

Appointed Boards and Commissions (ABCs) Recommendation

The Mental Health and Addictions Council, staffed by the Health, Housing, and Human Services Department, currently has 5 openings on their commission due to term expirations. 21 members are allowed with 3 year terms.

Recruitment opened to the public on December 12, 2024 and closed on January 31, 2025. Recruitment took place by press release, Facebook, Nextdoor, and the county website. Through this recruitment process, 7 applications were received and 4 were recommended to be appointed. 2 applicants are new and 2 applicants are currently on the board. Interviews were conducted with all eligible applicants.

The recommendation is as follows:


Bo Brinson	2nd Term	10/31/2027
Catherine LeJeal	2nd Term	5/31/2028
Rae Gordon	1st Term	3/31/2028
Adam Caba	1st Term	3/31/2028

The Board of County Commissioners could select other candidates or require further recruitment.

Please sign as appropriate indicating that a matrix and all applications are attached. The material has been reviewed by the appropriate signing authority, and the packet is ready for consideration by the BCC.

Liaison signature: *Keely J. Albert*

Date: 3/31/2025

Division approval: 

Date: 3/31/2025

Department approval: *Mary Rumbaugh*
Mary Rumbaugh (Apr 1, 2025 09:25 PDT)

Date: 4/1/2025

ABC Matrix						
Clackamas County 2023 - NAME OF ABC HERE				Todays Date:		
First Name	Last Name	If this Position is currently a Vacancy (Member resigning, Member being reappointed)	Occupation/Background	Term Overview (1st, 2nd,etc)	Appointment Date (Month/Day/Year)	Term expires (Month/Day/Year)
Active Roster						
Teresa	Melville		Teresa works in an outpatient addictions services clinic; enrolled at PCC for degree in addiction counseling.	5th	2/7/2012	5/31/2027
Glenn (Bo)	Brinson	Reappointment	Glenn has lived experience with systems and is currently involved with the community around harm reduction, A&D Treatment, Community Outreach, Networking and saving lives. CAD-C, PWS. Currently a member of CRIM-Anon	2nd	10/21/2021	10/31/2027
Sheri	Price		Bachelors in Communication; public/interpersonal emphasis. Personal benefit from Behavioral Health care and works closely with demographic needing same resources. DBT instatute attendee.	2nd	1/31/2023	3/31/2026
Pamela	Pearce		Living in long-term recovery. Is involved in leading Substance Use/MH prevention organization in the WI/Wilsonville School District. Currently a member of the following committees: CC prevention Coalition, Vibrant Futures Coalition, Oregon City TogetherWLHS Teen advisory Board.	3rd	4/10/2018	5/31/2027

Catherine	LaJeal	Reappointment	I am a previous MHAC member and the mother of an adult son with a mental illness. My interest is in improving the lives of people with mental health and addictions and their caregivers. Being the mother, legal guardian, caregiver and representative payee of my son has provided me with firsthand experience that can be valuable to the Council. Hoping to contribute to positive changes in the gaps needing to be bridged in our care of the mentally ill.	2nd	3/29/2022	5/31/2028
Cathy	Horey		Has worked as a LCSW for over 30 years in crisis work, volunteers, large county agencies and inpatient units. Has a Master's degree in Social Work and received her LCSW license. Worked in various agencies that provide an array of services to individuals with MH or A&D needs. Developed programs to educate and support police response to individuals in crisis, worked with State and County officials, written and monitored grants, worked with individuals who are in the commitment system, and provided social services to those in an inpatient program.	1st	1/31/2023	1/31/2026
Sara	Clement		Lived experience in the MH and addictions arena. Has worked in the field for 6 years and identify in recovery from drugs and alcohol for the last 16 years. Has first hand knowledge of the deficits that Clackamas County has in meeting the needs of its residents in these areas and is passionate about system change. Certified Recovery Mentor 2, studying to be a CDAC.	1st	1/31/2023	1/31/2026

Sarah	Schindlbeck		Lived experience with mental health and substance use disorder. Supervisor in recovery program in Clackamas County. Has CRM 1&2 and working towards CADC.	1st	7/23/2024	6/30/2027
Beto	Contreras		Lived experience with the carceral system and mental health. Lived experience of being a father in long term recovery.	1st	7/30/2024	6/30/2027
Ashley	Cross		Works in peer services as a parent mentor. Lived experience with addictions and mental health. Certified addictions counselor. Has worked at the Oregon warm line and also been a volunteer with the national suicide prevention hotline, lines for life and volunteered on the helpline for NAMI Oregon	1st	7/23/2024	6/30/2027
Dave	Hunt		Works for a mental health provider in the county. Has a bachelors degree and legislative experience specific to mental health and substance use.	1st	7/23/2024	6/30/2027
First Name	Last Name	If this Position is currently a Vacancy (Recommending applicant as new member)	Occupation/Background	Term Overview (1st, 2nd,etc)	Determined by the BCC (approval date)	Term Expires (Month/Day/Year)
New Members Recommended (1st term recommendations listed here)						
Rae	Gordon	New Member	Lived experience with mental health and is an advocate for removing stigma surrounding mental illness. Uses public platforms of being a singer and community leader to shine light on mental health and illness. Former Clackamas County employee and currently work at Gleeners.	1st		3/31/2028

