeWorks NW §

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Locations*:

- 4105 SE International Way #501, Milwaukie
- 18905 Portland Avenue, Gladstone

Mailing Address: 14600 NW Cornell Road, Portland, OR 97229

Website: www.lifeworksnw.org

Morrison Child and Family Services

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ Culturally Specific Services

Service Location:

• 1713 Penn Lane, Suite B, Oregon City

Mailing Address: 11035 NE Sandy Blvd, Portland, OR 97220

Website: www.morrisonkids.org

Northwest Treatment §

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Location:

706 Main Street, Oregon City

Mailing Address: 706 Main Street, Oregon City, OR 97045

Website: www.nwtreatment.com

Oregon Recovery Behavioral Health

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ Community-Based Criminal Justice Services
- □ DUII Services Provider

Service Location:

• 695 SE 1st Street, Canby

Mailing Address: PO Box 20674, Keizer, OR 97307

Website: www.oregonrecovery.com

Oregon Trail Recovery, LLC

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Location:

10600 SE McLoughlin Blvd, Suites 102, 202, 205-207 & 210, Milwaukie

Mailing Address: 10600 SE McLoughlin Blvd, Suite 102, Milwaukie, OR 97222

Website: www.oregontrailrecovery.com

Pacific Crest Trail Detox, Inc.

Certified to Provide:

□ Detoxification Services

Service Location:

• 13240 SE Rusk Road, Milwaukie

Mailing Address: 10600 SE McLoughlin Blvd, Suite 210, Milwaukie, OR 97222

Phone Number: (855) 704-5552 Fax Number: N/A

Website: www.pctdetox.com

Parrot Creek Child & Family Services

Certified to Provide:

□ Outpatient Substance Use Disorder Services

Service Locations*:

- 1001 Molalla Avenue, Suite 209, Oregon City
- 22518 S Parrot Creek Road, Oregon City

Mailing Address: 1001 Molalla Avenue, Suite 209, Oregon City, OR 97045

Website: www.pcreek.org

^{*} All services may not be provided at each location.

Quest Center for Integrative Health

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Location:

• 112 Beavercreek Road, Oregon City

Mailing Address: 3231 SE 50th Avenue, Portland, OR 97206

Website: www.quest-center.org

Sandy Counseling Center, LLC

Certified to Provide:

- ☑ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Location:

• 39085 Proctor Blvd, Suite E, Sandy

Mailing Address: PO Box 1195, Welches, OR 97067

Website: N/A

VA Medical Center

Certified to Provide:

- □ Outpatient Substance Use Disorder Services
- □ DUII Services Provider

Service Location:

• 1750 Blankenship Road, Suite 300, West Linn

Mailing Address: 1750 Blankenship Road, Suite 300, West Linn, OR 97068

Website: www.portland.va.gov/locations/WestLinn.asp

^{*} All services may not be provided at each location.

Virtue at the Pointe Recovery Center, LLC

Certified to Provide:

□ Outpatient Substance Use Disorder Services

Service Location:

• 6902 SE Lake Road, Suite 302, Milwaukie

Mailing Address: 6902 SE Lake Road, Suite 302, Milwaukie, OR 97267

Phone Number: (818) 928-0025 Fax Number: N/A

Website: www.virtueatthepointe.com

Women's Enrichment Counseling

Certified to Provide:

□ Outpatient Substance Use Disorder Services

Service Location:

• 1300 John Adams Street, Suite 103, Oregon City

Mailing Address: 1300 John Adams Street, Suite 103, Oregon City, OR 97045

Website: N/A

^{*} All services may not be provided at each location.