

Lactation Support in Clackamas County



Adventist Health

503-251-6262

If you're struggling with breastfeeding, you're not alone. Every baby is different. Whether you're having your first baby or your fifth, we partner with you to make a breastfeeding plan that works for you both.

Call to speak with a lactation consultant or to make an appointment.

Clackamas County Public Health*

Women, Infants, and Children Program (WIC):

503-655-8476 (call or text) • wic@clackamas.us

Maternal Child Health Navigator:

971-930-9617 • mchnavigator@clackamas.us

**For clients currently enrolled in WIC and/or Nurse Home Visiting Services.*

Kaiser Permanente

503-571-6605 (24-hour breastfeeding advice line)

Our breastfeeding support group will help you learn about breastfeeding positions, milk supply, preventing and managing pain, pumping, milk storage, and working while breastfeeding.

The Lactation Network

888-510-0059 • care@tln.care

Whether you're prenatal, weaning, or facing feeding challenges in between, we're here to help you throughout your breastfeeding journey. The Lactation Network works with your health plan to provide you with in-home, in-office, or telehealth appointments with an expert International Board Certified Lactation Consultant (IBCLC).

Legacy Health

503-413-4840

We provide breastfeeding support at all of the Legacy hospitals, including outpatient visits with you and your baby after you have gone home from the hospital. Our experienced International Board-Certified Lactation Consultants (IBCLC) are trained to help you with all your breastfeeding needs.

OHSU

503-418-4500

At OHSU, we are passionate about helping you feed your baby. We support you and your goals when it comes to breastfeeding (or not).

Call to make an appointment.

Providence

503-215-6085

One to two days after you and your baby leave the hospital, you have an appointment with Providence Mother and Baby Clinic. At this important appointment, you are seen one-on-one by a provider who specializes in lactation and mother/baby postpartum care. Maternal and infant assessments are performed during the appointment.

Call for questions and to schedule an appointment.

