

Clackamas County Coalition to Prevent Suicide Agenda

November 2, 2022

4:30 pm to 6:00 pm

Virtual Meeting

1. Open 15 minutes
 - a. Welcome
 - b. Agenda Overview Galli
 - c. Equity statement SC Member
 - d. Intros in small groups – name, pronouns, what brings you here today?

2. Suicide Prevention Action Plan Overview and Change in Coalition Structure

a. Background

The development of the County's Suicide Prevention Action Plan (SPAP) began many years ago and is nearing completion. Anticipated release date is Fall 2022. This plan is a community developed plan and based on priorities identified by hundreds of voices from the community.

b. Change in structure

The plan is organized around four key priority areas with each having an associated Action Team (committee). These teams will advance the work of the strategic directions in that priority area of the strategic plan. Joining an Action Team is one of your best ways to have a voice and get involved in moving suicide prevention efforts forward in our community. Action teams are:

- Youth and Young Adults (24 and younger)
- Healthcare
- Community
- Means Safety (reducing access to lethal means)

Clackamas County Coalition to Prevent Suicide meetings will occur virtually every quarter. These meetings will include a report out on the work occurring in the Action Teams and will usually include a presentation or educational opportunity specific to the field of suicide prevention.

Action teams will convene on the months that the Coalition does not meet. Coalition and Action Team meetings are open to all!

c. Next Steps –

Action teams will meet in November and December and report out at the January 17th Coalition meeting. These teams will advance the work of the strategic directions in that priority area of the strategic plan.

3. Feedback Requested: Postvention Needs for Our Community.

- This feedback will be included in our SB 561 Annual Report that is required by the Oregon Health Authority (OHA).

Question was asked, “What resources, supports or services should be shared with individuals who have experienced a loss from suicide?” Answers were:

1. Support groups (mention of general grief groups but also suicide loss specific groups)
2. Ask those that have experienced a loss via a poll or listening session this same question
3. Ask Trauma Intervention Program (TIP) about this – they do regular follow up calls with individuals to check in to see what folks may need.
4. Ask Dougy Center about this – they have a long history of providing support to those impacted by suicide.
5. Make sure folks know about the Youth Line as a resource
6. “You don’t know what you need right away.” Calling/reaching out for follow up at 3, 6, 12 months is crucial.
7. Make sure supports are available in languages other than English.
8. Checking in with folks about the presence of community support availability. Posing questions such as, “Do you have anyone in your life that can help you with childcare, grocery shopping, cleaning, running errands during this time?” Explore what resources in the community might be able to help with these things for people who may not have availability.

4. Next Meeting: January 17, 2022 – 4:30 pm to 6:00 pm; via ZOOM