

Suicide Prevention Coalition Clackamas County

Tuesday, May 19, 2020 4:30 to 5:30 pm

Online

<https://clackamascounty.zoom.us/j/96335788495?pwd=bWovOUwvRVpzUDF1dDhtbzR2WHk0UT09>

Meeting ID: 963 3578 8495

Password: 007757

+13462487799,,96335788495# US (Houston) +14086380968,,96335788495# US (San Jose)

Here are the instructions for accessing Zoom meetings;

<https://support.zoom.us/hc/en-us/articles/201362283-Testing-computer-or-device-audio>

AGENDA

| Item | Steering Committee Leader | Time |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------|
| Opening <ul style="list-style-type: none"> Welcome Agenda Overview Introductions | Galli & Jenn | 4:30 pm 15 minutes |
| Education /Discussion: COVID Resources <ul style="list-style-type: none"> Go Teams/Street Outreach Questions Purpose: raise awareness of outreach services during COVID and how to access them | Facilitated by Galli | 4:45 pm 30 minutes |
| Connection Card Rally <ul style="list-style-type: none"> Week of May 26-29 Each person – Send out three cards per day | Facilitated by Galli & Maria | 5:15 pm 10 minutes |
| Next Meeting <ul style="list-style-type: none"> June 16, 2020 4:30 pm to 5:30 pm | Facilitated by Michael | 5:25 pm 5 minutes |

Resources and Coronavirus (COVID-19) Information (please check as circumstances are changing):

- Clackamas County: <https://www.clackamas.us/coronavirus>
- Multnomah County: <https://multco.us/novel-coronavirus-covid-19>
- Washington County: <https://www.co.washington.or.us/HHS/CommunicableDiseases/COVID-19/index.cfm>
- State of Oregon: <https://govstatus.egov.com/OR-OHA-COVID-19>



CALL 211 or 1-866-698-6155
 TEXT your zip code to 898211 (TXT211)
 EMAIL help@211info.org
 HOURS Monday-Friday 8am-6pm

Upcoming QPR Suicide Prevention Trainings – register at <https://www.gettrainedtohelp.com/>

| | |
|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| QPR- Question, Persuade and Refer Training - Online, Live Thursday, May 21st, 2020 5:30pm-7:30pm | QPR- Question, Persuade and Refer Training - Online, Live Friday, May 22, 2020 1:30pm-3:30pm |
| QPR- Question, Persuade and Refer Training - Online, Live Wednesday, May 27, 2020 10 am-noon | QPR- Question, Persuade and Refer Training - Online, Live Friday, May 29, 2020 1:30pm-3:30pm |

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WORKING MEETING GUIDELINES (revised)

1. Show each other respect.
2. Start and end on time.
3. Listen to others and be open to hearing others' perspectives.
4. Share the airtime and self-regulate your participation; please don't interrupt others while they are speaking.
5. Please keep to one conversation and avoid sidebar conversations.
6. Create a safe environment.
7. We value stories of lived experience and we want to communicate about the topic safely.
 - a. We recognize the value of stories of lived experience and welcome them as an essential part of our discourse.
 - b. We also recognize that certain words, statistics and details about suicide attempts or deaths can activate emotions and feelings. To communicate safely, we will strive to be mindful about sharing details of a suicide attempt or death, discussion of statistics, discussion about means or other topics that may have potentially dangerous content.
 - c. Please don't share personal stories that are told in the meeting outside the meeting.
 - d. How we say it matters. We suggest using the phrase "died by suicide" instead of "commit," because "commit" is a word associated with a crime or a sin. We also suggest avoiding the use of the terms "successful" or "unsuccessful" when talking about attempts/suicides; as an alternative we suggest saying "attempts" or "died by suicide," so that we avoid attributing positives or negatives.
8. Please place mobile phones on vibrate during the meeting and take important calls outside the room. Thank you for your cooperation.
9. The role of the co-chairs and meeting facilitators is to manage the agenda, the discussions and the time we have together; please cooperate with their requests.
10. Please raise your hand to be recognized by the facilitator if you want to contribute to the full group.
11. There are often many possible solutions to complex issues; when generating ideas about solutions, please strive to speak about interests not positions.
12. Identify next steps that foster commitment to the goals.
13. Resource Table – please share information about other upcoming events, programs, or trainings by providing written materials for the resource table which will be available at all meetings of the Coalition; because of time limitations we request no verbal announcements; thank you for your cooperation.

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14. Decision Making for Coalition Meetings
 - a. Full Coalition -- Decisions by vote; vote may be reconsidered to include alternative perspectives raised by coalition members. If the full coalition is unable to come to a satisfactory resolution, the matter will be referred to the steering committee who will work with the ad hoc group to reach a resolution.
 - b. Ad Hoc Work Groups – Decisions by vote; vote may be reconsidered to include alternative perspectives raised by work group members. If the ad hoc work group is unable to come to a satisfactory resolution, the matter will be referred to the steering committee who will work with the ad hoc group to reach a resolution.

15. Conflict Resolution for the Coalition - The Steering Committee is charged with resolving conflicts for the Coalition, including but not limited to, getting additional perspectives, doing additional research and other methods to ensure equity, diversity and inclusion in decision making within the Coalition.