

# Office of the County Administrator Public Services Building

2051 KAEN ROAD OREGON CITY, OR 97045

Clackamas County Board of Commissioners – Planning Session Wednesday, April 26, 2023 1:00 pm – 2:30 pm BCC Conference Room

## AGENDA

- 1. Blue Ribbon Committee
- 2. Housing and Shelter Solutions Community Outreach

#### **MEMORANDUM**

TO: Clackamas County Board of County Commissioners (BCC)
FROM: Health, Housing and Human Services; County Administration

RE: Blue Ribbon Committee Recommendations

DATE: April 19, 2023

The Board recently requested the formation of a Blue Ribbon Committee (BRC). Staff is seeking Board direction on the BRC mission and framework.

The planning meeting will begin with a short presentation by Health, Housing and Human Services (H3S) staff regarding services currently provided for substance use treatment, mental health treatment and housing.

Following the briefing by H3S, the Board will be encouraged to discuss the Blue Ribbon Committee and provide clear direction to staff.

Suggested direction points may include:

- 1. Focus
  - a. Substance Use, Mental Health, Housing
  - b. What is the task to complete?
    - i. Strategic Plan
    - ii. White paper that identifies gaps
    - iii. Innovative ideas
  - c. What is the question you want answered?
- 2. How many participants?
- 3. Who should they be? For example:
  - Local vs national
  - Commissioner (s)
  - Provider
  - Non Profit Partner
  - Faith-based Organization
  - Lived Experience
  - School District
  - Health Care provider
  - Chamber of Commerce
  - NACo or AOC
  - o Developer

- 4. Participants by invitation or application?
- 5. Meeting format and timeline
  - a. 2 day workshop with virtual meetings to follow as needed
  - b. Monthly meetings for 4-6 months

Attachments: Attachment A: Substance Use Services

Attachment B: Mental Health Services

Attachment C: Housing Services

Attachment D: Graphic of Current H3S Services
Attachment E: Substance Use Treatment Definitions

Attachment F: Measure 110 Information



## **SUBSTANCE USE SERVICES**

#### **Current Services**

#### **System Coordination**

Partners include schools, law enforcement, service providers, and community members

#### **Substance Use Prevention**

- Coalition building
- Trainings to communities and schools (over 550 youth, 11 schools)
- Technical assistance and programming support
- Provide campaign messaging

#### **Overdose Prevention**

- Data analysis to identify areas of the county and populations at greatest risk
- Providing support to increase community capacity for comprehensive harm reduction
- Providing naloxone kits to individuals, families and community partners (Over 2,500 kits distributed to community partners and businesses so far in 2023)

#### **Care Coordination**

- Recovery supports for overdose survivors and for those navigating the road to recovery, offered through Project Hope.
  - Outcomes for 2022 include:
    - 108 links to treatment
- 163 links to Peer Support
- o 82 links to housing

- o 41 links to primary and behavioral healthcare
- o 26 links to employment and 117 links to harm reduction services.
- Intensive care coordination which includes assessments, intakes, medication assistance
- Partners include Community Paramedics, Peer Recovery Mentors, other County departments
- Populations served include:
  - Individuals accessing emergency rooms
  - Adults and juveniles involved in justice system and exiting jail or detention.
  - Residents of Clackamas County-owned supported housing and individuals looking to secure and retain housing (HC).

#### **Outpatient Treatment**

- Services provided by County and contracted providers
- Services offered to adult, children and families
- Services include:

  - Assessment
  - Group therapy
  - Supported education/employment
  - Medication management

- Individual therapy
- Case management
- Peer support services
- Withdrawal services
- In 2022 Health Centers had 5,047 visits classified as substance use disorder.

## Measure 110 Behavioral Health Resources Network (BHRN)

These dollars fund 17 community-based treatment organizations and provide the following services in Clackamas County:

- Screening assessments
- Peer support/mentoring
- Housing services

- Supported employment
- Harm reduction intervention
- Low-barrier substance use treatment
- Comprehensive behavioral health needs assessment

## Residential Services available for people with substance abuse and mental health issues

- Restricted by specific eligibility and waitlist.
- Facilities include:
  - Licensed residential treatment homes and facilities (42 beds)
  - o Licensed Adult Foster Homes (29 mental health licensed beds)
  - Owned and run by private citizens and licensed through the State
- Respite: Total of 3 beds—two in Tigard, one in Rockwood

## Services in development

- Accessing beds at Recovery Works NW withdrawal management (located in Multnomah County, near Clackamas border)
- 23 hour Crisis Stabilization Center
- New location for Behavioral Health Center

## **Existing service gaps**

- Peer-integrated treatment center
- Prevention education
- Housing
- Services with immediate access to treatment
- Adequate workforce
- Transitional services
- Community triage and stabilization centers

#### **Funding Sources**

- Medicaid/Medicare dollars
- Oregon Health Authority
- Federal/State grants (includes HRSA, SAMHSA, the state of Oregon, and Care Oregon)
- Trillium Community Health Plan
- Health Share of Oregon
- Care Oregon
- County General Fund

<sup>\*</sup>See attached handout for specific providers or go to this link to see overview of providers: https://www.clackamas.us/behavioralhealth/drug-addiction-treatment-and-recovery

## Contractors/Partners H3S works with for substance use supports and referrals

4<sup>th</sup> Dimension Recovery Center Ant Farm

Asian Health and Service Center Bridges to Change Cascadia Central City Concern

Clackamas Women's Services CODA

Community Living Above Court Appointed Special Advocates (CASA)

Folk Time Latino Network Lifeworks NW LifeStance Health

Love One **Lutheran Community Services** 

Mental Health & Addiction Assoc. of Oregon

(MHAAO)

National Alliance on Mental Illness (NAMI) Northwest Housing Alternatives (NHA)

Morrison Children and Family Services

**NW Family Services** Oregon City Together

**Oregon Impact** Outside In

Oxford House Parrot Creek Children & Family Services

Providence Health **Quest Center** 

Recovery Works NW Slavic Community NW

The Living Room/New Avenues for Youth **Todos Juntos** Transcending Hope **Tualatin Together** Vibrant Futures Coalition Youth Action Board

Youth ERA

## **Government partners**

Canby Fire District **Clackamas County Community Corrections** Clackamas County District Attorney Clackamas County area school districts

Clackamas County local governments Clackamas Fire District

Clackamas County Juvenile Department Clackamas County Sheriff's Office

Molalla Fire District Oregon Health Authority **Oregon State Courts Oregon Youth Authority Tualatin Fire District** State and local law enforcement partners



## **MENTAL HEALTH SERVICES**

#### **Current Services:**

#### **System Coordination**

• Partners include schools, law enforcement, service providers, and community members

#### **Crisis Services**

- 24/7 Crisis and Support Line (Q4 2022: 4,215 calls to the Crisis and Support Line)
- 24/7 Mobile Crisis (Q4 2022: 215 responses)
- Response Walk-in Center (Q4 2022: 457 services to 197 unique individuals)
- Intensive Care Coordination for individuals accessing emergency rooms due to mental health concerns

#### **Assessment and Referral Services**

- Referral services (BHD)
- System navigation
- Peer support

#### **Outpatient Services**

- Services provided by County and contracted providers
- Services offered to adult, children and families
- Services include:
  - Supported employment and education
- Peer support services
- School-based health centers
- Specialty courts such as MH court
- Severe persistent mental illnesses treatment
- o Medical services with psychiatrists and psychiatric nurse practitioners

## Residential Services available for people with substance abuse and mental health issues

- Restricted by specific eligibility and waitlist.
- Facilities include:
  - Licensed residential treatment homes and facilities (42 beds)
  - o Licensed Adult Foster Homes (29 mental health licensed beds)
  - Owned and run by private citizens and licensed through the State
- Respite: Total of 3 beds—two in Tigard, one in Rockwood

## Services in development

- Supportive housing for Aid and Assist population
- 23 hour Crisis Stabilization Center
- New location for Behavioral Health Center

#### **Existing gaps**

- Additional psychiatric inpatient capacity
- Housing

- Specialized services for people with cognitive issues
- Lack of adequate workforce to provide services.

## **Funding Sources**

- Medicaid/Medicare dollars
- Oregon Health Authority
- Federal/State grants (includes HRSA, SAMHSA, the state of Oregon, and Care Oregon
- Trillium Community Health Plan
- Health Share of Oregon
- Care Oregon
- County General Fund

Wyoming Survey and Analysis Center

## Contractors/Partners H3S works with for mental health services and referrals

Nonprofit and community-based organizations	
4th Dimension Recovery Center	Ant Farm
Asian Health and Service Center	Bridges to Change
Cascadia	Central City Concern
Clackamas Women's Services	CODA
Community Living Above	Court Appointed Special Advocates (CASA)
Folk Time	Latino Network
LifeStance Health	Lifeworks NW
Love One	<b>Lutheran Community Services</b>
MH & Addiction Assoc. of Oregon (MHAAO)	Morrison Children and Family Services
National Alliance on Mental Illness (NAMI)	Northwest Housing Alternatives (NHA)
NW Family Services	Oregon City Together
Oregon Impact	Outside In
Oxford House	Parrot Creek Children & Family Services
Providence Health	Quest Center
Recovery Works NW	Slavic Community NW
The Living Room/New Avenues for Youth	Todos Juntos
Transcending Hope	Tualatin Together
Vibrant Futures Coalition	Youth Action Board
Youth ERA	
Government partners	
Canby Fire District	Clackamas County Community Corrections
Clackamas County District Attorney	Clackamas County area school districts
Clackamas County local governments	Clackamas Fire District
Clackamas County Juvenile Department	Clackamas County Sheriff's Office
Molalla Fire District	Oregon Health Authority
Oregon State Courts	Oregon Youth Authority
State and local law enforcement partners	Tualatin Fire District



## **HOUSING SERVICES**

#### **Current Services:**

#### **Prevention**

- Energy assistance and weatherization
- Neighborhood livability project
- Regional Long-Term Rent Assistance (RLRA)
- Eviction prevention

#### **Assessment**

Coordinated Housing Access (CHA) system:

## **Subsidized and Affordable housing**

- Vouchers and public housing
- Privately owned, naturally-affordable housing
- Family self-sufficiency program

## **Transitional Housing**

- Veterans Village
- Serenity and Haven Houses
- Motel Transitional Housing

#### **Emergency Shelters**

- Seasonal shelter (warming/cooling/smoke)
- Hotel/motel vouchers
- Facility-based shelter

#### **Unsheltered Homelessness**

- Street outreach
- Rapid-rehousing
- Hygiene Services

## Services in development

- HB 2006 siting emergency shelters with Planning and Zoning staff reviewing applications and noticing.
- Safety off the Streets Request for Information
- Expansion of Veterans Village

## **Existing gaps**

- Lack of affordable housing
- Alternative Shelter
- Behavioral Health Supportive Shelter and Housing
- 23 Hour Stabilization Center & Shelter
- Recuperative Care Shelter
- Transitional Housing

## **Funding Sources:**

- Metro Supportive Housing Services
- Metro Affordable Housing Bond
- Federal/State grants
- County General Fund
- Health System funds (e.g., CCO SHARE dollars; Medicaid waiver housing benefit; grants from Kaiser Permanente)

## **Contractors/Partners H3S works with to provide Housing Services**

Nonprofit and community-based organizations	
Ant Farm	Bridges to Change
Casa Esperanza (Northwest Family Services)	Cascadia Health
Catholic Charities	Central City Concern
Clackamas County Children's Commission	Clackamas Service Center
Clackamas Women's Services	Coalition of Communities of Color
DevNW	Do Good Multnomah
Ecumenical Ministries	El Programa Hispano Catolico
Greater New Hope Family Services	Homeless Solutions Coalition of Clackamas
	County
Immigrant and Refugee Community Organization	Impact NW
Love One	Mental Health & Addiction Assoc. of Oregon
	(MHAAO)
Mercy Housing Northwest	Molalla Hope
Native American Rehabilitation Association	Native American Youth and Family Center
Northwest Family Services	Northwest Housing Alternatives
Parrot Creek	Providence Better Outcomes Thru Bridges
The Father's Heart Street Ministry	Unite Oregon
Up and Over	Youth Era
Zoar Lutheran Church	
Covernment northers	

Government partners	
CareOregon	City of Milwaukie Police Department
City of Oregon City Policy Department	Clackamas County Community Corrections
Clackamas County Code Enforcement	Clackamas County Disaster Management
Clackamas County District Attorney	Clackamas County Juvenile Dept
Clackamas County local governments	Clackamas County Sheriff's Office
Clackamas County school districts	Clackamas County Transportation and
	Development
HealthShare	Home Forward
Local law enforcement partners	Metro
Multnomah County Joint Office of Homeless	Oregon Dept of Emergency Management
Services	
Oregon Health Authority	Oregon Housing and Community Services
Oregon Dept of Human Services	Washington County Housing Department

#### **Current H3S Substance Use Services** Substance Use Overdose Outpatient System Care Prevention Prevention Coordination Coordination Treatment Clackamas **Data Analysis** Clackamas Project Hope Outpatient Prevention Community Community **Intensive Care** Withdrawal Coalition Services Messaging Alliance Coordination Trainings & Cross-System Naloxone **Housing Case** Outpatient Tx Presentations Collaboration Distribution Management Community Technical Coordinated Corrections Tx Assistance for **Local Response** Medication Youth Assisted Tx (MAT) **Programming** Peer Recovery Services **Services in Development** New Behavioral **Health Clinic** Location & Expansion **Current Gaps** Prevention Prevention Workforce Community triage Community education education & stabilization recovery centers Immediate Tx Withdrawal Youth & Adult Transition svcs. Residential Tx Mgmt (Detox)

## **Current H3S Mental Health Services**

Assessment & Referral	Outpatient Services		Residential Services		Crisis Services				
<ul> <li>Referral Services</li> <li>Mental Health Navigation</li> <li>Peer Support after Incarceration</li> </ul>	<ul> <li>Outpatient         Services</li> <li>Population-specific         Services</li> <li>Psychiatric         Services</li> <li>Integrated Services</li> <li>School-Based</li> <li>Services for the         Uninsured</li> </ul>		<ul> <li>Licensed         Residential         Treatment         Homes</li> <li>Licensed         Residential         Treatment         Facilities</li> <li>Licensed Adult         Foster Homes</li> <li>Respite Services</li> </ul>		<ul> <li>24/7 Crisis &amp;         Support Line</li> <li>24/7 Mobile         Crisis Response</li> <li>Urgent Mental         Health Walk-In         Center</li> <li>Intensive Care         Coordination</li> </ul>				
Services in Development									
<ul> <li>New Behavioral</li> <li>Health Clinic &amp;</li> <li>Expansion</li> </ul>					• 23-hour Crisis Stabilization Center				
	Curre	ent G	aps						
Workforce	<ul><li>Workforce</li><li>Lack of specialized services</li></ul>		<ul><li>Psychiatric inpatient</li><li>Workforce</li><li>Housing</li></ul>		Workforce				

## **Current H3S Housing Services**

	Prevention & Assessment	Subsidized & Affordable Housing	Transitional Housing	Emergency Shelters	Unsheltered Homelessness				
•	Energy Assistance & Weatherization Neighborhood Livability Project Regional Long- Term Rent Assistance Eviction Prevention Coordinated Housing Access (CHA)	<ul> <li>Public Housing</li> <li>Vouchers</li> <li>Privately-Owned         Affordable Housing</li> <li>Family Self-         Sufficiency         Program</li> </ul>	<ul> <li>Veterans Village</li> <li>Serenity &amp; Haven Houses</li> <li>Motel Transitional Housing</li> </ul>	<ul> <li>Seasonal Shelters</li> <li>Hotel/Motel         Vouchers</li> <li>Facility-Based         Shelters</li> </ul>	<ul> <li>Street Outreach</li> <li>Rapid Rehousing</li> <li>Hygiene Services</li> </ul>				
	Services in Development								
•	Navigation center	Affordable     Housing	<ul> <li>Veterans Village         Adjacent Property     </li> </ul>						
			<b>Current Gaps</b>						
•	Lack of Affordable Housing	Lack of Affordable     Housing	<ul> <li>Transitional         Housing     </li> <li>Behavioral Health         Housing     </li> </ul>	<ul> <li>Shelter</li> <li>Behavioral Health &amp; Respite Shelter</li> <li>Recuperative Care Shelter</li> </ul>	<ul> <li>23-Hour Crisis         Stabilization         Center     </li> </ul>				



Rodney A. Cook, Director

## **Substance Use Treatment Definitions**

<u>Outpatient Service</u>: a program or service providing treatment by appointment and by physicians, psychologists, nurse practitioners, social workers, counselors or marriage and family therapists, or naturopathic physicians; a program or service providing treatment by appointment that is licensed, approved, established, or maintained for alcoholism, for drug addiction, for mental or emotional disturbances.

<u>Residential facility</u>: a program or facility providing an organized full-day or part-day program of treatment for alcoholism, drug addiction or for mental or emotional disturbances.

<u>Withdrawal Management (Detoxification) center</u>: a publicly or privately operated profit or nonprofit facility approved by the Oregon Health Authority that provides emergency care or treatment for alcoholics or drug-dependent persons.

<u>Sobering facility:</u> facility that operates for the purpose of providing to individuals who are acutely intoxicated a safe, clean, and supervised environment until the individuals are no longer acutely intoxicated; facility contracts with or is affiliated with a treatment program or provider approved by the OHA to provide addiction treatment, and the contract or affiliation agreement includes case consultation, training and advice, and a plan for making referrals to addiction treatment.

<u>Treatment facility:</u> includes outpatient facilities, inpatient facilities, and other facilities deemed suitable by the OHA which may provide diagnosis and evaluation, medical care, detoxification, social services or rehabilitation for alcoholics or drug-dependent persons and which operate in the form of a general hospital, a state hospital, a foster home, a hostel, a clinic or other suitable form approved by the OHA.

<u>Crisis stabilization services:</u> includes diagnosis, stabilization, observation, and follow-up referral services provided to individuals in a community-based, developmentally appropriate environment to the extent practicable.

## **Clackamas County Measure 110 Information**



Measure 110 Behavioral Health Resource Network (BHRN) Dashboard A first of its kind health-based approach to substance use and overdose prevention.

Total BHRNs
1
Total BHRN
Partners
17

BHRN Grant Agreements 17

All BHRN Partners Extending Grant Agreements

Total BHRN Allocations \$14,472,177

Total BHRN Paid to Date \$8,093,267

Back to report BHRN PAR	TNER SERVICE	AREAS					
County/BHRN Partners	Screening Assessments	Comp BH Needs Assessment	Peer Support/ Mentoring	Harm Reduction Intervention	Housing Services	Supported Employment	Low-Barrier Substance Use Treatment
Bridges to Change		<b>✓</b>	<b>✓</b>		<b>/</b>		<b>✓</b>
Cascadia Behavioral Healthcare, Inc.	~	<b>~</b>					~
Harmony Academy Recovery			<b>✓</b>				
LifeStance			<b>✓</b>	<b>/</b>		<b>✓</b>	
MetroPlus Association			<b>✓</b>				
Morrison Child and Family Services			<b>~</b>				
New Avenues for Youth			<b>~</b>				
Northwest Family Services	<b></b>	<b>/</b>	<b>✓</b>	<b>/</b>			<b>✓</b>
Outside In				<b>~</b>			
Parrott Creek Child & Family Services	<b>✓</b>	~	<b>~</b>				~
Phoenix Rising			<b>✓</b>				
Recovery Works NW	<b>/</b>	<b>~</b>	<b>✓</b>	<b>~</b>			V
The 4th Dimension Recovery Center			<b>~</b>	~			
The Mental Health Association of Oregon			<b>~</b>	<b>~</b>			
Transcending Hope					<b>~</b>		
Volunteers of America Oregon	<b>✓</b>	~					<b>~</b>
Youth ERA			<b>✓</b>				

Total .	\$14,472,176.59	\$8,093,266.78	55.9%	
outh ERA	\$481,978.70	\$240,989.36	50.0%	
/olunteers of America Oregon	\$376,414.40	\$225,848.64	60.0%	
Transcending Hope	\$1,079,702.86	\$647,821.74	60.0%	
The Mental Health Association of Dregon	\$719,896.94	\$431,938.18	60.0%	
The 4th Dimension Recovery Center	\$1,742,400.40	\$1,742,400.40 \$871,200.19		
Recovery Works NW	\$2,181,240.00 \$1,308,744		60.0%	
Phoenix Rising	\$96,691.48	\$58,014.92	60.0%	
Parrott Creek Child & Family Services	\$843,594.00	\$506,156.40	60.0%	
Outside In	\$356,789.43	\$178,394.70	50.0%	
Northwest Family Services	\$1,198,802.13	\$719,281.29	60.0%	
New Avenues for Youth	\$786,131.26	\$471,678.78	60.0%	
Morrison Child and Family Services	\$192,097.00	\$96,048.49	50.0%	
MetroPlus Association	\$42,710.00	\$25,626.00	60.0%	
ifeStance	\$327,050.00	\$163,525.01	50.0%	
Harmony Academy Recovery	\$1,246,600.56	\$1,246,600.56 \$747,960.36		
Cascadia Behavioral Healthcare, Inc.	\$306,607.82	\$153,303.92	50.0%	
Bridges to Change	\$2,493,469.61	\$1,246,734.80	50.0%	
BHRN Partner	Total BHRN Allocation	Total Paid to Date	% Paid to Date	



## OFFICE OF THE COUNTY ADMINISTRATOR Public Services Building

2051 KAEN ROAD OREGON CITY, OR 97045

#### **MEMORANDUM**

TO: Clackamas County Board of County Commissioners (BCC)

FROM: Emily Klepper, Senior Policy Advisor

RE: Housing and Shelter Solutions – community outreach

DATE: April 20, 2023

The Board recently requested an opportunity to engage with the community on the topic of housing and shelter solutions. Staff is seeking Board direction on the housing and shelter solutions— community outreach framework.

Staff is offering the following option:

## Community Design Labs

Format: 3 or 4 in-person hosted community workshops. All commissioners are invited to

attend the events. The focus would be on hosting interactive exercises for the community centered on **seeking housing and shelter options and solutions**. A contracted facilitator/s will assist with framing the questions and activities. An educational component would be included. A final report will be generated capturing the solutions and/or recommendations gathered at the events. One scientific survey, to survey a representative sample of Clackamas County

residents with a sample size of approximately 400.

**Where:** Events would be scattered throughout the county, both urban and rural locations.

Offer the opportunity to a city partner or other partner to co-host.

When: Sept - Oct 2023. A total of 3-4 events over two months. Preferably evenings so

more community members can attend.

**Cost:** \$50.000 for a contracted facilitator

\$25,000 scientific survey

With final Board direction, County Administration, PGA and H3S will work together to schedule, promote and manage all logistics for the event.