

Suicide Prevention Coalition Clackamas County

Tuesday, June 16, 2020 4:30 to 5:30 pm

Online

While we meet online, this will be the ZOOM information for all our general coalition meetings
<https://clackamascounty.zoom.us/j/94170197677?pwd=SF12MDJmcWZ6UTFYUHhqaopiTohydzo9>

Meeting ID: 941 7019 7677; Password: 594035

One tap mobile

+16699006833,,94170197677# US (San Jose) +12532158782,,94170197677# US (Tacoma)

Here are the instructions for accessing Zoom meetings;

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Meeting Highlights in Blue Under Each Agenda Item

Item	Steering Committee Leader	Time
<p>Opening</p> <ul style="list-style-type: none"> • Welcome • Agenda Overview • Introductions <p>-Reflections on recent events (Pandemic & Civil Rights Movement)</p>	<p>Galli & Michael</p>	<p>4:30 pm 15 minutes</p>
<p>Education /Discussion: COVID Resources</p> <ul style="list-style-type: none"> • Supporting Older Adults – Kim Whitely, Older Adult Behavioral Health Specialist <p><u>-Resource list for family, providers, and older adults</u> Senior Loneliness line – 503-200-1633, seniorlonelinessline.org Aging Disability Resource Connection (ADRC) – 503-650-5622, clackamas.us/socialservices Clackamas County Urgent Mental Health Center – 503-655-8585, https://www.clackamas.us/behavioralhealth/urgentmentalhealth Family Caregiver Support Program – 503-650-5724, clackamas.us/socialservices Friendly House Senior Program – 503-224-2640, friendlyhouseinc.org SAGE Connect (LGBTQ+ specific) – 877 360-5428, sageusa.org</p> <p><u>-Messaging & Info/Support</u> American Foundation for Suicide Prevention (AFSP) – 503-951-3012, afsp.org/chapter/oregon WHO International – who.int Inter agency Standing Committee – interagencystandingcommittee.org American Psychological Association – apa.org AARP National – aarp.org</p> <p>AARP Oregon – states.aarp.org/oregon Alzheimer’s Association Oregon and SW Washington Chapter – 800-272-3900 (for providers/caregivers/individuals with alzheimers), alz.org/orswwa National Clearinghouse for Abuse in Later Life – ncall.us</p>	<p>Facilitated by Galli</p>	<p>4:45 pm 30 minutes</p>

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<p><u>Additional Resources</u> Retirement Connection – retirementconnection.com Store to door – storetodooroforegon.org OHSU – iconnect.org Ride Connection – rideconnection.org Honoring Our Precious Elders (HOPE) – facebook.com/hopeoregonorg/</p> <p><u>Clackamas County Writes to Older Adults—Community connections through physical distancing” –</u> clackamas.us/behavioralhealth/olderadults.html</p> <p>*Launching outreach project to clients at Aging and People with Disabilities*</p> <p>See follow up email for more detailed list</p> <p><u>Questions:</u> Q. Do you have to be an AARP member to access resources A. No, anyone can access Comment: OHSU and Metropolitan Alliance – Social Connection Project – macg.org/campaigns</p> <p>Purpose: raise awareness of outreach services during COVID and how to access them</p>		
<p>Coalition Updates</p> <ul style="list-style-type: none"> • Steering Committee Openings <ul style="list-style-type: none"> -Scott, LO Police – retired -Mindy –transitioned out of current position <p><u>Seeking applications, link will be sent out to with Charter</u> -3-5 hours a month commitment To apply, complete the application at: https://www.surveymonkey.com/r/6GZ722B</p> <p>Keep or cancel August meeting? -Steering committee will decide</p> <ul style="list-style-type: none"> • Solidarity Statement <ul style="list-style-type: none"> -Recent local and national events directly affect our communities of color -George Floyd died on May 25, 2020 due to unreasonable police violence after attempting to use a counterfeit bill in Minneapolis -1,000+ unarmed people died because of police harm in US between 2013 and 2019 	<p>Facilitated by Galli & Carlos</p>	<p>5:15 pm 10 minutes</p>

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<p>-1/3 were Black -17% of Black deaths unarmed -Oregon constituted exclusion laws upon founding forbidding Black individuals from living/ working/ owning property -Illegal for Black people to move to Oregon until 1926 -By late 1920's, Oregon had largest K.K.K. membership per capita in U.S. -Today, 2 percent of Oregon population is Black vs. 13 % national average -Gentrification displaces Black residents -SPCCC wishes to elevate issues surrounding effects of systemic racism on communities of color's mental wellbeing -Steering committee drafted Solidarity Statement, identified action items, incorporate actions into Charter and recruitment efforts</p> <p><u>Galli will send out Solidary Statement to larger coalition, asks for folks to send changes. If no feedback, no need to respond.</u></p>		
<p>Next Meeting</p> <ul style="list-style-type: none"> • July 21, 2020 4:30 pm to 5:45 pm • Note: we'll be using the same ZOOM url for all the online meetings going forward (see above) <ul style="list-style-type: none"> -Invitations will be emailed -Link will be the same every month moving forward 	<p>Facilitated by Michael</p>	<p>5:25 pm 5 minutes</p>

Resources and Coronavirus (COVID-19) Information (please check as circumstances are changing):

- Clackamas County: <https://www.clackamas.us/coronavirus>
- Multnomah County: <https://multco.us/novel-coronavirus-covid-19>
- Washington County: <https://www.co.washington.or.us/HHS/CommunicableDiseases/COVID-19/index.cfm>
- State of Oregon: <https://govstatus.egov.com/OR-OHA-COVID-19>

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CALL 211 or 1-866-698-6155
TEXT your zip code to 898211 (TXT211)
EMAIL help@211info.org
HOURS Monday-Friday 8am-6pm

Upcoming Online QPR Suicide Prevention Trainings – register at
<https://www.gettrainedtohelp.com/>

QPR- Question, Persuade and Refer Training Wednesday, June 17 1:30pm-3:30pm	QPR- Question, Persuade and Refer Training Thursday, June 18 11:30am-1:30pm
QPR- Question, Persuade and Refer Training Monday, June 22, 2020 10 am-noon & 1:30pm-3:30 pm	QPR- Question, Persuade and Refer Training Wednesday, June 24, 2020 10 am to Noon
QPR- Question, Persuade and Refer Training Monday, June 29, 2020 1:00pm-3:00 pm	QPR- Question, Persuade and Refer Training Tuesday, June 30, 2020 2:00pm-4:00pm

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WORKING MEETING GUIDELINES (revised)

1. Show each other respect.
2. Start and end on time.
3. Listen to others and be open to hearing others' perspectives.
4. Share the airtime and self-regulate your participation; please don't interrupt others while they are speaking.
5. Please keep to one conversation and avoid sidebar conversations.
6. Create a safe environment.
7. We value stories of lived experience and we want to communicate about the topic safely.
 - a. We recognize the value of stories of lived experience and welcome them as an essential part of our discourse.

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- b. We also recognize that certain words, statistics and details about suicide attempts or deaths can activate emotions and feelings. To communicate safely, we will strive to be mindful about sharing details of a suicide attempt or death, discussion of statistics, discussion about means or other topics that may have potentially dangerous content.
 - c. Please don't share personal stories that are told in the meeting outside the meeting.
 - d. How we say it matters. We suggest using the phrase "died by suicide" instead of "commit," because "commit" is a word associated with a crime or a sin. We also suggest avoiding the use of the terms "successful" or "unsuccessful" when talking about attempts/suicides; as an alternative we suggest saying "attempts" or "died by suicide," so that we avoid attributing positives or negatives.
8. Please place mobile phones on vibrate during the meeting and take important calls outside the room. Thank you for your cooperation.
9. The role of the co-chairs and meeting facilitators is to manage the agenda, the discussions and the time we have together; please cooperate with their requests.
10. Please raise your hand to be recognized by the facilitator if you want to contribute to the full group.
11. There are often many possible solutions to complex issues; when generating ideas about solutions, please strive to speak about interests not positions.
12. Identify next steps that foster commitment to the goals.
13. Resource Table – please share information about other upcoming events, programs, or trainings by providing written materials for the resource table which will be available at all meetings of the Coalition; because of time limitations we request no verbal announcements; thank you for your cooperation.
14. Decision Making for Coalition Meetings
- a. Full Coalition -- Decisions by vote; vote may be reconsidered to include alternative perspectives raised by coalition members. If the full coalition is unable to come to a satisfactory resolution, the matter will be referred to the steering committee who will work with the ad hoc group to reach a resolution.
 - b. Ad Hoc Work Groups – Decisions by vote; vote may be reconsidered to include alternative perspectives raised by work group members. If the ad hoc work group is unable to come to a satisfactory resolution, the matter will be referred to the steering committee who will work with the ad hoc group to reach a resolution.
15. Conflict Resolution for the Coalition - The Steering Committee is charged with resolving conflicts for the Coalition, including but not limited to, getting additional perspectives, doing additional research and other methods to ensure equity, diversity and inclusion in decision making within the Coalition.