

# Clackamas County Suicide Prevention Action Plan Community Action Team Minutes

May 11, 2023 | 4 – 5pm  
Virtual Meeting

**Attendees:** Elisa Gerber (Chair and facilitator), Monica Parmley-Frutiger, Totiana Scott

## 1) Welcome

**Purpose of this action team is to:** Develop, implement, and support community-based programs and education that promote wellness, safe messaging and prevent suicide within our community.

## 2) Suicide Prevention Action Plan (SPAP) strategic directions for the Community Action Team:

- 4a. Train youth and young adults how to identify signs and symptoms of someone who is struggling.
- 4b. Increase and sustain mental health awareness and suicide prevention training trainer capacity.
- 4c. Increase awareness of suicide prevention related resources and make information accessible to all Clackamas County residents.
- 4d. Develop strong social networks and connections to reduce isolation

Decided to focus on/hone in on questions that we have for PGA. This is very important because a lot of projects require some type of assistance from Communications.

### Questions to ask Communications (PGA) ([connects to 4c strategic direction](#))

- What materials are already available & can be used?
- What's the turnaround time?
- How long do translation materials take?
- Are there any out-of-pocket fees?
- What are the vehicles of communication that the county is already using? Newspaper, cable-access tv, etc.
- How much social media presence do we have already? Can we use TikTok to be more relevant?
- Are the use of QR codes available?
- What digital communication is available?
- What is the budget to produce new video clips?
- Are we able to access funds from the sales of the t-shirts and sweaters that were created?
- Can we host an event to sell those items, then utilize the money for what is needed? Are we allowed to sell items at tabling's?

### Accessing Tablets follow-up

- The county & state had a grant for tablets, but Elisa is not able to find the info any longer. There are other communication options (not tablets) individuals can get access to:
  - I can connect Oregon- <https://accesstechnologiesinc.org/about/icanconnect-oregon>
  - Telecommunication Devices Access Program (TDAP)- [https://www.oregon.gov/puc/Pages/Telecommunication-Devices-Access-Program-\(TDAP\).aspx](https://www.oregon.gov/puc/Pages/Telecommunication-Devices-Access-Program-(TDAP).aspx)

- SanoConnect- Offers free tablets and data plans for clients who meet certain income requirements. <https://www.sanoconnect.com/>
- Service Organizations- Some service organizations have small grant programs or equipment loan programs for persons with disabilities. These kinds of programs vary depending on the local branch of the disability organization and may change frequently, depending on available funds. Organizations associated with particular disabilities should not be overlooked as possible funding resources.

- [Elks Lodge](#)

[Kiwanis](#)

[Knights of Columbus](#)

[Lions Club](#)

[Make A Wish](#)

[Rotary](#)

**Action items/Follow up:**

- Request a meeting with PGA as soon as conveniently possible. Monica is willing to meet with PGA alongside Galli.
- Galli can reach out to Gatekeepers to find out their process to getting in touch with the isolated/inviting them to the event.

**Next Action Team meeting:** June 8<sup>th</sup> from 4 – 5pm | Location:

<https://teams.microsoft.com/l/meetup->

[join/19%3ameeting\\_NGM1Y2VhZTAtY2E3Zi00MDY2LTgwMjltMzFiNjY0Yjc5NTdm%40thread.v2/0?](https://teams.microsoft.com/join/19%3ameeting_NGM1Y2VhZTAtY2E3Zi00MDY2LTgwMjltMzFiNjY0Yjc5NTdm%40thread.v2/0?context=%7b%22Tid%22%3a%2211a5f385-e251-4bf1-b266-597e782882a0%22%2c%22Oid%22%3a%2209ca9670-9f46-4000-b2c9-74201ae76f0a%22%7d)

[context=%7b%22Tid%22%3a%2211a5f385-e251-4bf1-b266-](https://teams.microsoft.com/context=%7b%22Tid%22%3a%2211a5f385-e251-4bf1-b266-597e782882a0%22%2c%22Oid%22%3a%2209ca9670-9f46-4000-b2c9-74201ae76f0a%22%7d)

[597e782882a0%22%2c%22Oid%22%3a%2209ca9670-9f46-4000-b2c9-74201ae76f0a%22%7d](https://teams.microsoft.com/597e782882a0%22%2c%22Oid%22%3a%2209ca9670-9f46-4000-b2c9-74201ae76f0a%22%7d)

Meetings are open to anyone. All are welcome!